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Closure on the Waterfront Vera Katz Eastbank Esplanade to close for two months **PAGE 7**



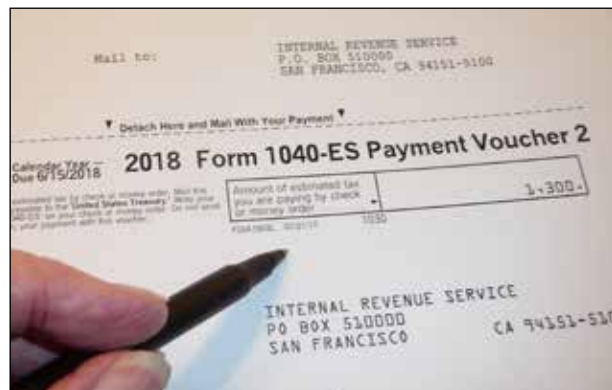
Historic Wrong Righted Davis family moves 1895 Mayo House **PAGE 5**



Tapalaya at Ten Viet/Cajun restaurant marks milestone **PAGE 16**



New Campus for Western States Former Banfield Head Quarters gets new life **PAGE 17**



Tax surprises this year New tax law brings some big changes **PAGE 2**



Streetcar to Hollywood? Feds award funds for new study **PAGE 7**

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Tax payers may find surprises in new legislation

Filing federal tax returns this year may bring surprises because of new tax tables, changes in deductions and tighter limits for deducting state and local taxes, according to local tax preparers.

The new law taking effect this year, called the Tax Cuts and Jobs Act, is the most sweeping tax legislation since reforms of 1986, local and national analysts say. It also will bring winners and losers who may not be prepared to be in one of those categories.

"I recommend that people find out early what their tax bill will be so, if they owe more than they expect, they can figure out how to come up with the money before April 15," said April Gutierrez, managing director of Pacific Northwest Tax Service, 2730 N.E. Broadway.

One source of surprises may be the new federal withholding tables, said Mary Wohler, owner of Able Business and Tax Service, 1777 N.E. Cesar Chavez Blvd. They were designed to generate bigger paychecks through the year, she said.

However, Wohler added, "They were not designed to provide refunds at the end of the year. If you did not self-adjust your withholding, your refund could be small



BY JANET GOETZE

JANETGOETZE@STAR-NEWS.INFO

or you may owe taxes at filing time."

To avoid a last minute need for tax money next year, she suggested submitting a form W-4 this year reflecting "single and zero" withholding.

State and local taxes can be deducted on federal returns, but the amount is limited to \$10,000. Areas with higher property taxes, the case in many sections of Portland, will feel this change.

The "postcard" return that some lawmakers claimed would make tax

preparation easier didn't materialize, Wohler and Gutierrez said. Instead, analysts writing about the legislation in national publications point out that preparing a tax return this year may take 20 percent more time than in the past. Fees to tax preparers also may be higher in many cases.

"The new 'postcard' has as many as six new schedules required to be completed and attached," Wohler said. "Oregon has created new forms to adjust for differences between state and federal tax law."

The revised child tax credit may cause unexpected changes for some families, Gutierrez said. Those with children 16 and younger will see the credit doubled from \$1,000 per child to \$2,000. However, those with children 17 and older will have a credit of only \$500 each. It's possible parents with older children will pay more tax this year, she said.

Standard federal deductions are higher for single people, married people filing separately, heads of households and married couples filing jointly. Those changes may, in effect, eliminate the need to itemize charitable deductions on federal returns, analysts note. However, Oregon didn't change the standard deduction other than the minimal annual increase, Wohler said. It's possible to use the standard deduction for federal returns and itemize for Oregon returns, she said.

"We still need to accumulate (taxpayer's) information on medical, tax, mortgage interest, charity and other deductions," Wohler said, "and apply the new rules for comparison of what is best overall to complete your tax return."

The mortgage interest deduction has in the past covered loans up to \$1 million, but that amount drops to \$750,000 for mortgages taken after Dec. 15, 2017. Others are grandfathered in, according to Matthew Frankel of The Motley Fool, an investor advising service. In addition, the interest on home equity credit lines no

- CONTINUED ON PAGE 4

The Hollywood Star News

Serving North and Northeast Portland Metropolitan Neighborhoods. Published monthly in Northeast Portland.

