

THE HOLLYWOOD **Star** NEWS

RESCUE FLIGHT
Cats displaced by Maui fires flown to Oregon.
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★ SERVING NORTHEAST AND NORTH METROPOLITAN PORTLAND NEIGHBORHOODS ★ OCTOBER 2023 ★ VOLUME 41, NUMBER 4 ★



KERNS

is hopping

CITY'S BOOMING HEART The neighborhood doesn't skip a beat offering top art, dining, entertainment and housing choices. **PAGE 10**

HELPFUL AT ANY AGE
The team at the Community for Positive Aging helps people access a multitude of resources while learning and connecting.
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GREENING THE PLANET Celebrate Arbor Day and learn about the value of trees. **PAGE 3**



COLLECTIVE WISDOM NE Village members, volunteers improve the experience of aging. **PAGE 7**



STREET LEGAL The City Council approves permanent seating for outdoor dining. **PAGE 5**



BLUE NOTE Darrel Grant releases an album honoring late drummer Carlton Jackson. **PAGE 18**

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★ STAR COMMUNITY CONNECTIONS



BY JANET GOETZE

JANETGOETZE@STAR-NEWS.INFO

GREEK FESTIVAL BRINGS FOOD, MUSIC, DANCE

The 70th annual Portland Greek Festival brings food, traditional dance and music on October's first weekend at Holy Trinity Greek Orthodox Cathedral.

The festival hours are 10 a.m. to 10 p.m. Friday and Saturday, Oct. 6 and 7, and 11 a.m. to 7 p.m. Sunday, Oct. 8. The \$5 admission is good for all weekend.

In addition to the outdoor festivities, visitors may tour the cathedral, 3131 N.E. Glisan St., and attend services, visit the bookstore and find packaged pastries. They also may visit the Hellenic-American Cultural Center & Museum to see a collection of paintings, textiles and artifacts reflecting the early Hellenic American experience in the Northwest.

Greek folk dance is an integral part of the festival and the church ministry, according to Hanna Makarounis and Sophia Fraser, of the festival communications committee. Holy Trinity has five dance groups, ranging



Opa! The 70th annual Portland Greek Festival gets rolling Oct. 6-8 with music, folk dancing, food and the chance to explore the museum and cathedral. (Portland Greek Festival)

in age from kindergarten to young adult. Greek folk dance costumes and music vary, depending on the region of origin.

The festival, which annually may attract more than 15,000 visitors, has been designated an Oregon Heritage Tradition by the Oregon Heritage Commission. It began as a way to pay the mortgage on the Glisan Street property after members moved in 1952 from their first church in Southeast Portland.

The early Greek immigrants came to the Northwest in the late 1800s to work in fishing, lumber, railroad and other jobs, according to the festival communications committee.

FRIENDS, ALLIES JOIN FOR INCLUSIVE PARKS

Residents interested in parks, access to nature and inclusive places for work and play may join others in the "Friends and Allies" fall summit, organized by the Portland Parks Foundation.

The event includes conversation and workshops from 11 a.m. to 6:30 p.m. Oct. 12 at McMenamins Kennedy School, 5736 N.E. 33rd Ave. Information is available from the foundation at portlandpf.org or 503-445-0994.

The keynote speaker is Marina Martinez-Bateman from New Coyote Consulting, whose talk will focus on values and community needs placed at the center of volunteers' work, according to the foundation.

Workshops will include "creating a culture of care" and developing systems to combat burnout, turnover and "perpetuated trauma." A session on accessibility will focus on where standards are vague, confusing or

missing.

Other groups include youth engagement, with spaces for LGBTQIA2S youth, and "Understanding the numbers," which includes nonprofit finances from budgeting to financial reporting.

ECUMENICAL LEADER AIMS FOR SOCIAL JUSTICE

Frank So, the new executive director of the Ecumenical Ministries of Oregon, has seen



Frank So

starvation and refugees in previous assignments and survived war zones. Returning to Oregon for his new job, he isn't in a declared war zone, but he's still working to alleviate hunger and homelessness.

So, 44, outlined how he sees EMO's work for the Interfaith Alliance on Poverty last month at Rose City Park Presbyterian Church. The alliance includes 14 congregations that work with nonprofit and government agencies committed to alleviating poverty in the region.

For more than a decade, So, a Portland area native and graduate of Seattle University, was a U.S. diplomat in Latin America and Africa. He worked with the U.S. Agency for International Development in Colombia and Honduras. He served with the United Nations in Darfur, Sudan and the Republic of South Sudan. He also was a presidential associate for President Barack Obama and an associate for Vice President Kamala Harris, making arrangements for travel outside the country.

While the United States is a wealthy

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country, So said, about 37.9 million Americans live in poverty. That's about 11.6% of the population. In Oregon, the poverty rate is 14.9%. About 515,000 people live in poverty, and that includes 134,000 children, So said. Most affected are Black children, although the Black population in the state is less than 3%, he said.

Ecumenical Ministries offers direct services but also works with local partners, which may be faith communities or public agencies that provide services, So said. It

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also undertakes advocacy, which includes supporting legislation that furthers the social justice that underlies EMO's work.

Some of the direct services include SOAR (Sponsors Organized to Assist Refugees) and the Northeast Emergency Food Program at 4800 N.E.72nd Ave. The number of households served by the food program increased markedly during the COVID-19 pandemic, he said, and increased again when eligibility rules cut the federal food stamp program after the pandemic.

"Poverty isn't just about feeding people," So said. "It's about access. The access to education is fundamental to relieve intergenerational poverty."

PLANT TREES, MAKE ART DURING ARBOR DAY

Learn how to plant trees, make leaf art and enjoy music, food and games on Arbor Day from 10 a.m. to 1:30 p.m. Oct. 14 at McCoy Park, North Newman Avenue and Trenton Street.

The Urban Forestry section of the city Bureau of Parks and Recreation is inviting residents to learn about the importance and value of trees. Those who register in advance may pick up trees to plant in their yards from 8:30 a.m. to 1:30 p.m. Others may help plant 16 trees in McCoy Park between 10 and 11:30 a.m.

The additional trees will bring more shade, cleaner air and tree diversity to the park, according to Urban Forestry information. More trees in yards can bring the same benefits throughout the city and help reduce the heat of climate change.

Additional information is at www.portland.gov/trees.

VETERANS DAY PARADE CALLS FOR VOLUNTEERS

The planning team for the Portland Veterans Day Parade is issuing a "call to arms" for volunteers to join the ranks and orchestrate a tribute to our nation's military heroes.

The parade, paused during the COVID-19 pandemic, was activated last year and will assemble again Nov. 11 at Northeast Beech Street. The parade will move out at 10 a.m., traveling north on Northeast Martin Luther King Jr. Boulevard and turn left on Northeast Shaver Street to the disband area.

Volunteers are needed for a variety of positions, according to parade organizers. Participants, supporters and sponsors also may find information and sign-up forms at www.VeteransDayPDX.org.

