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VEWS



FRIEND TO ALL
There were few
strangers when
Isabella Trepiccione
strolled her Hancock
Street neighborhood.
PAGE 10

★ SERVING NORTHEAST AND NORTH METROPOLITAN PORTLAND NEIGHBORHOODS ★ NOVEMBER 2022 ★ VOLUME 40, NUMBER 5 ★





PARADE HONORS ARMED FORCES On Veterans Day, pay respect to those who have served. **PAGE 6**



MORE HUMANE CARE Community Veterinary
Hospital helps financially challenged pet owners. PAGE 16

MAKING MERRY AND BRIGHT

Annual holiday toy drive gets into gear bringing joy to kids and volunteers alike. PAGE 8

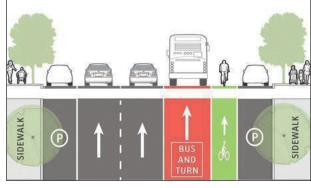
Toyaloy makers



BREWING A COMMUNITY THROUGH COFFEE Rocky Butte Espresso Bar owner James Helms puts resources, music, books and more on the menu along with beverages and snacks. PAGE 12



WEATHER
FORECAST
CALLS
FOR ART
Guardino
Gallery artists
will leave you
happy to head
indoors this
month.
PAGE 17



EXPECT DELAYS Rose Lane project may snarl East Burnside traffic for up to a year. PAGE 4

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STAR COMMUNITY CONNECTIONS



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UO TO MOVE PROGRAMS FROM SW TO NE CAMPUS

The University of Oregon plans to develop the Ballmer Institute for Children's Behavioral Health at the former Concordia University campus in Northeast Portland, but that's not all. The university's programs in Northwest Portland also will move to the campus at Northeast 28th Avenue and Holman Street in coming years.

The UO acting president, Patrick Phillips, brought that message to a community gathering in the campus library in mid-October. UO's largely graduate and professional degree programs in the White Stag Building, in Portland's Old Town, include architecture, law, business, journalism, education and art and design.

The campus setting also will provide students with some housing, Phillips said. He added that nearby residents will be welcome to walk on the school grounds, as they have in past years. UO intends to continue the "good neighbor" atmosphere





 $\textit{Public input is sought on four proposals for the future of Jefferson High School.} \ (@2017 \ Steve \ Morgan)$

with local residents, he said.

"We are completely committed to maintaining that relationship in a positive way," Phillips said.

UO is still assessing the buildings and working with the city on permits for remodeling requirements, he said. That means he has no firm dates for bringing downtown programs to the Northeast campus, Phillips said, but up to 1,000 students and faculty may arrive in future years. An assessment also will include the sports fields to answer the community's queries about how they will be used, he added.

The university completed the purchase of the former Concordia campus in July, using part of the \$425 million gift from Connie and Steve Ballmer, co-founders of Ballmer Group Philanthropy.

The university plans to establish a new national model, according to a news release, "for the promotion of children's behavioral health and well-being." University researchers, public schools, families and community groups would be involved in developing prevention and intervention programs, according to the university.

PLANS FOR JEFF HIGH: REMODEL OR ALL NEW?

Consultants and architects are continuing to gather comments from alumni, parents, students and community members interested in the future of Jefferson High School.

The school at 5210 N. Kerby Ave. will be modernized or rebuilt through a \$311 million bond approved by Portland voters. A comprehensive planning committee began work last spring and a proposal for upgrading the school is scheduled to go to the Portland Public Schools board in December. That will be followed by a final design, with construction starting in 2024.

Input is sought on four basic ideas. One would be an all-new school at the south end of school property, facing Alberta Street. Neither the 1909 main building nor the 1928 original gym, which retains original bleachers and later became a television studio, would be retained.

A new school on the north end of the property, facing Killingsworth Street, also

would eliminate existing buildings. Another proposal would retain both the 1909 and 1928 buildings with upgraded interiors, surrounded by new construction. The fourth proposal would retain and upgrade the 1909 main building and add new construction.

Work on athletic fields will depend on which concept is followed. Students could stay in the old buildings while construction progresses or move to temporary structures, again depending on which concept is followed. This permits students to continue Middle College studies at Portland Community College's Cascade campus nearby.

A town hall meeting is planned at 5 p.m. Wednesday, Nov. 2, in the Jefferson library to review options for a comprehensive plan. Another is planned at 5 p.m. Wednesday, Nov. 16, to preview a final comprehensive plan before it goes to the school board. Additional information about meetings is at JHSBond@pps.net. The modernization line is 503-916-2222.

MENTAL HEALTH NEEDS GO UNMET IN OREGON

Oregon needs more mental health services and practitioners who can work with both mental health and substance abuse clients, said Chris Bouneff, executive director of the National Alliance on Mental Illness Oregon.

Bouneff spoke in October via Zoom to the Interfaith Alliance on Poverty, made up of 14 faith communities and allies. He outlined the state's needs and information about early treatment that could help people with some form of mental illness. His organization provides information and classes for clients, parents and friends of those with mental health issues.

Anyone who thinks mental illness is the unkempt homeless guy screaming on the street corner doesn't understand that the condition affects one in five people over the age of 12 in the United States, he said. In addition, one in 20 adults live with serious mental illness.

Getting treatment may be difficult, with a typical eight-year delay from the onset of first symptoms to appropriate treatment, he said. One reason is many medical practitioners

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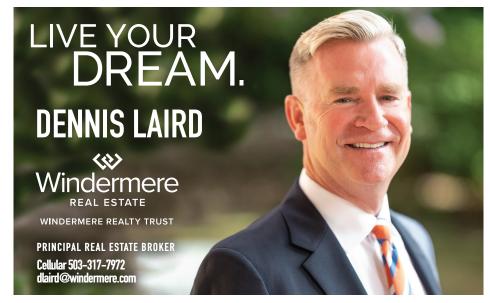
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don't feel trained to deal with mental health issues. Substance abuse practitioners say they can't treat mental illness and mental health professionals say they don't work with substance abuse. Yet, Bouneff said, some people need both mental health and substance abuse treatment but are told to deal with one before dealing with the other.

