



DIA DE LOS MUERTOS
Dozens of artists pay homage to the holiday in Guardino Gallery show. **PAGE 14**



Plotting a NEW COURSE

FAREWELL TO THE FAIRWAY Rose City Golf Course manager Hank Childs may be retiring after 38 years, but expect to find the PGA pro golfer on the links playing for fun. **PAGE 7**



RESTRUCTURING CITY GOVERNMENT Learn about two proposals for altering the city charter. **PAGE 8**



VIBRANCE AND VARIETY Businesses in Kerns and Laurelhurst have just what you're looking for. **PAGE 10**



◀ Hollywood Star staff members meet in 2019 to plan an upcoming issue of the paper. Counterclockwise from far right: Ted Perkins, the late Jane Cullinan, Kathy Eaton, Phill Colombo, Janet Goetze and Mary DeHart. (Mary Ann Seeger)

THE STAR LOSES ONE OF ITS OWN Longtime Hollywood Star managing editor and digital media coordinator Ted Perkins loses his four-year fight with cancer. He will be missed by family, friends and staff but leaves a legacy as a community builder and connector, making Northeast Portland a better place to live. **PAGE 3**

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★ STAR COMMUNITY CONNECTIONS



BY JANET GOETZE

JANETGOETZE@STAR-NEWS.INFO

EXAMINE OPTIONS FOR PLANNING JEFF

The multiple options for modernizing Jefferson High School will be examined in a town hall meeting at 5 p.m. Oct. 12 in the basement school library, 5210 N. Kerby Ave.

Public meetings have been scheduled during the two-year planning process. Construction is expected to begin in summer 2024. Jefferson is one of several Portland high schools that have been or will be modernized with voter-approved bonds.

A meeting at 5 p.m. Nov. 2 will include a review of options for a Jefferson comprehensive plan. A meeting at 5 p.m. Nov. 16 will preview a comprehensive plan option that could go to the Portland Public Schools board for approval.



Nationally known fabric artist Adriene Cruz used African motifs in designing the exterior of the Multnomah County Building at Northeast Martin Luther King Jr. Boulevard and Killingsworth Street. (RACC)

WORK BY BLACK ARTISTS SHOWN ON NE STREETS

Eight 10-foot banners along the MAX tracks on Northeast Holladay Street, between Northeast Martin Luther King Jr. Boulevard and First Avenue, feature the poetry of Renee Watson and photographs by Richard Brown.

The banners are among works by Black artists that are appearing in Northeast Portland, thanks to the Regional Arts & Culture Council and the Portland Bureau of Transportation.

Watson, who grew up in Portland, is an author and educator. Brown has been an advocate for the Black community for more than 40 years.

Several of Brown's photographs, "Keepers of Our Story," are on the Multnomah County building at Northeast Martin Luther King Jr. Boulevard and Killingsworth Street. Made in 1988, the photos feature studio and environmental portraits of elders.

mural on the building, designed with African motifs by Adriene Cruz, a fiber artist.

DRIVERS TRAVEL WEST ON AREA OF ALAMEDA

If you haven't already noticed, the Portland Bureau of Transportation has changed the driving direction on Northeast Alameda at the five-leg intersection with 56th to 57th avenues and Sandy Boulevard.

The change removes the Alameda signal phase at the intersection to give more "green time" to Sandy Boulevard and 57th Avenue, the bureau says in a news release.

Related is the Rose Lane and Alameda Neighborhood Greenway Pilot Project, which uses low-cost, nonpermanent materials to allow for any adjustments needed in the future.

BE A FRIEND, ALLY FOR ALL PARKS USERS

The Portland Parks Foundation invites communities that use parks to the Fall Friends & Allies Summit from noon to 6:30 p.m. Oct. 20 at McMenamins Kennedy School.

The keynote speaker will be Dr. Terry Cross discussing how the Indigenous Relational World View can broaden the work of parks and outdoor organizations.

- CONTINUED ON PAGE 4

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★ STAR COMMUNITY CONNECTIONS

Ted Perkins

October 1, 1962 - September 12, 2022

Edward M. “Ted” Perkins passed away Sept. 12, 2022. He was 59. Ted was a reporter, writer, designer and the heart of the Hollywood Star News.

Ted was born in Massachusetts but was a true son of Portland. He lived within a half-mile of the two homes he grew up in. He attended Beaumont (then a K-8 school), Grant High School and the University of Oregon. Ted was a newspaperman for most of his career, working at The Oregonian, Portland Tribune, Daily Journal of Commerce and, finally, the Hollywood Star. He greatly admired the Star’s owner and publisher Mary DeHart. Ted’s grandfather owned a newspaper in upstate New York and Ted would have loved to have done the same.

Ted and Lisa met when they were both on the board of the Roseway Neighborhood Association. They got married in 2000 and added Joe to their family in 2005.

Community and connections to other people mattered to Ted. He was passionate and excited about the possibilities of what could come from people working together. Ted always made it a point to get to know his neighbors. He was involved with the Hollywood Boosters, was a former board member of the Beaumont Wilshire Neighborhood Association and the Beaumont Business Association.

Ted had a sardonic wit and the tenderest of hearts. He loved poker, the Portland Trail Blazers and ham. A baby whisperer and a kid talker, Ted could connect with anyone. He loved his family and friends. Ted enjoyed games so he could hang out with friends, creating crazy rules to make it more fun. He ran a poker game for 25 years, and, of course, he had a nickname for everyone. Ted and his son, Joe, would call each other “Best Friend” and had a secret handshake they would share each night.

Ted was diagnosed with colon cancer in 2018 and the next four years had lots of ups and downs. He died peacefully in his sleep at home.

Ted leaves behind wife Lisa; son Joe; mother Schatzie; brother Carl and sister-in-law Kristina and their children Emily and Lily; in-laws Cyd Chiba and Paul and Annie Chiba and their children, Maddy and Evan.

The best way to honor Ted’s memory is to get to know your neighbors and become involved in your community. Donations to the American Cancer Society, www.cancer.org, are also welcome.

A memorial open house will be held from 6:30 to 10 p.m. Tuesday, Oct. 4, at McMenamins Kennedy School gymnasium, 5736 N.E. 33rd Ave., Portland.



