



Mother Nature Prep for the bloom!

Home and Garden The secret to garden success, say the experts, is to discover as much as possible about your yard before you plant. **PAGE 16**

★ STAR BLOCK BY BLOCK

Braving Potholes in Madison South and Barricades in Parkrose

Portland Parks and Recreation's opening of Discovery Park in 2018, in the Gateway district on N.E. Halsey Street, was one deliverable on a decade-old promise to increase park space on the eastside. On the heels of that project, the Bureau of Transportation began sidewalk and streetscape improvements which continue all along the Halsey/Weidler corridor between 102nd and 111th Avenues. The shopkeepers, restaurateurs and other businesses in the area have endured traffic disruptions, blocked sidewalks and construction noise for nearly a year, but when it's all done in a few months, the park and the entire corridor will be much more accessible and pedestrian-friendly, according to city officials.



BY DANA BUSCH
DANABUSCH@STAR-NEWS.INFO

In the Madison South neighborhood just across I-205, big changes are also coming – a new Madison High School will rise from the rubble of the 1950's-era building once demolition begins this summer, and the University of Western States will soon start moving into the vacant former headquarters of the Banfield corporation. In the meantime, as the city and state wrangle over responsibility for maintenance, any improvements to 82nd Avenue languish in the "Urgently Needed but Indefinitely Deferred (UNBID)" category of future projects.

Businesses on both sides of the interstate are soldiering on. These are a few that have stood the test of time:

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Lost Portland Historian Val Ballestrem's new book chronicles architectural treasures. **PAGE 13**



Neighborhood Shares Feeding the hungry, one truck load at a time. **PAGE 7**



Parks & Rec Adena Long new Portland Director. **PAGE 2**



Reopens after 2 years Reo's Rib's is back! **PAGE 6**



Pet Connections Charles: diabetic cat enjoys quality of life **PAGE 18**

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STAR DEVELOPMENT NEWS

CENTRAL EASTSIDE INDUSTRIAL COUNCIL CREATES ENHANCED SERVICES DISTRICT

For the first time in nearly two decades, Portland's City Council has created a new Enhanced Services District (ESD). The February 7 unanimous vote followed a two-year effort by Central Eastside Industrial Council members.

"Central Eastside is changing. A lot," said Council President and ESD steering committee chairman Brad Malsin, "and we created a truly innovative and precedent-setting ESD." Among goals Malsin enumerated are increased cleanliness, improved safety, parking/transportation demand management,

and innovation and creativity support. The ESD's core values were listed as collaboration, innovation, responsiveness and transparency.

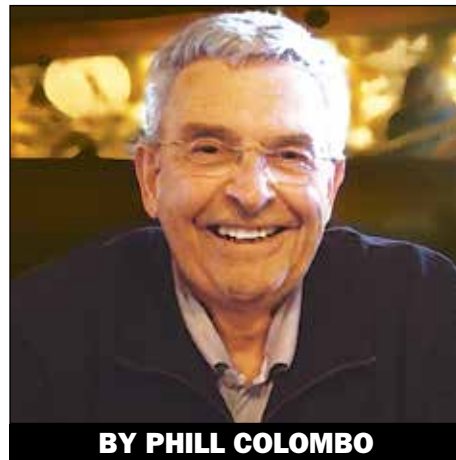
Some 1,500 businesses employ about 20,000 in the area bounded by the Willamette River, I-84, Northeast/Southeast 12th Avenue and Southeast Powell Boulevard on close to 1,200 commercial properties. These parcels are estimated to generate \$1.2 million in property management assessments in the first year and \$4.1 million over the three-year ESD term. Funds collected will be spent on sidewalk operations, parking and transportation, workforce/community innovation and creating a financial reserve.

Innovative services will be directed at peer-based employment opportunities for the homeless, sidewalk operations staff training and law enforcement protocol development, among others. Enhanced services will take effect on July 1, 2019, when the ESD officially takes effect.

NATIVE NEW YORKER TAPPED TO HEAD UP PORTLAND PARKS & RECREATION BUREAU

On February 19, Adena Long took over as Director of Portland's Parks and Recreation Bureau. Parks Commissioner Nick Fish made the announcement, noting that Long brought with her two decades of experience with New York City's Department of Parks and Recreation.

"Adena's appointment follows an



BY PHILL COLOMBO
PHILLCOLOMBO@STAR-NEWS.INFO

extensive national recruitment that engaged Parks Bureau employees, Parks Board members, friends, groups/partner organizations, community members, and City colleagues," Fish said. Long expressed her gratitude at the appointment: "I look forward to engaging the community on the challenging and important work of the bureau."

Long began her career as a seasonal New York City urban park ranger in 1997 and steadily moved up the ranks, becoming in 2010 the first woman, and youngest ever, to serve as Parks Borough Commissioner for Staten Island. In 2018, Long was recognized as manager of the year for New York City Parks and has served as Deputy Commissioner for Urban Park Service and Public Programs since 2016.

- CONTINUED ON PAGE 4

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STAR DEVELOPMENT NEWS

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PACIFIC POWER METER REPLACEMENTS MOVING ALONG

More than 25% of 80,000 Pacific Power digital electricity meters in North and Northeast Portland, downtown and in the City of Maywood Park have been installed. According to Diana Knous, Pacific Power's Multnomah County regional business manager, "About 20,000 of the 78,000 meters have been replaced, and we're really excited to bring this technology to our customers."

Knous noted that digital meter technology has been tried and tested over the past decade with 70 million meters already installed across the country. "We expect to be finished installing meters in Portland by the end of April," Knous said, "and sometime in May, customers should be able to access their Pacific Power online account for energy use details."

Customers will be able to track energy use by day, week or month and be able to set a budget for power use. The system will warn customers by email or text come when they are approaching their budget. The new meters will allow faster service response and shorter outages overall, as Pacific Power will know which customers have lost power and need to be restored.

Knous also said the half-dozen or so meter readers in the Portland area who will no longer have to read meters in the field have been in conversation with the company. A variety of alternatives will be offered for other jobs, along with compensation packages for those not continuing with the company.

Knous added, "When all meters have been replaced, Pacific Power will have spent \$117 million on the new technology for which customers have not been charged." Anyone with questions may call 1-800-221-7070 and get additional information at www.pacificpower.net/smartmeter.

PROPOSED CODE AMENDMENTS FOR HISTORIC RESOURCES UNDER REVIEW

Following a February open house to discuss Portland's historic buildings and other resources, the city's Bureau of Planning and Sustainability is holding open the comment period on a 270-page Discussion Draft until April 1, 2019. Historic bridges, cemeteries, and landscapes are included on the resource list in addition to buildings, yielding a

combined 10,000 structures and sites within city limits subject to protections. That number is expected to grow as more buildings reach 50-year anniversaries.

Discussion proposals are based on more than 3,400 unique public comments received over the past few years. Proposals have been sorted into four areas: inventory, designation, protection and administration. Following the comment period, bureau staff will incorporate feedback into the next zoning code draft for likely release this summer. That Proposed Draft will be presented to the Planning and Sustainability Commission for public hearings and amendments before a final version goes to City Council for public hearings in late 2019 before adopting code amendments.

Historic Resources Program Manager Brandon Spencer-Hartle is accepting questions and written feedback at historic.resources@portlandoregon.gov before April 1, 2019. Including a bulleted list of specific concepts and/or code citations when submitting written comments will speed the review process.

APPLICATIONS, PERMITS, UPDATES

In Arbor, Lodge, ADR Investments LLC has asked for assistance applying to demolish an 820-square-foot single-family residence built in 1921 at 6556 N. Greenwich Ave. Plans to construct a new three-story, 12-unit apartment building are also under review.

In Boise, at 3575 and 3577 N. Vancouver Ave., Brooklyn's Best Design & Company of Northeast Portland has requested assistance with applications to build two new three-story duplexes with no garages on a vacant lot.

In Buckman, L&L PDX Real Estate Holdings LLC of Southeast Portland has been issued a permit to construct a new 88-unit hostel with a restaurant and coffee shop on the first floor. The five-story building will be located at 1616 E. Burnside St.

In Concordia, the city is reviewing plans of the DBS Group LLC of Tualatin to construct a new two-story single-family residence with no garage at 3633 N.E. Emerson Street.

At 5117 and 5123 N.E. 35th Pl., Orin Johnson has permits to build two new single-family, two-story residences with single-vehicle attached garages. The new homes will replace a 1,600-square-foot single-family residence built in 1940 for which a demolition permit was issued last September.

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★ STAR DEVELOPMENT NEWS



One of the 20,000 new digital smart electricity meter installed by Pacific Power over the past month. Part of a \$117-million investment, the meters will give customers more knowledge of how they use electric power and how they can make changes to save.
(Phill Colombo)



A house on Northeast Seventh Avenue in the Woodlawn Conservation District is an example of the structures that would be protected by proposed regulations being reviewed by Portland staff and elected officials.
(Portland Planning & Sustainability)

Homeworks LLC of Southwest Portland is seeking permission to deconstruct an 800-square-foot single-family residence built in 1922. Plans are also under review to build a new two-story single-family residence with a tuck-under garage.

In Cully, Ramen Real Estate of Norco, Calif., has asked for assistance in applying for a permit to build a new single-family, two-story residence at 7115 N.E. Prescott St. Permission was given last summer to demolish a 1,500-square-foot single-family residence built in 1927.

In Kenton, TriMet has been granted a permit to construct a new four-story, 151,555-square-foot apartment building at 2133 N. Argyle St. to create 189 affordable housing units and two community rooms.