Bouneff said mental health issues could be helped in most cases with early treatment,

- CONTINUED ON PAGE 3





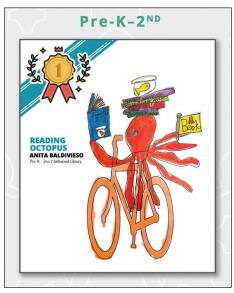
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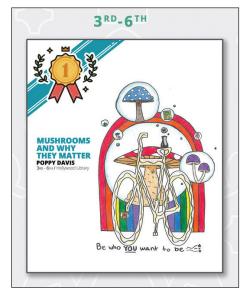
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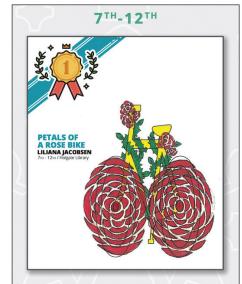
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STAR COMMUNITY CONNECTIONS







These are the first-place winners in three age categories for the 2022 Bike to Books Design Contest. (Portland Bureau of Transportation)

before conditions become severe. That would enable people to live productive, fulfilling lives. "If we focus only on the most severe cases, we will never get out of the hole," Bouneff said. Medicaid Oregon could pay for some treatment, but it is badly funded. People working in mental health need better compensation to be drawn into and stay in the

Housing accompanied by social and medical services is needed for some people. Bouneff said, but it shouldn't be large congregate housing, which can feel overwhelming to some.

A report released recently by the OHSU and the Portland State University School of Public Health notes Oregon has 62 specialists involved in substance abuse prevention but needs over 900.

POPPY DAVIS DESIGN DUE ON LOCAL STREET

A drawing by Poppy Davis, who visits the Hollywood branch library, won first place in the third through sixth grade section of the 2022 Bike to Books Design Contest, sponsored by the Portland Bureau of Transportation and the Multnomah County Library.

Poppy was inspired by the book "Mushrooms and Why They Matter" to create a design for a local bike lane or a low-traffic street known as a neighborhood greenway. Crews from the transportation bureau will install a version of the artwork, reproduced in thermoplastic, on the streets.

The design includes a bicycle surrounded by a variety of mushrooms. It was one of three selected in this year's contest. Anita Baldivieso, who visits the Sellwood library, won in the Pre-K to second grade category. Liliane Jacobsen, who goes to the Holgate library, won in the seventh to 12th grade section.

PRESBYTERY TO RETURN **LAND FOR TINY HOUSES**

The Presbytery of the Cascades plans to turn land back to Indigenous people to develop Barbie's Village, tiny homes for Native families and children, at the former Presbyterian Church of Laurelhurst, 935 N.E. 33rd Ave.

The Future Generations Collaborative, a coalition of Indigenous groups, is planning early childhood services for young residents. Other organizations, including churches and the Kerns and Laurelhurst neighborhood associations, have been working with the program in recent years to create the village.

The village is named for Barbie Jackson Shields, of Warm Springs and Klamath tribal affiliations, who died of a brain aneurysm. She was a natural helper with the collaborative, which works on health issues for Native people.

As work on the land gift continues, the organizations are working to secure a contractor. They hope the village will be open by next summer.

LIONS PLAN FOOD DRIVE FOR SENIORS AND PETS

The Hollywood Lions Club plans its semiannual food drive from 10 a.m. to 3 p.m. Saturday, Nov. 5, at the Hollywood Grocery Outlet, 4420 N.E. 44th Ave. The nonperishable foods, including pet food, will benefit the Community for Positive Aging at the Hollywood Senior Center, 1820 N.E. 40th Ave.

The Lions also will welcome used eyeglasses and hearing aids that can be refurbished for others.

PLAY STRUCTURE DUE **FOR ROSE CITY PARK**

Children may see a new playground at Rose City Park next year because of generous community contributions and fundraising, according to Randy Gragg, executive director of the Portland Parks Foundation.

The work is running a little late because of city and supply chain delays and overloaded contractors, Gragg said. Nevertheless, a partnership with neighbors of the Rose City Playground Project, Commissioner Carmen Rubio and the Walker Family Foundation is bringing the plan to fruition.

A new play facility will arrive at the park at Northeast 62nd Avenue and Tillamook Street, Gragg said. The park serves an estimated 1,400 children, and 200 of them. are across the street at Home Forward's Ellington Apartments

LANDMARKS COMMISSION SEEKS AT-LARGE MEMBER

Applications for a four-year, at-large position on the Portland Historic Landmarks Commission are due Thursday, Nov. 10. The seven-member panel provides leadership on maintaining and enhancing the city's historic, cultural and architectural heritage.

Information about applying is available from the Portland Office of Community & Civic Life, civiclife@portlandoregon.gov. The commission usually meets on the second and fourth Mondays of each month, beginning at 1:30 p.m., at 1900 S.W. Fourth Ave. Most meetings last between three and four hours.

To talk about this opportunity or to receive assistance completing the application, contact the staff liaison, Hillary Adam, at Hillary. adam@portlandoregon.gov or 503-823-8953.



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CULLY TAX INCREMENT FINANCING PLAN GOES BEFORE CITY COUNCIL

An ordinance proposing that future property tax increases in Cully be used to fund housing will be the subject of a Portland City Council public hearing at 2 p.m. Wednesday, Nov. 9. With City Hall open in limited capacity to the public, the council will hold a hybrid meeting, allowing for both virtual and limited in-person attendance.

If the council passes the ordinance as drafted, the final decision will be determined by voters in a referendum. If voters approve it, the tax increment financing plan will authorize a maximum plan indebtedness of \$350 million. That's the amount of tax increments that may be spent on projects, programs and administration over the life of the Cully Plan (20-25 years) within the designated area. Forty-five percent of funds



the Portland Bureau of Transportation will install on East Burnside Street between Martin Luther King Jr. Boulevard and 12th Avenue. (PBOT)

A rendering of the red bus-and-turn (BAT) lane

generated will be allocated to the Portland Housing Bureau for affordable housing. The remaining 55% will support Prosper Portland programs and projects that implement the goals and objectives of the Cully Plan as guided by a community-based leadership committee. Adoption of the plan may affect property tax rates.

A copy of the ordinance, the proposed Cully Plan, and the accompanying report may be found at: prosperportland.us/cullytif, by calling 503-823-3200 or emailing cullytif@prosperportland.us.

INNER EAST BURNSIDE CONSTRUCTION TO AFFECT TRAFFIC FOR A YEAR

Motorists on East Burnside Street between Martin Luther King Jr. Boulevard and 12th Avenue will be affected by the Rose Lane construction project the rest of this year and the better part of 2023. While construction will impact traffic, Portland Bureau of Transportation officials said the improvements will speed up travel for bus riders on East Burnside on TriMet bus lines 12, 19 and 20, while improving safety for bikers and pedestrians. The approximately 12 months of work will cause intermittent lane closures, parking restrictions and travel delays.

Construction began in mid-October and will extend the existing East Burnside bus lane over the Burnside Bridge by adding a bus-and-turn lane between MLK Boulevard and 12th Avenue. The bureau also will install a new traffic signal at MLK Boulevard to allow for separate signal phases for buses, people biking and car traffic traveling east on Burnside Street or turning right onto MLK. The bureau also will add a one-block bike lane extension on the west side of MLK as part of the project, allowing eastbound bike traffic from the Burnside Bridge to connect better with the Southeast Ankeny Street Neighborhood Greenway.