www.star-news.info

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Portland, OR 97213

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Editorial deadline: 15th of the month
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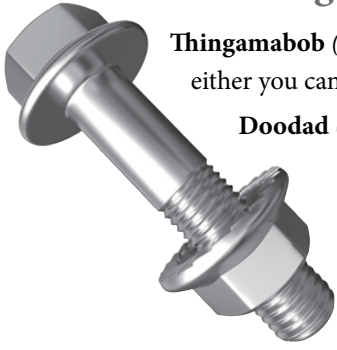
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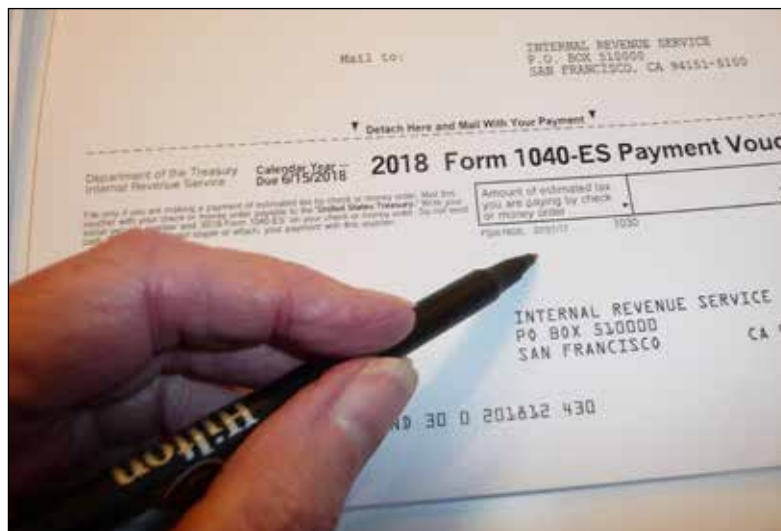
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Tax payers may find surprises when filing returns this year, local tax preparation professionals say. New legislation changes deductions for mortgages, child credits and other items. File early, one preparer advises, in case you have to come up with funds to pay more tax. (Janet Goetze)

longer is deductible.

In coming years, those changes are going to have significant effects on taxpayers in areas with high housing costs such as New York, San Francisco, Seattle and Portland, Gutierrez said.

A more upbeat deduction is for unreimbursed medical expenses. The old threshold for claiming deductions was 10 percent of adjusted gross income, but the new figure is 7.5 percent. With adjusted income of \$50,000, for instance, the old threshold was \$5,000 but the new mark is \$3,750 when deductions can start, according to Motley Fool.

The new law is eliminating moving expenses as well as costs associated with house damage due to fire or wind unless it's in a federal disaster area, Gutierrez said. However, some of her clients in the building trades who help rebuild in disaster areas no longer will be able to deduct travel and living costs associated

with that work, she said.

The new tax law was designed to give breaks to businesses, which is evident in the new tax brackets with reduced tax rates, said Gutierrez. The law passed by a narrow margin and, she said, might have been improved with more public hearings.

"They have robbed Peter to pay Paul," she said. "Sometimes you're Peter and sometimes you're Paul." ★


The AARP Foundation Tax-Aide offers free assistance with

tax preparation for low- to moderate-income people, especially those 50 and older, at many sites in North and Northeast Portland. The times and dates for appointments vary. Volunteers recommend calling as soon as possible to make an appointment.

Taxpayers should bring the previous year's tax return, a Social Security card or document showing a taxpayer identification number, government-issued photo identification and other papers listed at www.aarp.org/money/taxes/aarp_taxaide/. That site also lists the places where free help with tax preparation is offered.

The sites include senior centers, libraries, community centers and a Lloyd Center office of CASH Oregon, which aims to serve low-income people as it works in partnership with AARP Tax-Aide.

The sites include Concordia University, 2811 N.E. Holman St.; Multicultural Senior Center, 5525 N.E. Martin Luther King Jr. Blvd.; North Portland library, 512 N. Killingsworth St.; Matt Dishman Community Center, 77 N.E. Knott St.; Hollywood Senior Center, 1820 N.E. 40th Ave.; Salvation Army Rose Center, 211 N.E. 18th Ave.; Peace Lutheran Church, 2201 N. Rosa Parks Way; and New Columbia Opportunity Center, 4610 N. Trenton St.



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The Queen Anne-style Mayo house, built in 1895, is jacked up for a move on Northeast Sacramento Street to Davis family property. A city decision prevented the family from rehabilitating a building on the land in 1982. Now the Davises can rehab a building to include art and history of the African American diaspora from the Eliot neighborhood. (Janet Goetze)

FAMILY GAINS HOUSE, UNLIKE 1982 DECISION

City commissioners expected to consider some mundane land-use proposals involving a historic house on Northeast Sacramento Street. Instead, they heard a history lesson about an African American family's thwarted effort to gain financially from their property because of a 1980s council decision.

The house in question was built in 1895 by an Austrian immigrant, Martin Mayo. Cleo Davis Jr., whose family owns property west of the ornate, Queen Anne-style house, is working with preservation groups to move the house to land his grandmother purchased in 1982. A developer plans to build 10 townhouses on the Mayo house's land and adjacent property.