The Beaumont Business Association had been preparing to bestow Ted with the following award:

E. John & Cleo Rumpakis Award for outstanding service to the Beaumont Business Community

Ted Perkins was chosen for this award based upon his years of tireless work on behalf of the Beaumont Business Community. Every year, every event, every issue the business community has undertaken, Ted had some hand in it. The award is in honor of John and Cleo Rumpakis who were longtime major contributors of time, talent and treasure to the Beaumont business community.

This award was Ted’s idea, and he led the way to establish it. This is not an annual award but is given out only when we feel we have a qualified recipient. Ted is only the third person to receive this award.

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STUDY GODARD, HORROR AT MOVIE MADNESS U.

Films by Jean-Luc Godard and Penelope Spheeris, '80s cult horror and even something called "Horror for Scaredy Cats" are topics in the Movie Madness University's classes for October. In addition, a two-hour seminar explores "What Is Movie?"

Movie Madness University is an education program of the Hollywood Theatre.

Godard's films are scheduled at 6:30 p.m.

Mondays, Oct. 3-24. The cult horror films are scheduled at 7 p.m. Tuesdays, Oct. 4-25. Spheeris' punk rockers and street kids subjects are at 6:30 p.m. Wednesdays, Oct. 5-26.

Scaredy cats can explore the tropes, history and mechanics of horror through "horror adjacent" films. They are scheduled at 7 p.m. Thursdays, Oct. 6-27, and Tuesday, Nov. 1.

The "What Is Movie" seminar helps students know why they like films. They may gain concepts and vocabulary for discussing and appreciating the language of film. The two-hour session is scheduled 1-3 p.m. Saturday, Oct. 8.

Registration and cost is on the Movie Madness tab at www.hollywoodtheatre.org or at education@moviemadness.org.

THREE NE BUILDINGS GAIN CULTURAL HONOR

Restore Oregon, which helps preserve and reuse places and spaces reflecting Oregon's diverse cultural heritage, has awarded 2022 DeMuro Awards for Excellence to 11 restoration projects in the state, including three in Northeast Portland.

They include a 1909 building originally called the First Universalist Church of Good Tidings, now known as Steeplejack Brewing Co. at Northeast 24th Avenue and Broadway. The DeMuro is the state's highest honor for the preservation, reuse and revitalization of

architectural and cultural sites.

A tiny church, built in 1916 for the Norwegian Danish Congregational Church, also received a DeMuro. After the Congregationalists, the church, at Northeast 23rd Avenue and Sumner Street, was occupied by Mennonites, a Korean congregation and the Fellowship Church of God. It became The Little Church in 2004. In 2021, the current owners named it Mildred Hall, after the original name of Sumner Street, and offer it for events.

An award went to late-1940s buildings in the Lloyd District that have been combined into a super block known as Oregon Square. The development at 710 and 830 N.E. Holladay St. and 720 and 827 N.E. Oregon St. has offices and a public plaza.

GATHER DAWSON HISTORY FOR PLACEMENT ON ROCKS

The Portland Bureau of Parks and Recreation wants to gather important historical information to become stories on giant boulders in Dawson Park.

A local Black historian, Kimberly Moreland, will undertake research for ideas submitted by community members. The goal is to complete the project in 2023. Information is available from Maija Spencer, the bureau's senior community engagement coordinator: maija.spencer@portlandoregon.gov or 503-679-6979.



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★ STAR DEVELOPMENT NEWS



BY PHILL COLOMBO

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and the East Bank Esplanade.

PARTNERSHIP PUTS PEP IN BASKETBALL COURT STEP

Dawson Park basketball courts in Eliot are up next for improvement after Portland's Bureau of Parks and Recreation, the Portland Trail Blazers and Nike teamed up to make outdoor court revitalization happen. Courts at McCoy Park in Portsmouth were completed in July, and work is underway at Dawson Park. The effort is part of a larger revitalization project, continuing to refresh and improve a number of play areas throughout Portland.

The project is funded by \$750,000 from Nike and \$300,000 from the Portland Trail Blazers and is a continuation of Nike's 2002 commitment to the Portland Parks Foundation to resurface outdoor basketball courts. With seven locations having had courts upgraded so far, including King School and Kenton's Trenton Park, Parks, Trail Blazers and Nike are exploring the possibility of other sites.

INTERSECTION TO REMAIN CLOSED INTO MID-OCTOBER

Northeast Seventh Avenue and Tillamook Street's intersection will remain closed to motor vehicles until mid-October, as a bikeway construction project concludes, but pedestrians, bicycle riders and anyone using a mobility device may continue through the area. Restrictions on motor vehicles have been in place since Sept. 6 when construction crews began upgrades.

Portland's Bureau of Transportation has been revamping the cross street to improve the link between the Northeast Tillamook Street Neighborhood Greenway and Seventh Avenue, connecting pedestrians and bicycle riders to the new Rep. Earl Blumenauer



Basketball courts at McCoy Park display outdoor playing space upgrades, the result of collaboration between Portland Parks & Recreation, Nike and the Portland Trail Blazers. The public/private partnership is aimed at renovating courts in multiple North and Northeast neighborhood parks. (PP&R)

CREATION OF CULLY TIF DISTRICT ADVANCES

An effort that began four years ago took another step forward in mid-September. The Prosper Portland Board of Directors formally approved creation of a tax increment financing district in Cully.

In 2018, a Cully coalition of community-based partners approached Prosper Portland to explore a financing district that would reserve and spend later property tax increases on historically underserved, marginalized and underrepresented voices in district creation. The financing model being explored would be aimed at community members most likely to be displaced with the explicit goal of stabilization.

Historically, Portland's tax increment finance districts have been ways to serve ambitious land use plans and create regional asset resource investments into projects like light rail, the Oregon Convention Center

Pedestrian and Bicycle Bridge.

The traffic circle and a tree were removed as the intersection was reconfigured to include marked crosswalks and bikeways with an aim to increase visibility and safety for people walking, biking and rolling through the area.

Drivers should avoid the area and use alternate routes. Travelers who bike, walk or use mobility devices through the area are asked to obey traffic control signs and instructions from city contractor crews.