Bus riders should visit trimet.org/#alerts/for the latest service impacts, as the work is weather-dependent and schedules may change. The bureau will provide periodic updates throughout construction. A construction update sign-up is available at portland.gov/transportation/ccim/e-burnside.

CROWD SOURCING FUND TO BOOST BLUFF PLANTING

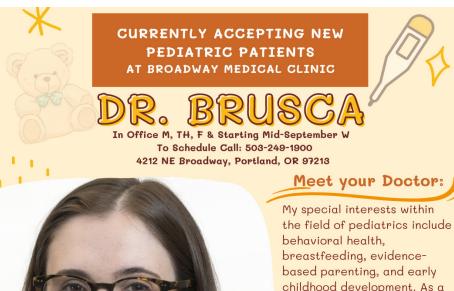
Ahead of the second annual Native Planting Day on Nov. 6, an effort to restore the natural ecosystem along the bluff on Northeast Sacramento Street is being bolstered by a GoFundMe campaign. Two dozen donors have contributed \$1,000 so far. Speaking for the project, Suzanne Briggs said while the effort at https://www.gofundme.com/f/rose-city-bluff-restoration has been very successful, "what we really need now are more volunteers for our future work parties, including our Nov. 6 planting day."

In October, volunteers helped prepare four planting sites at Oregon White Oak (62nd Avenue), Rose Hill (64th Avenue), Meadow and Bench Bluff (both at 65th Avenue). These sites already were wood-chipped but non-native vegetation needed to be removed. Organizers anticipate adding over 500 native plants on the bluff along Sacramento Street between 62nd and 72nd avenues on Nov. 6. Plant varieties will include western yarrow, blue wildrye grass, Oregon sunshine, Roemer's fescue, prairie June grass, river lupine, western buttercup, Nootka rose, cascara trees and birch leaf spirea.

Briggs encourages anyone interested in this effort to RSVP at RoseCityBluff@gmail.com for more details, including what tools to bring.

- CONTINUED ON PAGE 5





My special interests within the field of pediatrics include behavioral health, breastfeeding, evidence-based parenting, and early childhood development. As a parent to two young children myself, I know how important it is to have a pediatrician who you trust and who listens to you. A good pediatrician should be a champion not only for a child's physical health but also for his or her emotional, behavioral, and psychosocial development.

STAR DEVELOPMENT NEWS

ONE MORE PICK-UP DAY LEFT IN PORTLAND PARKS ANNUAL YARD TREE GIVEAWAY

Want a free yard tree? In its sixth annual giveaway, Portland Parks & Recreation is offering one last chance to receive a tree from 8:30 a.m. to 1 p.m. Saturday, Nov. 5. Advance registration is required and is available in English and Spanish online at portland.gov/free-yard-trees or by calling 503-823-4963. (Para ayuda en Español, llamé 503-939-0536) Individual pickup times are determined upon advance registration.

The goal of the giveaway is to increase vegetation cover across the city by making trees accessible to residents. Up to two free trees will be given to plant on private property.

The giveaway, supported by the parks local option levy, is focused on neighborhoods with the highest temperatures and fewest trees. Nearly all the "heat islands" in the metro area are located east of the Willamette River.

"Amid a record-breaking year for heat, the need for cool, shaded areas in Portland remains clear," said Portland Parks Commissioner Carmen Rubio. "Science has shown that trees not only cool the environment, but also play a substantial



Each private property will be allowed up to two trees in the final yard tree giveaway day on Nov. 5. Trees will be available at the Parks & Rec maintenance yard on Mount Tabor. (PP&R)

role in the larger fight against climate change."

"Planting trees is one tool among many needed to mitigate the impacts of climate change, and we are proud to again bring this free series of events back to Portland," said Parks Director Adena Long.

More information about Portland Urban Forestry planting and preservation programs is available at www.portland. gov/trees.

PERMITS ISSUED

In Kenton at 8752 N. Calvert Ave., Julie Madsen and Thomas Strahota have permission to build a new, single-story accessory dwelling unit without a garage.

In North Tabor at 5391 N.E. Everett St., Koval Holdings LLC of Oregon City has been issued a permit to construct a new, six-unit townhome without garages on vacant property.

APPLICATIONS FILED

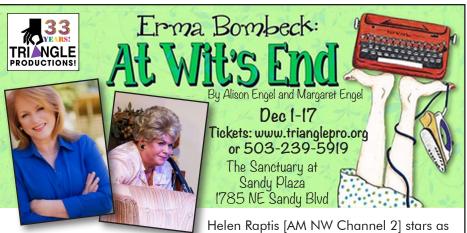
In Arbor Lodge at 6405 N. Greeley Ave.,
Town Developments Inc., of Vancouver,
Washington, has filed to deconstruct a
781-square-foot single-family residence
and detached garage built in 1900. The
application is subject to a delay that expires
at 4:30 p.m. Thursday, Nov. 10. The Bureau
of Development Services also is in receipt
of initial filings to construct four new, twostory townhomes on the same lot.

At 6956 N. Montana Ave., Montana 4 LLC of Southeast Portland filed to build a new three-story, 19-unit apartment building.

In Concordia at 5532 N.E. 31st Ave., Christian Berry and Anne Mattielli are seeking a permit to replace a detached garage built in 1909 with a new two-story ADU with a workshop on the ground floor.

In King at 5026 N.E. 14th Ave., Blackbird Investments LLC of Battle Ground, Washington, has applied to deconstruct an 1,128-square-foot, single-family residence built in 1909. This application is subject to a delay that expires at 4:30 p.m. Thursday, Nov. 17.

In Laurelhurst at 4238 N.E. Flanders St.,
Mario and Danielle DeLuca have filed
to build a new two-story garage and
driveway to replace an existing detached
garage built in 1912.



Erma Bombeck. She has garnered a lot of praise from the press and those who have seen the show. As Erma, she has stories to tell about her life, her family, and her adventures.



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After pause during pandemic, Veterans

Day Parade returns Nov. 11 with new organizers, new route

By Ianet Goetze

janetgoetze@star-news.info

6 THE STAR NEWS

he Portland Veterans Day Parade is returning this year, but with new organizers and a new route along Northeast Martin Luther King Jr. Boulevard instead of Sandy Boulevard as in pre-COVID days.

More than 1,000 participants have signed up for the parade starting at 10 a.m. Friday, Nov. 11, said Anna Mehrer, a spokesperson for the event. These include bands, Scouts, school groups, military vehicles and, of course, veterans organizations.

Lead organizers include the Northwest Chapter of the National Association for Black Veterans, whose commander is Napoleon Hodgers.

"It is my honor and duty to continue the tradition of recognizing our veterans on this very important day," Hodgers said in a prepared statement. "Every one of us has returned home a different person, and the parade is one way we can all come together to celebrate and remember those who served our nation."