"We're inviting everyone in the community to be part of this remarkable event," said the planning team lead, Napoleon Hodgers, commander of the Northwest chapter of the National Association for Black Veterans.

The Portland Veterans Day Parade is set for Nov. 11 to honor military heroes. Volunteers are needed for a variety of roles for this year's event. To learn more, visit www.VeteransDayPDX.org. (David Barrett)



Welcome the fall season and celebrate trees on Arbor Day, Oct. 14, at McCoy Park. There will be a tree planting event and tree giveaway. (Portland.gov)

"Let's stand together to thank our veterans and create cherished memories for them."

'GO ZERO' TOUR TO SHOW ENERGY-EFFICIENT TIPS

The fifth annual Go Zero! Tour includes four Northeast Portland sites that produce all of their power on site from solar panels. It is presented by Solar Oregon in cooperation with Energy Trust of Oregon.

Each site also offers money-saving ideas and energy-efficient features, such as heat pump water heaters, improved insulation and energy recovery ventilation.

The tour is scheduled from 1 to 5 p.m. Oct. 14. Tickets are \$25. Discounts are available for students and families. Ticket information is at <https://bit.ly/gzt2023>.

Attendees with tickets will receive an official map and the tour addresses in a ticket confirmation email.

The tour "is a great opportunity to learn how an investment in energy efficiency and solar power can save you money," said Aby Jaeger, a program manager with Solar Oregon.

BOOK RECALLS GLORY OF KNOTT ST. BOXERS

The national boxing champions of the Knott Street Community Center are celebrated in a new book,



"Fighting for Albina: America's Boxing Story," written by one of the men who trained in the Knott Street ring as a youth. Aaron C. Jones, now

a 77-year-old resident of Ridgefield, Washington, will introduce his book from 7-9 p.m. Oct. 7 at the Matt Dishman Community Center, 77 N.E. Knott St., which once had the

Knott Street name. Local residents lobbied to change the community center name in the late 1960s to honor the first Black Multnomah County deputy sheriff, who was active in civic and service organizations.

Jones, who returned to the boxing program as a coach during the past year, said his book recounts the history, stories and successes of the teams and individuals who were part of the city Park Bureau program in the 1960s. That's when the amateurs of Knott Street became AAU national champions against teams from Eastern cities that had long-standing boxing programs, which were relatively rare on the West Coast, he said.

He has invited some of the boxers of the era, including Ray Lampkin Sr., Steve Forbes, Kenny Keene and Big John Massey, to join in the book launch. The children of others are expected, too, Jones said.

The book will sell for \$25 as a fundraiser for the Matt Dishman Center, Jones said. A selection of photos will be available, too, he added.

LEARN HOW TO HAVE HEALTHY LANDSCAPES

Free workshops on native plants, water conservation and edible landscapes are among those scheduled in October and November by the East Multnomah Soil and Water Conservation District.

Other sessions provide education on dealing with weeds without synthetic herbicides, landscaping for wildlife and creating climate resilience at home and in the yard.

The conservation district is a unit of local government serving Multnomah County east

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of the Willamette River. Its mission is to help people keep water clean, conserve water and keep soil healthy. It is led by an elected, five-member board of directors and has 22 staff members providing programs and services for urban and rural residents.

In addition to in-person workshops, the conservation district has recorded webinars. Some programs are in languages other than English. Information is available at <https://emswcd.org/workshops>.

AUCTION TO SUPPORT ACTIVITIES OF CENTER

How much would you pay, at auction, for a kitchen remodeling project? Or a dinner party for friends that someone else provides? What would you pay for a plumbing job that helps support services for community people who need help?

These are among the items available in the

50th annual Neil Kelly Memorial Auction to raise funds for the St. Andrew Community Center, 806 N.E. Alberta St., which provides a range of services to people in need, said Lisa Hatten, the center director.

The event, both online and in person, will be Oct. 21. The in-person event will begin with appetizers at 5 p.m. in the center. The dinner and live auction will begin at 6:30 p.m. Tickets are \$35 each.

The online pre-show begins at 6 p.m. and the live auction at 6:30 p.m. The registration is free after following directions on the registration page.

Registration for the in-person and online auctions are at <https://standrewpdx.ejoinme.org/MyEvents/50thNeilKellyMemorialAuction>.

"The auction serves as a crucial fundraising event that ensures the continuation of this vital work in the community," Hatten said.

The services, she said, include support for people facing potential housing eviction, a food pantry, meals for those living without permanent shelter and assistance with rent and utilities payments. The center also has meeting spaces for nonprofit organizations.

The organizations include St. Vincent de Paul, St. Andrew Emergency Services, Metropolitan Alliance for Common Good, Phoenix Rising and St. Andrew Nativity School.

The first auction in 1973 occurred after a fire in the center's kitchen, Hatten said. Neil Kelly, a parish member who began the home improvement center that bears his name, proposed raising repair funds at an auction held in his company's parking lot.

Over time, the annual event moved into the center and has become a community social as well as fundraising event, Hatten said.

'ELECTRIFY NOW' PLANS INFORMATION SESSION

Local people who believe an all-electric home and transportation provide a healthier home and reduced emissions will outline how to "Electrify Everything & Everyone."

The free informational session is scheduled from noon to 1:45 p.m. Nov. 5 at Central Lutheran Church, 1820 N.E. 21st Ave.

Information will be provided about electric heat pumps for heating and cooling, the benefits of electric cooktops and ovens, rooftop solar and newly available federal incentives and rebates.

The program is organized by Electrify Now (electrifynow.net), and ElectrifyPDX.org, sponsored by nonprofit Families for Climate.

BUSINESSES AWARDED GRANTS FOR GROWTH

Comcast, the media and technology company, has awarded grants to 100 Multnomah County small businesses in its RISE program, which stands for representation, investment, strength and empowerment.

The grants, which started to help businesses survive the pandemic, have grown to help businesses and their communities achieve stronger economic growth, according to a news release.

The grants are given as a package that includes \$5,000 to invest in growth and sustainability, educational resources, computer equipment and internet, voice and cybersecurity services for a year. Also included are production of a 30-second television commercial plus a media strategy consultation and 180-day media placement schedule.

Small businesses are important because

they employ nearly half the American workforce and are credited with creating nearly two-thirds of new jobs from 1995 to 2021, according to a Comcast news release.

The Northeast businesses include Abbott & Associates; Bridgetown Acupuncture & Herbal, Eyestrong pediatric eye care; Horizon Driver Education LLC, NW Womens Fitness; One Stripe Chai Co.; Paperjam Press;

Recipients also include Yancy Handmade; Artistic Portland Inc.; Yoga Playgrounds; Fisticuts Barbershop; Green Loop Management; Pulse Wellness Cooperative and Rugged Heart.

PHYSICAL THERAPIST HIRED ON BROADWAY

Broadway Physical Therapy has a new therapist who works with all ages and has



Stephanie Kim

worked in variety of settings. She is Stephanie Kim, who received her doctorate from Northeastern University in Boston.

