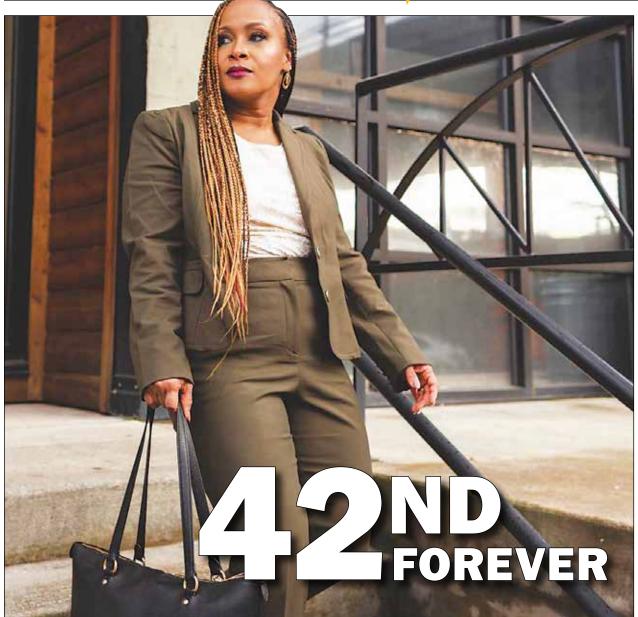
DON'T MISS: 33RD ANNUAL ST. PATRICK'S DAY PARADE

IN GRANT PARK NEIGHBORHOOD. PAGE 2

★ SERVING NORTHEAST AND NORTH METROPOLITAN PATLAND NEIGHBORHOODS ★ MARCH 2022 ★ VOLUME 39, NUMBER 09 ★



BLOCK X BLOCK This month we visit the resilient 42nd Avenue business district and find Chanesa Hart weaving success at Revelations Hair Design, while inspiring a new generation of natural stylists. PAGE 8



**GREEN DEMOCRACY** Landscape Architect Sarah Zwede will speak at Parks Foundation program. PAGE 12



**FOLLY ON FREMONT** Designer Sarah Bibb opens a dress shop in Beaumont Village. PAGE 6



**BRAVO!** Cinda Jackson is named to a director position for the North Portland youth orchestra. PAGE 4



**GRAYS GO GREEN** Neighbors at Holladay Park Plaza aim to reduce their carbon foot print. PAGE 14

PRESORTED STANDARD U.S. POSTAGE PORTLAND, OR SIGNATURE GRAPHICS 97208

WET WAIT Lines outside the Wet Spot in Hollywood have been a familiar sight during pandemic. PAGE 7

The Hollywood Star News

Published monthly in Northeast Portland.

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#### STAR COMMUNITY CONNECTIONS

#### IMPROVEMENTS BEGIN ON GRANT HIGH FIELDS

Improvements are underway at Grant High School's upper fields that will enable the women's softball team to play games at home instead of traveling to public parks, as it had for many years. The estimated completion date is May.

The improvements include lights for both softball and men's baseball games, expected to be "night sky" compliant. That means they will shine only on the fields to extend playtime and provide safety for students and community members using the facility.

The fields behind the school, at 2245 N.E. 36th Ave., have split ownership between Portland Public Schools and Portland Parks and Recreation. Planning for the fields has taken several years. Grant has limited field space and, due to a lack of lighting, has been the only 6A school in the state that can't host home games. However, men's teams sometimes



JANETGOETZE@STAR-NEWS.INFO

used the adjacent Grant Park Bowl, which belongs to the park bureau.

While construction continues, walking paths around the fields will be limited and no access will be available to the fields, according to the school district.



Brightly painted bollards at Northeast 28th Avenue and Weidler Street, placed at a crossing point for bicycle riders and pedestrians, were getting frequently tagged. Sullivan's Gulch neighbors hope that a fresh paint job will make them a less likely target for graffiti. (GulchNet)

# ANNUAL STREET PARADE PLANNED FOR ST. PAT'S DAY

Last year it was virtual, but this year the St. Patrick's Day parade will be live and on the street, setting off at 1 p.m. March 13 from Beverly Cleary School's Fernwood campus at Northeast 33rd Avenue and Hancock Street. March 13 is the start of daylight saving time.

"Spring the clock forward an hour so as not to miss it," said Steve O'Slavik, who embraces a Celtic identity this time of year. "I would hate to start the parade without you."

"Don your best Sunday green and celebrate with family, friends and neighbors at this Northeast Portland neighborhood and community tradition," he said.

The 2020 parade was cancelled at the last minute because of the pandemic, and the 2021 parade was virtual. But this year's celebration with marchers and music will bring a sea of green to the streets, O'Slavik said. He can be contacted for more information at 503-282-6370 or www. portlandstpaddysparade.com.

#### ANONYMOUS NEIGHBORS PAINT GULCH BOLLARDS, BRING SAFETY, WHIMSY

The brightly painted bollards at Northeast 28th Avenue and Weidler Street look like whimsy but they're really about safety, say a couple of the painters in the Sullivan's Gulch neighborhood.

The bollards were placed at a crossing point for bicycle riders and pedestrians.

"They were getting pretty frequently tagged, so we thought that making them a little more colorful and interesting

- CONTINUED ON PAGE 3





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#### **STAR COMMUNITY CONNECTIONS**



Friends of Laurelhurst Park are looking for more volunteers to join monthly work parties that work with parks staff to prune, weed and mulch the historic park south of East Burnside at Cesar Chavez Boulevard. (Friends of Laurelhurst Park)

would make the crossing more special and less likely to get graffiti," said a nearby resident, who hoped that drivers on 28th Avenue would pay more attention to people walking or biking.

The painters asked to remain anonymous because they tried numerous times to get permission for their artistic safety solution from the city.

"It seemed to go nowhere, whoever we asked," the resident added.

Another resident said, "My personal intention was to brighten and increase visibility of important safety infrastructure. Bollards don't have to be drab to do their job."

The painters said they enjoyed the Sunday afternoon they shared in brightening the crossing point.

"We love street art and making the area more whimsical – more whimsy for everyone!" one resident said. "We love the reaction from the neighborhood and visitors. They really seem to love that we did something like this."

## **VOLUNTEERS TO GATHER AT LAURELHURST PARK**

Friends of Laurelhurst Park are welcoming new volunteers who want to help support the historic park that stretches a block south of East Burnside Street to Stark Street, west of Cesar Chavez Boulevard.

Volunteers, working with the guidance of parks and recreation staff, assemble for monthly work parties on the second Thursday of each month to prune, weed and mulch. The next date is April 14 with work events scheduled through Oct. 13. Last year, pandemic restrictions and scorching weather changed schedules.

Volunteers should bring work gloves and wear work clothes and shoes. All tools are supplied. They meet at the blue-green building on the north side of the park at 3600 S.E. Ankeny St. For joining the email list and learning updates, contact Peggy Glascock at peggy.glascock53@gmail.com or 503-459-9248.

- CONTINUED ON PAGE 4





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RRAVO Youth

#### **STAR COMMUNITY CONNECTIONS**









Orchestra, headquartered in the St. Johns neighborhood, provides music education for under served youth, promoting self-confidence, and creating a community for them to thrive. (BRAVO)

#### NEW POST FILLED AT BRAVO ORCHESTRA

Cinda Jackson has been named to the newly created position of director of after school programs for BRAVO Youth Orchestra, which provides music education for under served youth.

For more than 25 years, she has worked in the non-profit sector, including community outreach, program management, social services and youth mentorship. A Portland native with three children and one grandchild, she earned a bachelor's degree in communication from Oral Roberts University.

