



IRISH spring

LOOKING OVER A FOUR-LEAF CLOVER
Don some green and head to the annual St. Patrick's Day Parade on March 12. **PAGE 10**



URBAN ORCHARD
Sabin community volunteers tend fruit trees and neighborhood needs. **PAGE 8**



SPRING AHEAD? Residents share their views on effort to make daylight saving time permanent. **PAGE 8**



CULLY CAPTIVATES Diversity of residents, businesses, groups creates magnetic mix. **PAGE 12**



TAKING BITE OUT OF CRIME Forensic Center helps solve animal abuse and neglect cases. **PAGE 16**



LIBRARIES GET REVAMP Historic Albina, North Portland branches to be renovated, expanded. **PAGE 4**

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NORTH AND NORTHEAST METRO NEIGHBORHOODS
2000 N.E. 42ND AVENUE PMB 142
PORTLAND, OREGON 97213

★ STAR COMMUNITY CONNECTIONS



BY JANET GOETZE

JANETGOETZE@STAR-NEWS.INFO

BALLMER INSTITUTE GAINS NEW LEADER

Katie McLaughlin, a clinical psychologist and professor from Harvard University, will lead The Ballmer Institute for Children's Behavioral Health at the University of Oregon's Northeast Portland campus, Northeast 28th Avenue and Holman Street.

McLaughlin is expected to create a national model of mental and behavioral health care for youth, according to Patrick Phillips, UO interim president. A professor of psychology, McLaughlin currently directs the Stress and Development Laboratory at Harvard.

"Her leadership, training and clinical experience are perfectly aligned with the Ballmer Institute's goal of innovating through partnering in research, educational endeavors and community outreach," Phillips said in a news release.

She is an influential psychologist working in child behavioral health, Phillips said. "Her expertise will allow the university to

Katie McLaughlin, a Harvard University professor and psychologist, has been named the executive director of the Ballmer Institute for Children's Behavioral Health. (University of Oregon)



rapidly move the Ballmer Institute model — to be perfected in Oregon — to benefit the rest of the country," he said.

The Ballmer Institute is made possible by a \$425 million gift from Steve and Connie Ballmer. The University of Oregon is developing the institute and other academic programs on property formerly used by Concordia University. The institute aims to answer the growing crisis in children's behavioral health and well-being, Phillips said. It will seek to bring change across family, community and school aspects of children's lives, he said.

SOME FAMILIES TO FACE CHANGES IN FOOD AID

Federal food supplement programs are changing in March for more than 720,000 Oregonians enrolled in the Supplemental Nutrition Assistance Program, called SNAP or food stamps, according to the Oregon Food Bank.

The federal pandemic emergency is ending and funding is expiring for some

monthly "emergency allotments" provided, based on family size, during the pandemic.

SNAP benefits received before the pandemic won't change, according to the food bank. However, Oregonians may ultimately receive around \$95 less for groceries each month. On average, families will face a 40% reduction in benefits, the food bank estimates.

That means many families may seek food pantries and meal sites to fill the gap. "The Oregon Food Bank Network is working hard to ensure that food remains available to all who need it," the food bank said recently. More information and food resources are available at OregonFoodBank.org/SNAPchanges.

PORTLAND TO OUTLINE SAFETY PLANS ON 82ND

Travelers along 82nd Avenue are noticing the speed reader boards telling them how fast they are driving. New traffic signal controllers also are on the 7-mile corridor where the Portland Bureau of Transportation assumed ownership from the state transportation department in 2022.

These are the start of "critical fixes" the bureau and the state department plan for the roadway over the next several years. To provide more pedestrian safety, 21 new crossings, with lights and marked walkways, are planned. These include green lights permitting pedestrians to begin walking

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Mailing Address

2000 N.E. 42nd Ave. PMB 142
Portland, OR 97213
Phone 503-282-9392

Mary DeHart Owner and Publisher
marydehart@star-news.info

Mary Ann Seeger
Administrative Assistant
maryannseeger@star-news.info

Phill Colombo Development Reporter
phillcolombo@star-news.info

Janet Goetze Community Reporter
janetgoetze@star-news.info

Lisa Lakes Feature Writer
lisalakes@star-news.info

Nancy Varekamp Feature Writer
nancyvarekamp@star-news.info

Lisa Chiba Perkins Graphic Designer
lisachiba@star-news.info

Denise Szott Designer / Editor

Jason Payton Ad Sales
jason.payton@star-news.info

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Places to pick up the Hollywood Star

Libraries: Albina, Gregory Heights, Hollywood, Kenton, and North

Grocery stores: New Seasons on Interstate, Williams and Broadway/33rd

Fairleys Pharmacy and 42nd Street Station

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editorial@star-news.info

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several seconds ahead of vehicles.

The bureau has been designing a Major Maintenance Project that will be revealed as a draft concept for public comment in March, according to a news release. Owners of specific properties and businesses may share access needs, and general comments also will be collected.

A community advisory group is scheduled to meet from 6 to 8 p.m. Wednesday, March 22. The meeting site wasn't available at press time. The tentative discussion topics include corridor

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themes and needs for various sections of 82nd Avenue. Information is available at 82ndavenue@portlandoregon.gov or 503-865-8282.

Construction is scheduled to begin in 2024 and continue through 2026. The American Rescue Plan Act will provide \$55 million for the project.

LEARN ABOUT GOLF WITH CADDIE PROGRAM

Ninth-graders in Portland schools may learn about golf, gain work experience as a caddie and become eligible for a college scholarship through the EAGLE Caddie Program.

The program is aimed at students from low-income families. It is a cooperative venture between Portland Parks & Recreation, the Western Golf Association Evans Scholars Foundation and public and private schools within Portland.

EAGLE stands for Early Adventures in Golf for a Lifetime of Enjoyment. Students of color, women, nonbinary, immigrants and refugees are especially encouraged to apply, said city Commissioner Dan Ryan, whose portfolio includes the Parks Bureau.

Applicants don't need experience with the game of golf. Qualified students are paid an hourly wage as caddies on Parks Bureau golf courses. They are expected to caddie for 40 golf rounds each summer season and receive work credit hours with mentors who monitor their progress and help guide their success, according to a bureau news release.

The application deadline is April 28. Information and application are at portland.gov/parks/sports/eagle. The golf program manager is Vincent Johnson at vvincent.johnson@portlandoregon.gov or 503-318-1432.



The Grant High School Constitution Team will head to Washington, D.C., to compete in the national finals of the We the People contest April 22-24. (Grant High School)

NO.1 GRANT CONSTITUTION TEAM HEADS TO FINALS

The Grant High School Constitution Team came in first place in the We the People State Competition held Feb. 4 at Lake Oswego High School.

The Grant and Lincoln High School teams will participate in the 36th annual We the People National Finals to be held April 22-24 in Washington, D.C.

During the national finals, students participate in simulated congressional hearings. They testify as constitutional experts before panels of judges acting as congressional committees, scoring the groups through a performance-based assessment. The format provides students an opportunity to demonstrate their knowledge and understanding of constitutional principles.