The COVID-19 pandemic shut down the parade in 2020 and the previous organizer, Dignity Memorial, decided to step away from the responsibility in 2021. The parade started in 1974 under Vernon E. Ross, then proprietor of Ross Hollywood Funeral Chapel and a veteran of World Wars I and II. After his death in 1983 and the later sale of the funeral chapel, Dignity organized the





The 160-member Black veterans chapter heard of Dignity's decision to leave parade organizing in October 2021, Hodgers said, and decided to take on the responsibility. However, he said, "We're doing this all from scratch." Gaining sponsors has been the most important step for financing, he said.

Fortunately, Hodgers added, volunteers from Moda and other groups have assisted



by the Northwest Chapter of the National Association of Black Veterans Napoleon Hodgers carrying the association flag in 2019. The parade's Northeast Martin Luther King Jr. Roulevard. (All photos on Pages 6 and 7 are from the 2019 parade. courtesy of Maxwell Collins / Hallow

the veterans. The city's permit office also has been helpful in outlining what they need to have in place, he said. "Next year, we'll be even better," said Hodgers, whose military service extended from 1982-94.

The staging area will be on Northeast

Beech Street east of MLK. The parade will travel north on MLK to Alberta Street, where it will turn left and disband at the Natural Grocers parking lot behind the store at 5055 N.E. Martin Luther King Jr. Blvd.

Hodgers said the organizers hope the



FRI, NOVEMBER 11, 10AM **NEW PARADE ROUTE:**

The parade begins at NE Beech St. and NE Martin Luther King Jr. Blvd., travels north to NE Sumner St., turns left onto NE Sumner, where it concludes. Those wishing to join us for the closing ceremony are invited to meet at the Natural Grocers parking lot at 5055 NE Martin Luther King Jr. Blvd., Portland, OR 97211.

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change in route will attract more people to the parade.

"Having the parade on MLK provides logistical ease while still being close to public transportation and engages a different part of the community than in years past," he said.

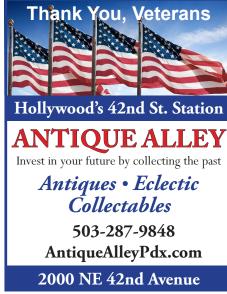
The son of a 20-year veteran, Hodgers spent 10 years on active duty as a Marine, two years with the Army National Guard and two with the Air Force Reserve. As a Marine, he repaired inertial navigation systems for F-18 fighter jets. That system, he said, "tells the plane where it is in the world by telling it where it is not."

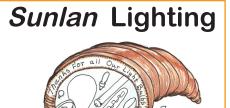
Bands are expected from Franklin High School and Robert Gray Middle School, as well as the McDaniel High Drumline, The Beat Goes On Marching Band and the Portland Police Highland Guard/Portland



Firefighters Pipes and Drums.

The 1st Marine Division Association and the Military Vehicle Collectors Club of Oregon are expected to appear along with veterans motorcycle groups, Sons and Daughters of the American Revolution and the Royal Rosarians, Portland's official greeters.





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Joy Makers

Portland Fire & Rescue's decades-long volunteer gift drive helps out kids, families during holiday season

By Nancy Varekamp

nancyvarekamp@star-news.info

The toys distributed by Portland Toy & Joy Makers may go only to children 13 years old and younger every year at Christmas. But volunteers at the organization reap their own joy throughout the year.

Dean Johnston has shared that joy since 1970. A 26-year Portland Fire & Rescue

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Dean Johnston, Chief Elf for Toy & Joy Makers, retired from Portland Fire & Rescue 26 years ago, but he has no plans to leave his volunteer job. He asks local businesses to help out by providing space for this year's donation boxes. (Nancy Varekamp)

employee, he joined the volunteer effort in 1970 and was named Chief Elf in 1984. He may have retired from the bureau in 1996 but has no plans to retire from Toy & Joy Makers.

In 1914, PF&R began accepting donations of broken toys, and firefighters repaired them during their "down" time on long shifts.

"We'd see so much that was bad," Johnston explained. During their careers, firefighters extinguish blazes and rescue plenty of families whose homes are destroyed. So, helping families with toys was rewarding. "What a great way to serve your community,"

The advent of plastic toys in the 1980s made repairs difficult — if not impossible. So now only new toys are requested.

"Unfortunately, we can't help everybody," Johnston said. However, Toy & Joy Makers helps a lot. Financial contributions from individuals and organizations are used to supplement the donations of toys that are distributed to an average of 2,300 to 2,500 families a year.

Contributions of \$55,000 last year purchased the additional toys that helped children in 2,835 families and a few residential group

- CONTINUED ON PAGE 9

homes

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homes.

Additionally, members of some organizations create items to donate. For instance, members of Northwest Quilters Inc. have made quilts for infants and dolls for 40-plus years.

The goal is to serve as many families as possible with the time and space allowed. Until about 10 years ago, space was at a premium. Donors delivered items to fire stations year-round and then stored them in a small warehouse space. A different distribution center was used each year.

"The need and the effort got so big and massive, we had to find a distribution place," Johnston said. Toy & Joy Makers moved into the retired Fire Station 40 in the Cully neighborhood, where the group has ample storage and distribution space.

Fire stations continue to accept donations and so do many local businesses where collection boxes are located. In fact. Johnston said, he hopes more businesses

will volunteer to host collection boxes. Family requests for toys begin being accepted Nov. 14 via toynjoymakers.org/ indiv-toy-reg-form.php.

That's when the year-round volunteer corps of between five and eight people grows to 15-20 to fill those requests. Most of the volunteers are retired — half from PF&R — but also a few younger generations offer



CALLING LOCAL BUSINESSES

Toy & Joy Makers is looking for more businesses to provide space for donation boxes this month and next. Call 503-823-0922 or email toynjoymakers@ gmail.com to volunteer your space. Volunteers will drop off the decorated boxes Nov. 9, 10 and 11, and pick them up – filled with toys, the group hopes – Dec. 19, 20 and 21.

> Although Toy & Joy Makers is a 12-month effort, Johnson reminds people now is especially the time they can help make a big difference in the community as they plan

"When you go shopping for kids of any to consider picking up an extra toy and

their enthusiasm and higher-technology skills. Together, volunteers clocked an estimated 4,850 hours last year.

They work five weeks processing orders for an average of 135 families a day. Part of the original station's truck bay is filled with shelves, and toys are restocked daily from two rooms of boxed goods. Volunteers select the items to fill all the requests. All they know about the recipients is the number, gender and ages of the children in each family. No special requests are accepted.

No matter what the age of any child, each one receives one item in common, Johnston said. "Always a book."

Girls present a bigger challenge to please as they mature. Interests grow from dolls to hair and makeup and more. Boys are more stable in their variety of interests, according to Johnston. "You'd better give me a toy, no socks," he mimicked with a laugh.

their own gift giving.

age, think of a child in need." He asks people donating it.

