

★ SERVING NORTHEAST AND NORTH METROPOLITAN 🔽 ORTLAND NEIGHBORHOODS ★ MAY 2023 ★ VOLUME 40, NUMBER 11 ★



FAIRS RETURN Street fairs are a great way to meet your neighbors, support local artists and vendors, and enjoy a fun-filled day. We have a list of ones you won't want to miss this spring and summer, so mark your calendar. PAGE 10





JUMPING FOR JOY Portland women age 40 and older are joining a national movement rediscovering the childhood joy of playing Double Dutch jump rope while getting fit and forging friendships. PAGE 7



MAKING CONNECTIONS Family-friendly Kenton is a neighborhood with plenty to see and do. PAGE 13



SHRINKING THE POOL The list has been whittled to three possible sites for new aquatic center. PAGE 5







ALTERNATIVE EDUCATION PPS puts its first two all-electric school buses into service. PAGE 2

РОRTLAND, ОREGON 97213 2000 N.E. 42ND AVENUE PMB 142 **ВООНЯОВНОІ ОКТЕМ ТЕАЗНТЯОИ ДИА НТЯОИ** THE HOLLYWOOD STAR NEWS



STAR COMMUNITY CONNECTIONS



JANETGOETZE@STAR-NEWS.INFO

ELECTRIC BUSES ARRIVE FOR PORTLAND SCHOOLS

Portland Public Schools has two new electric school buses and a third is expected to arrive in the summer as the district builds a fleet to reach net zero emissions by 2040.

These are goals included in the district's Climate Crisis Response Policy, which is attracting a 2023 Magna Award from the National School Board Association.

Electric buses are expected to reduce air pollution and travel noise, making communication with students safer for drivers, according to the district.

GreenPower, the company that builds the buses, is making Portland the first Oregon district to receive a purpose-built Type A all-electric school bus, said Michael Perez, vice president of School Bus, Contracts and Grants at GreenPower.

The purchase was made possible in part by a donation from Pacific Power and money from Portland General Electric's Electric School Bus Fund, funded through





unveil Portland Public Schools' first two electric buses in early April at McDaniel High School. The district is committed to an all-electric fleet with zero net emissions by 2040. (Portland Public Schools)

the Oregon Department of Environmental Quality's Clean Fuels Program.

In addition to the electric buses, the district plans to reduce greenhouse gas emissions from district operations, maintenance and facilities management. Other goals in the Climate Crisis Response Policy are to provide learning opportunities in climate science for staff and provide opportunities for students to understand, prepare for and respond to climate change impacts.

"Our school system is steadfast in our commitment to ensure we respond to the climate crisis," district Superintendent

ROSEWAY BARBER **SHOP KEEP AMERICA BEAUTIFUL** ... GET A HAIRCUT! **CREW CUTS & FLAT TOPS A SPECIALTY** 7220 NE SANDY BOULEVARD 503-282-9894 TUES-FRI 8:30-5:00 SAT 8:00-3:00



Guadalupe Guerrero said in a statement. "With the support and collaboration of key partners, we are now taking concrete steps toward making us a more sustainable organization by starting to electrify our school bus fleet."

According to GreenPower, the bus, which can seat 24 students, has a design approach that "facilitates optimal battery pack placement and weight distribution, allowing the vehicle to accommodate a larger energy supply, deliver a longer range and set the new standard for zero-emission student transportation."

CHANGES TAKE SHAPE INSIDE UO BUILDINGS

Concordia neighborhood residents may notice construction progressing in May at the University of Oregon's Northeast campus around Northeast 28th Avenue and Holman Street, said Matt Roberts, assistant vice president for community relations.

The university, which purchased the former Concordia University campus last year, is trying to keep neighborhood disruption at a minimum as interior remodeling continues in the existing

The Hollywood Star News Published monthly in Northeast Portland.

Mailing Address 2000 N.E. 42nd Ave. PMB 142 Portland, OR 97213 Phone 503-282-9392

Mary DeHart Owner and Publisher marydehart@star-news.info

Mary Ann Seeger Administrative Assistant maryannseeger@star-news.info

Phill Colombo Development Reporter phillcolombo@star-news.info

Janet Goetze Community Reporter janetgoetze@star-news.info

> Lisa Lakes Feature Writer lisalakes@star-news.info

Nancy Varekamp Feature Writer nancyvarekamp@star-news.info

Denise Szott Designer / Copy Editor

Lisa Chiba Perkins Graphic Designer lisachiba@star-news.info

> Ad Sales advertise@star-news.info

2020 Copyright Star Publishing Inc.

Places to pick up the Hollywood Star

Libraries: Albina, Gregory Heights, Hollywood, Kenton, and North

Grocery stores: New Seasons on Interstate, Williams and Broadway/33rd Fairleys Pharmacy and 42nd Street Station

To submit story ideas, letters to the editor or press releases, please email editorial@star-news.info

> Editorial deadline: 15th of the month Advertising deadline: 20th of the month

Star News Publishing has many journalists who write for our newspaper and website. Their individual opinions and statements do not necessarily represent the views of Star News Publishing.

CLARIFICATION

In a story on Page 9 of the April issue about Beverly Cleary's legacy in Northeast, the bronze statues of Henry, Ramona and dog Ribsy in Grant Park were created by sculptor Lee Hunt.

buildings, he told a community meeting in mid-April. Ivy will be removed from buildings because it can destroy exteriors. Student apartments also will have new roofs, HVAC work and interior upgrades,

- CONTINUED ON PAGE 3

We've got you covered.

THE STAR DELIVERS THE BEST COMMUNITY NEWS TO NORTHEAST AND NORTH PORTLAND NEIGHBORS. HERE'S WHAT YOU CAN DO TO HELP:

SUPPORT. SUBSCRIBE.

To guarantee home delivery, please fill out and mail the form on page two of this newspaper or visit www.star-news.info/subscribe to secure a paid subscription. We are beginning to restore free circulation spots as they reopen and the Star is always available at 42nd Street Station in Hollywood and online at www-star-news.info.

Our small businesses remain the heartbeat of our neighborhoods, the spine of our common and the invincible spirit of our city. Supporting local business is the best way to keep your dollars in the community and ensure that our neighborhoods remain inclusive, vibrant & healthy. Shop Star advertisers whenever possible

Local advertising brings neighbors to the door. Now is the time to remind neighbors what you do and keep your closest customers engaged. The Star can help you and your support helps keep a vital marketing resource in the community. Call 5403-282-9392 to find an affordable solution for your business.

ADVERTISE.



LIVE YOUR DREAM. **DENNIS LAIRD** Windermere REAL ESTATE WINDERMERE REALTY TRUST PRINCIPAL REAL ESTATE BROKER **Cellular 503-317-7972** laind@u indermere.co



STAR COMMUNITY CONNECTIONS

plus new landscaping, he said. UO students arriving by the fall may choose to use the apartments, he said.

Many area residents ask about using existing athletic fields, Roberts said, but UO must resolve zoning issues related to conditional uses before making further plans.

UO is working with a local vendor for a coffee shop and it may open by August, Roberts said. "Everyone come patronize them," he said, to make the shop successful.

Area residents are welcome to visit the campus and walk dogs, Roberts said, but the grounds aren't an off-leash area. He urged dog owners to use and dispose of poop bags.

The campus will have community safety officers, he said in answer to a question, but they won't be armed. The question arose because of Portland State University's decision to tell officers they may choose to carry guns. UO officers are intended to provide campus security, check locked doors and escort people to their cars at night if requested, he said.

NORTHEAST CENTER SELECTS **NEW EXECUTIVE DIRECTOR**

The Northeast Community Center has named A'Jay Scipio, a longtime nonprofit leader, as its new executive director.



"A'Jay brings a wealth of experience building community and a record of success in getting initiatives off the ground and flourishing," according to information from the center.

A'Jay Scipio

Most recently, Scipio was program manager at the Northeast Emergency Food Program, operated by the Ecumenical Ministries of Oregon. The program has no geographical boundaries, making its resources accessible to a large portion of Portland.

Previously, she spent many years building youth development programs and community outreach projects with several nonprofit organizations and the state of Kansas

MUSIC BOXES OFFER SOUNDS WITH A STROLL

If you're out for a walk in the Hollywood neighborhood, a wall of music awaits you. "Every spring and summer we have



People strolling along Northeast 41st Avenue between Thompson and Brazee streets can stop and play the 10 music boxes mounted on a board in front of Ned Thanhouser's house. (Ned Thanhouser)

families that stop by with kids to play the 10 music boxes mounted along the sidewalk in front of our house," said Ned Thanhouser. The musical wall is on Northeast 41st Avenue between Thompson and Brazee streets.