PERMITS ISSUED

In Vernon at 1627 N.E. Jarrett St., Renaissance Custom Homes of Lake Oswego secured a permit to deconstruct a 2,951-square-foot, single-family residence and attached garage built in 1949. Applications have been filed to build two two-story, single-family homes with accessory dwelling units on the ground floor and no garages at 5811 and 5817 N.E. 17th Ave.

• In Arbor Lodge at 1327 and 1341 N. Rosa Parks Way, 1327 N Rosa Parks LLC of

- CONTINUED ON PAGE 6

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★ STAR DEVELOPMENT NEWS

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Southeast Portland and Dora Thomas have been issued a permit to deconstruct the garage built in 1911 between two single-family residences.

APPLICATIONS FILED

- **In Cully at 4606 N.E. 77th Ave.,** Portlandia Construction LLC of Lake Oswego's applications to deconstruct a 712-square-foot, single-family house and garage built in 1950 are in the final stages of approval. New construction applications are also on file for a two-story duplex with single-vehicle garages and a two-story accessory dwelling unit without a garage.
- **In Humboldt at 934-936 N. Webster St.,** Jessica Jacobs of Oakland, California, has filed an application for permission to build a new, single-story, accessory dwelling unit without a garage.



This two-vehicle garage built in 1911 in Arbor Lodge along North Rosa Parks Way is slated to be removed by the owners of adjoining properties. (BDS)

- **In Irvington at 2419 N.E. 21st Ave.,** Leima Anderegg Living Trust has applied for a permit to deconstruct a garage built in

1925. An application to rebuild the garage in the same location is also under review.

- **At 2627 N.E. 13th Ave.,** Michael and Elizabeth Harmon are seeking a permit to deconstruct a 325-square-foot, single-story garage built in 1911.
- **In Montavilla at 400 N.E. 91st Ave.,** FX Homes LLC of Sandy, Ore., is asking the city to consider granting permission to deconstruct a 1,326-square-foot, single-family residence built in 1925. At the same time, filings are being reviewed to construct two, new, two-unit, single-story townhomes without garages.
- **In Piedmont at 855 N. Farragut St.,** Stephen and Niki Johnson of North Albina Avenue have filed to build a new, single-story accessory building without a garage for bedroom, bathroom, storage and gym.

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★ STAR FEATURE

Teeing up for the next round

Rose City Golf Course manager Hank Childs retires after nearly 30 years

By Nancy Varekamp
nancyvarekamp@star-news.info

The nearly 30 years Hank Childs has managed Rose City Golf Course may pale in comparison to the 117 years the site has served recreational needs of the community. He leaves behind his own legacy, however, having added the course's clubhouse to the National Register for Historic Places.

Don't expect Childs to be a stranger. Look for the 38-year PGA pro golfer on the course in the future. He enjoys the course and the people who frequent it.

"The city gave me the opportunity, and I had a great run here. The only reason I haven't retired before was because I love the job so much," he said.

Childs hopes the next manager — who will be the sixth in 99 years — can take the clubhouse to the next level: renovation. Its place on the registry makes it eligible for grants and donations that would otherwise be more difficult to secure.

Despite upgrades and modernizations on the ground floor across the years, the 1932 clubhouse has all the charm of that era.

Signs on the golf course fence along northeast Tillamook Street beckon passersby into the Rose City Grill for breakfast, lunch and more. And the pro shop offers apparel and golf supplies.

Despite several clubhouse renovations, the basic floorplan remains. There's even a fireplace hidden behind the walls of the ground floor. The attic, now in mostly disuse, offered a home to Bernadine Grabel, the course's first manager. According to Dan Evans, golfer and fan of the clubhouse, the attic's fir beams give it a cathedral-like appearance and are reminiscent of Timberline Lodge, built just



◀ Hank Childs retires Oct. 31 from a job he has cherished. As the fifth person to ever manage the 99-year-old Rose City Golf Course, his tenure is the longest. He appreciates the history of the course and the clubhouse that serves it. That's why he championed the 2012 listing of the clubhouse on the National Register for Historic Places. Childs worked 19 years as a golf coach before he settled in as manager. He's enjoyed working with golfers — young and old — at the golf course for nearly 30 years. (Nancy Varekamp)



Golfer Dan Evans' interest was piqued by the 1910 air show that brought a biplane to the future golf course site. It featured the first plane ever seen by most of the 50,000 Portlanders who attended the three-day event. Evans commemorates that air show and biplane with this one-third-scale replica he built and displays on his property in view of golfers. (NancyVarekamp)

five years later.

The city sold \$18,000 in bonds to finance the course's construction, which was repaid by 1937 from greens fee revenues. The clubhouse design is English cottage style, intended to welcome everyday people to a sport enjoyed previously only by wealthy Americans at elite clubs.

"They wanted to give the feeling of what it was like to be in a private country club," explained the application to the National Register for Historic Places. The clubhouse was

a place for the community to socialize.

"It can be a treasured community asset. It's not just for golfers," Childs said. "It's a real focal point of community celebration." Over the years, social uses have included meetings of community organizations, weddings and other events.

Community Day at the course on a recent Sunday drew about 1,000 people to the fairways closest to the clubhouse. Food, beverages, junior golf, face painting and an inflated dinosaur dubbed "Golfzilla" were followed

by a concert that entertained people of all ages.

"It was like a community fair," Childs said. Five large poster boards — on display now in the clubhouse — offered Community Day visitors a glimpse of the history of the 150-acre site, including efforts by volunteers to rehabilitate the bluff on its north side.

Maps on those boards offer site views from as long ago as 285,000 years. Now nestled between Rose City Park, Cully, Roseway and Madison South neighborhoods, the terrain was

shaped by eruptions of now-extinct volcanoes as nearby as 12 miles. Another map shows how the land — called "Mowitch Illahee" by Native Americans — was further defined by the Missoula Floods of 15,000 years ago.

The poster boards jump ahead to the 1905 world's fair in Portland — the Lewis and Clark Exposition — which included popular agricultural exhibits.

"It prompted a group of local businessmen to develop an ongoing site here to display agricultural advancements," Evans said. In addition to living next door to the golf course, the retired teacher is a history buff. "Eighty acres were purchased and 20 buildings, plus a horse racetrack, were built. However, it never became a magnet for future events."