Alonzo Chadwick, BRAVO's executive director, worked with Jackson for 20 years at Self Enhancement Inc., where she ran the arts and performance program and Chadwick was her assistant.

"We had so many hopes and dreams for the power of the arts and how it benefited under served students," Chadwick said. "Being reunited to carry out what we once were so passionate about is sheer joy and excitement."

BRAVO's founding director, Seth Truby, who stepped down in April 2021 when Chadwick became director, had stayed on staff as development director. However, he left that position at the end of February to become director of Leap, a program described on its website as seeking "to create empowering experiences for those facing adversity and trauma by providing wilderness programs."

#### METRO AREA SCHOOLS NAME ROSE FEST ROYALTY

Grant High School will name its 2022 Rose Festival Princess on March 18, completing the 15-member court drawn from Portland public, private and suburban schools.

The Queen of Rosaria will be crowned June 10 in a ceremony presented by Unitus Community Credit Union. Each princess must have a grade point average of 3.0 or higher and 20 hours of verifiable community service. Each receives a \$3500 scholarship provided by The Randall Group.

Benson, one of four high schools in North and Northeast Portland, had two juniors, Reba Booze and Addison "Addie" Stiles, selected as princess candidates, with the winner scheduled to be announced March 1. One junior, Stella Jackson, is the only candidate from Leodis V. McDaniel High, who is expected to be elevated to princess on March 8.

The Jefferson High candidates, junior Erika Cetina-Huchin and senior Jayilee Sloan, will learn March 15 who joins the court. Two Grant juniors, Naima Smith and Ay'Meir "Meir" Tucker, will learn March 18 who is the princess.

Each student seeking a royal title participated in a Zoom interview with

community volunteers on Feb. 5. Portland Public Schools has offered each school an opportunity to cast votes for a princess, which count toward 50 percent of the final tally.

# SENIOR CENTER NOW OPEN TWO DAYS A WEEK

After a two-year closure, the Hollywood Senior Center will open its doors at 1820 N.E. 40th Ave. from 8:30 p.m. to 4:30 p.m. Tuesdays and Thursdays beginning March 1, said Amber Kern-Johnson, executive director of the Community for Positive Aging.

The senior center expanded programming in 2020 when it incorporated the services of The Giving Tree, a not-for-profit organization providing residential services to people living in affordable housing throughout Portland. As it expanded programming, the agency adopted the new name of Community for Positive Aging.

Because more community members are vaccinated and boosted, and hospitalizations are declining, Kern-Johnson said, "we can gradually begin to bring back in-person programming and services. We are going slow and still have much planning to do, but we are starting."

Those who come to the center should wear masks and bring their vaccine cards. The center will continue to offer virtual programming until its doors open wider. Most events require advance registration and can be found on an online events calendar at www.communityfpa.org. Those who need help signing on may call Michael Murphy, event manager, at 971-341-2130 or michael.murphy@communityfpa.org.

# FOUNDATION SEEKS PARKS CHAMPIONS

The Portland Parks Foundation is accepting nominations for the annual Parks Champion Award for those who make outstanding contributions or significant volunteer service to a Portland park, community center, natural area, community garden or a park-related or recreation program.

The foundation supports the city's system of parks, natural areas and public spaces. Past honorees have included volunteer coaches, trail cleaners, playground advocates and organizers of community events.

The foundation will make a grant of \$1500 to the honoree's choice of a community organization that aligns with the foundation's efforts to create more equitable access to nature, play, health and places of connection. Nominations will be accepted through March 31 on the website www.portlandpf.org.

#### **STAR COMMUNITY CONNECTIONS**



Justen Harn. (Northeast Coalition of Neighborhoods)

# NORTHEAST COALITION SELECTS NEW DIRECTOR

Justen Harn has been named executive director of the Northeast Coalition of Neighborhoods, which helps connect residents with organizations, like-minded individuals and local policy makers to bring about change in communities.

Harn spent five years as executive director of Open Signal, which offers media training and equipment access. He previously was director of programs and community engagement at the historic Hollywood Theatre. He has a decade of experience as a nonprofit arts administrator, educator and programmer.

The Northeast Coalition includes 11 neighborhoods and three community and business organizations. Harn is a graduate of the University of Massachusetts – Amherst.

# DRESS FOR SUCCESS PLANS 'CLOSET SALE'

The spring closet sale of Dress for Success, a non-profit organization that helps women find work and attain economic independence, will be March 18 and 19 from 12 noon to 5 p.m. Vintage and second-hand clothing, shoes and accessories will be sold.

Proceeds support the mission of the organization. The shop is at 1532 N.E. 37th Ave., with parking in the Banfield Motel lot across 37th Avenue. Masks are required. Cash and credit cards are accepted. Additional information is at https://oregon.dressforsuccess.org.

# MOVIE MADNESS SCHOOL HAS CZECH NEW WAVE FILMS

Movie Madness University has a range of four-night classes for film buffs in March, including Czech New Wave films, 1980s horror classics, movie musicals that came from the stage and comedians found in several styles.

In addition, one-night classes are offered on March 1, 3 and 30. These include a documentary about a 1970s miners' labor dispute, a Japanese film about 50 ninth-graders on a deserted island and a Roger Corman-directed film about a man seeking a new direction in life.

The "university" is one of the educational features of the historic Hollywood Theatre, which own the Movie Madness video shop at 4320 S.E. Belmont St. The film classes are held in the shop's miniplex, where participants must show vaccination status and wear masks. Registration is at www. hollywoodtheatre.org.

Czech films are scheduled at 7 p.m. Mondays, March 7-28. The horror classes are scheduled at 7 p.m. Tuesdays, March 8-29. The movie musicals are scheduled at 7 p.m. Wednesdays, March 2-23. The comedy study is scheduled at 7 p.m. Thursdays March 10-31.

# SHORT FILMS BY WOMEN FEATURED IN LUNAFEST

LunaFest is a program of short films dedicated to championing women and gender non-conforming filmmakers and bringing together people in their communities, according to a news release.

Cascadia Behavioral Healthcare hosts the free virtual event, which extends over about 80 minutes. It is recommended for viewers over age 13. The festival begins at 6 p.m. March 8. Registration is at www. cascadiabhc.org/lunafest.

The films are intended to highlight the creators' aspirations, accomplishments,

resilience, strength and connection, the sponsor said. "Cascadia is committed to creating a whole community where diversity, equity and inclusion are essential," the news release says. "By offering the community an experience like LunaFest, we hope to engage in conversation, encourage connection and build relationships through art."

# CORRECTION: DOCTOR HELD FELLOWSHIP AS VOLUNTEER

Dr. Gina Guillaume volunteered with Physicians for Social Responsibility LA and the American Health Association as a Community Health Fellow at Harbor UCLA Medical Center. She had completed her residency in family medicine at that time. Her position was incorrectly stated in a February 2022 story in the Star News. We regret the error. ★



# 1

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#### **STAR SMALL BUSINESS FEATURE**

# Folly finds home on Fremont

**By Ted Perkins** 

tedperkins@star-news.info

In February, Sarah Bibb opened "folly" in the former home of Gazelle Natural Fibre Clothing at 4100 N.E. Fremont St. in Beaumont Village. The Gazelle shop closed in October, when Robin Ady retired after 27 years in the neighborhood. The corner space had previously served as a real estate office for E. John Rumpakis and as a pharmacy before that.

"The timing was perfect, because the space I occupied in Northwest Portland for almost 14 years went on the market, said Bibb. "I can't imagine any other space in the city that would have enticed me to move. I love this corner and have admired it for years."

Bibb is both a designer and a maker. In addition to running her Nob Hill shop, she has had her own clothing line for more than 20 years.