Each small box has a cranking mechanism that enables a child - or a child at heart

to select a tune. Some are old favorites: "Happy Birthday" or "Hall of the Mountain King" and even "You Are My Sunshine."

The theme from TV's "The Simpsons" is available along with the theme from the "Harry Potter" film. More tunes include "Somewhere Over the Rainbow" and "Fleur dis Lis."

Just to keep things interesting, Thanhouser said, "(there's) a mystery tune that is yet to be identified."

DE LA SALLE NORTH SELECTS PRESIDENT

Ashleigh de Villiers has been interim president but she will become the president on July 1 for the De La Salle North Catholic High School,



Ashleigh de Villiers

for six years. She has been interim president since July 2022.

In her nine years with the school, de

Villiers has served in four different positions, according to a news release. She led a \$26 million capital campaign and recruited dozens of donors and business partners.

As president, according to the school, she will focus on growing student enrollment and Corporate Work Study Program partnerships, while leading and developing the school's faculty and staff. She has been vital to the three-year strategic planning process over the past several months and will lead the school forward in executing it."

NEW PROGRAMS AIM AT COMMUNITY SAFETY

Everyone in the local criminal justice system is unhappy with the shortage of police officers, public defenders, assistant districts attorney and mental health beds, District Attorney Michael Schmidt told the Interfaith Alliance on Poverty.

These are among the challenges that must be overcome to make the community safer, Schmidt told the April meeting of the alliance, made up of 14 faith congregations. While various levels of government work on these issues, his office had started programs intended to keep the community safe, he said.

- CONTINUED ON PAGE 4

JANE KNECHTEL LICENSED PROFESSIONAL COUNSELOR

20

503-702-9246

www.psychologytoday.com



Need help with **Medicare**?



I'm your local **Providence Medicare** Advantage expert.

Contact me to set up a personalized appointment.

Emmett Dooney

503-206-4080

medicare@ddibenefits.com

By calling this number you will be directed to a contracted, independent licensed agent authorized to sell products for Providence Medicare Advantage Plans H9047_2023SLS15_C



jewishnortheast.com/campganizzy Mushka: 971-302-9395



Lori Vance **Certified Personal** Trainer/Owner

Body Image Fitness, LLC **Senior and Functional Fitness Training**

4803 NE Fremont Street Portland, Oregon 97213

503-351-6476

0

lorij33@gmail.com

announced. De Villiers has been with the school since 2014, serving as the vice president for advancement

4300 N.E.

search

Killingsworth

St., an executive

committee has

STAR COMMUNITY CONNECTIONS

May 2023

About 95% of people sent to prison eventually return as our neighbors, Schmidt said. Removing barriers to housing and jobs enables them to support themselves or families, he said. Schmidt sees these efforts as long-term ways to keep communities safer than adding more prison times.

He has staff members working with certain ex-offenders to expunge records and enable them to gain jobs and housing usually denied to those with prison records. Another program deals with those sentenced under Measure 11 crimes, which often include teenagers and young adults who are sent straight to prison, even in the absence of previous felonies. The offenses have mandatory minimum sentences set by the Legislature rather than judges.

Statistics indicate that about 50% to 60% of these individuals commit new crimes when released, Schmidt said. To prevent new crimes, the new program helps connect individuals who have served their time to social services that help them readjust to their home communities without reoffending, he said.

GRANT CONSTITUTION TEAM PLACES SECOND IN NATION

Grant High School's Constitution team placed second in the 36th annual We the People National Finals, held



D.C Maggie L. Walker Governor's School for Government and International Studies from Richmond,

Virginia, took first place and California's Foothill High School came in third.



The national competition on the U.S. Constitution was held in person for the first time since 2019.

Donations to pay for the cost of the trip are being accepted until June by mail to: School Pay or Grant Constitution Team c/o Angela DiPasquale

2245 N.E. 36th Ave., Portland, OR 97212 The 2023 Grant Constitution Team included: Scarlett Anderson, Paige Axness, Veronica Bianco, Sam Blacker, Tait Butterfield, Finley Carpenter, Owen Casey, George Crittenden, David Eaton, Isaac Friedman, Violet Holah, Dylan Jacobs, Benicio Lumbreras, Ava Madalinski, Kai Markle, Elijah Martin-Collier, Beck McLaughlin, Alice Parker, Eva Pitzer, Max Robben, Caiden Searcy, Oliver Siemens, Naima Smith, Jackson Snider, Paige Suckling, Aidan Vogt, Sadie Wallsmith, Anjali Weerasinghe, Athena Wooters.

VOLUNTEER TO SPRUCE UP LAURELHURST PARK

Friends of Laurelhurst Park invites anyone

interested to join for hands-on work and future FLP planning. The group meets monthly on the second Wednesday and the work takes place from 9 a.m. to noon.

This year's upcoming work party dates are: May 10, June 14, July 12, Aug. 9, Sept. 13 and Oct. 11.

Meet at the Ankeny Building (3600 S.E. Ankeny St. on the north side of the park). Bring work gloves and wear work shoes/ clothes. All tools are supplied. To connect to FLP's email list for updates: laurelhurst. parkfriends@gmail.com or call Peggy Glascock at 503/459-9248.

FUNDING TO PROVIDE VACCINATION CLINICS

The Community for Positive Aging has received a one-year Community Action Grant from the National Council on Aging to continue providing monthly vaccination clinics at the Hollywood Senior Center, according to a news release.

The clinics will provide updated vaccinations for COVID-19, flu, shingles and pneumonia. Information will be provided as soon as clinics are scheduled, according to the Community for Positive Aging,



PostNet of Portland is your locally-owned one stop shop!









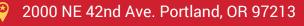
Etc. ning Services ng | Faxing & Scar Private Mailbox Rentals

ss Stationery ng Mate rsonal Projects

Desian

Print Copies | Blueprints yers | Brochures | Sig Posters | Direct Mai

Send **Julti-Carrier Shipping** al Shipping Drop-Offs | Packing

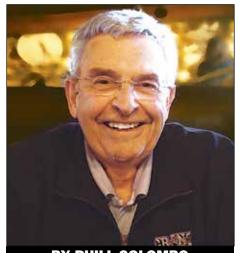


- 503.477.5450
- @ OR110@postnet.com
- postnet.com/OR110





STAR DEVELOPMENT NEWS



BY PHILL COLOMBO PHILLCOLOMBO@STAR-NEWS.INFO

POTENTIAL AQUATIC CENTER SITES NARROWED TO THREE

Continued input from neighbors and project stakeholders has moved Portland's Parks & Recreation Bureau to eliminate all but three sites for the planned North Portland Aquatic Center: Columbia Park, Northgate Park and University Park.

To narrow the list to three, project advisory committee members, focus group participants and community members who engaged in the bureau's series of community workshop events used three criteria: easy accessibility for people who walk, wheel or use public transportation; proximity to other community resources, such as public schools, affordable housing and community organizations working with vulnerable populations and lowincome Portlanders; and minimal impact on the surrounding neighborhood and environment, including maintaining existing park amenities and trees and ensuring an area can safely accommodate pedestrian, bicycle and car traffic, offering available parking.

Without a public pool, North Portland's growing and diverse population of approximately 70,000 people would not have a place to exercise with water aerobics or

ELIZABETH E. WELCH

NORTH PORTLAND'S PERSONAL INJURY LAWYER

PEDESTRIAN ACCIDENTS PREMISES INJURIES :: BICYCLE ACCIDENTS

www.NorthPortlandAttorney.com (503) 286-7178



Portland's Parks Bureau narrowed to three potential sites where a new North Portland Aquatic Center would be built. The future center will provide a water exercise facility and place for swimming lessons for some 70,000 city residents. (Portland Parks & Recreation)

learn to swim.

"Black children in the U.S. are three times more likely to die from drowning than white children," said bureau Director Adena Long, "and we know this is directly tied to lack of access to pools, swim lessons and life-saving water safety skills, one of many reasons that makes the need for a large, year-round, fullservice aquatic center so acute."

HOME FORWARD OPENS 60 APARTMENTS IN KENTON/ ALBINA NEIGHBORHOOD

Targeting the formerly unhoused, 60 new Kenton/Albina apartments developed by Urban League and Home Forward are filling up fast. On a site once called the Baldwin, Hattie Redmond Apartments are all designated "permanent supportive housing" for those who have experienced homelessness and who request African American, culturally specific services with a goal of reconnecting displaced residents to the Albina community.

The project was opened with an early April ribbon-cutting ceremony, and amenities include a community room, laundry facilities, bike storage, common

 \bigstar

Named Super Lawyers Rising Star

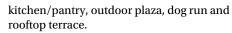
2010, 2011, 2012, 2014,

2015 & 2016

Proudly Serving Kenton

and the entire Portland

metro area



Residents also will have on-site property management and client-centered supportive services provided by Urban League and Home Forward.