A 1910 one-biplane air show and then motorcycle races were hits until the noise and fumes from the racing bothered people moving into the growing residential neighborhood. A July 4, 1922, finale for races made history when the American Legion staged a collision between two steam locomotive engines.

Then local resident A.H. Gould fashioned a small golf course between the deserted racetracks and, in 1923, he convinced the city to open a standard-size nine-hole course.

It was the city's second golf course — after Eastmoreland — and local businesses donated money, supplies and labor to help create it. In 1925, the city purchased additional land and developed the "back nine."

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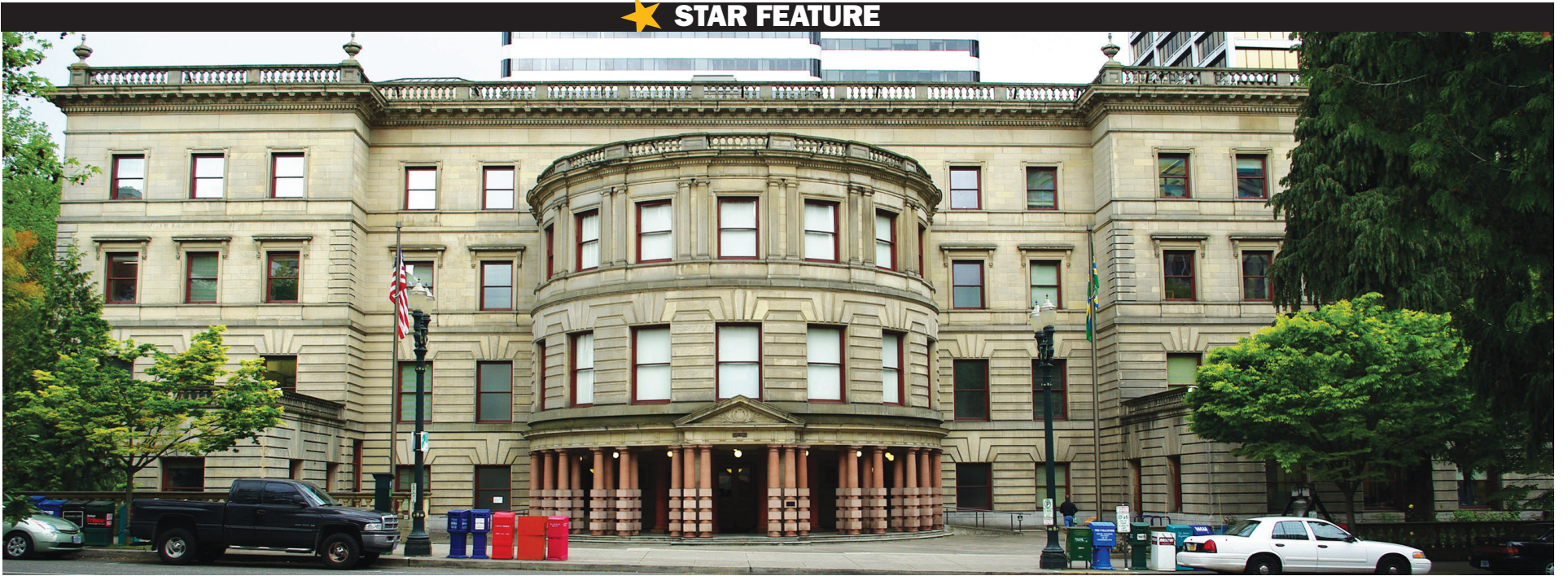
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★ STAR FEATURE



Portland City Hall. (Wikimedia Commons)

Shakeup at City Hall?

This November, voters will decide on a proposed ballot measure regarding the structure of city government and how city officials are elected

By Janet Goetze

janetgoetze@star-news.info

Many residents want to eliminate Portland's commission form of government, and at least two proposals for altering the city charter are gaining attention. One is on the the Nov. 8 ballot. The other, supporters say, is a clearer alternative. They are urging voters to defeat the plan on the ballot so the second proposal can move forward.

The ballot proposal was developed by a 20-member charter commission. Each of the four city commissioners and the mayor selected four people for the commission that

worked nearly two years to develop a proposal sent to the ballot after the members' 17-3 vote.

Commission members see their plan as providing a fairer and more diverse City Council. Others see it as a government without clear accountability and election methods that are needlessly complicated.

City Commissioner Mingus Mapps, who has supported a city charter change since running for office in 2020, has held focus groups and other meetings to develop a charter proposal without the experimental steps he sees in the charter commission plan. Mapps expects to unveil a draft plan by Oct. 3, just a couple weeks before ballots arrive in the mail.

His proposal has developed under the


Ulysses PAC. Another group, The Partnership for Common Sense Government, has indicated support for ideas coming from the Ulysses PAC. These supporters include people who have worked in local and state government in the past.

The charter commission has proposed Portland be divided into four districts but the district boundaries are to be determined by a commission after the November vote. Each district would have three representatives elected by a complicated ranked-choice voting system for a 12-member council. Council members would be elected in November, eliminating a May primary vote, which commission members said tends to draw

fewer voters, with office holders possibly selected by less than a majority. The mayor would be elected at-large. The mayor wouldn't participate in council deliberations and wouldn't have veto power but could break a tie vote. The mayor would appoint a city manager, subject to the council's approval. The city manager could be dismissed by a two-thirds vote of the council.

Having three representatives from each district is expected to create a diverse council with, potentially, some people who are low-income, renters, immigrants and from varied ethnic backgrounds, according to commission members.


- CONTINUED ON PAGE 9

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★ STAR FEATURE

Gloria Cruz, a charter commission member who spoke at a recent Concordia Neighborhood Association meeting, said, "We choose people for different strengths." A varied council, Cruz said, would reflect the diverse characteristics of the city population.

The charter commission's preferred ranked-choice voting system could elect a third-choice City Council member with about 25% of votes cast. That could be someone without typical political backing who nevertheless represents a segment of the councilor's district, Cruz said.

Ideas coming from the Ulysses PAC indicate a new City Council could be elected from more than four districts — perhaps six or seven — to keep the jurisdictions small enough for a single representative to know constituents' needs and ideas.

A mayor would be elected citywide and would be a voting council member. A city manager would oversee city bureaus. A ranked-choice voting system could be part of the draft proposal.