"I love making clothing," said Bibb. " I have met so many wonderful people through our mutual love of fun and comfortable clothing. My Nana was a professional seamstress and I grew up



Sarah Bibb opened 'folly' in the former Fremont corner home of Gazelle Natural Fibr Clothing in Beaumont Village. (Sarah Bibb)

making things with her."

"We make the clothing right here. Literally, in the back of the shop," said Bibb. "I want people to feel connected to their clothing and to the love and attention that goes into every single thing we do. Manufacturing on a microscale is a lot of work. Meeting people who appreciate it is wonderful. I'm a big believer in expressing yourself through clothing. Life is full of challenges, so I

think clothing should be easy, beautiful and add an element of joy to your day. I spend time with everyone who comes in the shop, so, for our customers, it's often like having the chef as your waiter."

Bibb spent several months planning the Beaumont space, while keeping her Nob Hill boutique open through the holidays, and then had about seven weeks to get the doors open.

"It is a lot of work to build a new

business and there will be plenty of things that will change over the next year, as I get to know the space more." said Bibb. "I hired a wonderful contractor, Ann Lawson, to help me build a wall to separate production from the retail side of the store. I was very happy to be able to hire a female contractor. We even put in a cute little window, so customers can have a peek at the work going on in the back."

"I have always loved Fremont and appreciate the true, small-business nature of the street, said Bibb. "What's not to love? So many longstanding businesses tell me that the community is strong, and loyal, and I am thrilled to be here. Folly was very much a destination in our old location and I can't wait for all our long time shoppers to come and discover and support everyone in the new building! I think you could do all your gift buying within a block of me, from the Arrangement to Puddletown to the Artistic Portland Gallery ... Wow! I am very excited to have such great neighbors.

For more information, call 503-954-1334 or visit www.follypdx.com. ★

# \*5

# **STAR PET CONNECTIONS**

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# Humane society continues long tradition of compassion



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Work is progressing rapidly on the Oregon Humane Society's expansion project, the largest undertaking in the organization's 154-year history. OHS plans to complete construction by August and open it's new teaching hospital in the fall. For more information on the project, visit my June 2021 Pet Connections column at www.star-news.online.

OHS is the fourth oldest animal shelter in the United States. Founded in 1868 by 27-year-old Thomas Lamb Eliot, and twelve other concerned citizens, it is only two years younger than the national ASPCA and the oldest animal welfare organization in the Northwest. Lamb, a Unitarian minister, was motivated to launch the society after he witnessed cruelty to horses on Portland's streets. OHS is an independent 501(c)(3) funded solely by private donations and corporate patrons.

OHS occupied various sites around the







A behavior and forensic center, left, and teaching hospital are under construction at Oregon Humane Society. (Lisa Lakes)

metro area before settling in its permanent home on Columbia Boulevard in 1919. Currently, the OHS site includes its main building – completed in 2000, a medical learning center established in 2007, a columbarium, cemetery, a quarter mile of dog paths and several outbuildings.

The 22,000-square-foot main building houses kennels for adoptable dogs, the cattery, laundry, administrative offices and the Best Friends Corner retail shop.

In partnership with the OSU College of Veterinary Medicine, the society's medical learning center became the first veterinary, shelter-based, teaching hospital in the United States. The medical center includes three surgical suites, multiple recovery rooms, on-site radiology, a pharmacy and an in-house laboratory.

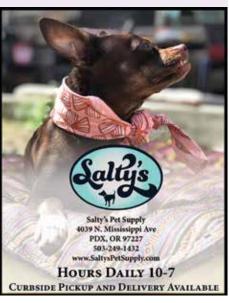
Every fourth-year student in the program comes to OHS for a three-week rotation. OSU students live in dorm rooms above the hospital. The hospital is accredited by the American Animal Hospital Association. This accreditation is granted to animal hospitals that undergo regular comprehensive evaluations for approximately 900 standards of veterinary care. Only 12 to 15 percent of animal hospitals in the United States and Canada receive this accreditation.

This August, the Behavior Rehabilitation and Rescue Center will begin housing animals in its behavioral modification program. This program helps pets become better candidates for adoption. A groundbreaking Animal Crimes Forensic Center, a first for the West Coast, will allow the animal crimes investigation unit access to state-of-the-art tools to resolve suspected animal abuse cases.

In the fall, the Community Teaching Hospital will expand its veterinary care opportunities to thousands of pet owners, who previously were unable to afford care. Currently, owners who have pets with serious medical conditions often surrender their pet because of the high cost of care. Many pet owners consider their pets as family, so this constitutes a major hardship for them. The new hospital will charge fees with a sliding scale, allowing more families to stay together. Animals preparing for adoption will continue to receive care in the existing Animal Medical Learning Center.

2022 will be an exciting new chapter in Oregon's long tradition of compassion for animals. For more information, visit the New Road Ahead blog at www.oregonhumane. org/category/new-road-ahead-blog.





#### **STAR SMALL BUSINESS FEATURE**

# Pandemic survival: A tale of two stores

By Nancy Varekamp

nancyvarekamp@star-news.info

Despite the best efforts of owners, countless small businesses have closed during the COVID pandemic's first two years. Few business owners have escaped the necessity to change how they do business.

This is the tale of two local small businesses that continue to navigate the changes required to stay afloat.

Modern Domestic, at 422 N.E. Alberta St. in the King neighborhood, offers fabric and sewing machines for sale, and sewing machine repairs. It has shifted operations to accommodate the pandemic's own shifts. During the early days, customers weren't allowed inside the store, yet there was new demand from many longtime customers and new customers too.

"People would say, 'I've been wanting to do this and I have all this time at home,'" said co-owner Lupine Swanson. "They were getting their machines out of the backs of their closets and realizing they didn't work any more or needed to be serviced."

The first six to 12 months also brought a rush of fabric sales to people making masks. For beginners and customers wanting to hone their skills, Modern Domestic's owners took their classes online.

Marcie Rivera, CEO of Wet Spots, at 4310 N.E. Hancock St. in Hollywood, reported that increased online sales have kept that store afloat. But she doesn't believe her new customers are new to tropical fish.

The 22-year-old store founded by Steve



A line outside the Wet Spot tropical fish and aquarium store in Hollywood has been a familiar sight during the pandemic. The 5000-squarefoot shop can accommodate 30 customers under state social distancing mandates. (Nancy Varekamp)

Lundblad opened a small online presence more than eight years ago. It was largely to service tropical fish enthusiasts who visited the store while in Portland on business or vacation. They would return home and order fish and supplies online.

"But it's really taken off during the pandemic," Rivera said about the increase in online business. Although Wet Spot ships to all 50 states, the newest customers are largely in Washington, California and Idaho. She credits internet search engines and referrals for the jump in online sales.

The surge in new customers has evened out for Modern Domestic in what Swanson calls the "roller coaster" wrought by the changing pandemic.

The store already had strong online sales in early 2020. That kept sales flowing with curbside pick-ups and shipping – but not without a lot of shuffling. "We had to make a lot of adjustments," Swanson said.

"Everybody was pretty comfortable taking Zoom classes. Right now I'd say our biggest challenges are getting a lot of the inperson events and classes back, as people still have a combination of COVID fatigue and tension. It's a weird mixed bag."

Wet Spot's 5000-square-foot venue can accommodate 30 in-person shoppers at a time. Sometimes more than that many people form a line outside, before being invited in to see the 400 individually-filtered freshwater tanks and more than 500 species of fish.

Customers having to wear masks and wait on the sidewalk to be let into the store are the issues her employees deal with daily.