2022-23 State Competition Results:

- 1st Place - Grant High School
- 2nd Place - Lincoln High School
- 3rd Place - Central Catholic High School
- 4th Place - Cleveland High School
- 5th Place - Lake Oswego High School
- 6th Place - Franklin High School

OREGON FOOD BANK GAINS NATIONAL HONOR

The Oregon Food Bank has received both local and national awards for its work to end hunger, according to the nonprofit's recent publication, "Food Matters."

It received the national Hunger Free Community Award from the Alliance to End Hunger during a recent summit where movement leaders gathered to discuss solutions to food insecurity and policy initiatives to address hunger's root causes.

In accepting the award, CEO Susannah Morgan cited the work of staff and thousands of grassroots supporters.

The food bank was recognized as one of the state's "Most Admired Nonprofits" in 2022 in a survey of nearly 2,500 business and community leaders across Oregon and Southwest Washington. The Portland Business Journal conducts the survey every year.

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★ STAR DEVELOPMENT NEWS



BY PHILL COLOMBO
PHILLCOLOMBO@STAR-NEWS.INFO



Newly installed speed reader signs encourage drivers on Northeast 82nd Avenue to slow down in both directions as they approach McDaniel High School. Students heading to school said drivers moving dangerously through the corridor is a daily occurrence. (PBOT)

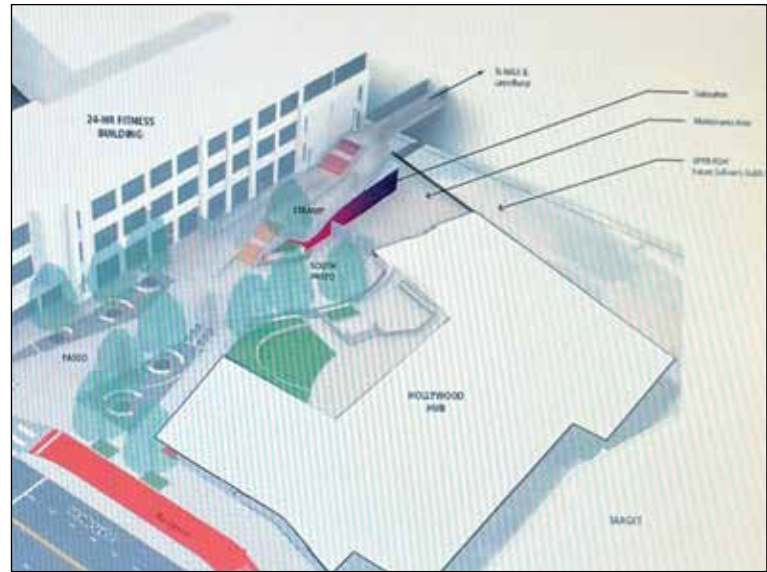
PBOT HAS SAFETY IMPROVEMENTS IN WORKS FOR 82ND AVENUE

Just six months after receiving ownership of 82nd Avenue from the state, Portland's Bureau of Transportation is beginning a safety overhaul with the installation of new speed reader boards and traffic signal controllers on the 7-mile corridor. The project is the result of a decade of community planning and advocacy.

Installation of new traffic signal controllers will replace a 20-year-old "brains of the intersections" system, and the newly installed signals, a major upgrade, brings the bureau's signal technology up to modern standards. Advanced Transportation Controllers, interconnecting signal timing adjustments and high-speed, fiber-optic communications are aimed at reducing drivers' opportunities to speed through multiple signals.

Additionally, bureau personnel will remotely monitor performance in real time and shorten overall wait times for all people traveling. The city expects this technology to be installed at 18 intersections on 82nd Avenue. The completed project will be implemented between 2023 and 2026 as part of the first stage of investments on 82nd Avenue, delivering basic safety and maintenance repairs to the corridor, including crossings, lighting, safety upgrades at intersections and sidewalk improvements.

This year, the 82nd Avenue Critical Fixes projects will begin construction on a number of important improvements. In spring, corridor-wide signal technology upgrades, operations and pedestrian and bicycle revisions will see improved signal timing and the beginning of safe speeds implementation. The bureau will also upgrade signage and striping along the corridor. This summer, construction will



Scheduled for construction between 2024 and 2026, Hollywood Hub will add 220 affordable housing units to the Transit Center. Bus stops will be reassigned, and Northeast Halsey Street will be widened between 41st and 42nd avenues. (Holst)

begin on six new signalized pedestrian crossings and street lighting improvements along the corridor. In the fall, the state will begin work on paving, partially within the city limits.

HOLLYWOOD NEIGHBORS, BUSINESSES GET UPDATE ON TRANSIT CENTER HUB

A late January Hollywood Neighborhood Association general meeting included a planning progress update on the addition of over 220 affordable housing units to the TriMet Transit Center. Meeting on Zoom, Hollywood, Laurelhurst and Grant Park representatives heard from transit agency and Bridge Housing officials. Bridge Housing's Sarah Schubert assured that, "This is not the first meeting about the Hollywood Hub, and it will not be the last."

Construction is scheduled to begin in summer 2024. First announced in 2020,

the project is currently moving through advanced design and funding stages. The project's developer, Bridge Housing, is funded by the Portland Housing Bureau, the state of Oregon, Metro and Home Forward. In addition to providing improved access to TriMet's MAX light rail to the south by rebuilding the public space between private businesses to the east and the L-shaped apartment building to the west, the project will result in a wider Northeast Halsey Street to the north.

Construction is expected to take two years with housing units expected to be filled during summer 2026.

LIBRARY BRANCHES CLOSING FOR OVER A YEAR FOR RENOVATIONS, EXPANSIONS

On March 18, the 111-year-old Albina

- CONTINUED ON PAGE 5

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This is a rendering of Albina Library exterior on Northeast Russell Street. Albina will close March 18 for construction to gain greater space, a dedicated teen room and community art displays. (LEVER Architecture)

Library in the Eliot neighborhood will close for more than a year for updating to meet modern building standards and community needs, while honoring its historic tradition. The library branch received the Historic Landmarks Commission unanimous approval of substantial alterations in late 2022.

Located at 216 N.E. Knott St., the building will be seismically retrofitted and its interior rehabilitated after demolition of later building additions to the south. The work includes construction of a new 32,000-square-foot area to accommodate library space, a community room and districtwide library administrative offices, fronting on Northeast Russell Street.

Scheduled to close April 5, the North Portland Library at 512 N. Killingsworth St. in Humboldt is slated for an additional 1,500 square feet of space, to highlight community history and diversity with a Black Cultural Center, outdoor space, diverse book collection, updated technology and new art.

“Multnomah County Library is in the midst of a profound transformation for the communities it serves,” said Director of Libraries Vailey Oehlke. “As Albina and North Portland are both historic Carnegie libraries, we’re excited to update these buildings for a modern era while maintaining their classic integrity and

are pleased to do this work alongside the community every step of the way.”