If the charter commission plan is defeated in November, Mapps has indicated he would introduce his alternate proposal to the City Council in early 2023 to begin steps toward a public vote. The city charter can be changed at any time, although it must be reviewed every 10 years.

Chuck Duffy, a lawyer who was on the staff

of former Mayor Bud Clark, mayor from 1985 to 1992, is a volunteer with The Partnership for Common Sense Government, which opposes the charter commission proposal and expects to back the Mapps plan.

"We have no agenda other than trying to get this charter change right," Duffy said. "We say, 'Vote No to Get to a Better Yes.'"

Critics of the commission plan say it could cost the city additional funds to support 12 council members and staffs. Commission members say money is available in discretionary sections of the city general fund.

Bob Weinstein, a volunteer with The Partnership, moved to Portland four years ago after 43 years in Ketchikan, Alaska, where he was a City Council member for six years, mayor for nearly 12 years, and learned about city charters in that time.

In testimony before the City Council, Weinstein outlined his concerns about the charter commission proposal: the small number of districts, no district maps before the Nov. 8 vote, "a unique and confusing" ranked-choice voting system, and "no accountability" because council decisions have no check on potential misuse or abuse of power.

Cruz believes solutions could be found for Portland's complex problems in the multivoice council and government structure the charter commission proposes.

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★ STAR BLOCK X BLOCK

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Find all your favorite pastimes in Kerns, Laurelhurst

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RUBY PERRON
GRANT HIGH STUDENT

Perhaps most importantly, the business owners in the neighborhood are invested in their community and care for their customers. On your next walk-about in town, be sure to stop by Make & Mary for wellness-focused skin care, satisfy a craving for tacos at Pollo Norte, or reserve a spot for a candlemaking and resolution-affirming experience at Yo Soy Candles. You'll be glad you did.

MUSIC MILLENNIUM

Music Millennium opened on March 15, 1969. Since then, it has been a Portland staple for music lovers.

When Music Millennium was founded, it occupied a mere 800 square feet of the current building on East Burnside. After expanding in 1979 and then facing bankruptcy in 1984, the store rebounded with the introduction of live concerts in 1989, becoming the first record



A fixture on Burnside Street since 1969, Music Millennium has tunes for all musical tastes. (Ruby Perron)

store to install a permanent stage and host concerts on a regular basis.

"We have hosted over 4,500 live performances, including the only record store performances from Randy Newman, Joe Strummer from the Clash and Keith Emerson

of Emerson Lake & Palmer," says current owner Terry Currier.

Currier bought Music Millennium from his employers, the McLeods, in 1996. Before Music Millennium, he worked at DJ's Sound City for 12 years, then a Northwest music

chain. A longtime small business supporter and Portland resident, Currier is credited with coming up with the widespread "Keep Portland Weird" slogan. Currier marked his 50th year working in record stores on Sept. 21. Needless to say, his music knowledge is wide and deep.

Music Millennium offers music in almost every format the heart desires, "We are a full catalog recorded music store with vinyl, CDs, cassettes and DVD/Blu-ray being the focus," Currier says. You can find every music genre in Millennium's extensive inventory — from jazz and blues to reggae, rock, classical and more. Additionally, there are unique gift items, such as posters and T-shirts, as well as turntables and vinyl accessories.

Currier credits manager Phil Coons and staff members with ensuring that customers have a great experience.

"We try to have very passionate music people on staff who help make that possible," Currier says. Music Millennium has returned to full capacity operations since COVID and hopes to serve the Portland community for years to come.

HOURS: 10 a.m.-10 p.m. Monday-Saturday and 11 a.m.-9 p.m. Sunday **ADDRESS:** 3158 E. Burnside St. **PHONE:** 503-231-8926 **WEBSITE:** www.musicmillennium.com

- CONTINUED ON PAGE 11

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★ STAR BLOCK X BLOCK



Leslie Abrams sells premade candles and offers the Candle Creation Bar where people can make their own custom items. (Yo Soy Candles)

Email: earful@musicmillennium.com

YO SOY CANDLES

Leslie Abrams' journey to opening Yo Soy Candles has been anything but typical. After working in public relations for the entertainment industry in New York City, for her mother's jewelry business and at a waxing salon, Abrams made the bold decision to quit her job to study yoga in Costa Rica for 30 days, a truly transformative experience.

Upon her return to the States, Abrams invited her former waxing clients to her home studio for a yoga class. One-hundred people showed their support for Abrams' new journey and in return, she gifted them her handmade candles. Her yoga career soon took off, which allowed her to pursue candlemaking on the side. The name of the business, Yo Soy Candles, is a reference to her time in Costa

Rica. Yo Soy is Spanish for I am. "(The name) literally flowed through me, and I felt it in my bones," she says.

Abrams opened Yo Soy Candles in 2011. All candles at the store are 100% soy-based, safe to breathe, and are paired with an "I am" statement.

"My intention is for our candles to be a tool for self-empowerment, healing and transformation," Abrams says. In addition to premade candles, Yo Soy also offers a Candle Creation Bar for up to 18 participants to make custom candles.

The healing properties of candles have been more valuable over the past couple of years, during which the Candle Creation Bar offered a space "for people to relax, connect, create and have a lot of fun," Abrams says, "I

- CONTINUED ON PAGE 12



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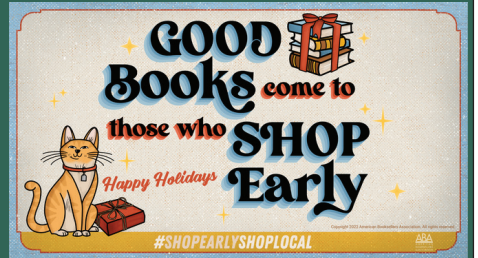
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• All served with housemade tortillas, roasted cabbage & fresh salsas

Pollo Norte sells chicken that will satisfy any size appetite. (Ruby Perron)

couldn't be more thankful to our customers and supporters."

HOURS: Yo Soy Candle is open noon-3 p.m., but hours change. The Candle Creation Bar is open by appointment, which can be booked online at YoSoyCandle.com **ADDRESS:** 724 N.E. 22nd Ave. **PHONE:** 971-600-1220 **WEBSITE:** Yosoycandle.com or TheCandleCreationBar.com

So became Pollo Norte. The current location opened in November 2016. The site is ideal. Set back from the street, Pollo Norte offers ample covered patio space as well as indoor seating. "I used to live in the neighborhood and always admired the space," Shelton says.