She and her husband moved to Portland this year. Over the past 11 years, Kim has worked in Boston, San Diego and Los Angeles. She has incorporated many treatment philosophies into her practice. The physical therapy office is at 3016 N.E. Broadway.

Kim's training had a strong emphasis on therapeutic exercises, manual therapy and therapeutic modalities. Much of her work has been in outpatient orthopedic clinics. She also has experience providing community-based physical therapy through home health services. She has worked with clients on the brain injury floor of a neurological rehabilitation hospital.

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BY PHILL COLOMBO

PHILLCOLOMBO@STAR-NEWS.INFO

COUNCIL OKS PERMANENT OUTDOOR DINING

Portland businesses begin applying this month for 2024 permits for permanent outdoor dining the City Council approved in late August. The council made permanent the temporary use of outdoor spaces that helped save hundreds of restaurants during the COVID-19 pandemic.

The permanent regulations replace Portland's Healthy Business Permit that began in 2020 as a pandemic response, allowing free, temporary permits with relaxed conditions for restaurants, retail and others shifting to outdoor spaces. Businesses told Portland's Bureau of Transportation that using public rights-of-way during pandemic-induced indoor restrictions was a critical economic survival tool.

More than 1,000 firms obtained temporary permits for a variety of street and sidewalk uses over the last three years, convincing tourism promotion organization Travel Portland to give bureau programs the Portland Award, recognizing "the greatest overall contribution to Portland's Visitor Industry in 2021."

The permanent program now gives businesses motivation to invest in improving outdoor spaces by offering annual sidewalk cafe and street seat permits in parking spaces. Community groups and



Portland Mayor Ted Wheeler and Commissioner Carmen Rubio were joined by other principals in the mid-September groundbreaking for Francis & Clare Place at St. Francis Catholic Church in Buckman. The Catholic Charities development will add 61 affordable apartments to Buckman. (Phill Colombo)

businesses seeking to occupy the full width of a street from curb to curb also may confer with the bureau about partnering to develop Portland Public Street Plazas.

STREAMLINED PERMIT PROCESS, NEW BUILDING CODES AWAIT DEVELOPERS

For the next six months, developers will have the option to use 2021 codes or 2023 codes that Oregon's Building Codes Division adopted. Chapter one of the new residential specialty code, addressing the revised code's scope and administration, will be effective Oct. 1, while the remainder of the new residential code will have a six-month phase-in period with applicants opting to use either the 2021 code or the new 2023 code.

The phase-in period will end March 31, 2024, and effective April 1, 2024, permit requests must follow the 2023 code. The new plumbing and electrical codes have no phase-in period and were effective Oct. 1.

Code updates will come just ahead of Portland City Council's creating "a consolidated single permitting entity ...

with clear authority, responsibility and accountability."

At the end of August, Commissioner Carmen Rubio led the council in unanimous adoption of a resolution directing the city's chief administrative officer, with the cooperation of city bureaus, "to prepare for consolidation of development review and permitting staff into one entity by July 1, 2024. This includes City staff involved in development review and permitting of work on property and associated improvements and permitting in the right-of-way."

The resolution sets in motion an ambitious effort to combine the development review functions of as many as seven bureaus over the next 10 months

— bureaus that currently report to four different commissioners.

"With a housing crisis and an economy that needs help, there is too much at stake for Portland's recovery to continue with the status quo," said Rubio, who oversees the Bureau of Development Services. "My colleagues agree and are committed to creating a more streamlined process with clear accountability under one authority in an effort that keeps faith with voters who told us loudly and clearly last November that a more responsive and coordinated city government is essential," she added.

Further details related to implementation will be unveiled in the weeks ahead.

- CONTINUED ON PAGE 6

Advertisement for The Blind Onion Pizza & Pub featuring a \$5.00 OFF coupon for any large pizza and a Monday Special Family Pizza Night offer.

Advertisement for Elizabeth E. Welch, North Portland's Personal Injury Lawyer, listing her expertise in auto accidents, uninsured motorist claims, pedestrian accidents, and premises injuries.

Advertisement for NW Seismic, asking "IS YOUR HOME SAFE?" and providing information on seismic retrofits and foundation repair.

★ STAR DEVELOPMENT NEWS




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North Mississippi Avenue crowds will be served by business district staff supported by one of six Venture Portland Major impact grants. This year's awards total \$250,000, and Venture Portland is planning for a similar round of grants in 2024. (Venture Portland)

VENTURE PORTLAND NAMES LARGE GRANT RECIPIENTS

Support for business district tourism and economic development were the focus of \$250,000 in Venture Portland Awards announced this summer. Six of Portland's 50 business districts containing more than 23,000 small businesses are this year's recipients of Venture Portland's Major Impact Grants.

Ranging from \$25,000 to \$50,000 each and the product of the American Rescue Plan Act, Prosper Portland and Portland's City Council, these grants are the largest awards Venture Portland has ever offered, allowing recipients to implement projects to increase small local business foot traffic and economic development over the next year.

Included in this year's awards were the Central Eastside Industrial Council's Gateway Mural Project; the Hawthorne Boulevard Business Association's Kiosk and Solar Incubator Hub;

Historic Mississippi Avenue Business Association's staffing needs and the Williams/Vancouver Business Association's Evening Light District Project.

"As we continue to work on the larger challenges Portland faces," said Portland Commissioner Carmen Rubio, "the Business District Grants Program is helping create energy and vibrancy throughout our city. Portlanders love an opportunity to get together and celebrate our neighborhoods, so I thank Venture Portland for investing in this work to build community while supporting our essential small businesses."

Venture Portland said it intends to offer another round of \$250,000 in Major Impact Grants in 2024.

FRANCIS & CLARE PLACE ADDS 61 AFFORDABLE UNITS

Catholic Charities of Oregon and Edlen

& Co. developers convened major partners and funders in mid-September to mark the start of construction for Francis & Clare Place. Adding 61 units of affordable housing for potential tenants with complex physical/behavioral health challenges who have experienced chronic homelessness, Francis & Clare is a response to a significant Buckman homelessness problem in inner Southeast Portland.

Francis & Clare will be built on the grounds of St. Francis Catholic Church, where parishioners have long cared for and befriended the poor and homeless.

At a mid-September ceremony next to the construction site, Portland Mayor Ted Wheeler called the project a positive step in the work to address homelessness. Wheeler said the city and county are ahead of promises made to voters for an initial housing bond, with 3,000 units either done or under development.

Catholic Charities has committed to provide robust, ongoing services tailored for recently homeless people, and Section 8 vouchers will subsidize rents. Community space will double as a classroom, and a pedestrian street will afford residents greenspace and a large plaza.

Francis & Clare is funded by Enterprise Community Partners, Heritage Bank, Portland's Housing Bureau, the Joint Office for Homeless Services, Oregon's Housing & Community Services, Portland's Clean Energy Fund and Metro's Transit Oriented Development Program.