Both library branches are scheduled to open in 2024. More information is at <https://multcolib.org/library-construction-closures>.

PERMITS ISSUED

In Arbor Lodge at 1330 N. Rosa Parks Way, Oregon Coast ID LLC of Southeast Portland has a permit to build a new, two-story accessory dwelling unit to complement a 1,326-square-foot single family residence on the property since 1926.

In Buckman at 1130 S.E. Morrison St., CH Morrison LLC of Southwest Portland was issued a permit to build on a vacant block a seven-story, 247-unit apartment building with one and one-half levels of below-grade parking, ground floor retail space and an outdoor roof deck.

At 540 S.E. Martin Luther King Jr. Blvd., Burns Bros. Inc., of Northeast Portland secured a permit to construct a seven-story, mixed-use, 132-unit apartment building with basement and parking.

In Cully at 5291-99 and 5305-09 NE 75th Ave., Seventy Fifth Enterprise LLC has permission to build nine two-story townhouse units without garages.

In Rose City Park at 5246 N.E. Halsey St., Anne Davenport and Katherine Davenport

secured a permit to construct a two-story, single-family residence, without a garage, on vacant property.

APPLICATIONS FILED

In Arbor Lodge at 7005 N. Montana Ave., Bryana LLC of Langley, Washington, has applied for permission to deconstruct a 780-square-foot, single-family residence built in 1931 along with a detached garage. Also under review is an application to construct a new, three-story, 12-unit apartment building.

In Beaumont-Wilshire at 4423 N.E. Failing St., Douglas and Kathryn Snider want to build a two-story, 798-square-foot accessory dwelling unit on a single lot already containing a 1,918-square-foot, single-family residence with a detached garage.

In Concordia at 6305 N.E. 27th Ave., Eli Spivak has filed to construct six six-unit,

two-story townhouses on the south side of a blockwide property.

In Laurelhurst at 3703 E. Burnside St., Joanna Weinman, Rose Schneier and Merrit Lander wish to build a 710-square-foot detached accessory dwelling unit on property where a 3,295-square-foot, single family residence and detached garage have stood since 1917. A permit to deconstruct the garage was issued in January.

In Madison South at 8445 N.E. Tillamook St., Genesis NW Group LLC of Battle Ground, Washington, has applications under review for permits to build four two-story, four-unit townhouses.

In Roseway at 7544 N.E. Morris St., NA Development LLC of Battle Ground, Washington, applied to deconstruct a 1,072-square-foot, single-family residence built in 1921 and replace it with four two-story, four-unit town homes without garages.

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★ STAR FEATURE

IT'S ABOUT TIME



Effort to extend daylight saving time year-round finds fans and foes

Removing a tree like this one in the King neighborhood could require more than one work day if a crew has to stop at sunset. That's why Wind Thin Tree Service employees prefer year-round daylight saving time. They wouldn't have to shut down work at 4 p.m. and set up again the next day if they could work into evening daylight. (Nancy Varekamp)



By Nancy Varekamp
nancyvarekamp@star-news.info

A year ago, the U.S. Senate voted unanimously to extend — permanently — the March 12, 2023, change to daylight saving time. Of course, it cannot take effect unless the U.S. House approves the bill and the president signs it into law.

Although the Senate approved the bill, House members and President Joe Biden have yet to weigh in. “We need to stop the switch,” said Rep. Earl Blumenauer, D-Oregon. “We’re looking at the best way to do that.”

“Making daylight saving permanent would give folks an hour back of sunshine during the winter months when we need it most,” reported Sen. Ron Wyden, D-Oregon, when he introduced the Sunshine Act in March 2022.

Wyden believes it will boost the economy, increase physical fitness for people of all ages, and reduce childhood obesity, seasonal depression, evening robberies and energy use. In fact, daylight saving time was created for seven months to encourage energy conservation during World War I, repeated in World War II and again during the 1974 energy crisis.

A few Northeast Portlanders polled have their own opinions.

KEEP THE DAYLIGHT

Most of the 11 outdoor arborists at Wind Thin Tree Service would like year-round daylight saving time.

“Having the longer sunshine can make a job one day instead of two,” said Alison Lelke, office manager. With daylight saving time, crews can work past their 4 or 4:30 p.m. quitting time to finish a job, and prevent repeating the set-up tasks a second day on the same job.

“It’s a safety issue,” Wind Thin owner Curtis Falbo said. Additionally, if crews worked in the dark, the bright lights and evening noise would annoy neighbors.

Wood Thin employees aren’t concerned about going to work at 6:45 a.m., before daylight saving time’s sunrise, Lelke said. At the beginning of each day, they spend time planning the work they’ll do and determine safety measures.

Save Standard Time, a nonprofit formed in 2019 aims to convince Congress to make standard time permanent instead of daylight. Would that please Wind Thin employees?

According to Lelke, they would prefer either standard or daylight saving time to the status quo of adjusting to time changes every March and November.

- CONTINUED ON PAGE 7

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★ STAR FEATURE

BODIES SYNC TO STANDARD

Oregon Clinic Gateway sleep clinic physician Dr. Andrea Matsumura agrees with ending the twice-annual clock change. However, she opposes making daylight saving time permanent.

“There’s a lot of economics around the movement of our time, based on daylight hours,” she said. People like spending leisure time in the evenings that daylight saving time offers.

“But physiologically it doesn’t make sense. We need more light in the morning and not in the night.”

According to a 2020 reader opinion piece in The Oregonian, permanent daylight saving time would result in darkness until 8 a.m. — the start of the school and business day — or later 109 days per year; whereas, standard time offers sunlight by 8 a.m. every day.

“We all have a circadian rhythm, a body clock, that we’re born with,” Matsumura said.

Light stimulates the body to activate the daily circadian cycle. When the sun wanes, “We’re supposed to start the cascade to sleep at night hours,” she said. Conversely, the absence of

light causes the body to release melatonin that supports sleep.

“We’re all living on less sleep than we should be,” Matsumura said. Computers, handheld devices and more not only take away sleep time, but they also emit light that further discourages the release of essential melatonin.

“Daylight savings time makes our body physiology work harder,” she said. Within the first 24-48 hours of the annual shift, mood disorders crop up, and cardiovascular events and car accidents increase.

Matsumura said many senators have been asked by physicians why they approved the Sunshine Act, and they replied that they didn’t understand its effects on circadian rhythms. “We haven’t got a single physician at the table,” making recommendations and educating legislators, she added.

Put simply, Matsumura believes the argument is between quality of life with standard time and economics with daylight saving time. “If we actually looked at it as a health care decision, we’re going to be putting people at more risk.”

JUST PICK ONE

“Time is a human construct and something that’s foreign to us,” believes Shannon Foxley a counselor at da Vinci Arts Middle School.

So moving time forward and back twice — both times during the school year — affects children’s behavior and their learning.