Ordering is walk-up style. The year-round staple is roasted chicken, ordered either by the quarter, half or full bird, and comes with cabbage that has been cooked in chicken drippings. Depending on the size of the order, the meal comes with a number of sides including potatoes, cole slaw or beans. Combine it all in a house-made tortilla, and you are set.

"We also keep a pretty consistent specials board with soup, pozole and vegetable side dishes," Shelton says.

"We also have a tidy little bar program with great margaritas, daiquiris and slushies in the warmer months," he says. As for non-alcoholic beverages, I can honestly say Pollo Norte has my favorite horchata, ever. Coconut milk combined with rice and cinnamon over ice never tasted so good.

HOURS: noon-8 p.m. daily for dine-in, takeout or delivery. **ADDRESS:** 2935 N.E. Glisan St. **Phone:** 503-719-6309 **WEBSITE:** www.pollonorte.com **EMAIL:** Info@pollonorte.com

MAKE & MARY

Yvonne Perez Emerson founded Make & Mary in 2016 as "a place to experience the world of cannabis culture through art and design," she says. Make & Mary offers its own clean skin-care line and lifestyle products to aid in healing, which are all made in store.

"Our work is rooted in the belief that healing can be sensual, exciting and feel good," Perez says.

Not only does Perez have extensive

POLLO NORTE

Kelly Shelton began working in the restaurant industry to help pay for his education. It wasn't until later that he decided he wanted to open his own restaurant.

"When I started working in some of the nicer restaurants in Portland I learned to really love the craft and saw it as a viable career rather than just a job," Shelton says.

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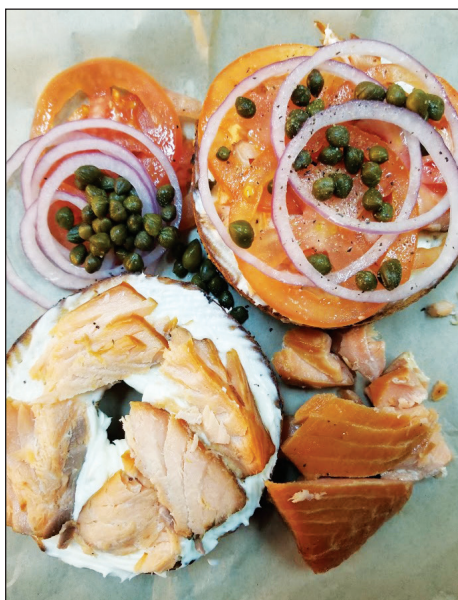

★ STAR BLOCK X BLOCK



Make & Mary's uses natural ingredients in its skin care line made in house.. (Make & Mary)

knowledge of herbalism, but her skills in graphic design led her to found the local nonprofit WeMake, whose focus was to encourage art and design within the Portland creative community. This, combined with her passion for plant medicine, led to Perez opening Make & Mary.

In a similar spirit as WeMake, Perez offers monthly maker workshops focused on self-care. These monthly workshops include heritage craft practices, weaving, natural



Henry Higgins specializes in New York-style bagels that are boiled, not baked, and come with a variety of topping choices. (Henry Higgins)

dying and plant medicine. Tarot readings also are available.

"The Make & Mary shop has become a destination for folks seeking self-care in all forms," Perez says.

Make & Mary is a multigenerational, Latina-owned, natural business. Perez's daughter, Carlee Emerson, came to work at the store at the end of 2020.

"Make & Mary is passionate about sustainability and preserving the quality of life for themselves and future generations. We believe in the power of community and try to focus our ethos on that," Perez says.

HOURS: 10 a.m.-6 p.m. Tuesday-Friday and 10 a.m.-4 p.m. Saturday. **ADDRESS:** 2506 N.E. Sandy Blvd. **PHONE:** 533-444-7608 **WEBSITE:** makeandmary.com **EMAIL:** Info@makeandmary.com

HENRY HIGGINS BOILED BAGELS

After working for various other bagel shops in Portland, Henry Higgins Boiled Bagels owner Leah Orndoff decided to open a bagel shop of her own.

"(We) decided we should help keep traditional bagels alive in Portland," she says.

Henry Higgins first began selling bagels wholesale in 2012, and moved into its current space on Northeast 19th Avenue in

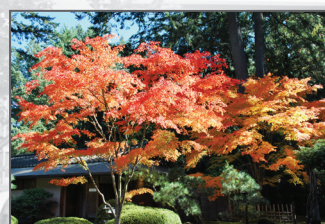
2013. "The bakery is very centrally located and we needed a big space," Orndoff says, noting the proximity to Seven Virtues Coffee. All three locations offer vegan, New York style, boiled bagels made fresh daily. Sandwiches, espresso and catering are also available.

Bagels from Henry Higgins have been so well received that they were voted Best Bagel in Portland in 2022 by Willamette Week. This came just as the store celebrated its tenth anniversary this summer.

HOURS: 7 a.m.-3 p.m. daily at all three locations **ADDRESS:** 523 N.E. 19th Ave: Cafe and Bakery (and two other locations in Southeast Portland) **PHONE:** 971-940-0256 **WEBSITE:** hhboiledbagels.com **EMAIL:** Email@hhboiledbagels.com

With Autumn Upon Us - Wishing My Hollywood Neighbors a Beautiful Season.

News: Market & interest rates are remaining stable and a 2nd wave of activity should be occurring soon. Please reach out to me for Real Estate answers & advice.



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DON'T POISON YOUR PET: Human food can be toxic to animals



BY LISA LAKES

LISALAKES@STAR-NEWS.INFO

During the fall and winter our holiday tables may contain foods that are toxic to pets. Some of the most common are mentioned here. Please see more complete listings below. The ASPCA poison control number is 888-426-4435.

Chocolate, coffee and caffeine are all dangerous for cats and dogs. They contain methylxanthines, which if ingested can cause vomiting, diarrhea, seizures and damage to the heart.