PERMITS AWARDED

In Concordia at 5215 N.E. 32nd Ave., NW Executive Homes and Development of Boring was granted permission to construct a 10-foot-by-20-foot detached garage next to the alley.

In Irvington-Sabin at 3238 N.E. 20th Ave.,

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★ STAR FEATURE

NE Village empowers people to age in place

By Teri McKenzie
NE Village manager

In an era where isolation is now officially recognized as an epidemic, NE Village offers a promising solution for adults 60 and older.

Since its founding in 2016, NE Village has become a source of community and connection for members and volunteers. The Village was started by a group of dedicated citizens who sought to find a way to grow old while remaining in their homes and who wished to remain active in their community.

Inspired by the efforts of what is now Beacon Hill Village (Boston), NE Village was formed. The Village, which officially became a program of the NE Community Center earlier this year, serves 17 neighborhoods in Northeast Portland and is part of a growing network of such villages nationwide.

Using a neighbors-helping-neighbors model, volunteers provide members a range of services including transportation, yardwork, tech support, help with home organization, friendly visits and more. Members also enjoy social/educational activities, grief and caregivers' support groups and special interest groups, all with the benefit of being close to home.

Being a member-driven program, inspiration for most of the activities that are offered comes from the members themselves. One such project involved a team of members and volunteers who built three demonstration ADA-compliant raised garden beds outside the Rose City Park United Methodist Church where the Village office is located. The team is exploring



Social events are vital to NE Village residents. Here, residents have fun at a Pickles baseball game. Front row from left, Margaret Baldwin, Susan Bach, Ruth Romer. Back row from left, Walt Quade, Marcia Tate, Leanne Logan and Ken Kipnis. (Venture Portland)

ways to expand the project, and is planning gardening workshops as well.

Social events are central to Village life. One popular activity is the biweekly Women at the Well where Village women gather at a neighborhood coffee shop for conversation and connection. A Dining Out group meets monthly to enjoy dinner at various restaurants in Northeast Portland, and Village-wide potlucks are held in neighborhood parks and other venues. These and other activities are great opportunities to meet new friends for people who have recently located to Portland and/or who moved to Northeast Portland.

NE Village hosts a variety of educational programs such as a recent tour of the Lan Su Chinese Garden. Earlier in the year, birdwatchers gathered for an early morning guided tour of Whitaker Pond. Later this fall, the Village will host a mushroom foraging hike. For science fans, the Village regularly offers presentations on various topics.

Other activities include Qigong, neighborhood walks and special one-off programs such as a Pop-Up Acupuncture Clinic from POCA Tech.

If you or a loved one are interested in learning more about membership or volunteer opportunities, the Village hosts monthly introductory presentations; visit events/ nevilleagedpx.org or call 503-895-2750.



NE Village members and volunteers built raised garden beds at its headquarters. From left, Elizabeth Carlson, Sue Horowitz; back row from left, Teri McKenzie, Sue Carr, Peter Carr and Ian Hardin. (Venture Portland)



Diners enjoy the outdoors at City State restaurant in Kerns. Outdoor spaces helped save restaurants during the pandemic and, as approved by the city in late August, are now a permanent part of Portland. (PBOT)

CONTINUED FROM PAGE 6

Pepita Payne and Timothy Resch have permission to build a two-story detached structure with a garage on the ground floor and an accessory dwelling unit above.

In Kerns at 801 N.E. 21st Ave., NBP Sunshine NE LLC of Northwest Portland secured permits to build a seven-story, 231-unit apartment building on vacant property.

APPLICATIONS FILED

In Beaumont-Wilshire at 3538 N.E. 44th Ave., DBS Group LLC of Tualatin filed to build nine single-family residences without garages on a lot shared with an existing single-family residence built in 1925.

In Concordia at 5307 N.E. 35th Place,

Renaissance Custom Homes LLC of Lake Oswego has filed for permission to build two two-unit, three-story townhomes with single-vehicle garages. Permit was issued in August to deconstruct a 1,336-square-foot, single-family residence built in 1922.

At 3117 N. Jarrett St., Charles & Susan Hoerner Trust filed for permission to build a detached, two-story accessory dwelling unit with no garage.

In Montavilla at 1003 N.E. 71st Ave., Noah

Rosen and Hanna Wood are seeking permits to construct two two-unit, two-story structures without garages on a lot where a 720-square-foot, single-family residence has stood since 1950.

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★ STAR FEATURE

New ways to think about longevity

Team at the Community for Positive Aging promotes resilience, outreach for those who are older, low-income

By Janet Goetze

janetgoetze@star-news.info

Older Portlanders who don't have internet access on a computer or phone can't easily sign up for COVID or flu shots, according to a health team at the Community for Positive Aging, formerly known as the Hollywood Senior Center.

Even if residents have internet access, they may have trouble reading the small print on the screen. And if English isn't their first language, they may be shut out of health information or locations of food pantries, team members said.

To help older residents and low-income people in downtown public housing, the center has a team of four who are identifying needs and ways to meet them to strengthen the health and well-being of the community.

The team, according to Judy Lee, the center's operations director, also is looking ahead to find ways to help older and low-income residents prepare for emergencies. Two potential events cited by local emergency agencies, she noted, are a big earthquake and temperature or weather extremes resulting from climate change.

However, Lee and Christopher Fellini, the team's community health manager said, people in small apartments don't have room to store the gallons of water and cache of food recommended for the week or two following a big quake. Nor do some have funds to purchase the extra items.

The team is arranging meetings with state and Multnomah County emergency officials to coordinate assistance and also to gain funding needed for clients' preparations, Lee and Fellini said.

They also are looking at the center, at 1820 N.E. 40th Ave., as a hot weather shelter for those who need a cool place to stay when temperatures climb to dangerous levels.

Lee, who coordinates the health team's work, had a career in business consulting before moving to nonprofit work. She was a part of the Giving Tree, which provided services to public housing residents. In July



The new health team at the Community for Positive Aging includes, from left, Judy Lee, the center's operations director; intern Emily Chang; Rylie Thayer, outreach coordinator; Daniel Valdes, outreach navigator; in back, Christopher Fellini, community health manager. (Judy Lee)



2021, with the retirement of its director, the Giving Tree merged with the Community for Positive Aging and Lee moved with it.

Fellini started with the team in September. He has worked in mental health positions for 14 years with a variety of age groups.

The team also includes Rylie Thayer, the community outreach coordinator, who has studied gerontology and public health. Daniel Valdes, a community outreach navigator for 20 hours a week, is studying public health at Oregon State University when not working in the Portland area.

In the past year, the team has surveyed people at the center and in public housing about what they need for health support and food security. In addition, the team is

developing informational videos on such topics as preventing falls, coping with loneliness and passing housing inspections.

The videos, and interactions with people, can be in several languages. Lee speaks Mandarin and Valdes speaks Spanish. The team also has arrangements with the Vietnamese Association of Oregon and the Somali Service Center of Oregon.