In King, Hedrick Ventures LLC of Clackamas has a permit to deconstruct a 1,300-square-foot single-family residence at 435 N.E. Church St. Plans are under review to replace the 1904

structure with a three-story, 19-unit apartment building with no off-street parking.

In North Tabor, HU Properties LLC of Gresham has plans under review to construct two new two-unit, two-story town houses with tuck-under garages at 216 and 218 N.E. 56th Ave. Those structures will replace a 768-square-foot single family residence built in 1949, for which a demolition permit was issued last November.

At 230 N.E. 65th Ave., the William Hahn Trust of Southwest Portland has asked for assistance with an application to deconstruct a 1,600-square-foot single-family residence. Plans are also being reviewed to build a new two-story single-family residence with a single-vehicle tuck-under garage.

In Rose City Park, the Sandy 51 project, a new six-story, 85-unit apartment building with 21 parking spaces and commercial space on the ground floor, has not yet broken ground.

“It’s taking a while to sort out partners, financing and start dates,” according to Stephanie Hosmar, marketing and sales manager for Everett Custom Homes in Northwest Portland. The new address for the building will be 2351 N.E. 51st Ave.

At 2078 and 2086 N.E. 48th Avenue, Carolann Forney of Fairview has permits to construct two new single-family, two-story residences with double-vehicle garages. ★

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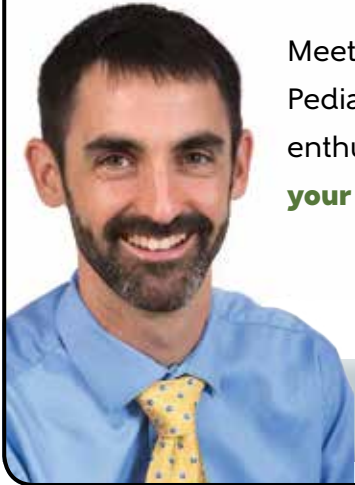
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Reo Varnado, "Uncle Reo" to rapper Snoop Dogg, stands in front of his newly remodeled restaurant on N.E. Sandy Blvd. in the Hollywood district. (Dana Busch)

BY DANA BUSCH

DANABUSCH@STAR-NEWS.INFO

REO'S RIBS ARE BACK TO SMOKING

After a frustrating hiatus of over two years, we are overjoyed to report that the estimable Reo Varnado has reopened his rib joint in the heart of Hollywood, once again tantalizing the neighborhood with the mouth-watering aromas emanating from his barbecue smoker out front. The uncle of world-famous rapper Snoop Dogg, Varnado is now marketing his barbecue sauce under the moniker of Uncle Reo's. Partner Myra Girod can often be found behind the register.

"Business has been great!" said the barbecue master himself, standing outside the extensively remodeled Reo's on a recent sunny afternoon. Formerly the site of the Hollywood Burger Bar for decades, a fire tore through the building in the early morning hours of May 8, 2017, destroying the kitchen and much of the interior. Reo's had only been in their Hollywood location for 18 months, after bouncing from its original spot in Aloha to Powell Blvd. and then Johns Landing.

The ensuing reconstruction involved substantial delays involving

multiple issues, since a complete redesign was required. Also, the restaurant shares the building with a real estate company, which complicated matters. But Reo attributes much of the delay to dealing with byzantine and indifferent city bureaucracies. "It shouldn't have taken this long," said Varnado.

The remodeled Reo's includes a bigger kitchen and enlarged dining area, accomplished by removing the old counter seating, which often made for impromptu lunch introductions. Not to worry, however; the dining tables are so close together you're bound to overhear, if not join in, your fellow diners' conversations. The restaurant positively sparkles from stem to stern.

Besides baby back, spareribs and beef ribs, Reo's offers bbq chicken, pulled pork, beef brisket, and catfish; Southern delicacies such as oxtails over rice, chitlins, pigs feet and smothered chicken; soul food side dishes such as cornbread, red beans and rice, collard/mustard greens, yams, and okra; banana pudding, sweet potato pie, and peach cobbler; and daily specials such as meatloaf and mashed potatoes.

Reo's Ribs is at 4211 N.E. Sandy Blvd.; just follow your nose. Fall and winter hours are Tuesday-Saturday 10-7, Sunday 11-5, and closed Monday. Call 503.310.3600 or visit www.reosribs.com for more information.

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STAR BUSINESS BUZZ

THE BARLEY POD SPROUTS IN ROSE CITY PARK

On the former site of a dog daycare and drive-through coffee cart at the corner of Halsey Street and 61st Avenue sits one of the latest innovations in the world of food cart cuisine. The Barley Pod is a collection of ten food carts surrounding the latest outpost of Baerlic Brewing, enabling diners to escape the rains, sleet and snow of a Portland winter into the warm and welcoming confines of a brewpub. When the sun comes out, a large patio/beer garden with picnic tables beckons behind the main building, sheltered from the traffic noise on Halsey.

"We are really proud of this project," said Paul Del Vecchio of Ethos Development LLC, who developed the property and owns it with his partners. "The site was derelict for many years, and the former owner made a few unpermitted improvements which resulted in zoning violations. As with any new project, particularly when a bar is involved, there are people who are unhappy about the idea. In our case, Baerlic Brewing has really taken a family-oriented and community approach to operating the taproom and has been tremendously additive to the neighborhood."

Outside, the cultures represented range worldwide, from the authentic Chinese street food crepes of Bing Mil! to the arepas, empanadas, and traditional Venezuelan dishes of La Arepa, to the Hawaiian/Korean fusion of Namu. La Arepa was one of the first food carts to occupy the site, in July 2018, after moving from their former site on Sandy Blvd.

Flew the Coop serves up Southern fried chicken sandwiches, sweet or savory waffle sandwiches are the specialty of newcomer Smakken, and Hapa PDX offers traditional ramen. Eat Well offers heaping bowls of brown rice with various locally sourced options, and Lebanese Mediterranean fare is on the menu at Yaba Yabaa. The world tour includes the All-American Bam Pow! Burger and Authentic Thai Cuisine.

The Barley Pod is located at 6035 N.E. Halsey St. and is open from noon until 10:00 p.m. Call ahead to check individual cart's hours that day. The brewpub has happy hour from 5:00-7:00. Inside you'll find about a dozen beers on tap, cider, kombucha and cold brew coffee, with ample seating. For more information, call 503.477.9418.

SHARES PROGRAM SPREADS THE LOVE

Dave Reilly is one of a dozen or more volunteers from St. Michael and All Angels Episcopal Church who transport food from the Hollywood Trader Joe's to the Northeast



Kevin Davidson serves up some of Baerlic Brewing's finest at the new Barley Pod on N.E. Halsey St. (Dana Busch)

Emergency Food Program (NEFP) at Luther Memorial Church, 4800 N.E. 72nd Avenue. These volunteers make two runs a day, seven days a week, filling up SUV's, pickups, or trailers with food donations.

The NEFP is a service of the Ecumenical Ministries of Oregon. At St. Michael's, Pete Miller has been coordinating this effort since its inception, and notes that this ministry "fills a void between outreach organizations in need of donated food and the food donor who has food to donate but no mechanism to get it to those who need it." The NEFP is one of several such outreach organizations providing food to Portlanders unable to regularly feed themselves.

Trader Joe's donations are part of the company's "Neighborhood Shares" program, which operates in the neighborhoods where their stores are located. Describing the program in a podcast published in May 2018, President and COO Bryan Palbaum said the product may be "past the code date - maybe it's got a blemish - but it's perfectly good and wholesome for people to eat."

The Hollywood Trader Joe's is a major contributor to the NE Emergency Food Program. Miller notes they provide "approximately 25 percent of their annual total donations." He added that in 2017 St. Michael's volunteers picked up and delivered 379,922 items with a value of \$859,159.80.

That's a lot of donated food for one grocery store to donate, and other stores make regular donations as well, including Whole Foods, New Seasons, and Grocery Outlet. But the main donor to the NEFP is the Oregon Food Bank, which donated 500,000 pounds of food in 2017.

Cecilia Estraviz, NEFP Assistant Program Manager, said that a total of 900,000 pounds of food was collected in 2017. Additionally, she pointed out, "An average of 12,000 pounds of locally-grown fresh

- CONTINUED ON PAGE 8



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★ STAR BUSINESS BUZZ



Dave Reilly picks up a load of food at the Hollywood Trader Joe's. (Marily Reilly)



Co-owners Miles Hochstein and Leora Troper create photo memory books capturing home life for downsizers. (Leora Troper)

- CONTINUED FROM PAGE 7

fruits and vegetables are donated each year" by Portland Parks and Recreation Community Gardens, 47th Street Farm, the NEFP's own pantry garden, and other local farms and gardens.

In total, the NEFP has the support of "250 volunteers from ages 8 to 93," Estraviz noted. The program partners with more than 40 congregations, businesses, nonprofit agencies, and civic associations, including the congregations at St. Luke Lutheran, Fremont United Methodist, Westminster Presbyterian, Central Lutheran, Ainsworth UCC, and Augustana Lutheran, in addition to Luther Memorial and St. Michael and All Angels Episcopal.

The Northeast Emergency Food Program is open Tuesdays, Thursdays, and Saturdays, from 1 to 4 p.m. and currently serves over 800 families every month. Estraviz says they provide three to five days' worth of emergency food for each person in need. This includes fresh produce, dairy, bread, and meat, as well as gently used clothing for the whole family.