Losing an hour of sleep



School counselor Shannon Foxley has some doubts about extending daylight saving time to 12 months. Moreover, she’d like to see an end to changing clocks — the kind that tell time and those internal to schoolchildren and adults — twice each year. (Nancy Varekamp)

each March leaves children and educators tired, and the children act “hangry,” a combination of hunger and anger. It’s most noticeable in elementary schools — where Foxley worked for 10 years — than in middle and high schools. “In high school, they understand what time is, what it means and they’re just tired and grumpy.”

“Middle schoolers are about hanging out with their friends and doing schoolwork on the side.” So they, like high schoolers,

manage the shift better.

“They are going to be less focused on doing schoolwork and following teachers’ directions,” the counselor has found.. “At this stage, you don’t see the explosive side, but they disengage”

Additionally, Foxley is concerned about the safety of students getting to school during the darker mornings that daylight saving time creates.

“I just want us to pick one and stay there.”



Dr. Andrea Matsumura deals with circadian disorders in her practice at a Northeast Portland sleep clinic. She believes daylight saving time doesn’t make sense when you consider how human physiology syncs with sunlight. (Oregon Clinic)

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Sabin neighbors cooperate to maintain urban 'food forest,' share orchard harvest while growing community connections

Fruitful endeavor



By Janet Goetze
janetgoetze@star-news.info

A sloping block of Northeast Mason Street was never developed between 18th and 19th avenues, but the Sabin community found a use for the land, replacing the weeds and tall grass alongside a sidewalk paved between the avenues.

Three people got together to plan the Sabin Community Orchard in 2009, using a city neighborhood grant. In 2010, they started planting fruit trees plus shrubs and shorter plants that attract birds and insects.

Today, said Jeff Strang, one of the planners, a group of about eight people meet for a couple of hours on the third Sunday afternoon of each month, except December, to tend the trees, including pruning.

The planners gained approval for the orchard from the Portland Bureau of Transportation, which holds the right-of-way. They also enlisted the cooperation of nearby residents who, technically, are responsible for maintaining property to the center line of an adjacent roadway, Strang said. One donates water, another household mows grass at least twice a year and another two provide space in their recycling carts for garden debris.

Kristina Holm, whose house is on the hill rising above the orchard, said she is happy to provide the water.

"I benefit," she said. "I have a lovely next door 'neighbor' and a wonderful sense of community."

Holm no longer has blackberry vines creeping toward her yard from untended property, and she gets a share of fruit, including the mulberries she especially has enjoyed.

The trees also include pears, apples, cherries, figs, persimmons, quince and Asian pears. One is a graft from Oregon's oldest apple tree, a Dosch



Above: Jeff Strang, one of the original planners of the Sabin Community Orchard, prunes a tree, a graft from Oregon's oldest apple tree, a Dosch Yellow Bellflower that was planted in 1850.

Left: A sign officially designates the orchard right of way approved by the Portland Bureau of Transportation. (Janet Goetze)

Yellow Bellflower Apple, planted in 1850 in what is now Southwest Portland. The orchard also has rosemary and edible berries in season. Strang has his favorite among the fruits. "I

really like making pies from the quince," he said. The fruit harvest varies from year to year, Strang said. Volunteers take some and about

- CONTINUED ON PAGE 9

LEARN MORE

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★ STAR FEATURE



half goes to St. Andrews Catholic Church's food pantry.

Strang, who has lived in Sabin for about 20 years, heard about the Neighborhood Fruit Tree Project, created in 2006 in response to fruit ripening in North and Northeast Portland but sometimes going to waste.

It became the Portland Fruit Tree Project in 2007, which hosts harvest events and leads educational workshops on tree care and food preservation. In recent years, it also has offered fee-based seasonal maintenance for homeowners who are unable to do their own work.

According to the website, the project has an overall goal: "Promote food justice. Prevent food waste. Strengthen our community."

Over the years, it also has helped start Gabriel Community Orchard in Southwest Portland, Parkrose Community Orchard in East Portland, Fruits of Diversity Orchard in North Portland and the Sabin orchard.

In starting the orchard, Strang approached the Sabin neighborhood association board. A member, Rosemarie Cordello, joined him and Katy Kolker, then the executive director of the Portland project, in making plans for how to use the Mason Street right-of-way.

"We put our heads together and looked through catalogs," Strang said. A design for a "food forest" was created. The trees were part of a plant collection, he said, including edible berries, bayleaf and the fragrant rosemary.

The group has had to make some changes



PROMOTE FOOD JUSTICE. PREVENT FOOD WASTE. STRENGTHEN OUR COMMUNITY?"

— Portland Fruit Tree Project goal

over time, he noted. A neighbor asked the volunteers to take out gooseberries and currants because they can develop a leaf fungus that also affects white pines. The neighbor, he said, is trying to protect her pine.

With the sidewalk through the block, cater-corner from the back of Sabin Elementary School, many neighborhood residents pass by the orchard every day. The trees are bare through winter, but as spring arrives, the trees begin to blossom, giving the area a fairytale quality.

"A lot of people use this sidewalk," Strang said. "People tell us all the time how much they like the orchard. I feel strongly it's an important feature of the neighborhood."



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Urban orchard volunteers help maintain fruit trees year-round. (Portland Fruit Tree Project)



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★ STAR FEATURE



Irish Spring

Everyone's eyes will be smiling when annual St. Patrick's Day parade kicks off Sunday, March 12

By Janet Goetze
janetgoetze@star-news.info

The 34th annual St. Patrick's Day Parade will be ready to march in Northeast Portland at 1 p.m. Sunday, March 12, at Beverly Cleary School's Fernwood campus, said the organizer, who is known as Steve O'Slavik for the occasion.

"The traditional theme for a 34th anniversary is an opal," O'Slavik said. "The 2023 St. Patrick's Day Parade is going to be a real gem."

This year's parade may bring out marching bands, kids' organizations, people waving from vehicles and maybe even some bicycles and scooters. But, O'Slavik admitted, he never knows for sure who or what will line up until the day arrives.

"Don your best Sunday green, decorate

the strollers, trikes and bikes and promenade through the neighborhood with family, friends and neighbors, celebrating St. Paddy's Day and the arrival of spring in this community event," he urged.

He had a friendly reminder, too. "Sunday, March 12, is the start of daylight saving time. Clocks spring ahead an hour," he said. "We'd hate to start without you."

The starting point — O'Slavik calls it "ground zero" — is behind the school at Northeast 32nd Avenue and Hancock Street. The parade proceeds west on Hancock to Northeast 17th Avenue, where it turns north for one block to Tillamook Street. It heads east on Tillamook, arriving back at 32nd Avenue.

"The parade ends where it started," O'Slavik said. "The 1.2-mile circuitous route takes roughly one hour."