"The most grief that came out of the

last two years is when some customers refused to comply with our rules," Rivera explained. "It's very hard for the staff to deal with things like that."

Her employees' enthusiasm doesn't recede, nor does their passion for sharing tropical fish with their customers. "They want the fish to live the best lives possible," she said.

Likewise, shifts in business practices have been effective for Modern Domestic. But Swanson and co-owner Michelle Healy also haven't found them to be easy.

"Small businesses always operate lean," Swanson pointed out. "That, in itself, is a difficult and expensive component of the process."

Suspending in-person sales in the early days and ongoing social distancing – with an 11-person limit indoors – continue to offer challenges. Protecting the health of staff members and customers, operating with fewer employees and overall pandemic-related hiring challenges also have been taxing.

Currently, the challenge is the supply chain. Swanson estimates it will be another year before shortages in sewing machines ends.

"It affects cash flow, customer expectations, satisfaction, education," Swanson noted. "This has a lot of ripples.

"What I hope comes out of [the pandemic] is consumers carry their patience with them forward. Small businesses – we want to have them in the future – across the board are doing their best." ★

### Women's softball league will play first season in Normandale Park

By Ted Perkins

tedperkins@star-news.info

In 2023, Portland Pickles founder Ken Wilson will launch a women's collegiate softball league, the WCSL, that will play all of its games at historic Erv Lind stadium in the Rose City Park neighborhood.

"While college men have had many opportunities to play in summer leagues, this is one of the first opportunities for women," said Wilson, who will serve as commissioner and CEO. "It's a new day for women. Headquartered in Portland and presented by Beneficial State Bank, the WCSL is all about women, opportunity and inclusion."

The league will be comprised of three

teams – the Oregon Mist, the Portland Puddles and the Rose City Rain Drops. Forty five elite, college softball players will get to play in front of local fans, honing their skills for the next college season.

"We're looking to give women players an opportunity to improve and, at the same time, provide affordable entertainment for fans and an opportunity for businesses to support the community," said Willian Hiebert, president and COO.

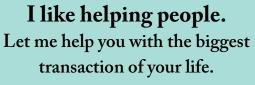
All games will be played at the stadium in Normandale Park. With a 42-game schedule, games will be played Wednesday through Sunday evenings and each team will play 28-games.

"We've undertaken a nationwide search

for players and coaches, with an emphasis on diversity," said Wilson.

Opening night for the inaugural season will be June 14, 2023. In the meantime, the league will provide a glimpse of what's to come with an all-star festival this summer

on July, 15, 16 and 17. The three-game festival at Erv Lind stadium will feature two all-star teams of elite players. Tickets will go on sale this spring and the league is currently recruiting players. For more information, visit www.thewcsl.com. ★



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#### BLOCK X BLOCK

### **42ND AVE: WEATHERING THE STORM**

**By Ted Perkins** 

tedperkins@star-news.info

Straddling the border of the Concordia and Cully neighborhoods, relationships remain the foundation of stability for the 42nd Avenue business district. As a global pandemic takes a battering ram to our city's small-business community, 42nd Avenue prevails. Thanks, in part, to the efforts of Edy Martinez and Our 42nd Avenue, the district is well-positioned to rebound. Outcomes will spotlight resiliency and the relationships people share in this diverse and dynamic community will prove essential to an inclusive tomorrow. With an eclectic mix of familiar standbys like the Caribbean Spice shop, NePo 42 and Miss Zumstein Bakery blending with newer businesses like Cully Farm Store, 42nd Ave. Fish and Chips and Oakshire Beer Hall, Northeast 42nd Ave. is decidedly open for business. A complete list of businesses and their hours of operation can be found at www.42ave.org. On a recent, sunny Sunday afternoon, we checked in with the following representatives for the community.

### TAKE IT OR LEAVE IT CONSIGNMENT STORE

In 2012, Chelsea Swanda opened her first consignment shop, Give & Take Resale, at 8128 N, Denver Ave. in Kenton, offering an eclectic mix of trinkets, clothing, home goods, kitchen wares, toys, games and kitsch. What started as a small, one-woman resale shop grew into a thriving community and, in 2020, inspired the opening of a sister consignment store, Take it or Leave it, in Cully.

Take it or Leave it will accept fun and functional items for home, wardrobe and garden. Appointments can me made online or over the phone. When bringing in items for consideration, neighbors should make sure they are clean, seasonally appropriate and in good condition. In-store-credit is redeemable at both locations.

"You never know what you will find when you come in to do some treasure hunting," said Swanda. "Through consignment and trade, we collect an eclectic assortment of clothing, kitchenware, home-decor, art and more from the community to sell at a reasonable price. Shoppers benefit from our conservative pricing and sellers benefit by making a little money or instore-credit for trade on goods they no longer have use for. "

After graduating from college,



Chelsea Swanda at Take it or Leave it. (Chelsea Swanda)

Swanda got a part time job at the Village Merchants in Southeast Portland.

"I was figuring out what to do with my life, and that was that," she said. "My mom was right. I should have just gone into the trades. I ended up learning one while apprenticing at the Village Merchants."

Swanda moved to Concordia in 2015, when her daughter was almost two.

"At the time, 42nd didn't seem like a profitable location for a small business," she said. "In 2019, I was able to find a good spot with the help of the Our 42nd Avenue neighborhood prosperity organization. All has been going smoothly since then, other than the pandemic. What a challenging few years these have been!"

Swanda believes in lending a hand and works to help her community prosper in several ways.

"We have an option for people to 'consign for charity,' where store credit

is donated to charity. So far, we have donated to Neighbors Helping Neighbors, The Humane Society, Mercy Corps, Planned Parenthood, Raices, World Wildlife Fund and Rose Haven. We are currently working toward a donation to the Kenton Women's Village. Last year, we received a grant from DEQ, as a business that recycles, to diversify our online presence. We have been working with a variety of local models and photographers, through our Instagram page and website. If anyone wants to get involved, feel free to reach out!"

Take it or Leave it is open daily from 11:00 a.m. to 5:00 p.m.

ADDRESS: 5012 N.E. 42nd Ave. PHONE: 503-206-5059. WEB: www.takeitorleaveitpdx.com. INSTAGRAM: @ takeitorleaveitpdx. DON'T MISS: Seamstress Vicki Gustafson is on site for mending, altering or creating, Sundays from 12:00 to 3:00 p.m. She can alter items found in the shop, or neighbors can bring in their own.

### REVELATIONS HAIR DESIGN

In 2017, Cully neighbor Chanesa Hart opened Revelations Hair Design in the Go42 building. Revelations is a natural hair care salon, specializing in the maintenance and styling of unprocessed, ethnic hair – including braiding, weaves and extensions. Hart also offers styling products for sale and natural hair care instruction and consulting. Hart provides each guest with a one-on-one experience, in a tranquil salon environment where she has styled many notable clients, including Damian Lillard, Kayla Hanson, media personality TraRenee Chambers and novelist Renee Watson.

"My clientele is diverse in age, background, economic status, race, education and religion," said Hart. "I service both men and women, as well as children. My clients appreciate that I am meticulous with my work, quick – and I don't apply unbearable tension when completing their styles. I am family oriented, so I service families – and not just individuals. Usually if I have a mother as a client, I'll have her daughters or another family member as a client too."

Hart grew up in the neighborhood and graduated from Jefferson. Her children attended Beaumont and Trinity schools.