Families in need - or those looking to contribute food, clothing, monetary donations or their own effort - can visit the NEFP website, <http://emoregon.org/nefp/>, or call the program office at 503.284.5470.

BOOK LOVERS CREATE MEMORY BOOKS

With baby boomers retiring and downsizing in record numbers, one couple with a shared lifelong passion for storytelling and books have combined their talents to start a business called Artisan Memoirs, creating "Downsizer memory books." "We know that it can be difficult to downsize and leave behind a beloved home and some of your belongings. That's where we come in," said Leora Troper, co-owner with her partner, Miles Hochstein.

Their business model is straightforward. The couple spend a few hours with each client photographing their home and the objects in it, while listening to, recording and later transcribing the client's stories about those objects. "In the process we find that something magic happens. The story of your life emerges on the page, albeit not as a traditional chronological biography. We put that story into a book that you can take with you wherever you go next, whether to a smaller home, or to an assisted living facility, or anywhere else," Leora said.

With interests in photography, book

layout and design, and backgrounds as a librarian (Leora) and in health information technology (Miles), and a shared passion for storytelling, the couple realized they had the skills and interests necessary "to help people memorialize the life they love as they move into a new living situation," Leora said.

The couple have lived in the Hollywood/Grant Park neighborhood since 2003, shepherding "our now young-adult children" through Hollywood, Grant High, Da Vinci Arts and Trillium Charter School. "Our kids learned to swim in the Grant Park pool, and volunteered at the Farmer's Market. This area and all of Northeast Portland feels like home," Leora said. "We're book people so of course we love the library! We've also been fans of Fleur de Lis Bakery and Cafe since its inception. In fact our son, who was eight when their business first started, volunteered there as a busser and customer schmoozer when they first opened. Thirteen years later, it's still one of our favorite local haunts."

Open for business since early 2017, Artisan Memoirs also works with clients to create longer personal histories and to restore old photos. The business is located at 2000 N.E. 42nd Avenue, #147. Call 503.753.2793 or visit www.artisanmemoirs.com for more information. ★



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Sarah lives in the Rose City Park neighborhood of Northeast Portland. She's a podcast geek who spends her time reading to her daughter, drinking coffee at the New Deal Cafe, and practicing personal injury law at Forum Law Group.

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STAR COMMUNITY NEWS



BY JANET GOETZE

JANETGOETZE@STAR-NEWS.INFO

MYSTI KREWE PLANS MARDI GRAS PARADE

The Mysti Krewe of Nimbus will lead the Mississippi district's annual Mardi Gras parade at 7 p.m. March 5, starting near Victoria Bar, 4835 N. Albina Ave. at Humboldt Street, and continuing to Ecliptic Brewing, 825 N. Cook St.

The free, family-friendly event, the last celebration before the beginning of Lent, will feature six marching bands and at least three floats and two dance groups. The parade also will feature the MKON royalty, the Lagniappe Line and the Pirates of Portlandia.

The bands expected include Brass Roots Movement, MercatuPDX, The Beat Goes on Marching Band, Bloco Alegria, Northwest Bones Gang and River City Riot. The dance groups include Hip Hop Soulsation, the Bollywood Dance Troupe and the special marching groups, Risk of Change and Joy Now! a teens arts project.

The Mysti Krewe of Nimbus was founded in 1909 by a Louisiana expatriate and pianist, Steve Kerin, and his wife, Jane-Clair. The krewe has grown into a collective of more than 100 Louisiana culture lovers. The parade sponsors include Mississippi Pizza & Pub, The Rambler, Victoria Bar and Historic Mississippi Business Association.

WEARIN' THE GREEN FOR ST. PADDY'S DAY

March 17 is the day for the Wearin' of the Green and the parading on St. Patrick's Day. This 30th annual Northeast neighborhood event falls on the Blessed Day itself, noted organizer Steve O'Slavik, whose name gains a syllable and a bit of alphabet for the occasion.

Leprechauns, big and small, and others fancying the shamrock should

be prepared to line up by 1 p.m. at the Beverly Cleary/Fernwood campus, on the 32nd Avenue and Hancock Street side of the building.

Families, friends and neighbors will promenade along Hancock and Tillamook streets. It will be a celebration not only of St. Paddy's Day, said O'Slavik, but also spring, family and community.

"It's going to be Grand Entirely," he said, adding that he's promising a sunny day, too.

START A MOVEMENT FOR PORTLAND PARKS

The Portland Parks Foundation is gathering residents for three evenings to launch a new parks movement, as several agencies develop plans affecting regional green spaces.

The private foundation, supported by local members, is dedicated to mobilizing financial and popular support for the city's parks. The new foundation director, Randy Gragg, is the host for the three meetings given the title "Green Dreams: Seeding Portland's Next Parks Movement."

Among the future plans is the Portland Bureau of Parks & Recreation's efforts to write a parks plan for 2035. Metro, the regional government, expects to have its third green spaces bond on the November 2019 ballot and is updating its 2040 plan. The Oregon Department of Transportation is expected to spend \$500 million in the Rose Quarter, with some funds for new green spaces over I-5.

"Everyone believes Portland needs a parks system worthy of the bigger city it is becoming," according to a foundation news release.

The three meetings will be 6:30-8 p.m. March 11, 18 and 25 at the Portland Center Stage at The Armory, 128 N.W. 11th Ave. Single tickets are \$5 to \$20 on a sliding scale. www.eventbrite.com/e/green-dreams-state-of-the-union-tickets-56074309770.

The March 11 meeting is titled "State of the Union," with information from the new Parks and Recreation director, Adena Long; Metro's council president, Lynn Peterson, and Parks and Nature director, Jon Blasher.

The topic on March 18 is "Albina Vision and I-5 Rose Quarter: a \$500 Million Parks Opportunity." ODOT is preparing a redo of I-5 in the Rose Quarter, building bridges and "lidding" portions of the freeway to reconnect the neighborhood. Albina Vision, a group of citizen activists, wants the district once again to welcome African-American people and culture back with a

21st century vibrancy. Can well designed parks and open spaces merge these two futures?

March 25 focuses on "City of Gardens: What Is the Portland We Want to Grow?" Leaders and creative thinkers imagine ways to grow the city's health, culture, play and beauty through new parks and old ones. These may include the indigenous landscape, a preview of the 2020 National Public Gardens Conference in Portland, a new culturally specific garden joining the Japanese and Chinese gardens, new vision for elders' parks and other topics.

ALUMNI SEEK DONORS TO SAVE GRANT MURALS

The Grant High School Alumni Association is raising funds to restore the William T. Fletcher Memorial Murals that have flanked the auditorium stage since 1932.

The school, which has undergone modernization for nearly two years, is expected to reopen in the fall. The 20-by-25-foot canvas artworks are by Carl Hoeckner, one of the early 20th century Chicago muralists who were influential throughout the United States. The murals, commissioned in memory of Grant's first principal, are regarded as the school's most valuable cultural heritage asset, according to experts who have made site visits.

The murals were covered during the building's reconstruction, but they had previous damage including fading from light, abrasions, blisters, and other surface damage, according to a news release from the alumni association.

The association has raised more than \$71,000 since last December toward a goal of \$100,000 by May 31. The Leo Lester Browne Charitable Fund will match the \$100,000 if collected by the end of May, according to information from the association.

If possible, the murals, attached to the plaster walls, may be restored on site. Otherwise, they must be restored elsewhere and possibly relocated. Additional information about the mural project is at www.grantalumni.org.

The mural committee suggests asking if donors' employers or spouses' employers can matching donations. Donations may be sent to the Grant High School Alumni Association, P.O. Box 13291, Portland, Or. 97213-0291. Paypal donations may be made by visiting www.grantalumni.org/dues-donations. Scroll down to the Fletcher Mural Restoration Fund button near the bottom of page.

CONSTRUCTION TO START FOR NEW MADISON HIGH

Construction to modernize Madison High School is scheduled to begin in mid-June and continue through 2021 when a 292,000 square foot building is expected to open. The school, at 2735 N.E. 82nd Ave., will have a new music and theater facility, a central commons/cafeteria area and specialty labs for Career Technical Education in digital design, engineering, robotics, biomedical and other fields.

When Portland Public Schools' classes begin Aug. 28, Madison students will use classrooms on the Marshall High campus, 3905 N.E. 91st Ave., where Grant and Franklin students traveled during construction on their buildings. A modernized Grant is scheduled to open for classes in August.

Residents near the Madison building will see increased construction traffic, according to a school district news release. The current school entrance off 82nd Avenue will be the main entrance for construction vehicles. Parking will be available in the lot by Glenhaven Park on 82nd Avenue where construction parking won't be allowed.

The park will be fully accessible during construction, according to the school district. The Portland Parks Bureau has closed the Madison Community Garden and plans to relocate it to Glenhaven Park.

CADDIES GAIN AID FOR STUDY AT UO

Four Portlanders are attending the University of Oregon on Evans Scholarships, which they received after successfully completing a three-year EAGLE Caddie program, in which they worked at area golf courses.

The four are Thu Victoria Dang, Joseph Goodwin, Anthony Nguyen and Taylor Phomphakdy.

High school freshmen in Portland public and private schools may apply by May 3 for the caddie program, which provides jobs and the possibility of scholarships to the University of Oregon.

The program is a cooperative internship of the Portland Bureau of Parks & Recreation, the Western Golf Association and the schools. It introduces high school students to all aspects of golf course operation, but they aren't required to have a history of interest in golf.