Experienced therapists providing individualized care in a friendly environment. Telehealth appointments available















Paint in the studio or order a To Go Painting Kit. See website for details



Remembering Sabella

Isabella Trepiccione made friends with almost everyone she met on her strolls along Hancock Street

By Janet Goetze

janetgoetze@star-news.info

sabella Trepiccione was well known along Northeast Hancock Street where she lived for two decades near two daughters and their families. People stopped to talk while she was gardening, and she offered ideas about plants, cooking and other topics.

The daughter of Italian immigrants, she was born in the first week of 1928 in New York City. Growing up in the

- CONTINUED ON PAGE 11



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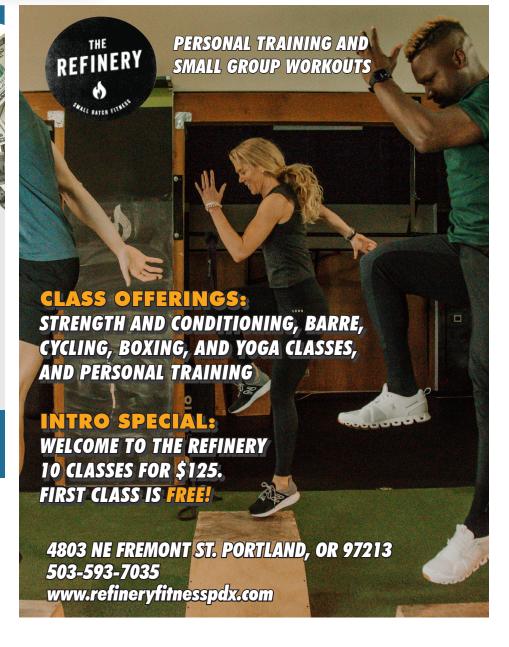
Isabella Trepiccione around the age of around 19 (left) and around 88 (above). Never having learned to drive, Isabella walked everywhere and usually stopped to chat along her route.(Courtesy Trepiccione family)



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Isabella was a woman "passionate about life and all it had to offer her. She had a gift for making friends and was loved by many."

— Barbara Trepiccione and Diane Dean, Isabella Trepiccione's daughters

big city, she never learned to drive and walked everywhere, said daughter Barbara Trepiccione, a retired certified public accountant.

Isabella, as nearly everyone called her, walked to the Hollywood library, the post office, the bank, Trader Joe's and the grocery store on 33rd Avenue. She became acquainted with a woman at the gas station on Broadway, although she never bought gas. Sometimes she walked to Lloyd Center, too, and had coffee most Sunday mornings with a group at Starbucks.

"It was the perfect neighborhood for her," her daughter said. "She could walk everywhere.'

When some of the grandchildren were at Hollyrood Elementary School, she walked over to pick them up after class.

"She was usually the only grandmotherly person picking up kids," said Barbara Hughes, who lived a block away from Isabella and met her as Hughes picked up her own children.



Isabella walked and exercised well into her senior years and lived ito be 94. (Courtesy Trepiccione family)

The daughters tried to introduce their mother to the active older adults exercise class at the Northeast Community Center when she was about 65 years old. However, she pronounced the class members "too old." About 10 years later, she found activities more to her liking at the center, said Barbara Trepiccione.

She enjoyed the Little League games at Grant Park, where she often walked and met more neighbors. However, about seven years ago, the big house on Hancock became too much for Isabella to maintain and she moved to a retirement community. However, she always missed the old neighborhood and her gardening, her daughter said.

After she died on Aug. 3, her daughters, Barbara Trepiccione and Diane Dean, had a celebration of life for Isabella's friends and neighbors on Hancock Street.

In early 2023, they plan to apply for a legacy bench to be installed near the Grant Bowl, where Isabella enjoyed watching ball games. They learned the Portland Parks Bureau installs only a certain number of benches each year, and the quota for 2022 was filled early in the year.

Isabella, who had been widowed with four young children, used her training in fashion design and tailoring to raise them. She was a woman "passionate about life and all it had to offer her," said her daughters. "She had a gift for making friends and was loved by many."

The family hopes the bench will help people remember their time with Isabella. The daughters will follow the Park Bureau's directions at www.portland.gov/parks/ legacy.











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OPPORTUNITY AND COMMUNITY IN

MADISON SOUTH

etween Madison South's boundaries of Interstate 205 and Northeast 65th Avenue, an inactive volcanic cinder cone and a Catholic nature sanctuary local businesses and eateries thrive.



Home to nearly 8,000 Oregonians, the neighborhood offers plenty of spots for visitors and residents to keep bellies full and spirits bright. After a day on the links at the Rose City Golf Course, one can stop by the Rocky Butte Espresso Bar for a caffeine boost or a charming restaurant like

Pho Oregon for an authentic Vietnamese meal.

With the newly remodeled Leodis V. McDaniel High School in the heart of the area, the family-friendly spirit has become even more widespread. Between Gateway Green, the area's new city center for biking and leisurely activities, and Glenhaven Park, a popular spot for skating and playground fun, residents and business owners are eager to welcome visitors.

ROCKY BUTTE ESPRESSO BAR

Light flows in through the front windows and propped-open door as cheerful regulars and curious first-time customers wander through, making their selections from



Rocky Butte
Espresso
Bar owner
James Helms
emphasizes
community values
at his shop.
Besides paying
fair wages to his
employees, the
cafe also offers
book. seed and
tea libraries. (Talia

an assortment of flavorful beverages and pastries. Some grab their coffee and go, while others stay and hang out — cracking open a laptop to enjoy the serene working environment or grabbing a chair by the counter to chat with the friendly employees.

The left wall holds a dream board, packed with doodles and lists of what visitors of all ages hope to see in the Madison South area. Behind it sits a stage, waiting for occasional musical guests. Resources and projects for the community and from the community are

positioned in every corner of the Rocky Butte Espresso Bar, making it a center for bringing people together over great coffee.

Owner James Helms has called the

- CONTINUED ON PAGE 13





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STAR BLOCK X BLOCK



Kvogen and Gvokuku Carlson opened the Dharma Zen Rain Center in 2016 based on Soto Zen Buddhism. (Dharma Rain Zen Center)

Madison South neighborhood home since 2005 and started Rocky Butte Coffee Roasters in 2017. Three years later, he decided to open the doors to the Espresso Bar to expand the impacts of his small business. "I wanted to do something that would connect me deeper to the community," he says. "We've had so many great community things happening, so it's been super successful in that regard."

Community values are present in every facet of the Rocky Butte Espresso Bar. Helms pays living wages to his employees and aims to uphold the 30-hour workweek rule for all of his staff. "This is a really awesome place to work," he says.