FOR SAFETY'S SAKE, PARK LIGHT POLES TO BE REPLACED

Earlier this year, Portland's Bureau of Parks & Recreation announced the replacement of 243 light poles in a dozen city parks. To reduce the time parks will have fewer light poles, a phased light pole removal approach and a coordinated replacement timeline was recommended by Portland City Commissioner Dan Ryan.

- CONTINUED ON PAGE 6







NO Financial Anchors: we don't lease equipment

NO Hidden Costs: we don't raise rates

NO Term Contracts: we don't play games Mobile • E Commerce • Retail • Hospitality • ERP

503-235-6700 1222 SE 7th Ave www.thinkbasispoint.com

Local - Insured - Affordable **PRESSURE WASHING.** HOUSE SOFT WASHING. **ROOF MOSS TREATMENTS.** STAIRS. DECKS. GUTTERS. CONCRETE. FENCES. PATIOS. & MORE!

Let us get rid of the moss, dirt, and grime! We are a small company that gets big reactions to our work!



LOOKS SO NICE EXTERIOR CLEANIN

May 2023

KSTAR DEVELOPMENT NEWS

Ryan originally had reservations about the time lag between pole removal and replacement, so he said he listened to public concerns and strategized with the bureau team on a balanced safety strategy.

"Understanding the importance of lighting in our parks and committed to finding a solution to address the public's valid concerns, I spent past several weeks in the impacted parks talking with neighbors," Ryan said.

Procurement, fabrication and delivery of new light poles will take six months. Light poles removed at Irving Park, Mt. Scott Park, Sellwood Park and Sellwood Riverfront Park will be replaced by PP&R once the new light poles are available.

In the four parks where light poles were removed, the city will explore temporary lighting, like what the public has seen in Lownsdale and Chapman parks. Once the light poles are replaced in those four parks, the bureau will communicate the planning for removal and quick replacement of light poles in other affected parks.

Metro has agreed to approve the bureau's request for \$2 million in resources for the project. The bureau and Ryan also have worked to have \$2 million of potential federal funds available for the project, as well, allowing purchase of all replacement light poles right away.

With this funding, all 12 parks will receive replacement light poles as quickly as possible.

"We took extraordinary measures to partner with other jurisdictions to address an extraordinary project. I'm proud of PP&R and my team and grateful to our partners, so a project that would usually take a city bureau years to fix will now take months," Ryan added.



Signs of Spring as the Market Begins to Thaw

After several frozen months, activity is ticking up in market. Connect with me for help buying or selling your home. I am a lifelong NE Portland resident with over 20 years real estate experience.

John Miller, Principal Broker john@havenre.net | 503-887-0501 (cell)

Haven Real Estat



Tree Trimming

Tree Removal

Shaping

Health & Safety

Storm Damage

Thomas A. Burke ISA Certified Arborist® PN-8913A

Free Estimates

503-771-4061 treemastersestimates@gmail.com treemastertreeservice.com CCB#159995 • Licensed Bonded & Insured

HEARING HEALTH FAIR



Saturday, May 20th, 1-3pm Northeast Community Center 1630 NE 30th, Portland, OR 97232

www.necommunitycenter.org/community-programs

FREE! FAMILY FRIENDLY!

Find out how Hearing is related to: Diabetes, Heart Disease, Balance/Falls, etc.

LEARN ABOUT:

Over-the-counter versus Prescriptive Hearing Aids, Assistive Hearing Devices, Retention/Care Maintenance of Hearing Devices, Communication Strategies.

> **FREE!:** Hearing Screenings, Video Otoscopy, Balance and Fall Prevention Worshop





An early April ribbon-cutting ceremony opened 60 new apartments in the Kenton/Albina area. The new units are targeted at tenants who previously experienced homelessness. (Home Forward)

For more information, visit the pole replacement webpage at: portland.gov/ parks/construction/light-pole-safety-project.

PERMITS ISSUED

- In Arbor Lodge at 6418 N. Burrage Ave., Dez Development of Clackamas has been permitted to deconstruct an 800-squarefoot single-family residence and detached garage built in 1909. The permit is under a delay for appeals period until June 9. Applications are being reviewed to build three new, four-unit townhouses without garages on a shared lot.
- **In Cully at 5857 N.E. Prescott St.,** Onyx Enterprise has permission to build a dozen two-story townhouse units without garages on a single lot of vacant property.
- **In Humboldt at 885 N. Sumner St.,** Kimco Properties of Sandy has permission to build two, two-unit townhouses with single-vehicle garages on a vacant lot.

In Montavilla at 8515 N.E. Hassalo St., Sara & Rees Bettinger secured a permit to build

a two-story, attached accessory dwelling unit without a garage.

APPLICATIONS FILED

- **In Buckman at 2236 S.E. Ankeny St.,** Dez Development LLC of Clackamas wants to deconstruct a 2,174-square-foot duplex built in 1880. Appeal delay period closes on May 11.
- In Concordia at 5307 N.E. 35th Pl., Renaissance Custom Homes of Lake Oswego has filed to deconstruct a 1,336-square-foot, single-family home built in 1922. An appeal period will remain open until May 18.
- At 6025 N.E. 23rd Ave., Residential Home Solution LLC of Clackamas wants to build a two-story, single-family residence without a garage on vacant property.
- In King at 3633 N.E. Eighth Ave., Firenze Development Inc. of Wilsonville is seeking to deconstruct a 1,583-square-foot, singlefamily residence built in 1903. Also being reviewed are applications to build four new, four-unit, three-story townhouses without garages.
- In Montavilla at 7052 N.E. Irving St., Sunset Bridge Inc. applied to construct a two-story, single-family residence with no garage and a new accessory dwelling unit with no garage on a vacant lot.
- **In Sabin at 3707 N.E. 19th Ave.,** Ramiro & Kathleen Gaitan filed to build a 357-square-foot, detached garage with a bathroom.
- At 4064 N.E. 11th Ave., Joshua Parker & Wendy Morrison are seeking permission to build a 528-square-foot, detached garage and new driveway.
- In Sullivan's Gulch at 2133 N.E. Clackamas St., Dylan & Jenni Corbett of Anchorage, Alaska, are seeking permission to deconstruct a detached garage built in 1927.
- In Woodlawn at 7106 N.E. 13th Ave., Town Developments Inc., of Vancouver, Washington, are seeking to deconstruct an 1,871-square-foot, single-family residence built in 1910. A delay is being held open for appeals until May 16.

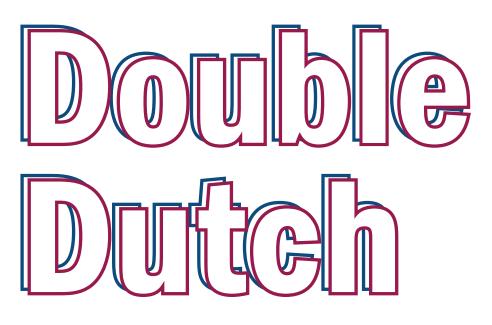
VOLUNTEER WITH US!

It takes a village









Jumping rope provides double the fun, fitness, fellowship, friendship for women 40 and older



T-shirts with a distinctive logo are available for women joining the 40+Double Dutch groups. Most order shirts with their names on the back. Some even proclaim their ages. (Janet Goetze) By Janet Goetze janetgoetze@star-news.info

group of women over age 40 gather on Saturday mornings for jumping rope and hula hooping. They usually wind down with hand-clapping games before clasping shoulders in a gratitude circle.

If those sound like activities from grade school, they are. And they are fun. That's the point.

These Portlanders are part of a growing national movement called the 40+Double Dutch Club. It was started in 2016 in Chicago "to empower women in mental health and physical fitness, all while



Judy Connell demonstraters the technique of jumping two ropes being twirled in egg-beater fashion. In back, Joyce Brown twirls one end of the ropes, while Tiana Daniel watches the action. A growing number of 40+Double Dutch clubs are attracting women who are drawn to the groups that offer fitness and a time away from daily stress. (Janet Goetze)

inspiring them in friendship, fitness, fun and fellowship."

"It's a way for women over 40 to have fun away from their usual responsibilities," said Sabrina Williamson, the captain of the Portland group that started about three years ago.

She learned about the group on Instagram during the pandemic. She had jumped rope as a kid, Williamson said, and was intrigued with the over-40 concept. She reached out to the founder, Pamela Robinson, who suggested Williamson start a Portland group.

The group was a way to socialize during

the pandemic, she said. A few women started meeting in Irving Park, where they attracted the interest of other women who were there doing yoga.