Students selected for the program work in a clubhouse or on the golf course at minimum wage over three high school

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STAR COMMUNITY NEWS

- CONTINUED FROM PAGE 10

years. They work at least 20 hours a week in summer months. They must have good school attendance and maintain a cumulative grade point average of at least 3.5. They must have financial need and they must submit two letters of recommendation from a school counselor and/or teacher.

Those completing the EAGLE Caddie program are eligible for Evans Scholarships, named for Charles "Chick" Evans Jr., a Chicago area golfer who won both the U.S. Amateur and U.S. Open golf tournaments in 1916. He had always wanted to go to college but couldn't afford it. However, he gained wealth and fame as a golfer and decided to help others get higher education. He established the Evans Scholarship Foundation, one of the country's largest privately funded scholarship programs.

Information about the caddie program is available from Carolyn Lee at Carolyn.lee@portlandoregon.gov or (503) 823-5076. The deadline for applying is May 3.

BETTER BUSINESS BUREAU OFFERS SCHOLARSHIPS

The Better Business Bureau is offering scholarships for high school juniors and seniors who submit winning 90-second videos or 500-word essays by March 11. The subject is why BBB and trust are important to local businesses and communities.

For more than 100 years, the Better Business Bureau, a nonprofit organization, has been helping people find businesses, brands and charities they can trust.

The overall winning submission will receive a \$5,000 scholarship and an additional seven students each will be awarded \$1,000, according to a news release. Entry information is at www.bbb-scholarship.org.

"We feel very fortunate that through our generous donors we're able to assist even more college-bound students this year," said Tyler Andrew, president/CEO, BBB Northwest-Pacific.

EMPLOYERS TO MEET YOUTH SEEKING JOBS

Employers seeking qualified employees between the ages of 16 and 21, with excellent soft skills, may attend "Building Bridges to Tomorrow's Workforce" from 9 to 11:30 a.m. Wednesday, March 20, at Multnomah Education Service District, 11611 N.E. Ainsworth Circle.

The free event is a collaboration between local businesses and schools to support the belief that "Anyone can work." The organizer is the Multnomah Transition Specialist Consortium.

A panel of business people and students will share their successful work experience relationship and employment in the community. A McMenamin's Edgefield representative also will speak. Additional information is available from Peter FitzGerald, petefitz@q.com.

CASCADIA TO AID IN CRISIS SERVICES

Cascadia Behavioral Healthcare is starting a "Project Respond" to offer conflict resolution services for guests in overnight shelters operated by Multnomah County.

The five-member team is funded by the county's Mental Health and Addiction Services Division. It will complement the county's current crisis services, said Barb Snow, Cascadia's clinical director of crisis services.

The team is at the county's Willamette Center Shelter, 5120 S.E. Milwaukie Ave.,

and will respond to requests from shelter staff to provide de-escalation and support services. It also will provide follow-up services and connect guests to additional services to prevent the need for higher levels of crisis response, Snow said.

Cascadia staff will be visiting other shelters with the expectation it will expand services in coming months. Multnomah County offers 18 year-round shelters with a total of 1,300 beds. More than 8,500 people spent at least one night in a shelter last year, according to county figures.

WATERSHED COUNCIL TO HONOR VOLUNTEERS

The Columbia Slough Watershed Council will present awards on March 8 to a community activist, a filmmaker and a construction company who have worked to improve the waterway.

Community organizer Linda Robinson will receive an Achievement Award in part for her long-term service to the watershed council, which she helped found. She served on the board of directors from 1995 to 2018. She also has helped develop Gateway Green, a 25-acre open space in the Gateway neighborhood. Its sustainable technologies and native plants will increase wildlife habitat and improve water quality in the slough watershed.

David Biggs, a video producer, has created promotional videos and expanded the watershed council's digital presence in the region. "He has selflessly created products that we can use in a multitude of ways, that help tell our story and garner support for our work," according to a council news release.

The 2019 Leadership Award will go to McKinstry Company, which has sponsored council programs, supported restoration

events and allowed the council to hold public events for free at the company's LEED-certified facility. The company hosted a recent event for making contacts in the business community. McKinstry also created an employee giving program to support council work and organized employee events to restore habitat, maintain turtle nesting mounds and protect trees from beaver damage.

The special event will be 6-9:30 p.m. March 8 at the Sheraton Portland Airport Hotel, 8235 N.E. Airport Way. Tickets are \$110 each.

CONCORDIA GRANT SPARKS NEW PROGRAM

Concordia University will establish the Robert D. Randall Endowed Chair for Business and Technology with a \$5 million grant from the Robert D. and Marcia H. Randall Charitable Trust.

This is the largest single philanthropic gift in the nearly 114-year history of the university at 2811 N.E. Holman St., according to a news release. The university is beginning a campaign to raise an additional \$1.25 million for a business program to be known as the Randall Fellows Clinical Program for Business and Technology.

The focus for the program is the regional economy, fueled by home-grown businesses and global enterprises. A new clinical model and technology curriculum will be designed with a variety of regional business leaders.

"This gift will be transformative in advancing Concordia's commitment to developing ethical and impactful leaders," said Michelle M. Cowing, PhD, dean of the university's School of Management.

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STAR IN REVIEW

All is not LOST

"*Lost Portland* is a sad parade of losses captured thoughtfully by Val Ballestrem and woven through with insight about decades of social and economic change in the Portland landscape: the up and down cycle of the economy and the perils of deferred maintenance; periodic Willamette River flooding; institutional racism and the dynamics of changing demographics; failures of long-term thinking and planning. The automobile." So writes Doug Decker, who posted his review on the Alameda history blog (www.alamedahistory.org).

A public historian and self-described building conservationist, Ballestrem is a longtime Portland area resident who spent the last decade working as the education manager for the Bosco-Milligan Foundation's Architectural Heritage Center (AHC). When History Press publishers contacted the AHC seeking an author to write about Portland's old buildings, they requested a fresh look, encompassing a broader history of place and factoring in humanity to the story. Though he's not an architectural historian, Ballestrem pursued the opportunity, and decided to highlight buildings and architects that previously had little written about them. *Lost Portland*, Oregon (History Press, 2018) took him a year and a half to research and write. The book's cover photo by Minor White features the Witch Hazel building, which stood near the west end of the Hawthorne Bridge in what today would be the middle of Naito Parkway.

"I would love to have seen the prominent brick, Romanesque-style buildings that sprung up along Southwest Sixth Avenue in the 1890s, bringing Portland's architecture into the modern age. They're all gone now," said Ballestrem.

Lost Portland is organized in chapters based on distinct eras. Ballestrem documented changes by considering the why and how of stories behind the buildings. He tells the story of Portland firefighter Chester Buchtel, a self-confessed arsonist who later admitted to lighting dozens of fires throughout Portland, including two Portland synagogues, during the 1920s. Ballestrem learned that investigators suspected Buchtel of lighting fire to the first Washington High School in the Buckman neighborhood in 1922, but the firefighter/arsonist never admitted it. Arrested in 1925, Buchtel was sent to the Oregon State



BY KATHY EATON
KATHEYEATON@STAR-NEWS.INFO

Hospital.

During his research, Ballestrem was struck by how many buildings were torn down with the assumption they'd be replaced by greater buildings. During the years leading up to the Great Depression, buildings were demolished or lost to fires and lots remained vacant for decades, with nothing built to replace them.

CITY OF ROSES

Ballestrem located the original Oregonian op-ed piece written by Frederick V. Holman in 1901, where he called on area residents to help beautify Portland in preparing for the 1905 Lewis and Clark Centennial Exposition. Thousands of roses were planted throughout the city, which took on the name, "Rose City." In 1892, Holman had built and moved into a grand home with his brother and two sisters, located at Southwest Fifteenth Avenue and Taylor Street.

ACCLAIMED ARCHITECTS

When asked to name Portland's top three architects, Ballestrem said A.E. Doyle's work had the longest-lasting impact on the city's downtown core. "Most Doyle-designed buildings still stand and many are designated landmarks, like the Portland central library, the Meier and Frank and Pacific buildings." A leader of the modern movement who designed both the Portland Art Museum and later the Equitable building, Pietro Belluschi took over the Doyle firm after the founder died in 1928. Belluschi left in 1950 when he became dean of the school of architecture at M.I.T. and sold his Portland practice to Chicago firm Skidmore, Owings and Merrill (SOM). SOM built the Standard Plaza in 1963



Education manager Val Ballestrem stands in the lobby of the Architectural Heritage Center with a few pieces from their collection. He highlights buildings and architects that previously had little written about them in his recently published book, *Lost Portland*. (Kathy Eaton)

and twenty years later, the U.S. Bancorp Tower, aka "Big Pink," forever changing Portland's downtown landscape.

Ballestrem cites the 1950s-79 as the greatest period of change in Portland, with the rise of freeways and the increase of autos. The Oregonian Tower was only 60 years old when it was torn down. The Knapp house, completed in 1885 for a sum of \$90,000 (estimated at \$2 million in today's dollars) was demolished in 1951. Described as one of the most ornate homes built in Portland, many of the building parts were sold and incorporated into homes around the city. During the 1960s, A.E. Doyle's grandson, architect George McMath and other activists began advocating for preservation. In 1968 the

Portland Historic Landmarks Commission was created and the city council imposed a 180-day delay for proposed demolitions of historically significant buildings.

"Portland hasn't lost many big buildings since 1988 when both the Goodnough and Corbett buildings came down," said Ballestrem, noting the latter was imploded. In 1990, the Pioneer Square shopping mall opened on that site.