"I live in the area. My children grew up here. I grew up in the community and I've worked in the community and this community has value," said Hart. "While gentrification has displaced much of the African American community that resided here, I did not want to move my business to the city's outskirts. I have clients that travel from all over the metro area. This is a great location for them to come back to the community that they once knew. In a world that is technologydriven and commercialized, it's a unique experience to come into a small salon that caters to individuals, and not just rush through another appointment. When people are able to see themselves in a different light, it enhances their esteem. Hair is a woman's glory and has a way of transforming her image. My business brings creativity and beauty to the community. It's living art."

ADDRESS: 5140 N.E. 42nd Ave. PHONE: 503-915-7624. WEB: www.revelationshairdesignpdx.com. DON'T MISS: In 2020, Hart launched RHD Academy, a training and apprenticeship program dedicated to raising and inspiring a new generation of natural stylists.

- CONTINUED ON PAGE 9





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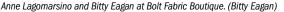
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Sean Casey at Tiny Moreso. (Sean Casey)



Ted Snider at Cully Farm Store. (Star file)

#### **BOLT FABRIC BOUTIQUE**

You'll find a distinctive mix of fabrics, notions, books, patterns and supplies at Bolt Fabric Boutique. Bolt opened on Alberta more than 15 years ago and moved to the new Jane Dough Building in Cully in 2019.

The Jane Dough building - which formerly housed Delphina's Bakery and was built as a grocery store - is a 13,423-square-foot space, intentionally developed by Carolyn Westerfield to enrich and benefit the community. Westerfield, who owned and operated the bakery for many years, repurposed the building as a home for neighborhoodfriendly entrepreneurs and small businesses, like Bolt, to sustain Cully's character and ensure development along 42nd Ave. continues a main-street focus. New Bolt owners Bitty Eagan and Anne Lagomarsino bought the business from Gina Cadenasso in December.

"Bolt Fabric Boutique is a welcoming and inspiring space dedicated to the craft of sewing," said Eagan. "We specialize in natural, sustainable fabrics for apparel and quilting. We are accessible to anyone with an interest in making or mending the textiles of their life. We love to help people with their projects, no matter how big or small!"

Eagan learned to sew as a child in her grandmother's studio and enjoys working close to her home in a business she has loved for years.

"My grandmother worked in the costume industry in Hollywood, California, through the middle of the twentieth century and went on to work privately for Hollywood celebrities," she said. "I have lived in the Concordia neighborhood for 20 years, around the corner from where Bolt was formerly located on Alberta and have been shopping at Bolt since it opened 16 years ago. We love beautiful textiles and, even more than that, we love helping people with their projects. What is special about Bolt is that we are excited about sewing and about sharing our passion and knowledge with everyone! We are part of a larger sewing community and welcome everyone."

Bolt is open Tuesdays through Saturdays, from 11:00 a.m. to 5:00 p.m.

ADDRESS: 4636 N.E. 42nd Ave. PHONE: 503-287-2658. WEB: www.boltfabricboutique.com. DON'T MISS: Check out the Bolt Neighborhood Blog to stay up-to-date about what's happening in the store and become part of the Bolt community.

### TINY MORESO CAFE AND TREAT SHOP

Eat in or to-go, Tiny Moreso is a healthy, plant-based snack bar and cafe on the

ground floor of the Makers Row building. Serving fresh juices, smoothies, tea, snacks and desserts, the comfortable Cully cafe is a gluten-free facility, offering salad and soup specials daily. Jennifer Pereau opened Tiny Moreso in January of 2018, with a reputation for some of the best and creamiest vegan cheesecakes in town. New owner Sean Casey has a background in hospitality, including a degree in culinary arts and more than 10 years of experience in restaurants, catering and food service.

"Our menu is focused on whole foods with minimal processing, highlighting the flavors of our ingredients," said Casey. "Most desserts are made without refined sugar. We have a few nut-free options, too. Our cheesecakes are really the highlight of Tiny Moreso. We have slices, mini-packs and whole cakes available for pick-up anytime. Our wholesale brand is Rawdacious, and our cheesecake slices are available at Beaumont Market, New Seasons, Alberta Cooperative Grocery and restaurants around town."

Casey used to live just down the street from the cafe.

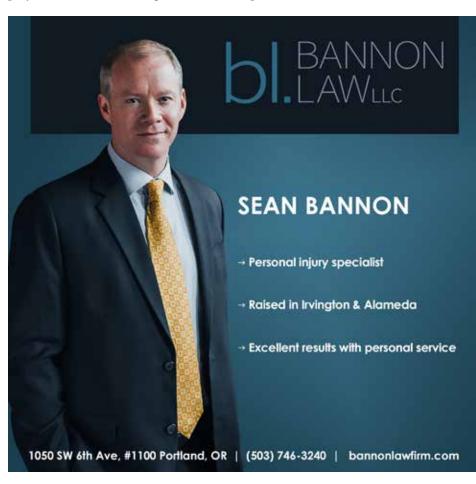
"I'm really interested in investing in the community by creating a sustainable business that provides living-wage jobs and offers healthy food options for the neighborhood," he said. "My kiddo went to the Montessori school on the same block and we would stop in Tiny Moreso for a treat, so I've known the cafe for a while. I think there's a lot of really interesting things happening on 42nd Ave. and in Cully – the growth of affordable housing and the fight against displacement."

As someone who has jumped back into hospitality, after working in healthcare for several years, Casey sees new challenges facing the industry.

"The pandemic has really decimated our restaurants. It looks different from how I remember it," he said. "The more I reconnect, the more stark it becomes. I would love for neighbors to visit our cafe, but I would also stress that folks should visit all their favorite places more, if they want them to be around a year from now. It's brutally hard. I still have stamina and capital reserves, but I know a lot of places are hurting. I think folks may be missing the strain that certain sectors are still facing."

Tiny Moreso is open seven days a week from 11:00 a.m. to 4:00 p.m., Fridays and Saturdays until 5:00 p.m.

ADDRESS: 4520 N.E. 42nd Ave. PHONE: 503-930-3018. WEB: www.tinymoresopdx.com. DON'T MISS: Avocado toast is generously portioned, with plenty of cashew cream sauce for an extra kick. Insanely delicious cheesecakes to go come in both six-inch and ten-inch sizes. ★





#### STAR DEVELOPMENT NEWS



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# PPS ANTICIPATES DROP IN STUDENT ENROLLMENT

Portland Public Schools expects to have eight percent fewer students in the next academic year but will use state and federal funding to compensate. In February, the district shared a projected 3400-student decline for all schools and said it plans on targeting state and one-time federal investments to support more than 40 positions next year.

"What we are seeing in Portland is being felt across the state and country," said Dr. Renard Adams, chief of research, assessment and accountability. "Our analysis shows a variety of factors at play, including declining birth rates and individual choices families have made during the pandemic."

Elementary schools expect an enrollment drop of more than 20 percent from 2020, pre-pandemic levels, but high schools expect no change.

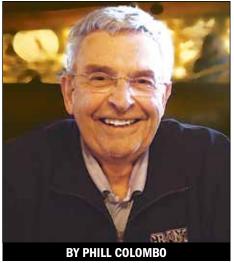
To compensate for an expected funding reduction, the district plans to tap into other funding sources, including an emergency relief fund, a federal pandemic investment, and the Student Investment Account, part of the state's Student Success Act. It's expected these resources will enable PPS to limit the impact of student enrollment declines.

"While we are forecasting fewer dollars to operate schools, generally as a result of declining student enrollment, we are also grateful to have targeted state and one-time federal investments to limit the impact of this enrollment change districts all across Oregon are facing," said District Superintendent Guadalupe Guerrero. "Fortunately, these one-time dollars will maintain our commitment to advancing key staffing priorities, including making progress towards our class size goals, a continued focus on direct student supports, and growing access to arts education."