The women migrated from the park to the Northeast Community Center, where a couple of them are members. The center hosts the group as part of its community outreach program. They meet at 10:30 a.m. Saturdays at the center, 1630 N.E. 38th Ave.

In their time together, Williamson said, the women experience no stress and no pressure. Some are still learning jump rope

- CONTINUED ON PAGE 8

45TH PARALLEL UNIVERSE World Class Music in Irvington!

HORNS APLENTY

Thursday, May 4 7:00 pm The Madeleine

A program of delectable works for wind quintet (and English horn!) that will charm you, featuring music from the very early days of the wind quintet's formation as a genre.



FRANZ & PDQ

Thursday, May 25 7:00 pm The Madeleine

One sublime masterpiece of Romantic melodic genius, one hilarious black sheep of the musical family, together they form a great evening of chamber music!



Learn more at 45thparallelpdx.org





Sabrina Williamson is the captain of the Portland group that started about three years ago. (40+Double Dutch)

techniques or how to hula hoop effectively. "I have better stamina," Williamson said,

"and you feel happy and relaxed." To build solidarity, the women can

go online to order Tee shirts with the 40+Double Dutch logo on the front and their names on the back: www.40plusdoubledutchclub.org. Buying a shirt each year, Williamson said, is the "membership fee" for the club that otherwise is without cost.

Tiana Daniel, who learned about the group a few months ago, said: "It's fun. It's good exercise and fellowship with the



Women who meet weekly as a 40+Double Dutch Club - one of hundreds spreading across North America - stretch their muscles before twirling the twin ropes for jumping. (Janet Goetze)

ladies."

She enjoyed jumping Double Dutch as a student at Harriet Tubman School, Daniel said, and she still has the muscles to skip the double strands of rope.

Double Dutch is played with two people turning two ropes simultaneously but not in the same direction. Instead, the ropes turn in egg-beater fashion. A third person jumps into the arc of the ropes, timing each jump to skip the bottom rope. Sometimes two people jump in to see how long they last before tangling in a rope.

David A. Walker of New York wrote a book about the game, which he said may have

grown out of the footwork of rope makers in Phoenicia, Egypt and China. They tied hemp around their waists and attached two strands to a wheel that wound the hemp into a rope of uniform size. They had to jump the twisting rope to keep feeding hemp to the spinner. Walker said they needed quick feet, lithe bodies and good eye perception.

Dutch settlers brought the game to New Amsterdam, later renamed New York. When the English arrived and saw children playing the rope-skipping game, they called it Double Dutch, according to Walker. As a New York City police community affairs detective, he started team competitions in

Heidi and her Mom

REALTY

The Results Company



Joyce Brown warms up with a hula hoop. She says she's gaining stamina and is happy and relaxed. (Janet Goetze)

the 1970s as an activity for young people. For the 40+ women, competition isn't

the goal. It's taking time to focus on themselves, Robinson said in a telephone interview. She noted that some women have responsibilities for kids, husbands and even their own parents. Too many, especially in the African American community where the club started, neglect themselves, she said.

"It's preventative," she said. "It's for physical, mental and emotional health and for socializing. That's important, too."

Megan Bledsoe discovered rope jumping even before she heard of the 40+ Double Dutch group she joins on Saturdays. She

- CONTINUED ON PAGE 9



Happy Mother's Day to all the Moms!

Heidi Settlemier **Owner I Principal Broker**

Portland's Home Girl 🏫

- * 3rd Generation Family Realtor
- 5 Star Professional Realtor Award 2011-2023 Grant High School Alum and Hollywood **Boosters Association Member**
- Experienced, Knowledgeable, & Trustworthy

503.307.1502 4229 NE 33rd Avenue alamedarealtypdx@gmail.com www.AlamedaRealtyPDX.com



Tiana Daniel frequently jumped Double Dutch while in grade school. When she heard about a group of women over age 40 who are skipping to the ropes again, she decided to join. She's still got the leg muscles to excel at the sport. (Janet Goetze)



was part of a group that skipped rope in parks or sidewalks in the North Mississippi Avenue area, she said.

"Double Dutch isn't something you can do on your own," she said. "You've got to have a team."

Judy Connell said, "I'm doing something I did in my childhood, and I like the sisterhood."

"I've never been a gym kind of person," Connell continued. "I think

exercise this

way is what I prefer."

She's thinking of additional exercise, too. "I need to get roller skates," she said.

Joyce Brown, who arrived at a meeting early, started warming up with a hula hoop and a smile spreading across her face. She has noticed an improvement in her physical condition since joining the Double Dutch group, she said.

"I can finally touch the floor," she said.

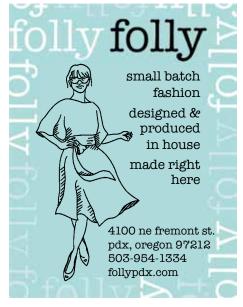


After cooling down from jumping ropes, the women gather for a group photo. They are, from left, Marjorie McRae, Tiana Daniel, Joyce Brown, Judy Connell and Sabrina Williamson. (40+Double Dutch)



Celebrate Mom with Jewelry, Fashion & Gifts!

thearrangementpdx.com Mon-Sat 10-6 & Sun 10-5 503-287-4440 4210 NE Fremont, Portland





& see Full Spectrum Light 3901 N Mississippi Ave 503-281-0453



loribennett.withwre.com



Let us help you with the biggest transaction of your life. 3rd & 4th generation Northeast Portlanders

 $\langle \! \! \! \! \! \rangle \rangle$ Windermere REAL ESTATE WINDERMERE REALTY TRUST 2045 NE MILK Blvd Portland, OR 97212

The most *treasured* gifts are made by *hand*.

Licensed in

windermere.com

Mother's Day is May 14 • Father's Day is June 18



Mimosa Studios **PAINT YOUR OWN POTTERY**

Paint handmade gifts in the studio or order a To Go Painting Kit online.

1718 NE Alberta Street • 503-288-0770 www.MimosaStudios.com





An performer plays with fire at Last Thursday on NE Alberta Street. (Alberta Art Works)

Visitors check out vendors' wares at the Kenton Street Fair, which is being held Aug. 23 this year instead of in May. (Kenton Business Association)

Takin it to the streets

As weather warms, neighborhood fairs offer music, arts, food and loads of fun



People aren't the only ones enjoying Fremont Fest. (Beaumont Business Association)

By Nancy Varekamp nancyvarekamp@star-news.info

ook for local street closures this year when more of Portland's annual street festivals return after a three-year hiatus during pandemic concerns about social distancing. Others returned last year and planners are excited about their second year back. Most events are scheduled for June through August including one formerly held in May — and the first is scheduled for this month.

The Kenton Street Fair, traditionally held in May, moves to Aug. 23 for its postpandemic return. Why? "I would prefer it not to have a 50/50 chance of rain on fair day," said Maureen Bachmann, Kenton Business Association president. She has directed the festival for all of its 10 years. Like other Northeast and North Portland festival planners, Bachmann is glad to bring it back.

The May 13 **St. Johns Bizarre** is back for its second year, and takes its chances with May showers. In fact, volunteer Ian Youngstrom said, one year festival-goers experienced an overload of rain. As it turned out, "that was the best year for the beer."

Northeast Sandy Boulevard hosts the June 7 **Rose Festival Fred Meyer Junior Parade.** The event is nearly original to the 116-yearold festival. According to the festival website, in 1918 a group of six Hollywoodarea children took it upon themselves to replace the festival — canceled due to World War I — with their own parade of bikes, a trike and a wagon. Now the nation's largest children's parade, it became an official Rose Festival event in 1936.

The June 24-25 **Good in the Hood parade and festival** in King School Park returns this year. According to its website, the event was founded 30 years ago by the parents and staff of Holy Redeemer Catholic School with the vision to fund the school and to celebrate diversity.

No plans appear in the making for the traditional Alberta Street Fair. However, **Last Thursdays** are scheduled June 29, July 27 and Aug. 31. It's the second year back from the pandemic, and it was replaced

- CONTINUED ON PAGE 11

Now That Spring Is <u>Finally</u> Here - Time To Sell? Time To Buy? Please Call For Any Of Your Real Estate Needs.



Cascade Sotheby's



Cascade Hasson Sotheby's International Realty® Broker/Life Member@Masters Circle

503-310-8194 • www.dillenburger.com peter.dillenburger@cascadehassonsir.com 1500 NE Irving St., #110, Portland, OR





with virtual events, classes and gallery openings in 2020 and 2021.

Last Thursdays have brought crowds to Northeast Alberta Street for more than 25 years, since Donna Guardino and her gallery were instrumental in forming it. Maquette Reeverts, of the Alberta Street Gallery and Alberta Artworks, has served as a Last Thursday steward for about 10 years. She also hosts a space at Northeast 19th Avenue where she and others offer fire performances after dark and welcome other forms of entertainment during the day.