GOLDEN AGE FOR PRESERVATION

With increased advocacy and city leaders willing to listen in the 1970s, the era turned the corner on preservation.

- CONTINUED ON PAGE 19



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STAR CALENDAR

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MARCH 2019

KIDSTEENS AND FAMILIES

EXAMINE RACISM

March 9. 2-2:45 p.m. Author Anastasia Higginbotham reads from her book, "Not My Idea: A Book about Whiteness," with a collage art activity to follow. She invites children and parents to become curious about racism, accept that it's real and cultivate justice. Free tickets available 15 minutes in advance. (503) 988-5123. Hollywood library, 4040 N.E. Tillamook St.

CONCERTS FOR KIDS

March 10. 3 p.m. and 5 p.m. Music Together of Portland hosts two children's concerts, each featuring recording artist "Uncle" Gerry Dignan and Music Together teachers. Children 0 to 7 may join adults for an hour of singing, dancing and fun. Tickets: \$15 adults, \$5 children age 17 and younger. Proceeds benefit the Music Together of Portland Scholarship Fund. www.musictogether-pdx.com. To order tickets: www.albertarosetheatre.com. Alberta Rose Theatre, 3000 N.E. Alberta St.

BECOME AN ADULT

March 12. 3:30-4:30 p.m. In *Adulting* 101, kids and teens learn helpful hints about being a grown-up, including sewing on a button, planning a meal with ingredients already in the pantry, and making a basic budget. Adults welcome, too. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St. The program is repeated 4-5 p.m. March 28 at Gregory Heights library, 7921 N.E. Sandy Blvd.

LEARN PRINTMAKING

March 16. 3-4 p.m. Kids and teens learn printmaking. Participants explore different hands-on methods, including rubbings, stamps, stencils and inkblots. Free. (503) 988-5123. Kenton library, 8226 N. Denver Ave.

FREE MUSIC CLASSES

March 18. Call for drop-in times. Continues Mondays in March. Children 0-5 years and their grownups enjoy an early childhood music program. Also 1:15 p.m. class for moms/caregivers and non-mobile infants up to 8 months. Free in March to celebrate Music Together's 20th anniversary. www.musictogether-pdx.com/demo-classes or call Julie at (503) 236-4304. Central Lutheran Church, 1820 N.E. 21st Ave.

FREE EYE EXAMS

March 22. 11:30 a.m. to 12:30 p.m. The Elks Children's Eye Clinic at Oregon Health & Science University's Casey Eye Institute offers free vision screenings for children ages 3-7. This is part of a statewide initiative called "See to Read." It aims to detect vision problems that can be treated successfully if caught before age 7. Free. (503) 988-5123. Albina library, 3605 N.E. 15th Ave.

DRAW BY COMPUTER

March 23. 3-5 p.m. In a graphic art and design workshop, computer drawing tablets act as an artist's paintbrush to control the computer's drawing and painting tools. The class combines high-tech drawing and design tools with painting, coloring and collage to create a work of art. Free. (503) 988-5123. Kenton library, 8226 N. Denver Ave.

FUN ON VACATION

March 25-29. 9 a.m. to 4 p.m. Spring Day Camp for ages 6-11 includes active games, crafts and splashing in the warm water pool. Choose one day or all five. \$40 per day for members, \$50 per day for non-members. Assistance available for those with financial need. Pre-registration required. Information: (503) 284-3377. www.necommunitycenter.org. Northeast Community Center, 1630 N.E. 38th Ave.

ADVANCE AS ADULT

March 29. 4-5 p.m. In *Adulting* 102, kids, teens and adults learn how to mend clothing, frame a picture, make at-home spa foot soaks and cook a romantic home dinner with minimal ingredients. Free. (503) 988-5123. Gregory Heights library, 7921 N.E. Sandy Blvd.

SEE ART

SEE EPIC PAINTINGS

March 1. 24 hours. View the paintings of artist Shannon Playford to March 30. The show, "EPIKOS - an incomplete travelogue," includes work from traveling and working in the Northwest, Greece, Cyprus and other parts of Europe. She says, "I wanted to show that all things can be Epic ... that everything can extend beyond the usual or ordinary." Free. (503) 230-8010. Gallery@The Jupiter Hotel, 800 E. Burnside St.

VIEW MIXED MEDIA

March 1. 11 a.m. to 6 p.m. The main gallery features felted sculptures by Karen Thurman and mixed media by Claire Browne. The feature area includes mixed media paintings on paper by Jikai Golan. Show continues to March 26. 11 a.m. to 5 p.m. Tuesday; 11 a.m. to 6 p.m. Wednesday to Saturday; 11 a.m. to 4 p.m. Sunday; closed Monday. (503) 281-9048. www.guardinogallery.com. Guardino Gallery, 2939 N.E. Alberta St.

SEE AIR PAINTINGS

March 12-April 12. Center hours. Charles Martin exhibits his air paintings in the lobby. Free. Information: (503) 284-3377. www.necommunitycenter.org. Northeast Community Center, 1630 N.E. 38th Ave.

FOR BOOK LOVERS

WRITERS TO READ

March 5. 7 p.m. Wendy Willis and David Biespiel read from their new books and talk about writing in multiple genres and the ramifications of their decision to choose a particular genre. Willis's essay collection is "These Are Strange Times, My Dear: Field Notes from the Republic." Biespiel's poetry collection is "Republic Café." (503) 284-1726. www.broadwaybooks.net. Broadway Books, 1714 N.E. Broadway.

POET LAUREATE TO READ

March 8. 7 p.m. Cloisters Literary Arts presents Oregon Poet Laureate Kim Stafford reading from his work, followed by Q&A, in the sanctuary of Westminster Presbyterian Church, 1624 N.E. Hancock St.. Free. For more info, call (503) 287-1289.

'CRESCENT' IS TOPIC

March 19. 6:30-7:30 p.m. Discuss "Crescent" by Diana Abu-Jaber in a Pageturners Book Group. (503) 988-5123. www.multcolib.org. Kenton library, 8226 N. Denver Ave.

REVIEW DIDION BOOK

March 19. 6:30-7:30 p.m. Discuss "Where I Was From" by Joan Didion in a Pageturners Book Group. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St.

GIVE BOOKS TO YOUTH

March 23. 11 a.m. to 2 a.m. Donate middle school/young adult books to be used in the nonprofit Portland Youthbuilders programs for non-traditional students to gain GED and work-study credits. Book collection continues all day. Information: www.pybpd.org. Rose City Book Pub, 1329 N.E. Fremont St.

WRITERS TO SPEAK

March 29. 6:30-8 p.m. Teens and adults listen to authors Renee Watson and Ellen Hagan read from their young adult book, "Watch Us Rise." Audience members may ask questions after the reading. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St.

POETS IN PUB

March 29. 6-8 p.m. East Coast poet Leah Umansky and West Coast poet Dena Rash Guzman co-host an evening of political poetry in "Politics & Pints." Readers include Chiwan Choi, Meg Day, Jen Fitzgerald, Robert Lashley, Faisal Mohyuddin and the co-hosts. Free listening. <http://rosecitybookpub.com>. Rose City Book Pub, 1329 N.E. Fremont St.

HEAR MUSIC

VENICE MEETS JAZZ

March 2. 7:30 p.m. Bravo! Northwest Concerts presents "Carnival in Venice" with the combined voices of the Bravo! Northwest Chorale & Madeleine Choir plus the Northwest Chamber Orchestra and the Michael Vaughn Jazz Quartet. Featuring clarinetist Michael Kissinger. The concert includes Antonio Vivaldi's "Gloria" and "The Five Seasons," arranged by Jorge Calandrelli as a jazz version of "Four Seasons." Tickets: \$30 adults, free age 18 and younger. www.bravoconcerts.com or (360) 906-0441. St. Mary Magdalene Church, 3123 N.E. 24th Ave.

HEAR BLUES, ZYDECO

March 4. 7:30-10:30 p.m. Continues Mondays. The Bayou Boyz play blues, rock, gospel, zydeco and more. All ages. No cover. Mekong Bistro, 8200 N.E. Siskiyou St.

MARIACHI SCHEDULED

March 24. 3:30-4:30 p.m. Commemorate International Women's Day with Mariachi Viva Mexico. This band includes trumpets, violins, guitars, guitarron and vihuelas to create lively music. Free. (503) 988-5123. North Portland library, 512 N. Killingsworth St.

SEE A PLAY

DEAD SINGER LEADS

March 1. 7:30 p.m. Imago Theatre presents "Leonard Cohen Is Dead" by Jerry Mouawad with influences by Quentin Tarantino, Jean Genet and sci-fi horror. It has nothing to do with Leonard Cohen. Continues Thursday, Friday and Saturday at 7:30 p.m.; 2 p.m. Sunday; to March 16. Tickets: \$15 Thursday and Sunday; \$20 Friday and Saturday. www.ticketwest.com/events/venue/imagos-theatre or (503) 231-9581. Imago Theatre, 17 S.E. Eighth Ave.

'STRAIGHT' TO OPEN

March 7-23. 7:30 p.m. Thursday, Friday, Saturday. 2 p.m. Sunday, March 17. Triangle Productions presents the Northwest premiere of "Straight" by Scott Elmegeen and Drew Fornarola. It deals with fidelity, sexuality and identity in "post equality" America. The three-character play looks at moral complexity involving investment banker Ben, who likes beer, sports, Emily and Chris. No one under 18 admitted. Tickets \$15-\$35: (503) 239-5919 or www.trianglepro.org. The Sanctuary at Sandy Plaza, 1785 N.E. Sandy Blvd.