Guerrero will present a complete and balanced budget proposal to the PPS board in April, outlining more specific details on how strategic investment of state and federal dollars will make progress towards achieving school board goals and its strategic plan. The board will adopt a final 2022-23 school year budget in June.

#### TUBMAN SCHOOL SEEKS NEW HOME AS I-5 PROJECT MOVES FORWARD

With construction on a freeway widening project between the Fremont Bridge and I-84 scheduled to begin in late 2023, Portland Public Schools announced that any Harriet Tubman Middle School rebuild would not replace other schools. That statement came just before an early February session of the School Board's facilities and operation committee aimed at collaborating with local PTAs, families and students to find and continue narrowing community-centered options for where to move Tubman Middle School.



PHILL COLOMBO@STAR-NEWS.INFO

"We value the voices of our families and students, know authentic engagement with families is an integral building block to thriving schools and will continue to take into account both present-day implications and historical context as our community moves forward with the future relocation of Tubman Middle School," the announcement said, which seemed to ease King school community worries.

"The King PTA is relieved that the school district listened to our community," said Tiffany Robinson, PTA president, "We appreciate that our school community is safe and will remain engaged with school district leaders in the discussion of where to relocate Tubman Middle School."

School Board Member Julia Brim-Edwards, who served on the Rose Quarter executive steering committee, looked to the future.

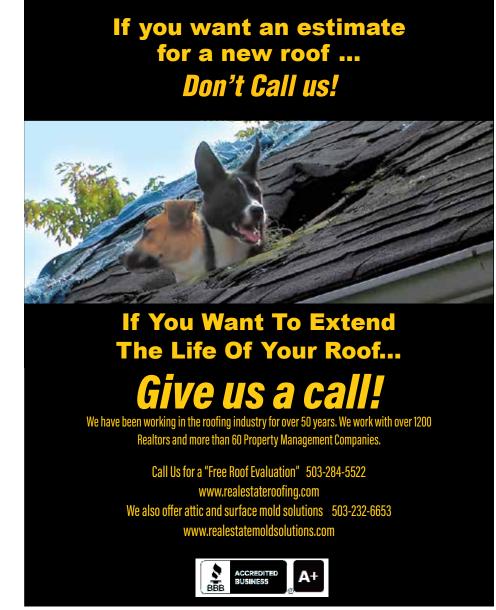
"We are continuing to partner with the governor and state legislators during this year's legislative session to secure the necessary funds to relocate and rebuild Tubman Middle School in a safe and healthy location in the historic Albina community," she said. "It's the right action for the State to take given the historical harm the I-5 freeway inflicted on this school community and the broader Albina community."

The legislature gathered Feb. 1 to begin its 2022 short session. Under consideration will be a budget request from Governor Kate Brown to seek funding for the relocation of Tubman Middle School. Brown's effort followed the school district's concern that Interstate 5 widening plans moving construction closer to Tubman's current North Flint Avenue site could significantly increase negative impacts on the Harriet Tubman school community.

# UPDATED HISTORIC CODE REGULATIONS NOW IN EFFECT

New code requirements for designated historic buildings took effect March 1. Code changes now allow, in many cases, for greater flexibility in renovating or demolishing certain types of historic resources. In other cases, some types

- CONTINUED ON PAGE 11





A 1906 warehouse at 1130 S.E. Morrison St. is slated to be replaced. CH Morrison of Southwest Portland has a permit to build a seven-story, 47-unit apartment building on the site. (Bureau of Development Services)

#### **STAR DEVELOPMENT NEWS**



Las Adelitas has a permit to build a new, four-story, affordable, multiple family apartment building at 6735 N.E. Killingsworth St. with 143 units. (Salazar Architect)

of development activities will require a greater review of proposed changes before permits can be issued.

Adopted at the end of January, the code changes were included in the Historic Resources Code project.
Highlights of these code changes, as they relate to development activities, provide for loosening of regulations governing demolition of garages and the construction of accessory dwelling units in local historic districts, greater allowances for solar panel installation on local historic district homes, fewer review requirements for certain types of window replacements and requiring demolition review for locally-listed landmarks and contributing resources in conservation districts.

For a complete list of changes, visit www.portland.gov/bps/historic-resources/historic-resource-designations.

# RESIDENTIAL INFILL PROJECT PART 2 NOW UP TO CITY COMMISSIONERS

Portland's city council plans on a public hearing this spring and a vote on final approval for Part Two of the Residential Infill Project. Part Two is aimed at bringing city regulations in line with zoning laws the state legislature has approved. Council action on zoning changes will come in the wake of the Planning and Sustainability Commission's approval of amendments to Part Two this winter, and consideration of the entire follow-up plan. More info is at www.portland.gov/bps/rip2.

# STATE REOPENS RENTAL ASSISTANCE APPLICATIONS

Oregon's department of Housing and Community Services has reopened applications for rental help, giving qualified applicants a limited opportunity for assistance, depending on funding availability. Tenants are being prioritized on scale of need and not on a first-comefirst-served basis.

Those applying can also receive eviction protection, preventing property owners from evicting them before their applications are processed. Tenants can apply online at www. oregonrentalassistance.org.

#### **PERMITS ISSUED**

#### In Buckman at 1130 S.E. Morrison St..

CH Morrison of Southwest Portland has permission to construct a new, sevenstory, 47-unit apartment building with 1.5 levels below grade parking, ground floor retail and an outdoor roof deck. A 19,593-square-foot warehouse had occupied the property since 1906.

In Cully at 6735 N.E. Killingsworth St.,

Las Adelitas was granted permission to build a new, four-story, affordable, multiple-family apartment building with 143 living units on the upper floors over community and residential services space and 65 parking stalls on the ground floor.

At 5778 N.E. 72nd Ave., Harvey Rice Heritage has permission to build on the east side of the property two new, three-story, sixunit, multi-family buildings of affordable housing with surface parking, community room and shared outdoor space.

#### In Kenton at 7690 N. Interstate Ave.,

Home Forward of Southwest Portland secured permits to construct a new, four-story, 60-unit, low-income apartment building with ground floor supportive service offices, community room and courtyards. A 4982-square-foot four-plex has occupied the property since 1945.

#### In Lloyd at 701 N.E. Seventh Ave.,

Master Development of Eugene received permission to deconstruct a 1782-square-foot, single-story restaurant built in 1949. An early assistance conference has been requested to discuss plans to build a new, 10-story residential structure with approximately 200 dwelling units and 238 below-grade parking spaces and on-site loading, both to be accessed from Northeast Irving Street.

In Vernon at 7551, 7575, 7577, and 7579 N. Drummond Ave. and at 7552 N. Emerald Ave., Modern Homes of Northeast Portland secured permission to build 33 units of two-story town houses without garages in multiple buildings on two lots of vacant land.

#### **APPLICATIONS FILED**

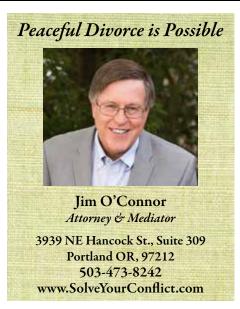
#### In Arbor Lodge at 6968 M. Montana

**Ave.,** Decade Partners of Rancho Cucamonga, Calif. have filed to deconstruct a 1321-square-foot, single-family residence and attached garage built in 1927.

In Cully at 5907 N.E. Prescott St., Elijah
Premachecko is seeking to deconstruct a
2152-square-foot, single-family residence
built in 1932 and has applications under
review to build a new, eight-unit, two
story townhome without garages.