The cafe also offers a book library, a seed library and a tea library, where Helms will provide the cup and hot water for free if the tea is stocked by the neighborhood. Even the creative store branding and art comes from within the

 $community, supporting Helms' \ guiding \ values.$

"We embrace (city life) and are always looking for ways to bring people together as much as possible," Helms says. If you'd like to stop by Rocky Butte Espresso Bar for a beverage or snack, a community experience or a relaxing workspace, you'll likely see Helms behind the counter serving up espresso and chatting with visitors as they come through, demonstrating the same community mindedness he's had since 2005.

ADDRESS: 8505 N.E. Fremont St. EMAIL: team@ rockybuttecoffee.com WEBSITE: rockybuttecoffee.com DON'T MISS: Helms' classic 8-ounce cappuccino

DHARMA RAIN ZEN CENTER

Developed in the ninth century, Soto Zen

Buddhism is a practice of everyday zen, in which meditation and mindfulness are performed regularly without a specific goal or standard.

In 1986, Kyogen and Gyokuku Carlson brought the practice to Portland and, in 2016, opened the Dharma Rain Zen Center in the Madison South neighborhood. The

- CONTINUED ON PAGE 14



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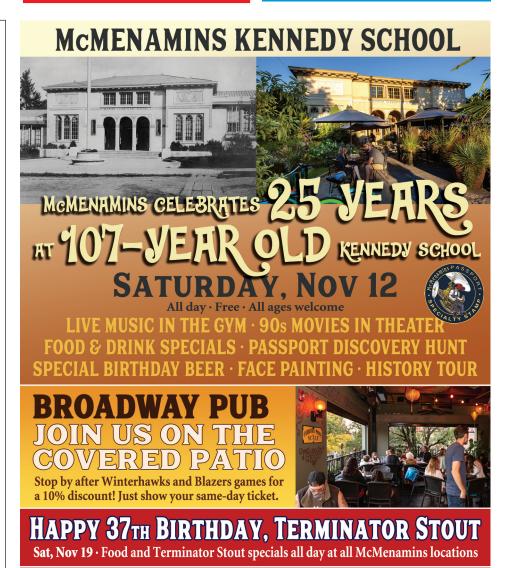
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STAR BLOCK X BLOCK

PUBLISHER'S NOTE: As a contributing writer, Talia Wexler is a member of the Star's first cohort of paid editorial interns - a program the Star launched this year.

For next year's cohort, we hope to add students from Benson, Jefferson, McDaniel and Roosevelt high schools to our group from Grant. If you, or a student you know, are interested in preparing for a career in communications while earning a little extra cash, please contact marydehart@star-news.info.

purpose of the organization is to create a local space for teaching Buddhism, with a goal of cultivating compassion and mindfulness in the community.

"(Promoting compassion) is a big part of what we're doing, but we're also talking about Buddhist teachings," says Genko Rainwater, a priest at the center. She adds, "Buddhism has been very practical; it's given me a lot of tools for living my life

The center has grown to be able to offer residential practice, meditation retreats and avenues for formal student-teacher relationships. Although the community has been impacted by the isolating effects of the COVID-19 pandemic, members and priests have only become more committed to mindfulness and providing unity during these challenging times.

Located in the heart of a vast natural area, people can be seen walking their dogs and wandering about the serene property of the Dharma Rain Zen Center at almost all daylight hours. "We like to be open to everybody and to the neighborhood, so people can walk through and enjoy," Rainwater says.

To allow more people to enjoy and contribute to the space, the Dharma Rain community has partnered with



Soto Zen Buddhism practitioners engage in meditation and mindfulness without a specific goal or standard. (Dharma Rain Zen Center)



EXPIRES 11/30/22

organizations such as Friends of Trees. Northwest Youth Corps and the McDaniel High School Sustainable Agriculture Program, making the property abundant

with gardens and trees.

Offering children's programs like the Dharma School, Dharma Camp and Frog Song Montessori School, the center provides opportunities for young individuals to become more engaged with their self-understanding and Buddhist teachings.

If you choose to visit the Dharma Rain Zen Center, an intro class or workshop would be a great place to start. With a commitment to equity and inclusivity, the center is accessible to individuals with a

variety of backgrounds and abilities and is eager to inspire wisdom and compassion.

If you're not quite ready to get involved, then a short hike around the property's ravine would be a lovely way to escape the city and enjoy the peaceful outdoors.

ADDRESS: 8500 N.E. Siskiyou St. PHONE: 503-239-4846 **WEBSITE:** Dharma-rain.org **DON'T MISS:** Intro to Zen Meditation workshop

ALL CERAMICS STUDIO

All Ceramics Studio founder Aveline Layne has been working with clay since she was 15 years old and has earned a master of fine arts degree in ceramics. Last September, her passion for the craft inspired her to open her studio at the base of Rocky Butte in the Madison South neighborhood, welcoming artists of all talents and abilities to enjoy clay.

Operating the studio independently, Layne offers monthly group classes, private lessons and after-school kids' classes. Each class is intentionally small to maximize one-on-one instruction, which Layne believes is essential in supporting the creative process.

"I found that teaching others comes naturally, and I'm happy to share the knowledge of clay whenever possible," she says. "The most fulfilling part of the work is when students are learning and having fun, and they start to get creative with the process."

- CONTINUED ON PAGE 15

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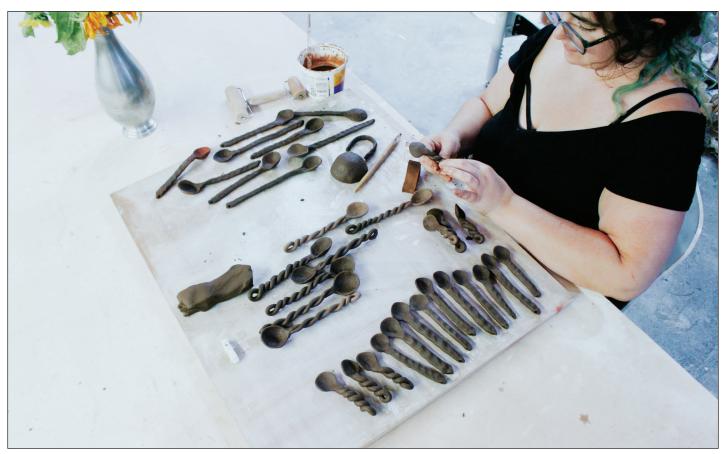
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STAR BLOCK X BLOCK



All Ceramics Studio owner Aveline Layne has a master's degree in ceramics and offers group, private and after-school classes. (Steph Szabo)

Supporting new and young artists, Layne gets to be there for many exciting breakthrough moments. She adds, "It is wonderful to see the moment that it clicks."

With a commitment to accessibility, Layne is eager to welcome and accommodate all aspiring artists. For parents hoping to provide their kids with some artistic fun, or for adults seeking a new creative outlet, a class at the All Ceramics Studio could be a wonderful way to spend an afternoon in Northeast Portland.