SEE DANCERS, CLOWNS

March 22. 7:30 p.m. Imago Theatre presents "To Fly Again" by Jerry Mouawad. A desert playground where "there is nothing to be done" includes four dancers and a roaming percussionist who collide with a clan of four clowns. Continues Thursday, Friday and Saturday at 7:30 p.m.; 2 p.m. Sunday to April 6. Tickets \$15 Thursday and Sunday; \$20 Friday and Saturday. www.ticketwest.com/events/venue/imagos-theatre or (503) 231-9581. Imago Theatre, 17 S.E. Eighth Ave.

CATCH A FILM

VINCENT PRICE IN FILM

March 1. 7 p.m. See "House on Haunted Hill" (1959) in 35mm with Vincent Price playing a millionaire who invites five strangers to a mansion to celebrate his wife's birthday. Each could take home \$10,000 if he/she is alive at sunrise. The actor's daughter, Victoria Price, attends a Q&A after the showing. \$12. www.hollywoodtheatre.org. (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

SEE 'HOUSE OF WAX'

March 2. 7 p.m. View "House of Wax" (1953) in 35mm with Vincent Price as a successful wax sculptor whose partner torches the museum for insurance. The sculptor reopens his House of Wax as corpses begin to vanish from the morgue. The actor's daughter, Victoria Price, attends a Q&A after the showing. \$12. www.hollywoodtheatre.org. (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

SEE 'HIDDEN FIGURES'

March 11. 7:30 p.m. "Hidden Figures," based on the book of the same name, pays tribute to the black women mathematicians whose work at NASA contributed to America's landing on the moon. Tickets: \$9 general, \$7 seniors and students. www.hollywoodtheatre.org. (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

FILM FEATURES ARTIST

March 18. 7:30 p.m. "Narcissister: Organ Player" is a documentary about Narcissister, a mixed-media and performance artist whose work explores gender, racial identity and sexuality. Directed by the masked artist herself, the film explores self love and self loathing in women's lives. Tickets: \$9 general, \$7 seniors and students. www.hollywoodtheatre.org. (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

TECH ASSISTANCE

CREATE SPREADSHEETS

March 5. 9:15-11:15 a.m. Learn how to create and edit spreadsheets with Google Sheets and Microsoft Excel. For those comfortable using a keyboard and mouse. Free. Registration required: (503) 988-5123 or www.multcolib.org or in Albina library, 3605 N.E. 15th Ave.

GET COMPUTER AID

March 5. 4-5:30 p.m. Continues Wednesdays. Gain computer help and practice with library assistants. Also available in Spanish. Free. (503) 988-5123. Gregory Heights library, 7921 N.E. Sandy Blvd.

GAIN PROTECTION

March 12. 9:15-11:15 a.m. Learn the basics of protecting yourself online, including secure passwords, avoiding online scams, controlling social media privacy accounts and more. Bring a computer or use one in library. Free. Registration required: (503) 988-5123 or

www.multcolib.org or in Albina library, 3605 N.E. 15th Ave.

LEARN PROGRAMMING

March 13. 2-5 p.m. An introduction to programming includes interactive lectures and hands-on Python labs. Students gain the basic skills for further learning. The class, presented by PDX Code Guild, covers setting up the environment, programming data types, functional programming and more. Students must feel comfortable using a mouse and keyboard. Free. Registration required: (503) 988-5123 or www.multcolib.org or in the North Portland library, 512 N. Killingsworth St.

BUILD A WEBSITE

March 24. 1-4 p.m. Learn how to build a static website using HTML and CSS. This is a beginning coding class, presented by PDX Code Guild, but students must feel comfortable using a mouse and keyboard and have basic experience using a computer. Free. Registration required: (503) 988-5123 or www.multcolib.org or in Kenton library, 8226 N. Denver Ave.

HEALTH, RECREATION

HEARING IS IMPORTANT

March 7. 1-2 p.m. Evonne Serpa, a doctor of audiology at Hearing Resources, discusses the connection between cognition and memory. Free to community. Information: (503) 284-3377. www.necommunitycenter.org. Northeast Community Center, 1630 N.E. 38th Ave.

REDUCE STRESS, PAIN

March 13 or 20. 6:30-8:30 p.m. A free orientation to an eight-week Mindfulness Based Stress Reduction program outlines tools for transforming stress and bringing healing to illness, pain, loss, anxiety and life's challenges. Orientation required to help decide if the course is a good fit. Questions: Nancy Boros, (503) 890-8965. Registration required: www.mindbodymindfulness.com/mbsr-1/. Harmony Yoga, 2108 N.E. 41st Ave.

FOR SENIORS

TRAIN WITH WEIGHTS

March 4. 9:30-10:30 a.m. Learn about the benefits of weight training for older women, with guidelines and information on muscle mass with OHSU's Gigi Vigue. She leads an exercise in weight training, providing small dumbbells and everyday kitchen items - soup cans or small bottles. Free. Reservations: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

GRANDPARENTS GET AID

March 4. 10-11 a.m. Continues first Monday of the month. A support group for grandparents and other relatives raising children they weren't expecting at this time in their lives. Hear ways to deal with the changes experienced by adults and children. Free. Information: (503) 288-8303. Charles Jordan Community Center, 9009 N. Foss Ave.

MOVE WITH TAI CHI

March 4 and 6. 10-11 a.m. Continues Mondays and Wednesdays. Tai Chi: Moving for Better Balance is a program developed by an Oregon Research Institute team to improve balance and reduce the likelihood of falling. Free but \$1 donation appreciated. Information: (503) 288-8303. Bridge Meadows, 8502 N. Wayland Ave.

FILE THOSE TAXES

March 4. 1-4 p.m., through April 8. AARP Tax Assistance Program offers free assistance for filing 2018 taxes. Also April 5, 9 a.m. to 4 p.m. through April 9, and March 7, 9 a.m. to 4 p.m. through April 11. Free. Appointments required: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

READ WITH A CHILD

March 4. 1:15-2:15 p.m. Celebrate "Read Across America Day" by volunteering to be a reading buddy with a second-grader from Beverly Cleary School. Free. Registration: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

YOUTHS TEACH TECH

March 6. 1-2 p.m. The Portland Youth Builders lead a 30-minute technology workshop, followed by 20 minutes of hands-on activities. Topics include introduction to smartphones, phone settings and storage, apps, avoiding senior scams, Microsoft Office, Windows 10. Free. Reservations required: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

STAR CALENDAR

**THE STAR CALENDAR IS POSTED ONLINE EVERY MONTH.
CHECK OUT OUR WEBSITE AT: WWW.STAR-NEWS.INFO.**

Events are broken into categories and listed in the order in which they will take place, followed by ongoing and upcoming events. To be considered for inclusion, entries must be submitted by e-mail to editorial@star-news.info by the 15th of the prior month. If possible, follow the format used in the calendar. Calendar compiled by Janet Goetze

DISCUSS SEX, AGING

March 11. 9:30-10:30 a.m. "Spreading the Truth about Sex and Aging" is a discussion led by OHSU's Jessica Daniel. She talks about changes to the body due to normal aging, new research in the field of sex and aging, common causes of sexual problems and available solutions, and ways to approach these topics with medical professionals. Free. Registration required: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

MCLAUGHLIN REVEALED

March 12. 1-2 p.m. "Dr. John McLaughlin: Power, Heart, Troubled Waters" is the presentation by Sherry Johnston, an Oregon Historical Society docent. McLaughlin, first with the Hudson's Bay Co. and fur trade politics, was a larger-than-life presence with fairness and compassion who became known as the "father of Oregon." Free. Registration: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

LEARN FLORAL ART

March 13. 12 Noon to 12:30 p.m. for new students; 12:30-1:30 p.m. for returning students. Ikebana, Japanese floral art, focuses on arranging seasonal floral material and negative space. Classes continue April 10 and May 8. Come to any or all classes. \$5 material fee to instructor. Reservations: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

CARING FOR DEMENTIA

March 13. 2-3:30 p.m. Continues the second Wednesday of the month. March 24, 2-3:30 p.m. Continues the fourth Sunday of the month. Alzheimer's caregivers support groups, led by trained volunteers, include new friends with similar concerns. Drop-ins welcome. Free. Information: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

ENJOY ST. PADDY MUSIC

March 14. 12 Noon to 12:30 p.m. Enjoy St. Patrick's Day music with Tammy Balajee and join in a sing-along. Free. (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

LEGAL HELP OFFERED

March 19. 9 a.m. to 12 Noon. Third Tuesday of the month. Senior Law Project Legal Clinic, staffed by volunteer attorneys, is aimed at Multnomah County residents aged 60 and older with legal issues. Free 30-minute meetings. Appointments required: (503) 288-8303. Charles Jordan Community Center, 9009 N. Foss Ave.