All photos from previous parades courtesy of Steve O'Slavik

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★ STAR BLOCK X BLOCK

Cultivating community in Cully

By Nancy Varekamp
nancyvarekamp@star-news.info

The Cully neighborhood may be one of Portland's most diverse ethnically and economically. It's members also may be among the most active and community driven. The Cully Association of Neighbors reports Cully is a better place, between the efforts on issues and activities by the association, residents, businesses, and local organizations and coalitions. It's a neighborhood focused on community improvements. Among CAN's accomplishments are several awards, status operating Portland's largest annual cleanup event, helping to develop the Cully

Boulevard Improvement Project and more. Organizations and coalitions have driven and/or supported change in the form of local parks, a tax increment finance district plan and affordable housing complexes. Among Cully's largest achievements to date is supporting and collecting a reported \$2.3 million to purchase and redevelop a former strip club site into affordable housing. Las Adelitas, with its 140-plus units, takes the place of the former Sugar Shack. That previous enterprise opened in 1998 and attracted other adult businesses at the

- CONTINUED ON PAGE 13



Seeing double? Two Farmer Teds greet customers at the door of the Cully Farm Store. One is a nearly life-size cutout. (Nancy Varekamp)

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★ STAR BLOCK X BLOCK

Northeast Killingsworth Street gateway to the neighborhood

CULLY FARM STORE

Tucked away on Northeast Alberta Street, around the northeast corner at 42nd Avenue, is what looks like a small shop. Walk inside the Cully Farm Store and you're in a world of everything you need to work in a backyard farm, to keep bees or to feed chickens.

Ted Snider — affectionately known to the community as Farmer Ted — has operated his store for seven years. But he's been an icon in Cully and much of Portland for decades. In 1992, he was one of the three founders of the Portland Farmers Market downtown, which he managed for the first six seasons. It was among the first of its kind in the metro area.

Next, he helped begin the People's Farmers Market at the People's Food Co-op in the Hosford-Abernethy neighborhood.

Portland's hunger for farmers markets continued to grow, and Snider volunteered and served on the steering committee of the Cully market for 14 years.

"Several of us spent time volunteering to make it work," he said. The tents, tables, chairs and dishware purchased by the market were made available to the community, including the Cully Clean Up, an enormous event held each Earth Day.

His enthusiasm for — and knowledge of — farming has created a magnet for the like-minded. Snider offers tool repairs and sells a large inventory of garden implements, beekeeping supplies, vegetable seeds and starts, organic fertilizers, potting soils and chicken feed.

Business boomed during the early days of the COVID-19 pandemic, when people found themselves homebodies.



Need to buy tools for your backyard farm or have your old ones repaired? Farmer Ted is ready to help at the Cully Farm Store. (Nancy Varekamp)

"Everybody got a garden. Everybody got chickens. Everybody wanted to stay home and shop locally, and my business benefited quite nicely. People weren't coming from across town. People were coming from down the block."

Aside from dropping in at the Cully Farm Store, you can find him from noon to 5 p.m. Sunday, March 12, at the annual Cully Neighborhood Farm seed exchange at the Simpson Street Barn, 4609 N.E. Simpson St.

ADDRESS: 4209 N.E. Alberta St. **WEBSITE:** cullyfarmstore.com **PHONE NUMBER:** 503-729-3508 **DON'T MISS:** local honey and beeswax

BISON COFFEHOUSE

Loretta Guzman believes Bison Coffehouse is Portland's only Native-owned coffee shop, and it's her dream business. Literally.

Years ago, in treatment for Stage 4B cancer, she said, "I dreamt of the bison. He kept

trying to get closer and closer to me, until he was in my face.

"The bison is the symbol of resilience to the Shoshone-Bannock tribe," she added. It represented survival and livelihood for her ancestors.

When the cancer went into remission, she began a plan to combine her dream and her desire to open a business. The former dental technician, master baker and barista spent

- CONTINUED ON PAGE 14

The Cully Farm store offers not only what will keep your bees humming. Honey and beeswax products also are on the shelves. (Nancy Varekamp)



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★ STAR BLOCK X BLOCK

Loretta Guzman took inspiration from a buffalo that appeared in her dreams 10 years ago. Now one keeps watch over the business that resulted, Bison Coffeehouse. Guzman's homemade biscuits, filled with green chilis, pepper jack and bacon, are among the tasty treats offered. (Nancy Varekamp)



two years earning the needed capital with her beading and apparel talents. Eight years ago, she opened her coffee shop.

Family and community supported Guzman. Her father helped renovate the 1926 building, her mother serves as the shop's accountant, a niece and nephew are baristas, and her daughter serves as manager.

"I want this place to represent myself and my people — past and present," Guzman said. The decor and the sale of Native crafts add ambience to the beverages and pastries. Native and local vendors supply everything in the shop, aside from the pastries Guzman makes daily and the coffee the baristas brew.

Guzman didn't disappoint her loyal customers during the early days of the pandemic. Rules were clear for food and beverage businesses. "I had to do a lot of creativity."



Customers weren't allowed inside. So a walk-up window was fashioned in front, a path was dug from the sidewalk to that window, railings were installed and tables were set outdoors. "The first couple weeks, it was really slow."

Then business perked up. "People were like I don't care. 'I'll die for coffee.'" These days it's business as usual. Word of mouth brings people in. Customers come enroute to and from the airport. Out of towners stop and tell her Bison

Coffeehouse's reputation is spreading. ADDRESS: 3941 N.E. Cully Blvd. WEBSITE: bisoncoffeehouse.com PHONE NUMBER: 503-288-3941 DON'T MISS: homemade biscuits: green chili, pepper jack, bacon - CONTINUED ON PAGE 15

U STORE SELF STORAGE advertisement with contact information for Rose Quarter, East, and Central City locations.

Mr. Plywood BUILDING MATERIALS CENTER advertisement featuring a cartoon mascot and a list of services.

New Yoga Location! Wild Hearts Wellness advertisement with class schedule and contact info.

TREE MASTERS INC advertisement for tree services including pruning and removal.

★ STAR BLOCK X BLOCK



GARTNER'S COUNTRY MEAT MARKET

Gartner's Country Meat Market has served generations of customers since 1959, and now it's in the hands of another generation of owners.

Jack Gartner had opened the business alone. A year later, he was joined by his parents, Hans and Frieda Gartner. That was the beginning of the business becoming a family affair.

Hans Gartner was trained as a master sausage maker in Germany. He contributed the old-country recipes and techniques the market continues to offer today. Added to them is a wide assortment of sauces, rubs, seasonings, beans, beverages and other

Gartner's Country Meat Market has drawn customers from throughout Portland since 1959. Jack Gartner started the business, Jerry Minor joined him as a partner in 1965, and now their children continue the legacy. (Nancy Varekamp)



Left: Rick Minor and Sheri Gartner Puppo are no newcomers to Gartner's Country Meat Market. They grew up there, and they took over from their fathers in 2000.

Far left: Besides their well-known fresh-cut steaks, Gartner's has a wide variety of sausages, roasts, bacon and other meat. The popular short ribs are sauced and ready for grilling. (Nancy Varekamp)

trimmings to the meats.