Vaccine clinics are part of the work, too. Two a month are scheduled from October to March at the center and near public housing, with the help of a community partner. The center also is responsible for clinics in East Multnomah County, where partners may supply staff or volunteers.

Finding "partners" — public agencies or

nonprofit organizations — is an important part of providing the services needed for community well-being, Lee said.

The center's main grants include \$185,000 from the Oregon Health Authority for the health navigators. A \$116,000 grant from the National Council on Aging is for COVID and flu vaccines. Multnomah County has granted \$50,000 for emergency preparedness staff but no supplies, Lee said.

The grants all have ending times, she said, which means the center has staff members searching for more grants to continue the work.

In the coming year, the team expects to help clients navigate health insurance coverage and learn which health care providers accept the insurance the clients choose. First, of course, they must help people provide proof of eligibility for governmental aid.

The list of things to do is long. That's why working with partners is important, Lee said.

"We hope to be realistic," Lee said. "The work can expand as we have more funding."

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★ STAR FEATURE



Laurelwood Pub closed its doors in August after 22 years, but the brewery will remain in operation at the Northeast Sandy Boulevard location. (Maggie Grainger)

It's last call for Laurelwood Pub

By Maggie Grainger

maggiegrainger@star-news.info

This August, Hollywood residents were shocked to hear neighborhood favorite, Laurelwood Pub, was officially closing its doors after more than two decades in business.

Founder Mike De Kalb says closing the restaurant is bittersweet, and he appreciates all the kind words he has received from the community.

"We are eternally grateful for the last 22 years," he says.

Laurelwood first opened its doors in 2001 at 1728 N.E. 40th Ave. before moving to its longtime location at 5115 N.E. Sandy Blvd. A popular spot for families, trivia fans and ax throwers, the restaurant pivoted its business model in early summer before ultimately deciding to close.

Although the pub will be shuttered indefinitely, the brewery will still be operating out of the location, and you can purchase your favorite brews at grocery stores like Fred Meyer, Safeway, New Seasons, Whole Foods, Grocery Outlet and Costco.

"It is with a heavy heart that we announce that the Laurelwood Pub will be closed until further notice," says their official announcement, found on the front door, pub

website and Instagram page.

It continues:

"We'd like to thank the hardworking staff that ran their butts off during burger week, and we're extremely grateful for the current staff, former staff members, customers and friends that have all become Laurelwood family.

"This isn't 'Goodbye,' and the Laurelwood Brewery is still open for business. We'll continue to produce your favorites and you can visit www.laurelwoodbrewing.com to place keg and canned beer orders.

"We sincerely appreciate your support, and hope you'll continue supporting our brand by frequenting your local watering hole that serves Laurelwood as well as all the dedicated corner markets and chain stores that carry our beer. We're working hard to expand our reach in Portland and beyond."

De Kalb admits running the restaurant was full of ups and downs so it was only fitting that they went out with a bang during Burger Week 2023.

"It was the Saturday of Burger Week and I was up on the roof smoking pork belly," he says. "We didn't call the fire department or anything but someone did. Five trucks showed up and I gave them the thumbs-up from the roof."

Unfortunately, the burgers didn't survive, but the memories will.

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★ STAR BLOCK X BLOCK

Keepin' it real in Kerns

Business, entertainment options are packed in a central city location

By Maggie Grainger
maggiegrainger@star-news.info

Looking for that Portland funk and flair everyone always talks about? Look no farther than Kerns. Bordering the Buckman, Lloyd, Sullivan's Gulch, Laurelhurst and Sunnyside neighborhoods, this enclave is full of hidden gems, city mainstays, hip bars, local businesses and dance dance revolutions. If you haven't already, discover this unique corner of the city.

PULSEPDX

Sometimes you just need to dance it out. Thankfully, there's PulsePDX, an inclusive group fitness studio on Northeast Sandy Boulevard, that's turned working out into one big dance party — and everyone is invited.

"We see people at the studio all the time going through really challenging life events like illnesses, job loss, divorce and deaths in the family," says owner and teacher Jennifer Nielson. "During class they get to take a



One of PulsePDX's most popular classes is Burn — a resistance band strength training session. The studio recently added new classes to the roster including a dance-based HIIT class, a body-weight strength class and two repair classes that focus on mobility and gentle stretching. (Jennifer Alyse)

temporary break from all of that.

"It may not solve people's problems, but it does make it easier to manage them."

With nightclub-style lighting, pulsating

tunes and no mirrors, people of all shapes, sizes and backgrounds have been getting together to get down for the past 10 years.

In fact, students are encouraged to jump on

stage during sessions to show off their moves and cheer one another on.

It's this infectious attitude that has dance enthusiasts coming back again and again.

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The studio has attracted a devout following, and Nielson says she is thankful every day for the community they have built together.

“There is something magical that happens when people dance beside one another regularly,” she says. “For people who are looking for community, we have seen more friendships form over the years than we can count. We have even had two couples meet and marry and one of those couples have a baby!”

Nielson says the community bond was especially apparent during the COVID-19 pandemic when the studio — along with the rest of the world — was learning how to navigate and reach its students safely.

“When COVID hit and we were getting ready to close, a student told me our community wasn’t going to let us go under, and they didn’t,” she says. “We had students stick with us while we figured out how to livestream, keep memberships going they were no longer using and make donations.”

The studio saw this generosity again when the space was burglarized this summer.

“Members helped with cleanup, offered to lend things while we were working on getting replacements and made generous donations. Those donations made a huge difference for which I am very thankful,” Nielson says.

She also credits the studio’s dedicated and supportive teachers for making PulsePDX such a special space.

“We have an amazing group of talented and caring teachers that really work hard to create a welcoming space and create dynamic classes that students want to take again and again,” Nielson says.

Many of the teachers have professional

- CONTINUED ON PAGE 12



With nightclub-style lighting, pulsating tunes and no mirrors, people of all shapes, sizes and backgrounds have been getting together to get down for the past 10 years. In fact, students are encouraged to jump on stage during sessions to show off their moves and cheer one another on. (Jennifer Alyse)

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dance and fitness backgrounds and add their own spin to routines. Nielsen encourages students to try different teachers and class types to find one (or three or five) that resonates with them and their bodies.

“Give yourself time to learn the routines. Each class will be easier as you start to recognize the songs and moves,” she suggests. “The teachers stick with routines for a while. Keep showing up and by the third to fifth class, you are going to know them and be able to have fun adding your own flair.”

Some of PulsePDX’s most popular classes include POP Pilates — a dance spin on modern Pilates and their signature Dance Fitness — an hourlong class full of struts, shimmys and smiles. The studio recently added new classes to the roster this fall including a dance-based HIIT class, a body-weight strength class and two repair classes that focus on mobility and gentle stretching.

All classes are suitable for all fitness and experience levels, and students are encouraged to go at their own pace. Livestream sessions are also available so you can dance and stretch it out along at home during your lunch break.