TAKE MUSIC JOURNEY

March 19. 10-11 a.m. "The Violin" is a journey through the history and musical styles of the instrument with lantha Rimper. She explores the musical styles of Cajun, old time, Bulgarian and classical. Free. Registration: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

STEM CELLS EXPLAINED

March 21. 2:30-3:30 p.m. A stem cell therapy seminar outlines how the therapies may reduce inflammation, decrease pain and regenerate healthy cells. The seminar also outlines conditions that can be treated with the therapy and how patients have benefitted. Free. Registration required: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

HEAR BIG BAND TUNES

March 24. 3 p.m. The Second Wind Jazz Band presents the music of Glenn Miller, Duke Ellington, Count Basie, Stan Kenton and Big Band Voodoo Daddy. Free. Registration required: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

NE VILLAGE OUTLINED

March 26. 10-11:30 a.m. Learn about Northeast Village PDX, which helps seniors age at home with a network of volunteers and reputable service providers. Free. Information: (503) 895-2750 or nevilleagepdx.org. Hollywood Senior Center, 1820 N.E. 40th Ave.

INGENERAL

BEGIN WITH CERAMICS

March 3. 12:30-2 p.m. Continues Sundays to March 31. In a beginning ceramics class, learn basic clay hand-building techniques, including slab, pinch and coil construction. Use low fire clay and slips to create and paint two to four finished projects. All work will be ready to take home at the final class. Free. Registration required: (503) 988-5123 or www.multcolib.org or in North Portland library, 512 N. Killingsworth St.

UNDERSTAND BEAUTY

March 3. 2-3:15 p.m. Cory Lira and a panel of African-American, indigenous and other people of color explore what it means to think and live beyond colonial structures and understandings of beauty and bodily worth. This is an "Everybody Reads 2019" event. Free. (503) 988-5123. Kenton library, 8226 N. Denver Ave.

WORK ON LITERACY

March 4. 5-7 p.m. Continues Mondays. Work one-on-one with a literacy tutor for help with reading, writing, math, English and preparing for the GED. Free. (503) 988-5123. North Portland library, 512 N. Killingsworth St.

DINE LIKE VIKINGS

March 10. 8:30 a.m. to 12:30 p.m. Enjoy a Viking breakfast with all-you-can-eat pancakes, scrambled eggs, sausage links, fresh fruit, lingonberries, coffee or tea. \$8 adults; \$4 children 5-12; free children under 5. Bergen dining room at Norse Hall, 111 N.E. 11th Ave.

NATIVE WOMEN REVEALED

March 10. 2-3 p.m. Learn about the lives of Columbia River Native American women with Pat Courtney Gold, a Wasco Native and an accomplished fiber artist and basket weaver. Free. Made possible by The National Endowment for the Humanities Fund of The Library Foundation. Registration required: (503) 988-5123 or www.multcolib.org or Hollywood library, 4040 N.E.

Tillamook St.

HERBS MAKE TEAS

March 10. 3-4:30 p.m. Learn to craft teas and tisanes with herbs from your garden or dried herbs. Taste a variety of teas and herbs and talk about complimentary tastes and a few common herbs. Go home with a tea blend inspired by what you learn. Registration required: (503) 988-5123 or www.multcolib.org or in Gregory Heights library, 7921 N.E. Sandy Blvd.

WHAT MAKES BIAS?

March 13. 6:30-7:30 p.m. Dr. Binyam Nardos of OHSU presents findings on race, emotional arousal and racial bias, and how they affect our perceptions and decisions, sometimes with life-threatening implications. One of the "Everybody Reads 2019" events. Free. (503) 988-5123. Hollywood library, 4040 N.E. Tillamook St.

HELP PLANT TREES

March 16. 9 a.m. to 12 noon. Columbia Slough Watershed Council seeks volunteers to help plant trees and shrubs to provide habitat for native creatures and improve water quality at Buffalo Slough, an arm of the Columbia Slough's main stem. Free. Registration: www.columbiaslough.org/events. (503) 281-1132. Northeast 33rd Avenue and Holland Court.

CELEBRATE GERMAN MARDI GRAS

March. 16. 7-11 p.m. Enjoy the parade, costume contest, dancing and the foods of Fasching, a German traditional celebration akin to Mardi Gras. Tickets \$20 each. www.germanamerican.org. (503) 775-1585 or info@germanamerican.org. The German American Society, 5626 N.E. Alameda.

LEARN ABOUT CLEOPATRA

March 30. 2-3:30 p.m. Hear about "Cleopatra: Liberated Woman." She was the most powerful woman of her time with masterful political skills. Romans saw her as an evil seductress but modern historians see her as a brilliant leader. Made possible by The National Endowment for the Humanities Fund of The Library Foundation. Free. (503) 988-5123. Hollywood library, 4040 N.E. Tillamook St.

MAKE FELTED OWL

March 31. 12 Noon to 4 p.m. Create a needle-felted spotted owl with a kit. Go step by step to create a smiling little bird listed as threatened under the Endangered Species List. The colors are inspired by an Oregon native with camouflage markings, reminding us of the natural creatures around us. Free. Registration required: (503) 988-5123 or www.multcolib.org or in the Kenton library, 8226 N. Denver Ave. ★

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Gym · 7 pm

Saturday, March 2, 9, 23, 30
and Thursday, March 14
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Live opera singers in & around the Honors Bar.
7 - 9 pm · 21 & over

Monday, March 11
NEW MONTHLY EVENT
PARANORMAL PUB:
Celtic Paganism in Modern Practice
Theater · 6 pm doors; 7 pm event

Tuesday, March 12
RACE TALKS: An Opportunity
for Dialogue
Gym · 6 pm doors; 7 pm event

Wednesday, March 13
Hall Pass to Whiskey
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THE STOMPTOWNERS
THE JUNEBUGS · RIVER CITY PIPE BAND**
Sunday music starts at noon:
**DANNY O'HANLON · CASTLETOWN
NEVER COME DOWN
RIVER CITY PIPE BAND**
All Day! · All ages welcome

Wednesday, March 20
ETHOS ROCK BAND SHOWCASE
10 amazing student bands
Gym · 6 pm

Thursday, March 21
Ruby's 33rd Birthday
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Thursday, March 21
**LIMITED-EDITION
BEER TASTING**
w/ BRIAN RILEY & RYAN LUND
5 - 7 pm · Brewery · 21 & over

Thursday, March 21
**JSO BENEFIT CONCERT FOR
CATHEDRAL PARK JAZZ FESTIVAL**
w/ THE PORTLAND WOODSHED JAZZ ORCHESTRA
& THE CHAIRMEN OF THE BOARD QUINTET
Gym · 7 pm

Monday, March 25
HISTORY PUB
Theater · 6 pm doors; 7 pm event

Thursday, March 28
MA FONDUE
Soul, funk, blues & Americana fusion
Gym · 7 pm

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★HOME&GARDEN



In Tune with Mother Nature

BY JANET GOETZE

JANETGOETZE@STAR-NEWS.INFO

If you're planning a low-water, low-maintenance garden in a year expected to continue drought conditions, know thy yard, advise planting experts.

Check where the sun hits at various hours of the day and what areas are mostly in shade. Determine if the planting area is at the bottom of a slope that retains moisture or if the area will have good drainage. Also check to see if the soil is clay or sandy or something else.

Those are basic things to consider in choosing the right plants to thrive in the right places, according to Whitney Bailey, senior urban conservationist at the East Multnomah Soil & Water Conservation District, and Lori Vollmer, owner of Garden Fever! shop, 3433 N.E. 24th Ave.

In case February's rain and snow brought some doubt about drought, check the National Oceanic and Atmospheric Administration's drought monitor: www.droughtmonitor.uni.edu. In mid-February it showed the Portland area and much of the coast in moderate drought. The rest of Oregon is in severe drought, with an extreme drought region in the state's center.

To keep water needs low, native plants are a good choice, Bailey said. However, even natives need supplemental water for their first few years to get established, she said.



Sarcococca, also called sweet box, is an evergreen shrub with sweet smelling, white flowers in spring. Once established, it does well in shady, dry areas where other plants may not grow well. In extreme heat, it may need water.

(Janet Goetze)

Nevertheless, simply selecting a plant "native to Oregon" isn't enough, Vollmer cautioned. Its planting site must be like the area where it grows naturally. For instance, a plant growing wild on the Oregon coast may not do well in a sunny Portland yard.

"It may not have the same light or the same moisture level," Vollmer said.

To water plants for the first couple of years, drip irrigation is best for conservation, both experts said. Vollmer also suggested a T tape that sits flat in the garden and is more efficient than a soaker hose. Water evaporates in the air when sprayed through sprinklers, making these inefficient for conservation, she added.

For additional water conservation, Bailey suggested using gray water, the relatively clean waste water from baths or sinks. However, don't use it on edibles, she said.

"Deep, infrequent watering encourages plants to grow deep roots, whereas frequent, shallow watering encourages shallow roots," Bailey said, "and actually makes plants more vulnerable to drought in the long run."

"Water deeply, about once or twice a

week for a couple hours," Vollmer said, "so they get saturated and use that water slowly over time."

The conservation district lists a variety of classes including native plants, beneficial insects and edible landscape at www.emswcd.org/workshops-and-events. Garden Fever! also offers classes: www.gardenfever.com.

While some gardeners may select natives or other varieties that do well in their yards, others may move on to naturoscaping. That's the term used for choosing plants and landscaping methods that mimic a natural environment and its processes, Bailey said. It includes minimizing or eliminating a lawn to cut water use. Naturoscaping also means providing places for birds and other wildlife to breed, shelter and find food year-round.

Pesticides and herbicides, which are causing world insect populations to decline, aren't used in naturoscapes, Bailey said. Fortunately, native plants generally are more resistant to local pathogens and pests than non-natives, she said.

"Providing habitat for beneficial and predatory insects is a much healthier way

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Lori Vollmer holds a young, potted California lilac, known for its blue blossoms. It is drought tolerant and also grows well in coastal areas.