If you appreciate the art but aren't so interested in creating it yourself, Layne also accepts commission orders for pottery and sells her work at markets and out of her studio. With unique shaping and

glazed details, Layne's work demonstrates top-notch artistry — proving the level of expertise she has to share with all of her students

ADDRESS: 2914 N..E 89th Ave. WEBSITE: allceramicsstudio.com EMAIL: avellayne@gmail.com PHONE NUMBER: 770-689-9790 DON'T MISS: the Saturday afternoon class or the kids' after-school class





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Humane Society's long-awaited veterinary hospital opens



LISALAKES@STAR-NEWS.INFO

he Oregon Humane Society achieved a major milestone in its ongoing expansion project first reported to Hollywood Star readers in the June 2021 edition of Pet Connect.

After seven years of planning the biggest expansion in the nonprofit's 154-year history, the Community Veterinary Hospital (CVH) is now open and accepting appointments for preventative care, dentistry, spay/neuter and urgent care needs. Online appointments are requested; however, walk-ins will be accommodated as time allows.

The nonprofit celebrated the opening by hosting two events. On Oct. 20, major donors and the media were invited to a ribboncutting ceremony performed by board members. Board president Marveita Redding acknowledged the Indigenous people who once inhabited the land, the ribbon was cut, toasts were offered and attendees were allowed to tour the new facility. On Oct. 22, volunteers and the public were invited into the new building.

The Oregon Humane Society is an independent 501(c)(3) organization and receives no governmental support. The expansion project, called the New Road Ahead, has been funded entirely by private and corporate donations. The organization added five new veterinarian positions, 20 veterinary assistant positions, plus support staff. Veterinarians will rotate duties in the surgical and dental suites.



Visitors wait in line to tour the new facility during the Oct. 22 open house.(Lisa Lakes)



Chief Medical Officer Dr. Steven Kochis in one of the surgical suites. (Lisa Lakes) Colorful signs list the names of hospital donors. (Lisa Lakes)



In addition, students from Oregon State University College of Veterinary Medicine will serve at CVH and complete their required rotation. A new primary care elective has been added to the OSU curriculum. The partnership between the Oregon Humane Society and OSU has been in place since June

The new building is 14,000 square feet and holds 10 exam rooms plus state-of-the-art dental and surgical suites. The building is

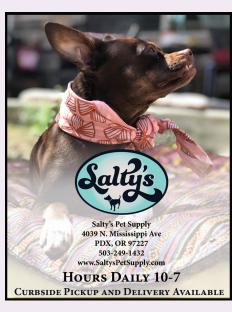
designed to allow for expansion should the need arise. Later this year, the Animal Crimes Forensic Center will open. This center is housed above the CVH and will provide advanced tools for law enforcement to prosecute abuse and neglect crimes. The Behavior and Rescue Center, a new building located to the north of the hospital, also will open later this year.

The CVH was created to support pet owners who are challenged to meet

veterinary expenses. The new hospital is expected to serve 35,000 clients by 2024. It is anticipated that 50% to 65% of these clients will receive a subsidy for their pet's care. Charges will be assessed on a sliding scale to qualified applicants who provide information on their income annually. The CVH welcomes clients of all income levels.

Appointments can be booked at: www. oregonhumane.org/care/ or by calling 503-







Veterinarian Vanessa Gross is seen in one of suites. (Lisa

STAR COMMUNITY CALENDAR

COMMUNITY CALENDAR

KIDSTEENSANDFAMILIES

FUN TIME FOR TOTS

Nov. 4. 10:15-11:15 a.m. Continues Fridays. Family playtime is for preschoolers to have fun with books, toys and music with room to get out the wiggles and play. As Mr. Rogers said, "Play is really the work of childhood." Free. For disability accommodations, call a few days ahead: 503-988-5123 or email help@multcolib.org. Hollywood library, 4040 N.E. Tillamook St.

PRACTICE READING

Nov. 4. 5-6 p.m. Continues Fridays. Children in kindergarten through fifth grade may practice new reading skills. Each week, they listen to a story and practice reading with a teen volunteer. Free from Multnomah County Library through Zoom. www. multdolib@org. Click on Events & Classes, then scroll to date and time.

TRY SENSORY STORY

Nov. 8. 3:30-4:30 p.m. Continues Tuesdays. It's Sensory Storytime, especially for preschool children on the autism spectrum and for families looking for a more adaptive virtual experience for stories. Free via Zoom, from the Multnomah County Library. www. multcolib.org. Click on Events & Classes, then scroll to date and time



SOCIAL JUSTICE BY THE BOOK

Nov. 10. 7-8 p.m. Students in grades 6-8 gather online to discuss contemporary themes of social justice through recent literature. Meet new friends and talk about great books. Free from Multnomah County Library. Please email libraryevents@multcolib.org for



"The Water Painting," by Sarah Waldron (Guardino Gallery)

details on how to join.

DANCE IN JAMMIES

Nov. 15. 11:15 a.m.-noon. A Black storytime pajama jam is for children, newborn to age 5 and their grownups, to sing, hear stories and dance in their jammies. Free. Information: 503-988-5123. Albina library, 216 N.F. Knott St.

ENJOYARTS

BEADED ART IN SHOW

Nov. 1. 11 a.m.-5 p.m. Open Tuesday-Sunday, closed Monday. Beaded sculptures by Elizabeth Shupe and Laura Barstow are in the main gallery. Oil paintings by Sara Waldron are in the featured section. Shows end Nov. 20. Other works at www.guardinogallery.

com. 503-281-9048. Guardino Gallery, 2939 N.E. Alberta St.

REVISIT ACTOR'S LIFE

Nov. 3. 6:30 p.m. In the Iconic Queer Ancestors series, revisit the life, creative work and spirit of Rock Hudson as a person and an artist, as he was so rarely allowed to exist in life. A series of Movie Madness, the educational art of the Hollywood Theatre. Continues Thursdays, except Nov. 24, plus Dec. 1. Tuition \$75. www.education@moviemadness.org. Movie Madness Miniplex, 4320 S.E. Belmont St.

ENJOY 'LIVE WIRE'

Nov. 5. Doors 6:30 p.m., show at 7:30 p.m. Join Luke Burbank for the taping of "Live Wire," a public



"Memory Palace" by Elizabeth Shupe (Guardino Gallery)



radio entertainment show. Musical guest is Samantha Crain. Poet Saeed Jones and authors George Saunders and Silvia Moreno-Garcia are guests. Tickets cost \$30 for general admission, \$20 students & under 35, \$5 Arts for All with

SNAP benefit card. www.albertarosethetre.com. Click on Events. Alberta Rose Theatre, 3000 N.E. Alberta St.