The July 15 **Mississippi Street Fair** boasts a history of more than 250 vendors and serving as a mecca for live music with three stages set to showcase talented local musicians. This year's event brings back the grandfather's rib-off competition as well as a kids zone.

Another event returning for its second year is the **Montavilla Street Fair,** begun in 2011 and scheduled this year for July 30. According to Neil Mattson, Montavilla East Tabor Business Association, attendance slipped from 15,000 in 2019 to 12,000 last year, but he blamed it on the 100-degree heat. Nevertheless, sales at local businesses set records last year.

The **Fremont Fest** closed due to the pandemic only in 2020, so Aug. 5 is its third year back on the calendar. It offers a parade and street fair to celebrate the Beaumont

SAVE THE DATE

Mark your calendars now for street events in Northeast and North Portland.

May 13: St. Johns Bizarre, https:// stjohnsbizarre.com

June 7: Portland Rose Festival Fred Meyer Junior Parade, rosefestival. org/events/2023/fred-meyer-Jun June 24-25: Good in the Hood,

goodnthehood.org June 29, July 27 & Aug. 31: Last Thursday, portland.gov/lastthursdays; lastthursdayalberta.org July 15: Mississippi Street Fair,

mississippiave.org/streetfair July 30: Montavilla Street Fair,

metba.org after June 1

Aug. 5: Fremont Fest, bbapdx.org/ events

Business Community and the Beaumont-Wilshire Neighborhoods, according to Travel Portland.

Plans for the street fairs have a lot in common, as do their purposes. Primary

- CONTINUED ON PAGE 12



A martial arts group puts on a demonstration at the Kenton Street Fair. (Kenton Business Association)



Two girls walk their inflatable pets at the Fremont Fest, which includes a parade. (Beaumont Business Association)





SIGN UP with our APP and get a FREE 20 OZ DRINK of your choice, plus frequent discounts and ongoing awards!



4835 NE Sandy Blvd. 971.254.8933 www.theHumanBean.com





Above: The Montavilla Street Fair, held on Stark Street, features a variety of live music and family-friendly activities. (Montavilla East Tabor Business Association)

Right: The Good in the Hood parade and festival celebrates diversity and "Unity in the Community." (Good in the Hood)

among them is to support and serve community.

"We are here because of tremendous community support," said Kenton's Bachmann. "While COVID-19 is still an ongoing pandemic, we believe we can safely space out the fair in a way that allows us to come together again in celebration of the resilience of our businesses over the last several years."

"We hope this year's event celebrates the multicultural community of Montavilla and the diversity of our businesses and residents," added Montavilla's Mattson.

"To be able to throw a party for our

neighborhood and our city and show off what we are doing up here feels great," St. Johns' Youngstrom said.

The city of Portland issues more than 200 community event permits per year, according to Dylan Rivera, with the Portland Bureau of Transportation.

"The number of events we have is mainly a result of the strong civic pride everyday Portlanders feel and show. Portlanders have a long tradition of civic-minded activity," he said.

Portland is unusual among other cities, Rivera added. "We have hundreds of events while other cities struggle to have dozens."

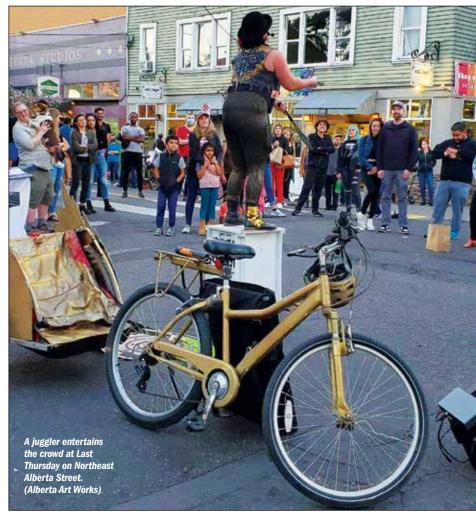


Protecting your financial security should take more than 15 minutes.

What's the rush? You work hard for your money and deserve professional advice. We're independent agents, we do the shopping for you. Your financial future depends upon thoughtful risk evaluation and recommendations, not somebody's hasty decisions concerned about a stopwatch!









NATURAL FURNITURE 7960 SE Stark • 503-284-0655 www.nfpdx.com

Peaceful Divorce is Possible



Jim O'Connor Attorney & Mediator 3939 NE Hancock St., Suite 309 Portland OR, 97212

503-473-8242 www.SolveYourConflict.com

Connect in Kenton

Walkable, friendly neighborhood has rich history and a bright future

s we move into Portland's prime season, Kenton is the perfect walkable neighborhood to conquer a summer adventure.

"I love that Kenton is a community. So many of us live



and work within a mile of the area, and so our customers are also our neighbors, fellow business owners and

friends," says Maureen Bachmann, the owner of Kenton Antiques

& Collectibles and the president of the Kenton Business Association.

"Kenton is still very much a hidden gem, and seeing folks get to come shop, eat and have a drink all in a very walkable little neighborhood is a real joy," she adds.

As you wander through Kenton's charming streets and explore its unique shops and eateries, you'll quickly understand why this neighborhood is such a beloved and special part of Portland.

Keep reading to learn more about the places that should be on any spring or summer day's itinerary.

KENTON ANTIQUES & COLLECTIBLES

Kenton Antiques & Collectibles, situated on North Denver Avenue, has been a beloved destination for antique enthusiasts for nearly 30 years. In 2009, the shop took on a new life under Maureen Bachmann. Bachmann's decision to get into the business was spontaneous — she had taken a day off of work for her birthday and decided to wander into

her favorite local antique shop. While making small talk with the thenowner, she learned that the shop was for sale. Within a month — after brief deliberations and some tough decisions — Bachmann had officially taken over the store.

"I had a career that I thought I'd have forever, loved my job, I was a real workaholic," Bachmann says. "My parents thought I had lost my mind at the time, and honestly I did too. But here, years later, I know I made exactly the right choice for me."

Wandering into Kenton Antiques is almost like going on a treasure hunt. As an individual with varied taste, Bachmann loves collecting objects from over a hundred years ago and gathering them alongside objects that feel almost new in comparison. "Antique shops often get a rap as being dusty old places with lots of clear glass and nothing exciting, and I'd like to think I've created a space that's the opposite of dark and dusty," Bachmann says.

"All of these objects have stories, a history that existed before they came into my shop," she says. Bachmann takes pride in learning as much as she can about the items at Kenton Antiques, sharing their fascinating history with customers. She says, "I think of myself as running an adoption agency for cool old stuff, and I'm always delighted to see what items folks are drawn to."

Kenton Antiques sells everything from sets of antique champagne glasses to vintage

CONTINUED ON PAGE 14







Half the fun of browsing at Kenton Antiques & Collectibles, is you never know what you'll find — from vintage footwear to a ray gun. (Talia Wexler)





Portland Chimney & Masonry Inc.



CHIMNEY REPAIRS & CLEANING Serving the Northwest for over 35 years CALL TODAY FOR YOUR FREE ESTIMATE

503-256-9140 www.portlandchimneyinc.com

toys and games. Bachmann's excellent eye for vintage furniture also makes her shop a go-to for those looking to bring the feel of Old Portland to their homes.

"It's hard because my favorite things always end up selling too fast to really enjoy, but I have a passion for collecting North Portland history," Bachmann says. Along with collecting her neighborhood's history, Bachmann has also played a role in building it.

Just two months after taking ownership of Kenton's Antiques, Bachmann teamed up with other local business owners to restart the Kenton Business Association. She now has served as the president of the association for nearly a decade.

"I've loved watching the neighborhood grow, and empty spots on my block fill in with another amazing retail shop, a crystal shop and other great spots," Bachmann says. "There is so much life in our community now, and I'm so proud to have helped guide us to where we are today."

As we brace for a potential overcast May, make the most of a rainy day with a visit to Kenton's Antiques & Collectibles — you'll certainly learn more about our city as you sift through the shop's hidden treasures.

ADDRESS: 8112 N. Denver Ave. PHONE: 503-490-8855 INSTAGRAM: @Kentonantiques

OPEN SPACE

Franco Nieto, Charlene Hannibal and Maeve Dougal are the three co-founders of Open Space dance. Each member of the trio, natives of the Portland and Vancouver area, brings a professional background to their work at the space.