“We jokingly tell new students that the only studio rule is you can’t take yourself too seriously,” Nielson says. “The goal is just to move and have a good time. The room is dark, everyone is looking at the teacher, and we are all just there to move our bodies in a way that gives us a mood boost and a little stress relief while making us a little healthier in the process.”

Interested in putting on your dancing shoes and strutting your stuff?

“Start with the feet,” Nielson recommends. “Add in arms as you feel more comfortable,



Fall in love with the plant-inspired motif at Hey Love, a cocktail oasis located inside the Jupiter NEXT Hotel. (Meg Nanna)

and then add any flavor you want. It isn’t about doing it right, or looking like the teacher, it is about moving in a way that feels good to your body.

“We believe that everyone deserves to move and feel good in their bodies. Movement isn’t about how it makes you look, but how it makes you feel.”

ADDRESS: 3602 N.E. Sandy Blvd. **WEBSITE:** pulsepdx.net **INSTAGRAM:** @pulsepdx **DON’T MISS:** Star News readers can enjoy their first class for free. Use code STAR23 on the PulsePDX website and get ready to dance.

HEY LOVE

Discover paradise without leaving the city at Hey Love, a cocktail oasis located inside the Jupiter NEXT Hotel.

Dreamed up by a group of friends as a love letter to Portland, every inch of this unique urban space was designed to transport customers to a magical world of ferns and fun.

“We want people to feel like they’ve been on vacation without needing their passport,” says Aaron Hall, one of Hey Love’s co-owners.

“We wanted Hey Love to pay homage to the fern bars of the 1960s/1970s, to the women who helped transform the bar scene in that era and to the history of our sometimes wild and bawdy and always interesting neighborhood.”

All the art in the space was designed by local artists and, yes, every plant is alive.

“People often reach up to make sure they’re real and they most certainly are,” Hall confirms.

He says their location inside the Jupiter is perfect for creating an environment of

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Popular dishes include the Baja fish tacos – which are breaded in coconut rice– and Summer Noods, Hey Love’s take on fried chicken Chow Mein. (Michael Castellanos)

endless adventure.

“It allows us to connect with folks from all over the world and be their welcome to the city,” Hall says. “Lower Burnside has such a wild, rich history and vibrant bar/restaurant scene, and we’re proud to be a part of it.”

Plus, the spot’s lush nostalgic vibes make it perfect for casual date nights, cocktails with friends or those looking to get their dance on.

On a first date? Try the Mama’s Dut, a coconut pandan gimlet that’s not only tasty but proceeds benefit the Immigrant & Refugee Community Organization. Talk about a conversation starter.

Out with friends? Definitely try a Secret Life of Plants, a salty mango oolong Mai Tai.

Ready to get hyper? Sip on the Oaxacan Sunrise, Hey Love’s spin on a mezcal passionfruit margarita that’s served in a cactus.

Round out your order with some Summer Noods, a nod to fried chicken chow mein, or vegan ceviche, and let the vacation vibes wash over you.

Brunch is available from 10 a.m. to 3 p.m. Saturdays and Sundays
Bon voyage!

ADDRESS: 920 E. Burnside St., inside the Jupiter NEXT Hotel WEBSITE: heylovepdx.com INSTAGRAM: @heylovepdx DON’T MISS: Hey Love’s fifth birthday on Oct. 26. Dancing, photo booths and more fun surprises are in store.

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It’s time for mushrooms to have their moment.

That’s the mission of Luis Munoz, the owner of Irie Farm Mushroom Co., his fungi-forward shop, located at Northeast 21st Avenue and Sandy Boulevard.

What started out as a passion project on Munoz’s Gresham farm has quickly turned into a profitable business that continues to grow.

- CONTINUED ON PAGE 14

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“When people were first asking for my mushrooms, I’d grow two pounds of oysters and thought that was a lot,” he says. “All of a sudden I was growing 20-40 pounds. I started hitting up Saturday markets and sold out within an hour, so I knew there was a demand.”

He estimates his team now grows 1,000 to 3,000 pounds of mushrooms weekly.

The word “Irie” is Jamaican for “feeling great” and that’s exactly what he wants everyone to experience when they try his products, whether it’s cooking with mushrooms or using them as tinctures, powders or raw.

Munoz believes the positive attention on mushrooms is long overdue.

“We don’t fully realize and understand the benefits of eating mushrooms,” he says. “They can heal the planet and help us heal. They can generate new life into dead soil.”

Munoz sells a variety of mushrooms, but it is his huitlacoche or Mexican Truffle that has put him on the map.

Huitlacoche, also known as the “Mexican truffle,” is a fungus that grows on corn. Mushroom spores hijack the corn and turn it into a truffle. Studies have found it is full of protein and contains 18 essential amino acids. Munoz first learned about this type of cultivation from his grandmother who lived in Puebla, Mexico, where this type of mushroom is common.

“It happens in nature,” Munoz says. “We realized we can replicate it in a lab and this is why our farm began to expand.”

“We are the only known farm in the United States growing huitlacoche.”

Visitors to the shop will not only find huitlacoche, but fresh and dried mushrooms, growing equipment, spawn bags and grow kits. They will also find a wide array of mushroom-themed items, including art, jewelry, shirts and mugs.

Munoz also has started holding monthly classes where curious cultivators can get an introduction to growing their own mushrooms. He also has plans to start a chef series where people can learn creative ways to incorporate more mushrooms into their meals.

However, Munoz’s ultimate goal is to teach young people the importance of farming



Luis Munoz has created a fungi lover’s paradise at Irie Farm Mushroom Co. Visitors to the shop will not only find fresh and dried mushrooms, but growing equipment, spawn bags and grow kits. They will also find a wide array of mushroom-themed items, including art, jewelry, shirts and mugs. (Luis Munoz/Maggie Grainger)



and the power of mushrooms through his signature grow kits.

“Kids can see the growth, harvest and then eat it with their family,” he says. “I want to get into schools and teach a class for kids and then give them growing kits.”

The Parkrose High School graduate

says the sky’s the limit when it comes to mushroom education, outreach and appreciation.

“I feel like people are really benefiting,” he says. “And when you do something truly out of your heart, and you see a future and you see yourself in that future and you see how

people can benefit from it, that’s awesome.”

ADDRESS: 2034 N.E. Sandy Blvd. **WEBSITE:** iriefarmoregon.com **INSTAGRAM:** @irie_farm_oregon **DON’T MISS:** Monthly classes give students an overview on mushrooms – from cultivating to cooking. Check the website for dates and details.

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★ STAR PET CONNECTIONS

New OHS facility aids Maui pet rescue



BY LISA LAKES

LISALAKES@STAR-NEWS.INFO

In September, the Oregon Humane Society rescue center was ready for occupation just in time to welcome 92 cats and kittens from the Maui Humane Society.