VIEW PERRYS' FILMS

Nov. 7. 6:30 p.m. "Diary of a Mad Housewife" and "Mommie Dearest" are just two of the films by Frank and Eleanor Perry, two of the greatest filmmakers of the 1960s. Explore their work on four Mondays at Movie Madness, an educational program of the Hollywood Theatre. This "crash course" offers no formal lecture or discussion but additional reading and other films are suggested. Tuition \$30. www.education@ moviemadness.org. Movie Madness Miniplex, 4320 S.E. Belmont St.

STUDY HORROR FILMS

Nov. 8. 7 p.m. See cult horror films of the 1990s on four Tuesdays with Movie Madness University, an educational program of the Hollywood Theatre. Tuition \$75. www.education@moviemadness.org. Movie Madness Miniplex, 4320 S.E. Belmont St.

- CONTINUED ON PAGE 18



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STAR COMMUNITY CALENDAR



Altan brings traditional Irish music to Alberta Rose Theater Nov. 13. (Altan)

LISTEN TO IRISH MUSIC

Nov. 13. Doors 7 p.m., show 8 p.m. Listen to Altan's traditional Irish music. Tickets \$25 in advance, \$35 at door, \$45 preferred seating in first seven rows of center section. www.albertarosetheatre.com Alberta Rose Theatre, 3000 N.E. Alberta St.

DEFINE THE MOVIE

Nov. 19. 1 p.m. "What is Movie?" Find out in a two-hour course from Movie Madness University that helps movie-goers articulate and appreciate the finer points of filmmaking. Tuition \$45. www.education@ moviemadness.org. Movie Madness Miniplex, 4320 S.E. Belmont St.

ENJOY FLAMENCO ARTS

Nov. 20. Doors 6 p.m., show 7 p.m. "Alejandra" is the Flamenco Spain Arts & Culture Tour 2022. Tickets \$29.99 to \$45. Alberta Rose Theatre, 3000 N.E.

FORSENIORS

SUSAN CAN HELP

Nov. 1. Noon-5 p.m. Susan Salisbury at the Community for Positive Aging/Hollywood Senior



"Alejandra" is a personal and intimate work of music where memories reverberate within the flamenco themes that José Almarcha develops. (Flamenco Spain Arts & Cutlure

Center helps people understand their service options and available resources around housing, transportation, caregiver needs and more. Hours continue 10 a.m.-3 p.m. Monday and noon-5 p.m. Tuesday-Thursday. 503-288-8303, ext. 122. Susan. salisbury@communityfpa.org.

GO ON A WALK

Nov. 5. 10:30-11:45 a.m. Tuesday and Saturday walking groups meet at the northeast corner of Grant Park, at Northeast 36th Avenue and Brazee Street, to walk in the neighborhood. Free. Information at Hollywood Senior Center, 503-288-8303.

LEARN MEDITATION

Nov. 7. 11:30 a.m-12:30 p.m. Continues Mondays. Learn to practice mindful meditation for stress reduction. Instructor is Nan Leroy. Registration required by going to hollywoodseniorcenter.org. click on Events Calendar, go to date and time and follow the prompt. For assistance, call 503-288-8303. Free online from Hollywood Senior Center.

PLAY THE UKULELE

Nov. 8. 10-11:30 a.m. Continues Tuesdays. Join the Hollywood Ukulele Group. Or come to hear the music. Free. Information: 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.



lay the ukulele or just listen on Tuesdays at the Hollywood Senior Center.. (Hollywood Ukulele Group)

SHAKE IT UP IN ZUMBA

Nov. 9. 10-11 a.m. Zumba Gold is a lowerintensity version of a typical Zumba class and was designed to meet the needs of seniors. Instructor is Jennifer Portnick. Free. Information: 503-288-8303. Hollywood Senior Center, 1820 N.F. 40th Ave.

GET FREE LEGAL HELP

Nov. 11. 9 a.m.-noon. The senior law project on Fridays provides free, 30-minute legal assistance by appointment for Multnomah County residents age 60 and older. Talk by phone or in the center with a volunteer attorney. Schedule an appointment with Susan Salisbury at 503-288-8303, ext. 122 or susan.salisbury@communityfpa.org. Hollywood Senior Center, 1820 N.E. 40th Ave.

MOVE WITH ARTHRITIS

Nov. 16. 11 a.m.-noon. Sandy Morales leads an arthritis exercise session every Wednesday. In person and on Zoom. Registration required: smorales@email.com. Information: 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

- CONTINUED ON PAGE 19



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STAR COMMUNITY CALENDAR

DISCUSS FORGIVENESS

Nov. 30. 1-2:30 p.m. This conversation on aging is "Forgiveness and Reconciliation." The informal, interactive discussion with peers is facilitated by a Conversations on Aging volunteer. Registration is required for in-person and Zoom option. Information: 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

INGENERAL

IMPROVE INTERVIEWS

Nov. 8. 6-7:30 p.m. Learn the foundation of a strong interview in a live webinar. Learn how to prepare and be confident for virtual and in-person interviews. Free from Multnomah County Library. www.multcolib.org. Click on Events & Classes, then scroll down to the date and time.

PRACTICE ENGLISH

Nov. 8. 5:30-7 p.m. Continues Tuesdays. Practice speaking English with other English language learners online. This isn't a class but an opportunity to meet new people, share your culture and have fun. Only English is spoken. Free through Multnomah County Library. Send an email to mcl.adult.literacy@multco.us or call or text 503-577-9984 to get registration information.

GET TECH HELP

Nov. 9. noon-8 p.m. Registration opens for tech help with a staff member. Free. 503-988-5123. Hollywood library, 4040 N.E. Tillamook St.

BLOOD DRIVE SLATED

Nov. 16. 10 a.m.-3 p.m. The Hollywood Lions have their semi-annual blood drive. To schedule an appointment, call Dan Norton at 503-720-6557 or the Red Cross



The Hollywood Lions Club is holding its semi-annual blood drive from 10 a.m. to 3 p.m. Nov. 16 (Artwork created by vectorportal.com)

appointment section at www.redcrossblood.org. Rose City Park Presbyterian Church, 1907 N.E. 45th Ave.: take the

basement entrance off 44th Avenue

BUSINESS ON YOUTUBE

Nov. 16, 6-7 p.m. Learn about YouTube for Business that doesn't require you to put your face on a screen. Different types of channels and styles of content are available. Explore creative ways to get your business in front of those who need your product or service. Free online from the Multnomah County Library. Registration required: www.multcolib.org, click on Events & Classes, scroll to date and time.

SHOP AT PRE-SALE

Nov. 17. 5-8 p.m. The Dress for Success closet sale pre-party offers the first look at the fall closet sale of the organization that helps women find and retain jobs and gain financial stability. The sale includes vintage and designer items. Enjoy charcuterie and bubbly while shopping for a cause. \$25 per person. Information: Oregon.dressforsuccess.org. Dress for Success, 1532 N.E. 37th Ave.



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