By 1965 business was booming, and Jack Gartner welcomed Jerry Minor as a partner. The two retired in 2000, and their children — Sheri Gartner Puppo and Rick Minor — followed in their immense footsteps.

They serve as co-managers. Puppo runs the

financial/accounting end of the business, and Minor is in charge of the meat.

Working at the market was nothing new to the duo. Minor had started work there as a 15-year-old member of the evening cleaning crew, and he began learning the meat cutting trade at age 18. Puppo became a sample girl at age 17. When she finished high school, she joined the market staff full time.

Her first job had made her popular among the customers. She offered them tantalizing cooked portions of meat. The aroma of the meat and the taste stimulated customers' tastebuds and helped in their meat selections.

"We sell happiness by the pound," Puppo said.

Both are proud to continue their fathers' legacy as a source for fresh-cut steaks, chops, ribs and roasts, handcrafted sausages, ham, bacon and more. The two managers agree the short ribs are the most popular.

Customer service is Minor's favorite part of the job. "People come for what's inside the case. They come back for the service behind the counter."

ADDRESS: 7450 N.E. Lombard St. **WEBSITE:** gartnersmeats.com **PHONE NUMBER:** 503-252-7801 **DON'T MISS:** short ribs



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★ STAR PET CONNECTIONS

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Animal Crimes Forensic Center opens



BY LISA LAKES

LISALAKES@STAR-NEWS.INFO

To further the Oregon Humane Society's vision to see "a world where all animals are treated with compassion, kindness and respect," the Animal Crimes Forensic Center is now open.

Located on the second floor of the new Community Veterinary Hospital, the center is the first of its kind on the West Coast and the second in the nation. The expanded space provides offices, medical labs and evidence lockers with state-of-the-art equipment to collect and analyze evidence in suspected animal cruelty cases. The evidence will be used to support the prosecution of animal abusers.

Humane Law Enforcement Support Services Manager Veronica Broadley says, "the new facility offers purpose-built space and equipment to uncover the truth."

Communication efforts for 2023 will be to educate the wider community on the availability of the center. Agencies investigating potential crimes against animals will have access to the center and services will be free.



Forensics coordinator Samantha Lee (left) and support specialist and evidence technician Lila Obeng demonstrate the use of an alternate light source to look for evidence such as fluids and fibers not visible using typical light wavelengths. (Lisa Lakes)



Veronica Broadley, humane law enforcement unit support services manager, stands at the office door of the newly opened Animal Crimes Forensic Center. (Lisa Lakes)

REPORT ABUSE

If you suspect potential animal abuse or neglect, file a report with the humane law enforcement unit at <https://www.oregonhumane.org/report-cruelty/> or call 503-802-6707.

Humane law enforcement officers are initially trained through the police academy. Those hired to become humane law enforcement officers gain additional training at OHS on animal care and Oregon animal law.

Working daily with animals that have been abused or neglected can be difficult. The officers manage by "focusing on healthy,

positive ways of coping and the resistance of the animals that are saved. Seeing these animals recover is extremely rewarding," Broadley said.

When abuse or neglect is reported to the humane law enforcement unit, officers are dispatched to investigate. They have the power to take animals into protective custody during the investigation. As with crimes involving humans, evidence must be gathered and documented for potential criminal trials.

Once animals arrive at the center, the team, led by Dr. Emily Ferrell, completes a thorough medical exam and gathers evidence.

Investigations can be lengthy. Special care is taken of the animals while the investigation and



A CT scanner can help doctors determine the extent of an animal's injury. (Lisa Lakes)

potential trial is taking place. During this time the animals are shielded from the public and are cared for by specially trained individuals.



Signs of Spring as the Market Begins to Thaw

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★ STAR FEATURE

When the groundhog saw his shadow on Feb. 2, that should've been a warning that winter hadn't packed up and left.

The end of the month brought a surprise storm that blanketed the Portland metro area and beyond with snow.

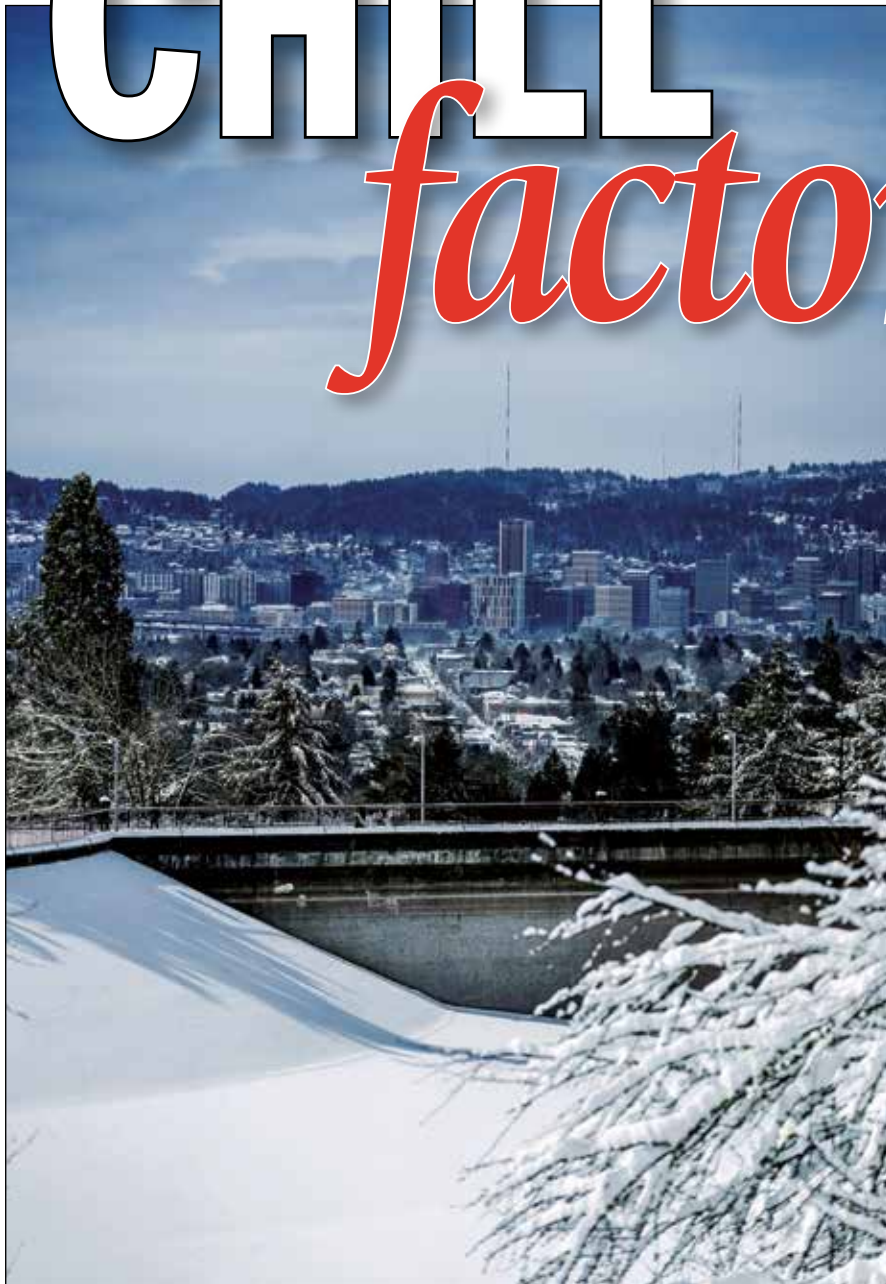
The flurries began falling Wednesday, Feb. 22, piling up to 10.8 inches and setting a city record for that date.