#### In Roseway at 3814 N.E. 74th Ave.,

Dean Estates of North Portland has an application under review to build a new, two-story, single-family residence without a garage. A 2200-square-foot, single-family residence currently sits on the 7500-square-foot property made up of three historical 25-foot-by-100-foot lots, and the owners are seeking to confirm lot lines between two of the lots to create a 25-foot-by-100-foot buildable lot. ★







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# COMMUNITY



Multnomah County Library presents Chinese Family Playtime free on Zoom. (Multnomah County Library)

#### **KIDSTEENSANDFAMILIES**

#### STORYTIME ON THE SPECTRUM

March 1. 3:30 p.m. Continues Tuesdays. Sensory Storytime is a preschool event especially for children on the autism spectrum and families looking for a more adaptive virtual story time. Free through Multnomah County Library. Register for the Zoom event at www. multcolib.org, click on events, scroll to the date and event.

#### READ WITH FRIENDS

March 3. 4-5 p.m. Stories with Friends is a virtual after-school program for kids in kindergarten, first and second grades, featuring one or two books read aloud to the group, followed by time to talk about the book and ask questions. Emerging readers get book recommendations. Free from the Multnomah County Library. Register for the Zoom event at www.multcolib. org, click on events, scroll to the date and event.

#### **CHINESE FAMILY TIME**

Northeast

March 6. 10-11 a.m. Chinese Family Playtime is for children ages 4 and older, with caregivers, to play with other children while speaking Cantonese and Mandarin. Free on Zoom through the Multnomah County Library. Register for the Zoom event at www.multcolib.org, click

on events, scroll to the date and event.

#### **TEENS MAKE ZINES**

March 6. 2-4 p.m. Erase This! Is a way for teens to make zines and graphic novels to tell their stories. When mainstream publications left out some stories, people of color, nerds, disabled people, punks, activists, writers and artists used collage and experimental formats to self-publish and distribute stories in their own communities. Participants do a deep dive into certain zines and graphic novels to see what is working well, what can be adapted, and learn what they want to say. If possible, bring magazines and newspapers to cut up. While supplies last, registration includes a do-it-yourself art kit. Register for the Zoom event at www.multcolib.org, click on events, scroll to the date and event.

#### **ENJOYARTS**

#### **PHOTOS ON DISPLAY**

March 1-31. 10 a.m. to 6 p.m. View the window display, "Emerge," featuring work of several artists. The Annex display includes macro photography from Holly Freifeld. 971-339-0945. Artistic Portland Gallery, 4110 N.E. Fremont St.

- CONTINUED ON PAGE 13

### ELIZABETH E. WELCH NORTH PORTLAND'S PERSONAL INJURY LAWYER Named Super Lawyers Rising Star



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THE STAR NEWS 13

#### STAR COMMUNITY CALENDAR

#### **GEOMETRY INSPIRES ART**

March 1-29. 11 a.m. to 5 p.m. Tuesday through Sunday. Closed Monday. In the main gallery, Ralph Davis exhibits work showing his interest in the hard-edged formality of the geometric figure with the less formal, soft edge of the natural world. Patrick Horsley shows ceramic work strongly influenced by primitive and contemporary architecture. In the feature area is Paul Griffitts' digital art, drawing on Picasso, Klimt and Kandinsky as well as the bold colors of the Fauves and German expressionists. More art is on the website at www.guardinogallery.com. Visit the gallery with mask and social distancing. 503-281-9048. Guardino Gallery, 2939 N.E. Alberta St.

#### **HEAR AUTHOR WINSPEAR**

March 28. 5:30 p.m. Jacqueline Winspear will appear on Zoom to discuss her latest Maisie Dobbs book, "A Sunlit Weapon." Investigator Maisie is called in to determine if German agents have been firing at Supermarine Spitfires as they land at the Biggin Hill Aerodrome in October 1942. Are the attacks related to suspected German agents circling the president's wife, Eleanor Roosevelt, due for a visit to Britain? For the ticketed event with Winspear, purchase the book at Broadway Books and provide an email address for automatic registration. Information at www.broadwaybooks.net or 503-284-1726. Broadway Books, 1714 N.E. Broadway.

#### **TECHAID**

#### **GET TECH HELP**

**March 4. 2 p.m.** and 4 p.m. Gain tech help with a Multnomah County Library staff member. A variety of hours are available on Zoom. Free. Register at www.multcolib.

#### **LEARN TO SELL ONLINE**

March 9. 6-7:30 p.m. Learn to sell online with e-commerce tools. Multnomah County Library offers the Grow with Google workshop. Walk through listing your products for free with Google Business Profile and Merchant Center. Also, sell on your website using an e-commerce store built with Shopify. Register for the Zoom event at www.multcolib.org, click on events, scroll to the date and event.

#### **FORSENIORS**

#### **HELP FOR CAREGIVERS**

March 1. 11 a.m. to 12:15 p.m. Continues Tuesdays to April 19. Multnomah County is offering support groups for family caregivers. Free. Registration required. Call Jenn Foreman at 503-407-3942.

#### **CHAT ON FRIDAYS**

**March 4. 2-3 p.m.** Friday Afternoon Chats are on Zoom with fellow participants of the Hollywood Senior Center. Bring your thoughts and interests. Free. Registration not required. Join the class at www.hollywoodseniorcenter. org and click event for direct link.

#### **COUNTY TO SUPPORT BLACK CAREGIVERS**

**March 7. 10-11:15 a.m.** Continues Mondays to May 2. Multnomah County is offering a virtual support group for family caregivers in the Black community. Free. Registration required. Call Jenn Foreman at 503-407-3942.

#### JOIN NE 'VILLAGE' PDX

March 8. 2-3:30 p.m. Learn about activities and services offered by Northeast Village PDX for seniors choosing to remain in their own homes and staying engaged in the community. The member-led organization serves Northeast neighborhoods with lots to enjoy as a member, volunteer or both. Join an introductory session via Zoom. Visit www.nevillagepdx.org, click on events, then on calendar and click on "Introduction to Northeast Village PDX." A Zoom link will arrive by email. For additional information, call 503-895-2750.



Sara Zwede will discuss Frederic Olmsted on March 7.

#### **HEAR ABOUT COMPOSER**

March 14. 12:30-1:30 p.m. Gordon Neal Herman presents "Amy Beach: First Great American Female Composer." Born in 1867, she was composing at age 4 and performing piano concerts at age 6. She composed and published a symphony in 1896. Her music is beginning to regain attention. Free on Zoom. Registration required at www.hollywoodseniorcenter.org or 503-288-8303.

#### **DISCUSS FILMS, PROGRAMS**

March 14 and 28. 3-4:30 p.m. What have you liked about movies and TV series you have been watching? Talk about what movie or show the group may want to watch then discuss at a following meeting. Offered by the Hollywood Senior Center with facilitator Freda Brown. Free on Zoom. Registration required at www. hollywoodseniorcenter.org or 503-288-8303.

#### **WRITE YOUR LIFE**

March 23. 1-3 p.m. Continues Wednesdays through May 18. In a life stories writing workshop, participants join in conversations about the times in their lives. Questions will be provided to guide the reminiscing, and each week the group shares memories from a specific stage of life. Those interested in writing are encouraged to join. Limited to eight participants who commit to all eight weeks. Free. Registration required. Call 503-288-8303 or email staff@hollywoodseniorcenter.org.