Hannibal spent the early years of her dance career training, and later working, at the School of Oregon Ballet Theatre. She then went on to spend 15 years dancing



SATURDAY, MAY 27TH 2:00 PM TO 9:30 PM Portland tennis & Education (formerly St. John's Raqcuet Center) 7519 N. Burlington Ave. Pdx, 97203

DOUBLE ELIMINATION TOURNAMENT OPEN PLAY SESSIONS INTRO FOR BEGINNERS RAFFLE

HOSTED BY THE DROP SHOT GO TO THEDROPSHOT.NET TO REGISTER





Above: Artistic Director Franco Nieto teaches a class at Open Space. (Jason Hill) Below: Open Space directors and cofounders Franco Nieto, Charlene Hannibal and Maeve Dougal. (Kristan Kelly Williams)





For nearly 60 years, Mr. Plywood has been providing the Portland community with the best hardware and lumber products

BUILDING MATERIALS

ANY PROJECT LARGE OR SMALL FAMILY STYLE CUSTOMER SERVICE LOCALLY OWNED AND OPERATED MOULDINGS • HARDWARE INSULATION • DECK SEALERS DELIVERY SERVICE • CUSTOM CUTTING SPECIAL ORDERS

7609 SE STARK ST. • PORTLAND, OR 97215 PH: 503.254.7387 • FAX: 503-254.7663 www.mrplywoodinc.com professionally in San Francisco. In 2017, Hannibal returned to Portland to direct the ballet program at the NW Dance Project in Northeast Portland. There she reconnected with Nieto who was serving as a principal artist.

Nieto and Dougal had been good friends since childhood, crossing paths in the dance world in Vancouver, Washington. Nieto left the Pacific Northwest to earn a bachelor of fine arts degree in jazz at Point Park University in Pennsylvania before beginning his career dancing internationally. Dougal earned a master of arts in dance education and ABT ballet pedagogy from New York University and a bachelor's in dance from Utah Valley University. In 2019, she returned to Portland.

During the COVID-19 shutdown, the three visionaries united and began contemplating the prospect of establishing their own dance company and school. The culmination of their efforts led to the creation of Open Space.

As Hannibal puts it, "Open Space is a creative container for dance." Their school currently has 165 children between 18 months and 20 years old — students of all styles: ballet, creative movement, hip-hop and contemporary. Open Space also offers a variety of open classes for adults of all skill levels.

"From community classes for adults to professional training at our dance school, we welcome the community to embrace wonder, move freely and explore their bodies in a judgment-free zone where curiosity is encouraged and play is the way," Hannibal says.

The professional company at Open Space is project-based, typically producing four performances a year. Additionally, the studio's students participate in two performances

- CONTINUED ON PAGE 15



Comic Cave PDX is a neighborhood family shop where owner Doug O'Loughlin knows his loyal customers' names. Visitors of all ages can indulge their love of comics, and art classes for kids will be starting again soon after being put on hold durnig the COVID-19 pandemic. (Comic Cave PDX)



each year: the Spring Showcase in June and the NOT-Cracker in December - Open Space's original and more inclusive spin on the traditional holiday production.

Hannibal says, "For our shows, we bring together great minds in contemporary dance for an interdisciplinary approach that harnesses the creativity of Portland artists from all backgrounds to create bold performances grounded in movement." These performances are presented at the Vancouver School of Arts and Academics, the Newmark Theater downtown and Open Space's studio within Oregon Contemporary.

If you or your little one would rather get in on the action than watch as an audience member, know that Open Space is committed to making classes accessible. "We believe anyone and everyone should dance no matter their age, ability, gender, race or socioeconomic status," Hannibal says. Every year, the studio awards over \$50,000 in student scholarships for young people

with limited resources. "We value kindness, diversity, rigor and joy," Hannibal adds. For people without a lot of dance

experience who just want to get moving, Hannibal recommends the hourlong Monday evening class called SWEATyourSOUL, which is a combination of dance, sculpting and stretching and a bit of kickboxing. She invites experienced dancers to join their professional company members on Tuesdays and

Thursdays at 10:30 a.m. for free ballet classes. Additionally, Hannibal recommends Sundays as a great day to bring little ones to the studio. At 9 a.m. the studio offers a Creative Movement class for 3 and 4-yearolds, and then every hour until 2 p.m. Open Space hosts ballet or contemporary classes for

dancers up to the age of 9. Franco, Hannibal and Dougal are inspired by the dance community they have built in North Portland since opening their studio doors - the families and their children, the one-time and regular adult students,



Comic Cave PDX owner Doug O'Loughlin stands with "Deadpool" character The Vanisher. O'Loughlin brought his dream to fruition first in St. Johns in 2015 before moving to Kenton three years later. (Comic Cave PDX)

the company artists with commendable commitment and talent, and the guest artists and choreographers who Hannibal says, "bring a new life to our studio, neighborhood and city."

ADDRESS: 8371 N. Interstate Ave. and 8311 N. Denver Ave. WEBSITE: openspace.dance INSTAGRAM: @ openspace.dance DON'T MISS: SWEATyourSOUL on Monday nights

COMIC CAVE PDX

In 2015, a longtime dream came true for Doug O'Loughlin when he opened Comic Cave, a comic book shop that has become a beloved part of the Kenton community. After finding the right space and waiting for his child to grow up a bit, O'Loughlin made

the brave leap of opening up a shop in St. Johns before moving to Kenton just three years later.

Comic Cave is a comprehensive comic shop, offering a kids section, a vast selection of back issues, magazines and the latest releases. In addition, the store offers items like bags and boards to help customers organize their vast collections. O'Loughlin proudly describes his store as a "nice neighborhood family shop where you can come in and I know your name and often what you like to read."

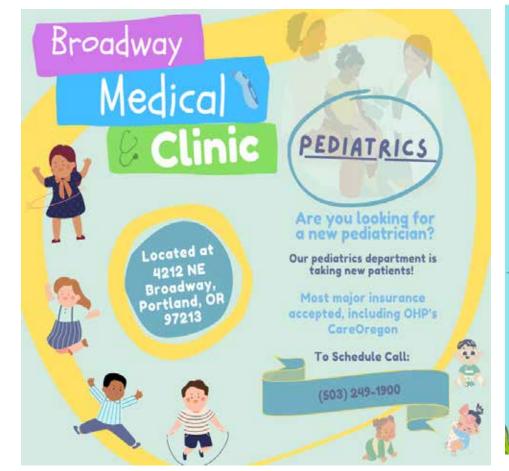
This meticulous attention to detail with customer service has resulted in

- CONTINUED ON PAGE 16

11-0

THE STAR NEWS 15





Every Saturday, Apr 1 - Nov 18 8am-1pm Apr - Sep/ 9am-1pm Oct-Mar 1st & 3rd weekends, Dec - Mar

USE EBT/CREDIT/CASH WIC & SENIOR FDNP

Match your EBT dollar-for-dollar for up to \$20 worth of free produce with Double Up Food Bucks! (doubleuporegon.org)



food, music, & events for all ages! www.hollywoodfarmersmarket.org

LOCATED ON NE HANCOCK BTWN 44TH 8 **45TH**

Super fresh local produce, hot

May 2023

many visitors becoming loyal customers, ultimately receiving generous discounts for their support. According to numerous positive online reviews, O'Loughlin is a true comic book expert who can help visitors make the perfect selections, even if they have no prior knowledge or specific taste.

O'Loughlin co-owns the shop with his wife, Pam Lyons, who works as a fulltime teacher. Lyons is a fifth-generation Portlander, and the two enjoy participating in neighborhood activities such as the Kenton Street Fair and other holidayoriented traditions. On Halloween, O'Loughlin gives out free kids' comics to trick-or-treaters, which Portlanders can also pre-order to hand out at their houses, too.

The COVID-19 pandemic brought challenges for Comic Cave, but O'Loughlin and Lyons adapted quickly to continue serving their community. They kept up with delivery, shipping and curbside pickup, recognizing that books were more important than ever to keep kids learning and off screens during quarantine. Although they had to put their kids' art classes on hold for a while, they plan to start them back up again soon.

Overall, Comic Cave is a happy corner of North Portland where visitors of all ages can indulge in their love for comics and feel like they're a part of the Kenton community.



Experienced therapists providing individualized care in a friendly environment. Telehealth appointments available

> Broadway Physical Therapy & Sports Rehabilitation, LLC 3016 NE Broadway St. 503-287-6636 www.broadwaypt.net

O'Loughlin and Lyons are always looking for new ways to serve Portlanders of all ages, and their passion for comics and customer service shines through in everything they do at their shop right off Denver Avenue.

ADDRESS: 1924 N. Kilpatrick St. PHONE: 503-484-5600 WEBSITE: comiccavepdx.com DON'T MISS: Free Comic Book Day on Saturday, May 6.

PARKSIDE

Angela Connell describes her business best: "We are a casual, all are welcome, want to know your name, kind of spot." At Parkside on Willis Boulevard, Angela and Jeff Connell have been serving up comforting classics alongside their chef partner Joel Jackson and their trusty "beer guy," Dan Schwartz since spring 2014.