With schools closed and roads coated in ice and snow, the next few days were a good time for folks to snuggle in with a good book or movie. For other people and pets it was a break to get out and play.

But even though temperatures aren't yet balmy, flowers, like the purple crocus peeking up from the snow, signal the promise of spring.

— Denise Szott

CHILL factor



Alison Handler



Bonny Fazzi



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Lisa Chiba



Bonny Fazzi



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Janet Goetze



Janet Goetze

★ STAR COMMUNITY CALENDAR

COMMUNITY CALENDAR

KIDSTEENS AND FAMILIES

EVENTS FOR TINY TOTS

March 7. 11:15 a.m. Tiny Tots hear stories and sing songs. Free tickets available 15 minutes in advance. 503-988-5123. Hollywood Library, 4040 N.E. Tillamook St.

STORIES FOR BABIES

March 8. 10 a.m. Book Babies hear stories and rhymes. Free. First come, first served. 503-988-5123. Gregory Heights Library, 7921 N.E. Sandy Blvd.

HEAR NATIVE SONGS

March 15. 10:30-11:30 a.m. Karen Kitchen of the Osage Nation features songs and books from Native cultures. Children, families, elders — everyone is welcome. Made possible by The Library Foundation with support from The Confederated Tribes of the Grand Ronde Fund. Register in advance via Zoom: www.multcolib.org, click on Events & Classes, follow calendar to date and time, click on event, follow registration information. Information: 503-988-5123.

ENJOYARTS

MIXED MEDIA IN SHOW

March 1. 11 a.m.-5 p.m. Open Tuesday to Sunday; closed Monday. In the main gallery until March 28, Nanette Wallace shows her monotype works. Bev Cordova exhibits ceramic vessels. In the featured area until March 26, Julie Anderson Bailey shows mixed media paper and Janine Etherington exhibits mixed media wood assemblages. www.guardinogallery.com. 503-281-9048. Guardino Gallery, 2939 N.E. Alberta St.

STUDY 'B FILM' NOIR

March 6. 6:30 p.m. "Art of the Noir, Killer B's" is an



"Reflecting," monotype, by Nanette Wallace (Guardino Gallery)

examination of four films, called B films, that were secondary to the top film in a double feature in the 1940s and 1950s. However, some can hold their own against the A-Picture establishment, experts say. Students may analyze the narrative, structure, visual approach and tone of selected films. Tickets \$75 for four Mondays at Movie Madness University, the educational arm of the Hollywood Theatre. www.hollywoodtheatre.org. 503-234-4363. Shown at the Movie Madness Miniplex, 4320 S.E. Belmont St.

EXAMINE HORROR FILMS

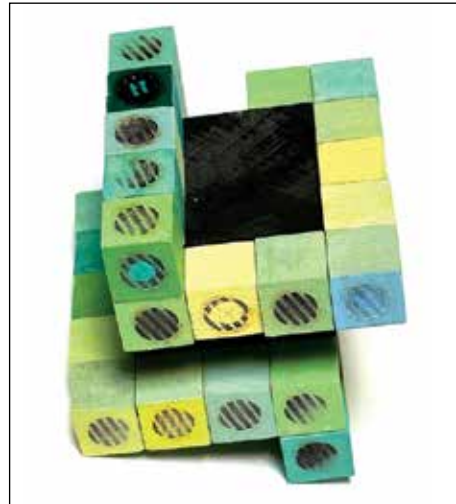
March 7. 6:30 p.m. For four Tuesdays, view four horror films by four women directors, showing different approaches to the genre. The class is with Movie Madness University, the educational arm of the Hollywood Theatre. Tuition: \$75. www.hollywoodtheatre.org. 503-234-4363. Movie Madness Miniplex, 4320 S.E. Belmont St.

SEE TALES IN NEW WAY

March 8. 6:30 p.m. A crash course, without lecture



Legendary folk musician Ramblin' Jack Elliott will appear March 10 at Alberta Rose Theatre with local guest Lewi Longmire. (Alberta Rose Theatre)



"Continuum Number 2," wood block, stain and acrylic paint assemblage, by Janine Etherington (Guardino Gallery)

or discussion, presents Shelley Duvall's films that are contemporary renditions of classic fairy tales. Over four Wednesdays, these include Robin Williams in a frog prince costume, James Earl Jones as a genie in Aladdin, etc. A series from Movie Madness University, the educational arm of Hollywood Theatre. Tuition: \$30. www.hollywoodtheatre.org. 503-234-4363. Shown at Movie Madness Miniplex, 4320 S.E. Belmont St.

PLAY LOOKS AT HISTORY

March 8. 7:30 p.m. "What I Learned in Paris," a play by Pearl Cleage, is a tangled web of romantic intrigue set against the historic campaign of Maynard Jackson as he becomes Atlanta's first African American mayor. Directed by Lou Bellamy. Continues at 7:30 p.m. Wednesdays, Thursdays, Fridays and Saturdays, till March 25. Performances at 2 p.m. Sundays through March 26. Masks required for some performances. Tickets \$25 to \$42.50; Arts for All \$5. Portlandplayhouse.org. 503-488-5822. Portland Playhouse, 602 N.E. Prescott St.

VIEW FIGHTING STYLES

March 9. 6:30 p.m. "Movie Fight Club" examines four action films showing the specific fighting styles, context and history of the cultures that produce them. The movies come from Indonesia, Thailand and the United States. A series from Movie Madness University, the educational arm of Hollywood Theatre. Tuition: \$75. www.hollywoodtheatre.org. 503-234-4363. Shown at Movie Madness Miniplex, 4320 S.E. Belmont St.

RAMBLIN' JACK SLATED

March 10. 8 p.m. Ramblin' Jack Elliott, one of the last authentic links to this country's folk tradition, welcomes special guest Lewi Longmire to his concert. Tickets: \$30 advance, \$35 at the door. Check event details page to see if health and safety policies apply. www.albertarosetheatre.com. 503-719-6055. Alberta Rose Theatre, 3000 N.E. Alberta St.

YOUTH TO PLAY JAZZ

March 13. 7 p.m. The Portland Youth Jazz Orchestra presents its winter concert. Tickets: \$12. www.albertarosetheatre.com. 503-719-6055. Alberta Rose Theatre, 3000 N.E. Alberta St.