These pets were in the Maui shelter before the devastating wildfires started. By taking in these felines, other space in the Maui shelter was then available for pets displaced as a result of the fires. This was the first large rescue handled by OHS's new Behavior and Rescue Center (BRC).

The BRC is a new building constructed as part of the New Road Ahead expansion project and is located adjacent to the Community Veterinary Hospital. This dedicated space allows immediate housing for large emergency intakes. There is a secure area that provides safety when unloading pets from transport vehicles.

The building has 24 kennels that can be modified to accommodate multiple pets depending on their size and behavioral needs. The space includes an examination room, grooming area and outdoor runs (for dog play). There are also rooms set up to mimic a home environment, with couches, chairs and toys. These rooms allow volunteers and trainers to work with pets that have behavioral issues or just need a break from their kennels.

Ongoing care for the animals may involve staff, medical personnel, volunteers with specific experience (dogs, cats, kittens) or those volunteers who have completed Emergency Animal Shelter training classes.

For the Maui group, two veterinarians, 10 staff members and 10 volunteers



assisted in getting the animals from the airport and settled into kennels. All of the cats and kittens received medical and behavioral assessments. For the most part, the cats and kittens from Maui did not have special needs.

As cats become ready for adoption, they are moved to the main shelter for scheduled showings. As of mid-September, about 88 of the Maui felines were adopted. Typically, spring and summer is "kitten season."

However, Oregon Humane Society partners with 60 other shelters around the country when emergency or overflow help is needed. So, there is always a need for volunteers, foster parents and adoptive parents to care for and love these cuddly pets.



Photos courtesy of Oregon Humane Society



Staff and volunteers at the Oregon Humane Society welcomed cats and kittens transported from the Maui Humane Society. The felines were displaced by the devastating Lahaina wildfires.

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Coffee for a cure

The Human Bean's largest fundraiser of the year, the 18th annual Coffee for a Cure, will take place on Friday, Oct. 20. The collective effort helps fund the treatment and care of people in its communities battling breast cancer.

The event raised a record-breaking \$437,531 in October 2022. The grand total for this ongoing giveback day is now \$3,095,344.

Help Human Bean set a new record.



Trick or treat for a good cause

The Beaumont Business Association's annual Trick or Treat on Fremont Street will be from 4 to 6 p.m. Tuesday, Oct. 31. Look for an orange balloon outside participating businesses in the district.

A new addition this year is Trick or Treat for Cans. From 5 to 8 p.m., trick or treaters heading door to door will ask for cans for recycling to be donated to the Sunshine Division. Volunteers will receive tote bags, since the cans can get heavy quickly. Sunshine Division will drop off and pick up barrels for the cans to be put in. Volunteers will receive a map of the neighborhood. Each person or group will



cover a few blocks to ensure no one has too far to walk and that a wide swath of homes is covered.

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KIDSTEENS AND FAMILIES

ENJOY GRAPHIC NOVELS

Oct. 5. 4 p.m. A graphic novel club is for grades 4-5. Free. www.multcolib.org. 503-988-5123. Hollywood library, 4040 N.E. Hancock St.

STORIES, SONGS SET

Oct. 6. 10:15-10:45 a.m. Children from ages 3 to 6, with a favorite adult, engage in books, songs and activities helping to build early literary skills. Free. www.multcolib.org. 503-988-5123. Kenton library, 8226 N. Denver Ave.

JOIN POKEMON CLUB

Oct. 6. 4:30 p.m. Enjoy a Pokemon Club. Free. www.multcolib.org. 503-988-5123. Kenton library, 8226 N. Denver Ave.

MAKE SWEET CHURROS

Oct. 7. 3:30-5 p.m. Watch a demonstration on how to make churros with chef Edurne Garcia-Andre. Churros are Spain's answer to doughnuts — a deep-fried sweet snack resembling the horns of the churro sheep. Free. First come, first served. www.multcolib.org. 503-988-5123. Hollywood library, 4040 N.E. Hancock St.

ENJOY ARTS

LAUGH AT DAY OF DEAD

Oct. 1. 11 a.m.-5 p.m. Continues Tuesday



Learn how to make everyone's favorite deep-fried snack — churros — on Oct. 7 at the Hollywood library. (Wikimedia Commons)

through Sunday; closed Monday. The 17th annual Day of the Dead show continues through Oct. 22. Artists work in a variety of mediums to interpret the Mexican holiday of remembering departed loved ones with happy recollections while laughing at death. www.guardinogallery.com. 503-281-9048. Guardino Gallery, 2939 N.E. Alberta St.

NEW EXHIBIT OPENS

Oct. 5. 4-6 p.m. Opening reception for artists who work in a variety of mediums. Gallery is open 10 a.m. to 6 p.m. Tuesday to Sunday; closed Monday. www.artisticportlandgallery.com. 971-339-0945. Artistic Portland Gallery, 4110 N.E. Fremont St.

FILMS TRAVEL IN TIME

Oct. 5. 6:30 p.m. Movie Madness University, the educational arm of the Hollywood Theatre, examines "The Time Traveler's Cinema" on four Thursdays. Travel through the history of film to experience four takes on the mechanisms and meaning of time traveling characters and their stories. Class limited to 18. Mask, vaccination proof



Darrell Grant and MJ New release their album, "Our Mr. Jackson," which pays tribute to Carlton Jackson (pictured left), the late drummer and jazz radio host on Oct. 12 at The Hallowed Halls. (Jazz Society of Portland)

and photo ID required at first class. Tuition: \$75. www.hollywoodtheatre.org. Films show at the Movie Madness Miniplex, 4320 S.E. Belmont St.

PIANIST RELEASES ALBUM

Oct. 12. 7:30 p.m. Hear pianist and composer Darrell Grant in concert to mark the release of the debut album with his band, MJ New. The album, "Our Mr. Jackson," honors the band's late drummer, Carlton Jackson. He also was a KMHD jazz radio host who died in 2021 at age 60. Tickets on a sliding scale \$30 to \$60: <https://app.tickettailor.com/events/darrellgrantmusic/996449#>. The Hallowed Halls, 4420 S.E. 64th Ave.