Grapes and raisins also are toxic to cats and dogs potentially causing kidney damage. Cats are especially vulnerable to toxicity from onions, leeks, chives and garlic. However, in large quantities, dogs also can be at risk of red blood cell damage and anemia from



Don't let your pet get into the trick-or-treat bag. Chocolate is one of many common human foods that can make your cat or dog sick and can even be fatal.. (Lisa Lakes)

those foods.

Salt and salty treats like potato chips or pill pockets can cause a condition called hypernatremia. This condition causes the pet's electrolytes to become unbalanced and can be lethal. If your pet ingests too much sodium, they may need intravenous fluids to flush the kidneys.

Another dangerous food is xylitol, an artificial sweetener found in many candies, gum and even some peanut butters. This ingredient causes an increase in insulin that, if untreated, leads to seizures and liver failure within days.

Alcohol presents another danger to pets. Vomiting, diarrhea, central nervous system symptoms, breathing problems and tremors can result.

Keep these foods out of reach of your pets. Be mindful of your pet's ability to access these foods from tables and counters. Put childproof locks on cupboards. If you see symptoms of toxicity in your pet, contact your veterinarian immediately. The ASPCA poison control line, 888-426-4435, is available 24/7, however, you may be charged for the call. Some microchip providers include an added benefit by covering the cost

of one call per year. Emergency clinics also may be available for questions. Be mindful of the current staffing challenges these clinics are facing.

Learn more

Keep pets safe. These resources offer information on which foods can be toxic to cats and dogs.

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★ STAR COMMUNITY CALENDAR

COMMUNITY CALENDAR

KIDSTEENS AND FAMILIES

HEAR SONGS, RHYMES

Oct. 6. 9:30-10 a.m. A librarian brings fun books, songs and rhymes to "It's Storytime!" for children from birth through preschool and their families. Register for Zoom at multicolib.org. Click on Events & Classes, then scroll to date and time of session. Free from Multnomah County Library.

LEARN IN VIETNAMESE

Oct. 16. 2-3 p.m. "It's Vietnamese Storytime!" for preschoolers and their families. The stories and songs are in Vietnamese. Register for Zoom at multicolib.org. Click on Events & Classes, then scroll to date and time of session. Free from Multnomah County Library.

ENJOYARTS

DAY OF DEAD RETURNS

Oct. 1. 11 a.m.-5 p.m. A Day of the Dead group show continues to Oct. 23. It features Portland artists' interpretations of the Mexican observance to honor ancestors without fear of death. Media include prints, paintings, ceramics, textiles. Open Tuesday to Sunday. Closed Monday. Additional art shown online: guardinogallery.com. 503-281-9048. Guardino Gallery, 2939 N.E. Alberta St.

MUSIC COMES TO RADIO

Oct. 6. 7 p.m. "Radio Happening" is a program with the hosts of All Classical Portland joining Gemini Percussion to tell the story of classical music and radio. It features a special performance of John Cage's "City Wears a Slouch Hat." Tickets: \$30 general, \$20 seniors and students, available at 45thparallelpdx.org/concerts/radio-happening. 503-446-4227. Performance in the renovated old church at Church of the Madeleine, 3123 N.E. 24th Ave.

HEAR SCARY STORIES

Oct. 7 & 8. 7 p.m. To usher in the terror season, Eerie Webbs tells scary stories in the Tails of Terror live show, accompanied by The Grave Robbers Band. The



"Sueños: The Ghost Bride's Slumber" by Jennifer Gillia Cutshall is part of the Day of the Dead show featuring nearly 40 artists at Guardino Gallery through Oct. 23. Guardino Gallery)

members know all your favorites including "Highway to Hell" and "I Put a Spell on You." Tickets \$20. Headwaters Theatre, 55 N.E. Farragut St. No. 9.

READY FOR PRINE TIME?

Oct. 23. 7 p.m. "Souvenirs," the songs and stories of John Prine, is backed by an all-star house band, The Not-Ready-for-Prine-Time Players, and regional vocalists. Tickets \$22 advance, \$27 at the door. Masks recommended. Albertarosetheatre.com. Alberta Rose Theatre, 3000 N.E. Alberta St.

WALK WITH A PANTHER

Oct. 28. 7 p.m. A play, "Walking Through Portland With a Panther: The Life of Mr. Kent Ford; All Power," recalls the civil rights-era days of the local Black Panther Party, their children's breakfast program, and efforts to highlight discrimination. Q&A with Kent Ford follows. Free-will offering gratefully accepted. www.vanportmosaic.org. Westminster Presbyterian Church, 1624 N.E. Hancock St.

CHOIR TO SING BACH

Oct. 30. 2 p.m. The Bach Contata Choir of Portland presents a concert featuring two of J.S. Bach's best known works: Cantata No. 106 (Actus Tragicus) and Cantata No. 80 (Ein Feste Burg or A Mighty Fortress). Directed by Ralph Nelson. Presentation is by the 50-voice Bach Cantata Choir, a 12-piece orchestra

and vocal soloists. Free-will offering. Masks are required. Rose City Park Presbyterian Church, 1907 N.E. 45th Ave.

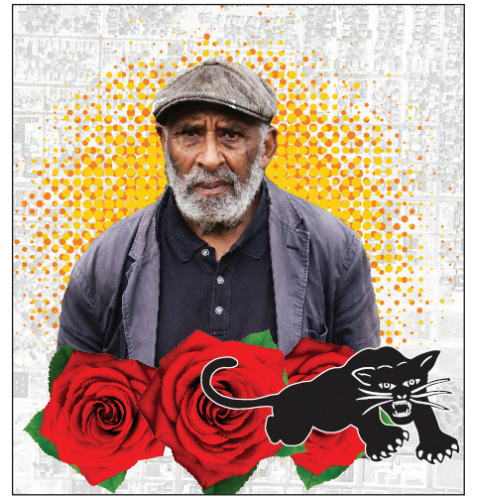
FORSENIORS

SEE 'CLOSE ENCOUNTERS'

Oct. 6. 12:30-3 p.m. View "Close Encounters of the Third Kind" in person and socially distanced. In the story, an Indiana electric lineman's life turns upside-down after a close encounter with a UFO. Stars Richard Dreyfuss and Melinda Dillon, directed by Stephen Spielberg. Free screening partnership of the Community for Positive Aging and Hollywood Theatre. Check in at a vaccine information table to get a free popcorn or drink voucher. Hollywood Theatre, 4122 N.E. Sandy Blvd.