WINSPEAR TO READ

March 23. 6 p.m. Pre-order a copy of "The White Lady," the latest book by Jacqueline Winspear, in

order to hear the author speak at a ticketed event. bookbroads@broadwaybooks.net. 503-284-1726. Broadway Books, 1714 N.E. Broadway.

FORSENIORS

CALL FOR TAX AID

March 6 and March 20. 9 a.m. Call to make an appointment for tax filing assistance with CASH Oregon for low- and moderate-income seniors who qualify. The free, 90-minute appointments are available on Mondays, Tuesdays and Thursdays. Appointments are released every two weeks, so call again if appointments aren't available on the initial call. Masks are required at tax appointments. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

DEVELOP YOUR STORY

March 6-April 3. 1:30-3 p.m. Mondays. Zoom and in-person classes for developing and sharing a 10-minute story about yourself with helpful feedback from supportive listeners. Organized by Tim Hahn. Limited to 12 people per class. Free. Registration: 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

HOT LUNCH PLANNED

March 7. Noon-1 p.m. Meals on Wheels serves a hot lunch in person on Tuesdays. Register on site. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

LEARN ABOUT 'VILLAGE'

March 13. 1-2:30 p.m. Learn about activities and services offered by Northeast Village PDX that support seniors opting to remain in their own homes and stay engaged in their communities. The member-led organization serves Northeast neighborhoods, with lots to enjoy as a volunteer, member or both. Information: 503-2750. Hollywood Library, 4040 N.E. Tillamook St.

SEE 'LITTLE WOMEN' FILM

March 16. 12:30-3 p.m. View the film "Little Women," starring Emma Watson and Florence Pugh. Free through the Center for Positive Aging. View at Hollywood Theatre, 4122 N.E. Sandy Blvd.

CAREGIVERS TO MEET

March 27. 1-2 p.m. An in-person caregiver coffee hour is an informal discussion and gathering for those who are caregivers for seniors and others. Talk with others about finding time for self care and personal well-being. This serves as a starting point for forming new caregiver support groups. Free. 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

TIPS TO BOUNCE BACK

March 29. 1-2:30 p.m. "Resilience: Bouncing Back" is the topic of an in-person Conversation on Aging, facilitated by a VIEWS volunteer. Share personal stories of resilience and learn how others adapted to challenges in their lives. Free. Registration required: 503-288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

INGENERAL

TUTORING OFFERED

March 6. 5 p.m. Tutoring for adults at the Kenton library meeting room. Free. First come, first served.

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JOHNNY FRANCO 4-5:30 pm

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UPCOMING EVENTS

HOGSHEAD WHISKEY'S
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TUESDAY, MARCH 7
Hogshead specials all day!

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W/ POISON WATERS
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6pm doors; 7pm show
21 & over • Advance tickets recommended

ACADEMY AWARDS
W/ POISON WATERS
SUNDAY, MARCH 12
2pm doors • 3pm red carpet coverage • 5pm awards • Free Minor or parent w/ guardian

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TUESDAY, MARCH 21
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OMSI SCIENCE PUB
TUESDAY, MARCH 21
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★ STAR COMMUNITY CALENDAR

503-988-5123, Kenton Library, 8226 N. Denver Ave.

come, first served. 503-988-5123. Hollywood Library, 4040 N.E. Tillamook St.

LIONS SCHEDULE BINGO

March 6. 7 p.m. Play bingo every Monday with the Portland Columbia Lions Club. Proceeds benefit many local community organizations. The Spare Room, 4830 N.E. 42nd Ave.

CREATE YOUR RESUME

March 7. 3 p.m. Learn to create resume content. Free. Advance registration required: 503-988-5123. Gregory Heights Library, 7921 N.E. Sandy Blvd.

HELP FOR JOB SEARCH

March 8. 2 p.m. Gain tips for a job search. Free. First



COVID SHOTS OFFERED

March 16. 11 a.m.-1 p.m. A COVID vaccine clinic, for anyone 5 years of age and older, is offered by Le Care Pharmacy. 503-284-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

TECH HELP AVAILABLE

March 23. 3:30-5:30 p.m. Meet one-on-one with a tech helper who can assist in finding answers to questions about mobile devices, websites, getting started with tech and more. Call for other times: 503-988-5123. Free. First come, first served. Gregory Heights Library, 7921 N.E. Sandy Blvd.

BLOOD DONORS SOUGHT

March 29. 10 a.m.-3 p.m. Donate blood at the Portland Hollywood Lions' semi-annual blood drive. Schedule an appointment with Dan Norton, 503-720-6557, or with the Red Cross app at redcrossblood.org. Rose City Presbyterian Church basement (enter off 44th Avenue). Church is at 1907 N.E. 45th Ave.

EASTER HOUSE TO OPEN

March 31-April 2. Continues April 7-8. 10 a.m.-6 p.m. Rose City Park Easter House show and sale returns indoors this year, instead of the porch. Bring a camera or smartphone to photograph loved ones "inside" the 6-foot panorama sugar egg replica. Show includes handcrafted sugar eggs, tole-painted treasures, crocheted stuffed animals, paper creations and more. Details: sugarkeepsakes@gmail.com.

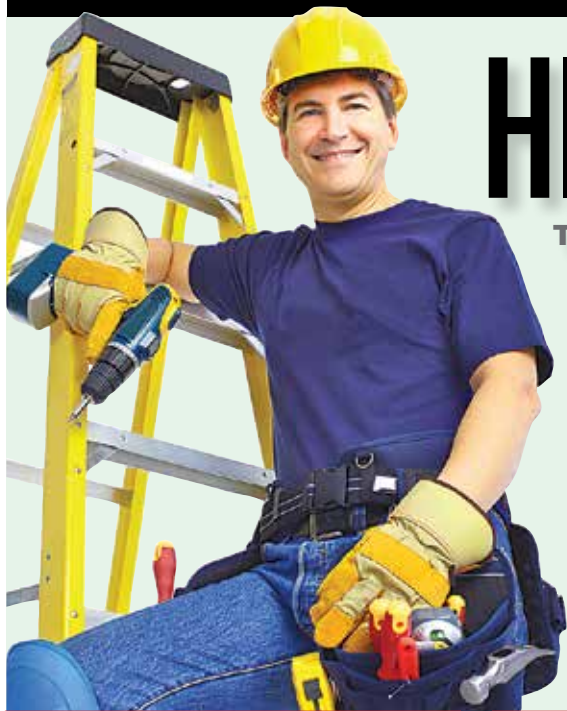
Easter comes alive with sugar eggs at the Rose City Park Easter House for two weekends. (Nancy Varekamp)



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Send to:
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Windermere Realty Trust
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Portland, OR 97212

Winners will be announced
in the April issue of



and will receive a
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Age categories:
1-5 years • 6-8 years
9-12 years • 13 years or older

Name _____ Age _____

Address _____ Phone _____

By entering this contest you agree to have your name published in the April Star News