SUPPORT LOCAL WRITING

Oct. 21. 5:30 p.m. "Raise Your Pen" and a glass for an evening of poetry and an auction to support Write Around Portland. Its mission is to change lives through the power of writing. Tickets: \$60 at <https://www.writearound.org>. Event is at Oregon



Washington Post journalist and author Casey Parks will discuss gender, family and belonging Oct. 11 at Alberta Rose Theatre, part of an Oregon Humanities program. (Alberta Rose Theatre)

- CONTINUED ON PAGE 18



MarchFourth brings its group of SteamFunk, rock and jazz musicians, acrobats and dancers to the Alberta Rose Theatre for a Halloween party Oct. 31. (Sandler Gaither Photography)

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Saturday, October 28
LIVE MUSIC:
THE BUILDERS AND THE BUTCHERS 9:30-11pm
BEYOND THE LAMPLIGHT 8-9pm
\$25 adv, \$30 day of show · 21+ · Tickets at cascadetickets.com
COSTUME CONTEST
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Noon-2pm and 2-4pm · \$15 per carving kit · All ages welcome
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Tuesday, October 31
TRICK-OR-TREATING 4-6pm

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TUESDAY, OCT 10 · 6:45PM
Minor w/ parent or guardian

DRAG QUEEN BINGO w/ POISON WATERS
WEDNESDAY, OCT 11 · 7PM
21+ · Adv tix recommended

OPERA ON TAP
SATURDAY, OCT 14 · 7PM
21+ · Free

OMSI SCIENCE PUB
TUESDAY, OCT 17 · 7PM
All ages · Adv tix recommended

HISTORY PUB: MUD, BLOOD & GHOSTS
MONDAY, OCTOBER 30 · 7PM
All ages · Adv tix recommended



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Contemporary, 8371 N. Interstate Ave.

DANCE TO MARCHFOURTH

Oct. 31. Doors open 7 p.m.; show at 8 p.m. The MarchFourth Halloween Party is a colorful explosion of brassy funk and jazz with 15 musicians, dancers and acrobats. Theater is only partially seated to make room for dancing. Tickets \$28 in advance, \$32 at the door. Handling fees may apply. www.albertarosetheatre.com. 503-719-6055. Alberta Rose Theatre, 3000 N.E. Alberta St.

FOR SENIORS

FUN IN DANCE JAM

Oct. 4. 9:30-10:30 a.m. Continues Wednesdays. Enjoy dance jams for fun and exercise. Free. 503-288-8303. Communityfpa.org. Community for Positive Aging, 1820 N.E. 40th Ave.

TALK WITH A LAWYER

Oct. 6. 9 a.m.-4 p.m. Continues Fridays. Make an appointment for a free, 30-minute legal assistance session. Provided by Legal Aid Services of Oregon. For Multnomah County residents age 60 and older. Meet at the center or by telephone. Call Susan Salisbury, 503-288-8303 ext. 122 or susan.salisbury@communityfpa.org. Community for Positive Aging, 1820 N.E. 40th Ave.

GET TECHNOLOGY HELP

Oct. 10. 9:15-10 a.m. Make an appointment with a "technology ambassador" on Tuesdays to gain proficiency with phones, iPads, etc. Free. 503-288-8303. Communityforfpa.org. Community for Positive Aging, 1820 N.E. 40th Ave.

LEARN OF NE VILLAGE

Oct. 16. 11 a.m.-12:30 p.m. Learn about activities and services offered by Northeast Village PDX that support seniors opting to remain in their own homes and stay involved in their community. The member-led organization serves residents in Northeast neighborhoods as they engage with and help one another. Information: 503-895-2750. Hollywood library, 4040 N.E. Tillamook St.

INGENERAL

GET JOB INFORMATION

Oct. 4. 2-4 p.m. Employment representatives



Clockwise from above:

"The Pep Talk," acrylic, by Wayne Jiang

"Skeleton Pull Toy," linoleum relief print and wood, by Gail Owen

"Wayside Shrine," oil on canvas, by Hickory Mertsching

"Alebrije de los Muertos," relief print, by Gene Flores (Guardino Gallery)



from the city of Portland offer information about available jobs and the hiring process. Drop in any time during the session to get information and have questions answered. Free. 503-988-5123. www.multcolib.org. Hollywood library, 4040 N.E. Tillamook St.

SEE SUCCESS AGENCY

Oct. 5. 8-9:30 a.m. Tour the Dress for Success Oregon agency, which provides clothing and services for women referred for assistance to enter the work force. Begins with coffee and doughnuts, hear the "Collective Power" program with a successful client and meet the interim executive director, Lindsey Norlander. That's followed by questions and answers. Free but space is limited; reservation : www.oregon.dressforsuccess.org. 503-249-7300. Dress for Success Oregon, 1532 N.E. 37th Ave.

EXPLORE GENDER ISSUES

Oct. 11. 7 p.m. Hear Casey Parks, a former

reporter for The Oregonian who now covers gender and family issues for the Washington Post, discuss gender, family and belonging. She is the author of "Diary of a Misfit," about her story of coming out in rural Louisiana in 2002. This is the first in the 2023-24 "Consider This" series about fear and belonging, exploring how attitudes about gender affect



Feed your spiritual side on Oct. 21 when Westminster Presbyterian Church offers a Taize service and a chance to walk a labyrinth. (Westminster Presbyterian Church)

where people fit in, where the attitudes come from and how they might change. A program of Oregon Humanities. O.hm@oregonhumanities.org. Tickets: \$15 to \$30, but some no-cost tickets are available. www.albertarosetheatre.com. 503-719-6055. Alberta Rose Theatre, 3000 N.E. Alberta St.

SUPPORT BLIND AGENCY

Oct. 14. 10 a.m.-2 p.m. The Hollywood Lions host "White Cane" day to accept donations supporting Oral Hull Foundation for the Blind. Also accepting donations of used eye glasses, hearing aids, cell phones and tablets. QFC at 53rd Avenue and East Burnside Street.

LABYRINTH, TAIZE SET

Oct. 21. 4-5 p.m. Walk a labyrinth for

- CONTINUED ON PAGE 19

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contemplation, spiritual centering or prayer in the second-floor Great Hall. An elevator is available near the 16th Avenue entrance. At 5 p.m., a Taize service of healing and wholeness begins in the sanctuary. 503-287-1289. Westminster Presbyterian Church, 1624 N.E. Hancock St.

LIONS ACCEPT GLASSES

Oct. 28. 9 a.m.-1 p.m. The



Hollywood Lions plan the semi-annual collection of prescription eye glasses, readers, sunglasses, cell phones and tablets at the Hollywood Farmers Market, Northeast Hancock Street between 44th and 45th Avenues.

TRICK OR TREAT SET

Oct. 29. 10 a.m.-2 p.m. The Montavilla Farmers Market is open at 7700 S.E. Stark St. Trick or Treat Montavilla is continuing all day among members of the Montavilla East Tabor Business Association. Businesses are along 82nd Avenue and cross streets from, approximately, Southeast Stark



Street to Northeast Glisan Street.

TREATS ON FREMONT

Oct. 31. 4-6 p.m. Trick or Treat on Northeast Fremont Street, east of 37th Avenue. Look for balloons at participating businesses, according to the Beaumont Business Association.

SEE HOLIDAY GIFTS

Nov. 4. 9 a.m.-4 p.m. Local artists showcase holiday gifts at the All Saints annual holiday bazaar. Vintage treasure tables, a children's gift shop and a cafe are available, too. Information: www.allsaintsportland.org/holiday-bazaar. All Saints Catholic Church, 3847 N.E. Glisan St.



Put on your shopping shoes and head to All Saints Catholic Church for its holiday bazaar. You'll find local artistry, vintage treasures and more. (All Saints Catholic Church)

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