#### **INGENERAL**

#### **GRAND OPENING SET**

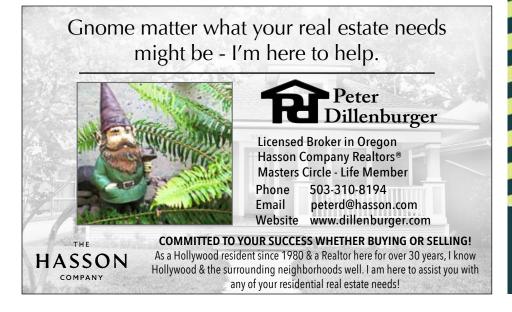
March 5. 5:30 p.m. Champagne social precedes museum tours, starting at 6:15 p.m., and a presentation at 7 p.m. for grand opening of "In the Shadow of the Acropolis." The guest speaker is Presvytera Theodora Nakou. Free. Father Elias Stephanopoulos Community Center, 3131 N.E. Glisan St.

#### **OLMSTED AS REFORMER**

March 7. 6 p.m. Sara Zwede, landscape architect and educator, discusses "Greening Democracy: Frederic Law Olmsted, Slavery and American Park Design" as part of a Portland Parks Foundation program. Through writing and advocacy, Olmsted was working at "different scales" in social reform as he spoke against slavery, says Zwede who teaches at Harvard University. Free Zoom webinar at www.portlandpf.org.

#### **PRACTICE ENGLISH**

March 8. 5:30-7 p.m. Another session is March 9 from 3 to 4:30 p.m. English language learners have an opportunity to meet other people, share their cultures and practice speaking English. Not a class but conversation. The free Zoom session is offered through the Multnomah County Library. For registration information, email mcl.adult.literacy@ multco.us or call 503-577-9984. ★



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#### **STAR SUSTAINABILITY FEATURE**

# 'Grays' take green steps at Holladay Park

By Janet Goetze

janetgoetze@star-news.info

A group calling itself Grays Going Green is taking steps to save the planet for their grandchildren and great-grandchildren and educating their peers about how to "Refuse, Reduce and Reuse" materials instead of sending them to landfills.

Residents of Holladay Park Plaza, a retirement community in the Lloyd District, took on the mission in 2016 to provide practical ways of reducing the carbon footprint emanating from their own building.

They began with educational programs for themselves and other residents, using videos, documentary films and experts' talks. They also use ideas from "Drawdown," a book edited by Paul Hawken, an environmentalist and author who uses the term "regeneration" to mean "a new generation of humanity coming together to reverse global warming."

Resident Peg Johnson, a retired economist, said the group's efforts have lasted over a half-dozen years because the residents found they were able to take successful steps that lead to reducing global warming.

"I wasn't going to have the ear of the secretary of state or the president," she said, although she could write advocacy letters to elected officials. "The big thing was cleaning up our mess here," Johnson said.

They have reduced personal plastics and worked with Holladay Park staff to reduce additional plastics in the building. They have provided education around



green cleaning. Last year during Earth Month, they made a meatless challenge. One day a week during the month, participating residents agreed to go without meat and explore plant-based

Susan Price carries

two bags of clear plastic containers

to a collection point at Holladay Park

Plaza. Residents

District retirement

community have

set up recycling

programs and study

ways to reduce their

of the Lloyd

choices for protein.

Seventy-nine of more than 180 residents took up the challenge, said Kristin Guest,

a retired university professor who is chair of the Grays Going Green committee. The participants added up 1167 meatless meals, she said, with most reporting they had gone more than one day per month without meat.

A "planet-friendly food group" is exploring ways to encourage more plant-based food choices in the building, Guest said.

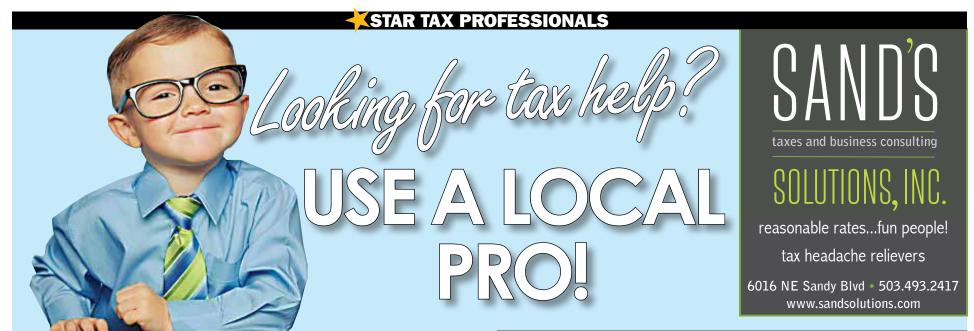
Lee Kilbourn, a retired architect, worked with the plaza staff to change regular light bulbs to LED lighting. The LEDs have a more expensive up-front cost, but they save an estimated \$60,000 from the building's operating budget over 2.3 years, Guest said.

The interest in going green has grown at other retirement buildings, too. Residents exchange ideas and meet virtually with support of SAGE, or Senior Advocates for Generational Equity, a trade group of non-profit retirement homes. The other retirement groups include Mirabella Portland, Rose Villa, Terwilliger Plaza, Willamette View and Mary's Woods.

At Holladay Park, committee members did research to find green reusable food containers. With pandemic restrictions requiring residents to dine in their apartments rather than in the dining room, the reusable containers, which come in three sizes, are suitable for breakfast cereals, salads, desserts and soups. They reduce the need for containers that must go to a landfill.

Meals are delivered to residents' doors in brown paper bags, which the kitchen

- CONTINUED ON PAGE 15





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#### STAR SUSTAINABILITY FEATURE

can't reuse. However, residents can reuse them for shopping trips outside the building, and nearby food pantries use them for their clients, said Bette Hess. Hess works with another resident to store the bags in a big closet and periodically transfer them to the pantries.

A retired school librarian, Hess also has a bag outside her apartment door where residents can deposit clean pill containers. These are picked up periodically by a man who breaks down the containers and takes the material to a company that reuses it.

Hess pointed out that each floor of the 15-story building has a closet with containers for separating the usual materials picked up by city garbage and recycling haulers. In addition, she said, residents collect clear plastic containers for transporting to a company that uses

the material. Kilbourn makes periodic trips to a company that reuses materials from polystyrene.

Straws in the building are made from a biodegradable, corn-based material. To reduce paper, residents may put green dots on their mailboxes and a green stripe on their door names to indicate they don't need paper notices. Instead, they look for announcements on Holladay Park's online system.

Cans and bottles with deposit values are collected for redemption at BottleDrop centers. The returned money goes to Holladay Park's foundation for residents who need assistance.

"This committee is important because it offers something we can do," Hess said, as Holladay Park residents adopt a mission "to ensure and sustain healthy lives and a healthy earth." ★



To reduce paper, some Holladay Park Plaza residents use a green tag to indicate they don't need notices n their mail boxes. They read notices through the building's system. (Janet Goetze)

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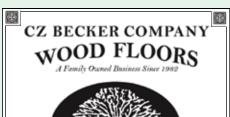
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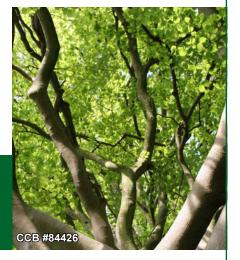
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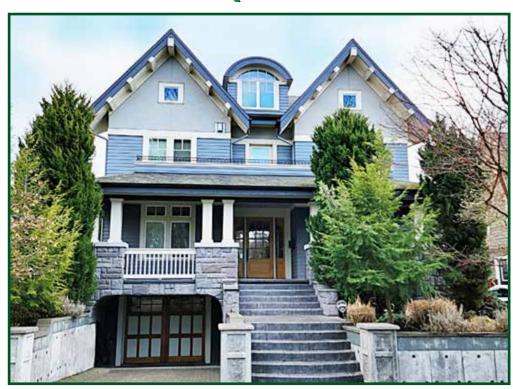
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