The Connells and Jackson all have a history of working in restaurants since their teenage years. At one point, they worked together at Stepping Stone Cafe in Northwest Portland where they shared enthusiasm for creating what Angela refers to as "the local neighborhood vibe" - the welcoming energy that they now bring to Parkside.

Angela says that at Parkside, the trio gets to bring all of their favorite parts of their restaurant working experiences in Portland to their very own spot.

'We really love doing what we do," she says. Angela notes that the team particularly enjoys being a part of a neighborhood full of other small businesses and families. "We feel like in the nine years we've been here we have created lasting friendships."

As the Parkside team brings Portlanders together for jazz and trivia nights over comfort-style food, visitors also enjoy craft cocktails and hand-selected beers.

Angela's sister, Natalie Gaither, designs all of the cocktails, which are created using syrups made in-house and freshly squeezed juices. Schwartz chooses beer from mostly local brewers, looking for the newest selections to pour from Parkside's taps.

"We have created our menu based on the most crave-able, neighborhood-requested 'bring backs' from the last several years," Angela says. She adds that their special menus feature dishes that are essentially



The Parkside Plate is a rotating selection of cheeses from Cow Bell and house-made charcuterie served with Dos Hermanos bread and mustard. house-made charcuterie (Parkside)

whatever the chefs are excited to make and rotate multiple times a week.

"Trust me," she says, " You want to eat what (the chefs) would make for themselves."

Bachmann says, "Their in-house chef is next level, cranking out vintage style food favorites with a modern twist." She explains how some dishes, like the homemade bologna sandwich, might seem unappealing to her on paper, but always end up being "absolutely insanely good."

Another benefit to Parkside is the outdoor

seating — the restaurant is situated right across from Kenton Park, which makes for great people-watching and keeps the business central to the community. Rain or shine, guests with pets will always have a dry and comfortable place to eat and drink.

Grab some food, beer or a craft cocktail at Parkside this spring and see why it's the place to be in North Portland.

ADDRESS: 2135 N. Willis Blvd. PHONE: 503-719-6826 WEBSITE: portlandparkside.com DON'T MISS: Customer-favorite Carolina Mac - a classic mac with slow-pulled pork and Carolina mustard

> Parkside offers casual dining, along with a carefully curated beer, wine and cocktail list. Besides comfortable seating inside, patrons can opt for a table outdoors, which offers a great spot for people-watching at Kenton Park across the street. (Parkside)

Patrick J. Henry LIVING in the neighborhood... homes WORKING in the neighborhood. COLDWELL BANKER





STAR PET CONNECTIONS

*****STAR PET CONNECTIONS

Diligent beekeeping pays off for people, plants



BY LISA LAKES LISALAKES@STAR-NEWS.INFO

urrently there are no complete records on how many beekeepers live in the Portland metropolitan area. However, judging by the number of bee associations and clubs, there are many.

Portland Urban Beekeepers, Portland Metro Beekeepers Association, Tualatin Valley Beekeepers, Columbia County Oregon Beekeeper, and Willamette Valley Beekeepers are all active clubs in the greater Portland area.

Many beekeepers belong to more than one club. Annual dues are reasonable. Portland Urban Beekeepers offers online virtual classes, and other clubs have a variety of online educational resources as well as meetings and swarm assistance.

Keeping bees is an active hobby, requiring diligence throughout the year. Each season you must ensure that the hive has ample food, water, temperature control and protection from pests such as mites and wasps.

Enthusiasts keep bees for a variety of reasons. Some keepers collect honey, some do not. Some strive to winter over their hives while others start new each spring. Simply watching the hive at work is very rewarding and, of course, the bees are of great benefit to the environment.

Some folks opt to have Mason bee nests in their yard. These bees do not produce honey, require less work and are beneficial to the environment as pollinators.

Honeybees are fascinating. They are considered a super organism because the hive functions as one organism. There are three types of bees in a hive, the female queen lays eggs, male drones mate with the queen and female worker bees collect pollen to support the building and feeding of the hive.

Occasionally, a hive will produce a swarm. When this happens, a queen has left the hive and a large number of bees have followed her forming a large buzzing mass around her.

While this seems like a scary situation, the bees in a swarm are fairly passive having gorged on honey before swarming. If you see a swarm near your home or apartment, contact one of the bee clubs listed above. They will send out a keeper to capture the bees. Close windows and



Keeping bees protects the species, builds habitat and strengthens communities. (Portland Urban Beekeepers)



The Portland Urban Beekeepers club apiary is located at Green Anchors in North Portland. (Portland Urban Beekeepers)



The frame inside a hive can hold thousands of bees. It is where the bees create a honeycomb, secreting beeswax and shaping it into cells that they join together. (Portland Urban Beekeepers)

WANT TO LEARN MORE?

- If you are interested in beekeeping as a hobby, check out the classes and resources on the sites below.
- Portland Urban Beekeepers: portlandurbanbeekeepers.org/
- Portland Metro Beekeepers: portlandmetrobeekeepers.org/
- Portland beekeeping rules: portlandmetrobeekeepers.org/
- Oregon beekeeping rules:
- https://bit.ly/41UmZR0
- Beekeeping supplies: bridgetownbees.com/

doors and avoid the area until the bees are all safely retrieved by a knowledgeable keeper.

The city of Portland does not require permits to keep bees, but you must follow



Bees being collected from a swarm enter the box to guard the queen which has been captured. (Lisa Lakes)

city guidelines regarding the number of hives per square foot and best practices. If you keep five or more hives, you must register with the state of Oregon.

STAR COMMUNITY CALENDAR

COMMUNITY CALENDAR

KIDSTEENSANDFAMILIES

HEAR FUN STORIES

May 6. 10:15 a.m. Family storytime is offered on a firstcome, first-served basis. Free. 503-988-5123. Kenton library, 8226 N. Denver Ave.

BOOK BABIES LEARN

May 9. 10 a.m. Children from birth to age 3, and parents or caregivers, join for a short storytime with fun, songs and rhymes, plus early literacy and child development tips. Free. 503-988-5123. Online program: multcolib.org, click on events and classes, scroll to date and time.

FOR SPECIAL KIDS

May 13. 11:15 a.m.-noon. A preschool storytime is welcoming for children on the spectrum and families seeking a smaller, more adaptive library experience. 503-988-5123. Gregory Heights library, 7921 N.E. Sandy Blvd.

STORIES FOR TINY TOTS

May 16. 11:15 a.m. Tiny Tots and parents or caregivers enjoy stories, rhymes and songs. Free tickets are available 15 minutes in advance. Free. 503-988-5123. Hollywood library meeting room, 4040 N.E. Tillamook St.

ENJOYARTS

PASTELS IN EXHIBIT

May 2. 11 a.m.-5 p.m. Continues 11 a.m.-5 p.m. Tuesday-Sunday. In the main gallery, Harsha Rodage shows pastels and Pamela Jensen exhibits beaded works.. In the feature area, Jill Torberson shows painting on steel. Shows close May 23. www. guardinogallery.com. 503-281-9040. Guardino Gallery, 2939 N.E. Alberta St.

GARCIA PLAYS MAY 5

May 5. 8 p.m. The Garcia Birthday Band presents a Cinco de Mayo show. The GBB isn't your mother's Grateful Dead cover band, but it uses the Dead's repertoire as a springboard for limitless potential and improvisation. Tickets: \$20 general. Albertarosetheatre.com. Alberta Rose Theatre, 3000 N.E. Alberta St.

ART AT FIREHOUSE

May 6 & 7. 10 a.m.-4 p.m. Continues May 13 & 14, 10 a.m.-4 p.m. Art displays and demonstrations, poetry, photography and dance at the Yaya Firehouse Art Fest to benefit Yaya Resources, which provides early intervention, mentoring and resources to prevent sex trafficking for at-risk youth and young adults. Historic Kenton Firehouse, 8105 N. Brandon Ave.

RECEPTION FOR ARTISTS

May 6. 5-8 p.m. A reception for multiple works, including "home school" and "Omens of Capacity,"



"Deco Flame Memorial Urn," beaded, by Pamela Jensen (Guardino Gallery)

featuring work by Jackie Abhulimen, Bridgette Hickey, Janice Lee, Ariana Nuala, Diego Morales-Portillo, Alex Tatarsky and Shanzhai Lyric. info@ oregoncontemporary.org. Oregon Contemporary, 8371 N. Interstate Ave.