MEMORY CAFE TO OPEN

Oct. 11. 12:30-2 p.m. Continues Tuesdays. The Memory Cafe is a free social event for those with dementia, Alzheimer's and memory loss, who must be accompanied by a caregiver. Music, food and friends are part of the event. RSVP is requested: Jenn Foreman, Multnomah County Caregiver Support Program coordinator at 503-988-8210 or Jennifer.m.foreman@multco.us. Hollywood Senior Center, 1820 N.E. 40th Ave.



Learn about the life of Black Panther Kent Ford in a play at Westminster Presbyterian Church on Oct. 28. Ford will be present for a Q&A. (Vanport Mosaic)

LEARN ABOUT 'VILLAGE'

Oct. 18. 10:30 a.m.-noon. Learn about activities and services offered by Northeast Village PDX that support seniors opting to remain in their own homes and stay engaged in their community. The member-led organization serves Northeast neighborhoods with lots to enjoy as a member, volunteer or both. Information: 503-895-2750. Community for Positive Aging (Hollywood Senior Center), 1820 N.E. 40th Ave.

CELEBRATE BIRTHDAYS

Oct. 25. Noon-1 p.m. Returning by popular demand are birthday celebrations on the fourth Tuesday of each month. The festivities, including birthday cake and other treats, follow the Meals on Wheels hot meals served each Tuesday. Information: 503-288-8303 or staff@communityfpa.org. Hollywood Senior Center, 1820 N.E. 40th Ave.

LEARN SAFE DRIVING

Oct. 27 & 28. 11:45 a.m.-3:15 p.m. A two-day AARP driver safety program to help older drivers through knowledge and understanding the advantages of

- CONTINUED ON PAGE 15

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technologies in later model vehicles and changes to highway markings, signals and signs. Free. Registration required: 503-288-8303 or staff@communityfpa.org. Hollywood Senior Center, 1820 N.E. 40th Ave.

INGENERAL

STORIES BUILD EMPATHY

Oct. 6. 6-7:30 p.m. Educator and college administrator Kim Johnson asks how we can build empathy across communities and differences if the stories we hear represent only a few voices. This Banned Books Week event is titled "They Want Us to Be Quiet: Books Unite Us, Censorship Divides Us." Johnson, author of "This is My America," a story that explores racial justice against innocent Black men, will have another book, "Invisible Son," published in 2023. The teen coming-of-age story explores love and friendship in a progressive city with more Black Lives Matter signs than Black people. Register for free from Multnomah County Library: multcolib.org, click on Events & Classes, find date and time.

EAT LIKE A VIKING

Oct. 9. 8:30 a.m.-noon. Enjoy a Viking pancake breakfast with eggs, sausage, fruits, juice and Norwegian hospitality. The fundraiser will help provide 10 scholarships for local students. \$10 adults, \$6 children 3-10, free 3 and younger. Free parking. Norse Hall, 111 N.E. 11th Ave.

HELP BUILD BUSINESS

Oct. 12. 9-10 a.m. A live webinar, presented by Grow with Google, helps small businesses promote their products, using Google tools, as consumers shop for the holiday season. After the webinar, participants may learn about free services and tools that Multnomah County Library provides to small business owners and entrepreneurs. Free. Register online at multcolib.org. Click on Events & Classes, then scroll to date and time.

PINK MARTINI IN GALA

Oct. 20. 6-7:30 p.m. China Forbes and Pink Martini are featured in a free virtual gala for Cascadia Health, which provides mental health, addiction recovery, primary care and housing services for about 18,000

Oregonians annually. RSVP at cascadiahealth.org/gala2022.

BECOME RACIAL ALLY

Oct. 20. 6-8 p.m. "7 Questions About Allyship You Were Afraid to Ask" is an online program led by Lecia Michelle, who has written a book on how to be a racial ally. It offers ways to join the racial justice fight for Black women. The program is intended to get potential allies thinking about where they are and where they want to be. Free from Multnomah County Library. Register for Zoom at multcolib.org. Click on Events & Classes and scroll to the date and time.

COFFEE FIGHTS CANCER

Oct. 21. 5 a.m.-6 p.m. The Human Bean drive-through coffee shops are dedicating 100 % of proceeds to the American Cancer Society on this day. Two shops are in Vancouver. The Hollywood Human Bean shop is at 4835 N.E. Sandy Blvd.

SOUNDS FOR LIFE

Oct. 26. 6 p.m. doors open, 7 p.m. event begins. Science On Tap features political ecologist Karen

Bakker discussing "The Sounds of Life." She shares stories of nonhuman sound used by scientists. For instance, some use artificial intelligence to decode nonhuman sounds and build "dictionaries" in East African Elephant and Sperm Whalish. Tickets: \$25 to \$45 general, \$15 student and \$15 for live stream only. Proof of vaccination required. Masks recommended. Albertarosestheatre.com. Alberta Rose Theatre, 3000 N.E. Alberta St.

BOOK SALE RETURNS

Oct. 29. 9 a.m.-5 p.m. The Multnomah County Library used book sale opens after a pandemic-induced hiatus and continues two more days. Masks are requested to protect volunteers, staff and community members. Gently used books and audiovisual materials in all subjects are available along with sheet music, comics, pamphlets and maps. Continues Oct. 30 from 10 a.m.-4 p.m. and Oct. 31 from 9 a.m.-3 p.m. when items are 50% off or \$25 a box. Sponsored by Friends of the Library. Information: friends-library.org. Lloyd Center Double Tree Hotel exhibit hall, 1000 N.E. Multnomah St.

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Welcome fall, my favorite time of year!

The kids are back in school, the days are shorter, the temperature cooler and our real estate market is stabilizing to a more normal pace. Inventory still remains low. Properly priced homes can still sell in a week or two but pricing is key. Portland Metro stats indicate 60% of active listings have had a price reduction. With the increase in interest rates, some buyers have been priced out of the market. However, the ability to buy the interest rate down is an option with the buyer or seller paying for the buy-down. Buyers may have an opportunity now to revisit a property they have interest in for a 2nd look, unlike earlier in the year.

Don't hesitate to reach out to **The Coon Team** to learn the ins & outs of selling or buying in our current market.

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