(Janet Goetze)

to control pests than using chemicals," she said.

Naturescaping in Portland isn't necessarily the same as xeriscaping, which mimics a naturally dry environment. Plants in a xeriscape typically include succulents, cacti and others needing very little water.

Working organic compost into dirt can help retain moisture, Vollmer said, but avoid bark products because they draw nitrogen from soil. In future seasons, circle mulch about 2 inches around the base of a plant to add nutrients and tilth, or texture of the soil, she said.

To select plants, question nursery staff and read information tags, Vollmer said. The Oregon State University Extension

Service also has an "Ask the Expert" section at www.extension.oregonstate.edu.

Drought-resistant plants favoring full sun include yarrow, an Oregon native with yellow flowers; kinnikinnick, or bearberry, a low maintenance ground cover with small pink flowers; ceanothus, a shrub with blue flowers, commonly called California lilac; and Oregon grape, with glossy leaves and yellow spring flowers, which also tolerates partial shade.

Doing best in shade or part-shade are columbine, an Oregon native with bell-shaped flowers that attract hummingbirds; flowering currant; and bleeding heart, or Dicentra. ★

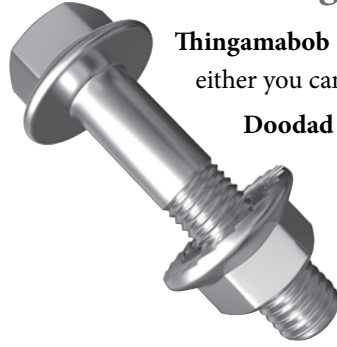


Judy Kokesh is a life-long gardener who enjoys working with homeowners to create beautiful and functional outdoor spaces with year-round interest. She specializes in the design of small city gardens, shrub and perennial borders, and serene shade gardens. Judy has a certificate in Landscape Design from the Arnold Arboretum.

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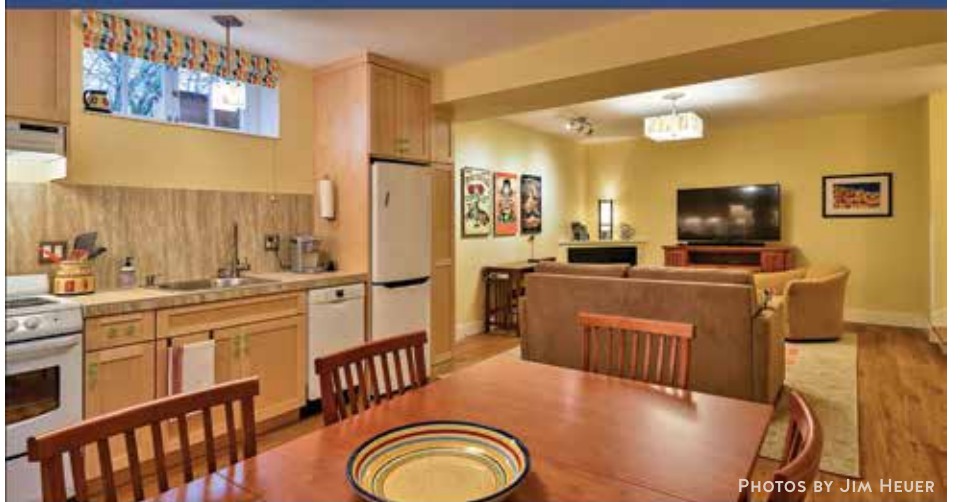
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STAR COMMUNITY NEWS

- CONTINUED FROM PAGE 12

CHILDREN'S THEATRE DIRECTOR TO RETIRE

Stan Foote, who has been with the Oregon Children's Theatre for 28 years, has announced his plan to retire as artistic director at the end of the 2018-19 season in September.

Associate Artistic Director Marcella Crowson will serve as interim artistic director while the theater board decides how to fill the role permanently, according to a news release. The theater headquarters are at 1939 N.E. Sandy Blvd.

Foote began working with the theater in 1991 to develop its education programs. He went on to shape the company's acting academy and the Young Professionals Company as well as programs in schools and the community. In 2001, he became the first artistic director for the company that has grown to be the region's largest provider of performing arts experiences for young people.

In making his announcement, Foote thanked the staff, board, patrons and artistic community for supporting him in his endeavors. "I am humbled by their trust and support and could not have done it without them," he said. "By the way, I see sunny beaches in my future. Salud!"

Board president Stan Penkin said of Foote: "His exceptional character, tireless spirit and unquestionable integrity are deeply embedded in an organization that will miss his presence."

A campaign will be launched to honor Foote's legacy and his contributions to the company will be recognized at an annual gala on Aug. 24. www.octc.org ★

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CHARLES: SPECIAL NEEDS CAT

By Kathy Eaton
A year ago, when I spotted a Red Tabby Manx named Charles in the Oregon Humane Society (OHS), he was in rough shape. This handsome insulin-dependent cat had been adopted and returned a few times, but when I learned he'd been abandoned, I wanted to take him home. It was not an impulse adoption for me, as I consulted with OHS veterinary staff and volunteers, plus my own vet at

Laurelhurst VCA, and knew he would require more care than other cats I've had.

Key to his health is a consistent feeding and insulin regime, with injections required twice daily. At the shelter, Charles had 6 a.m. and 6 p.m. meals with insulin shots, and a little lunch mid-day. He had lost three pounds and needed good, albeit low-carbohydrate, food. An experienced volunteer in the cattery,

Roseway resident Jill Hurtley, encouraged me to try injecting him. Jill shaved the scruff of his neck so I could see exactly where I was inserting the syringe. Like Charles, I'm insulin-dependent, so I knew the challenges of glucose monitoring and managing the variables faced by all diabetics: that tricky combination of food, insulin and exercise. But I had all the electronic tools for myself, including an insulin pump, that were not available to this cat.

His fur has grown back and since I inject Charles while he's eating from his food bowl, he doesn't flinch. I practiced giving him his morning shot while he was still in the shelter, so he wouldn't think I was a stranger when I whisked him away to his new, forever home. His lip-smacking antics in anticipation of eating never fails to make me smile.

Since adopting him on March 20,



Kathy Eaton holds Charles, a fellow diabetic who is thriving on a simple daily regimen. (Harold B. Gold)

Charles has been featured twice on local television: in April, on KPTV for National Pet Adoption day, and in October on KATU during the annual OHS Day of Giving. He enjoys listening to NPR, except during pledge week. This mini-me recently celebrated his 10th birthday living the good life in Hollywood. Like other diabetic animals waiting to be adopted, these creatures are not throwaways, and with proper care and love, bring so much joy to their humans. ★

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★ STAR BLOCK BY BLOCK



Eva Liu of Kings Omelets



Patty Muñoz of La Carretita



John "Jonesy" Jones of NW Flyfishing Outfitters



Jake, Jordan and Isaac Waits of the Outer Rim Bicycle Shop

- CONTINUED FROM PAGE 1

EAT/DRINK

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LA CARRETITA MEXICAN RESTAURANT

This offspring of the popular Brooklyn neighborhood eatery La Carreta took over the iconic building formerly occupied by the Original Taco House. Full disclosure: As a former haunt, the bar area held a certain sentimental value for this reporter, and we feared the new owners might cosmetically alter the joint beyond recognition. In fact, if it weren't for the temporary banner announcing the new name tacked over the old neon outside, we'd swear they hadn't changed a thing, and that includes the cuisine. The more things change, ... **Address: 3255 N.E. 82nd Ave. Phone: 503-255-0204. Web: www.la-carretita-mexican-restaurant.business.site.**

PHO OREGON RESTAURANT

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★ STAR IN REVIEW

- CONTINUED FROM PAGE 13

In 1966, the National Preservation Act was passed, establishing the National Register of Historic Places and thereby creating more opportunities to save historic buildings. Since 2010, the Northeast Irvington neighborhood has been listed on the National Register of Historic Places. In 2017, the Laurelhurst neighborhood association voted to move forward with a historic district nomination, which is currently pending final decision by the National Park Service's Keeper of the National Register of Historic Places. Progress halted for preservation in the mid-1990s, when the Oregon legislature enacted an owner consent rule and strengthened property rights.

In the final chapter of Lost Portland, Ballestrem acknowledges that sometimes there is no viable alternative to demolition, citing the Public Market as an example. "It was a big concrete blob, more than 600-feet long and three stories high," said Ballestrem, "and a perfect example of a Moderne-style building for the auto age. It was demolished in 1969, eventually making way for Waterfront Park."

Ballestrem's hope for Portland's future is that city leaders and developers will

thoughtfully consider environmental and social aspects of demolition and replacement. All architectural riches need not be lost. Lost Portland is available for purchase at the AHC and Powell's Books.

AHC PROGRAMS AND RESOURCES

Annually, AHC offers around 120 education programs, including dozens of neighborhood walking tours, classes and lectures. For twenty years, the self-guided Old House Revival Tour has attracted about 500 attendees, and six homes will be featured this year on April 13. For tickets, see www.visitAHC.org. Two popular classes offered annually include "How to Research the History of Your House" and "Portland 101" which explains how the city developed as it did. On April 27, AHC is again hosting a Wood Window Repair Workshop, which Ballestrem characterizes as "fix what you have versus ripping them out." This fall, AHC will offer a new class on garage architecture. Check AHC's website for program registration and information. The AHC, located at 701 S.E. Grand Ave., is open Wednesday through Saturday from 10 to 5. Call (503) 231-7264 for more information. ★

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