STUDY FILM GENRES

May 8. 6:30 p.m. At Movie Madness, explore four noir films over four Mondays by blacklisted directors. May 9 at 6:30 p.m., explore four films over four Tuesdays that represent the shift from mainstream Hollywood in the 1960s to the American New Wave of the 1970s. May 10 at 6:30 p.m., explore the allegorical meanings and transness of the four "Matrix" films. Proof of vaccination required for all students and instructors. Masks encouraged. Movie Madness is the educational arm of the Hollywood Theatre. Tuition: \$75 or \$60 members. Hollywoodtheatre.org/events/. 503-234-4363. Films shown at Movie Madness, 4320 S.E. Belmont St.

LEARN FILM THEORY

May 11. 7 p.m. A two-hour Movie Madness introductory class on film appreciation and theory, including the ability to understand and appreciate the language of film. Movie Madness is the educational arm of the Hollywood Theatre. Tuition: \$45. Hollywoodtheatre.org/events/ 503-234-4363. Movie Madness 4320 S.E. Belmont St.

SEE 'BOOGIE NIGHTS'

May 26. 7 p.m. and 6 p.m. May 27-28. "Boogie Nights," the breakthrough hit of Paul Thomas Anderson, is the story of teenage busboy Eddie Adams (Mark Wahlberg) who is discovered by porn director Jack Horner (Burt Reynolds). He becomes a sensation but a toxic combination of drugs and egotism threatens to take him down. A new 70mm print is shown at 7 p.m. May 30. Tickets: \$15 general, \$13 senior and student. Hollywoodtheatre.org. 503-281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

FORSENIORS

LEARN ABOUT EVENTS

LENORE LATOUR Real Estate Broker

May 4. 10-11 a.m. If you are new to Portland or the Community for Positive Aging, join an informal session to learn what the Hollywood Senior Center offers and



"Daydream," pastels, by Harsha Rodage (Guardino Gallery)

how to get involved. Meet staff and volunteers, who can answers questions and make connections. Free. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.



GET FREE PRODUCE

May 6. Neighborhood Gleaners return. The volunteeroperated program of the Center for Positive Aging brings fruits and vegetables donated by Hollywood Farmers Market vendors to low-income seniors. To register for free delivery, email gleaners@ hollywoodseniorcenter.org or call 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

VIEW 'OTTO' IN FILM

May 18. 12:30 Get a seat and popcorn for the 1 p.m. start of the film "A Man Called Otto." He is a grumpy widower who meets his match in quick-witted Marisol, leading to a friendship that will turn his world around. Free. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

BANKRUPTCY CLINIC SET

May 18. 5:30 p.m. The Legal Aid Society of Oregon offers a bankruptcy clinic with lawyers of the Oregon State Bar Debtor Creditor Section. Registration required: 503-224-4086. Free. Hollywood Senior Center, 1820 N.E. 40th Ave.

LOCAL CRAFTS OFFERED

May 20. 12 noon-4 p.m. BIPOC vendors sell locally made crafts, candles, skin care products, baked



"Blue Trowel," acrylic on steel, by Jill Torberson (Guardino Gallery)

goods and more with the PDX Vendor Collective. While shopping, donate canned food or household goods to support seniors in the Enhanced Resident Services program in low-income housing. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

CAREGIVERS TO MEET

May 20. 1-2 p.m. In a Caregiver Coffee Hour, compare notes with other caregivers in an informal social hour. Find time for self-care, social needs and personal well-being. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

INGENERAL

ADVISE DISTRICT PANEL

May 3. 6-9 p.m. The Independent District Commission, developing four districts to represent Portland voters on the new City Council due in 2024, takes comment and continues a mapping process. Register at portland.gov/transition/events.

LIONS COLLECT FOOD

May 6. 10 a.m.-3 p..m. The Portland Hollywood Lions are seeking nonperishable food items and pet

The Portland Area Senior Softball (PASS) League is

looking for softball players for our 61 + Competitive

Division and 62+ and 65+

Recreational Divisions. Come Join the Fun!

- CONTINUED ON PAGE 19





- Recreational Divisions play at North Clackamas Park on Mondays at 10 am and Delta Park on Tuesdays at 10 am.
- The Competitive Division plays at North Clackamas Park on Wednesdays at 10 am.
- Registration forms on-line at www.seniorsoftballportlandoregon.com or contact: William Tidd, PASS League Administer at wtidd96218@aol.com or call 443-996-1011 or 360-967-2321.

LATOUR REAL ESTATE Dedication • Integrity • Results Your Neighborhood Realtor focused on achieving Your Goals



www.lenorelatour.com Call me: 503.888.8576 llatour@windermere.com

🗙 STAR COMMUNITY CALENDAR

COMMUNITY CALENDAR

food to benefit the Community for Positive Aging at the Hollywood Senior Center. The Lions also welcome glasses, hearing aids, cell phones and e-tablets to recycle or recondition. Take donations to the Hollywood district Grocery Outlet, 4420 N.E. Hancock St.

SEE PARADE, CRAFTS

May 13. Noon. The 58th St. Johns Parade returns from a three-year hiatus, followed by the 14th St. Johns Bizarre of 135 juried craft vendors, music, food, games and other activities. The parade is along North Lombard Street between Burr and New York avenues. The Bizarre continues from 10 a.m.-7 p.m. in

six blocks of the business district, centered at North Philadelphia Avenue and Lombard Street.

DINE WITH VIKINGS

May 14. 8:30 a.m.-12:30 p.m. Enjoy all-you-can-eat Viking pancakes, scrambled eggs, sausage links, fresh fruit, strawberry compote, lingonberries, orange juice, coffee and tea. Free parking. Adults \$12, children ages 5-12 \$6, under 5 free. Bergen Dining Room at Norse Hall, 111 N.E. 11th Ave.

GALA FOR SUCCESS

May 19. 6-10 p.m. Dress for Success, which works on career readiness with women and gender expansive individuals referred to the organization, has a gala dinner and auction, "Celebrate Success." Dancing and celebrating will follow at 9 p.m. Tickets: \$200 for individuals; table rates also available at dressforsuccess.org. The Hyatt Regency Portland at the Convention Center, 375 N.E. Holladay St.

FUCHSIAS FOR SALE

May 20. 9 a.m.-2 p.m. The Oregon Fuchsia Society's annual fundraiser includes gallon pots of hardy fuchsia and hanging fuchsia baskets. Society members will answer questions. Tran's Auto Repair parking lot, 4810 S.E. Belmont St.

WALK FOR NAMI

May 21. 11 a.m.-3 p.m. The NAMI walk, to benefit the National Alliance on Mental Illness, is at Peninsula Park, North Albina Avenue between Ainsworth Street and Rosa Parks Way. Free registration. Information for participating and donating is at www.namiwalks.org.

BOOK SALE RETURNS

June 2-3. 9 a.m.-4 p.m. The annual sale of books and



Support the Oregon Fuchsia Society at its annual fundraiser where fuchsias in pots and hanging baskets will be offered for sale. (Wikimedia Commons)

puzzles returns. In addition, accumulated treasures are offered, including decor, kitchen and craft items, tables and various chairs. Lunch served both days. St. Rita's Catholic Church, 10029 N.E. Prescott St.





jcoon@windermere.com jamescoon.withwre.com

SEE WHAT OUR CLIENTS HAVE TO SAY ABOUT WORKING WITH THE COON TEAM: ~ Via Zillow Reviews ~

and the state of the

Portland, OR 97212

Sue Coon is absolutely THE most knowledgeable agent l have worked with. Her kind and caring demeanor, is such an asset in a very stressful environment (both seller and buyer need an angel!!). Both her and James Coon respond immediately to ALL of your questions and inquiries and will make certain they have researched all criteria necessary to provide the seller/buyer with as accurate information as possible. All I can say, is I wish we had another home to buy or sell, Sue is a Dream!

suecoon.withwre.com

Sue is a very knowledgeable, experienced and thorough agent. Her positive attitude, business savvy and contacts in the industry are invaluable. Sue has helped us buy and sell multiple properties over the past several years. She is always up front and proactive. We appreciate her honesty, in-depth knowledge and excellent communication. We have recommended her to a number of friends, and always appreciate the great working relationship we have with her. She is the utmost professional.



James went over and above to find us the perfect home. We had very specific needs and James listened carefully before gently guiding us through the entire process. He provided us with extensive knowledge on neighborhoods, knew exactly what to look for when checking out the homes and was thorough on his recap of pros/cons, he was super patient as we navigated and tailored what we wanted to buy, and always made himself available for showings. Most impressively, he hooked us up with a home that wasn't even on the market yet, which was the one we ended up buying! He was enjoyable to work with and we couldn't give him a high enough recommendation.

Very pleased with the knowledge and experience of the Coon Team! Always answered all my question and always went the extra mile to ensure me everything was taken care of. Highly recommend this team for buying and selling especially in NE Portland. 100% satisfied!