In 1982, Davis told the commissioners in mid-January, his grandmother's land had a seven-unit apartment building on it that her sons, one an engineer and the others experienced in building trades, planned to rehabilitate and rent for income.

However, Davis said, his grandmother, Julia Davis Williams, didn't realize that the previous owner's failure to maintain the building had marked it for demolition because of a cracked foundation and other deficiencies. His grandmother spent two years trying to get permits to work on the building. However, the city wanted a \$50,000 bond before issuing permits. Her

family didn't have that kind of money 37 years ago, Davis said.

The apartment building was demolished along with the family's hope for rental income. However, they hung on to the property, living in a small house at the back of the lot.

Preserving the Mayo house would help the Eliot neighborhood retain a piece of its architectural history, which has been slipping away as African American families have left the area, city staff and a city landmarks commissioner said.

Moving it to a site where the Davis family tried to rehabilitate another historic structure is a bit of irony. However, Davis and his wife, Kayin Talton Davis, are engineers and artists who plan to create a public space for local history, art and culture in the Mayo house.

As the city commissioners unanimously approved zoning changes for the move, they also waived more than \$40,000 in systems development charges that usually go to water, sewer, parks and other services. That action is rare but has been done for other historic structures.

Commissioners also called the bond requirement of the 1980s a barrier to opportunity, especially for African Americans who faced bias in property ownership and other economic advancement. It's the kind of complaint the city still hears, said Mayor Ted Wheeler.

"What we've had is a hearing on Portland's history and not just the

zoning code," said Councilor Nick Fish. "It's rare that we get to right a wrong within one generation."

IS GOVERNMENT FORM RIGHT FOR PORTLAND?

A volunteer committee with the City Club has been researching Portland's commission form of government for more than a year and now is asking, "Does Portland's system of government work?"

The committee will highlight the research findings at 6:30 p.m. Feb. 12 at the Alberta Rose Theatre, 3000 N.E. Alberta St. The goal is to consider whether the governmental structure gives Portlanders the tools needed to address complex issues such as race, policing and housing.

Doors will open at 5:30 p.m. Tickets are on a sliding scale from \$5 to \$20, with a portion of tickets at no cost: www.albertarose theatre.com.

The program will include a history of the commission form of government here and around the country, challenges faced by residents and leaders working in the current structure, and a question and comment period.

The City Club of Portland is a nonprofit, nonpartisan education and research-based civic organization dedicated to community service, public affairs and leadership development.

FEB. 4 DEADLINE SET FOR HOUSING PLANS

The deadline has been extended to Feb. 4 for faith organizations to apply for assistance in developing affordable housing. The aid is part of a pilot project aimed at increasing Portland's number of safe and affordable housing units.

The deadline was extended from mid-January at the request of organizations that said they needed more time to complete an application, said Nan Stark, the project manager in the Portland Bureau of Planning and Sustainability.

She hopes at least 10 organizations apply for the assistance to determine what type of housing will fit on the proposed site, what is financially feasible and which city policies or regulations must be considered. Three to five groups will be selected for the program in mid-February, Stark said.

Metro, the regional government, is providing a \$125,000 grant to be managed by the city bureau. Two

planning consultants will receive \$55,000 of the grant to work on housing design and development with selected organizations. The two are Carleton Hart Architects and The Nielson Group. An earlier story incorrectly stated that selected organizations would receive funds.

The application form is available at <https://www.portlandoregon.gov/bps/78156>. Stark may be reached at nan.stark@portlandoregon.gov or (503) 823-3986.

E-SCOOTERS TO RETURN FOR SPRING PROGRAM

The Portland Bureau of Transportation plans to conduct a second pilot program on e-scooters in the spring, after learning 62 percent of Portlanders view them positively, according to a bureau news release.

The beginning date for a one-year pilot program hasn't been set. Transportation staff will brief community groups and transportation advisory committees on the findings of the 2018 E-Scooter Findings Report and seek input on how to conduct the second program. The first pilot program was from July 23 to Nov. 20, 2018.

The report is available at www.portlandoregon.gov/transportation/e-scooter. Residents also can use that site to sign up for email updates for an online open house to offer ideas on e-scooter use. Some challenges have included sidewalk riding, improper parking and providing scooters in all parts of the city.

Chloe Eudaly, the transportation commissioner, said, "While this technology has the potential to reduce congestion and pollution, I remain concerned about the unlawful use of e-scooters on sidewalks and in city parks, and the impact of e-scooters on people with mobility challenges or vision impairment. We will continue to seek public input on how best to serve all Portlanders."

The Multnomah County Health Department reported that e-scooters were subject to risks similar to other transportation modes. Scooter-related injuries, including injuries from non-motorized scooters, were a small portion of total traffic crash injuries, the department said.

- CONTINUED ON PAGE 18

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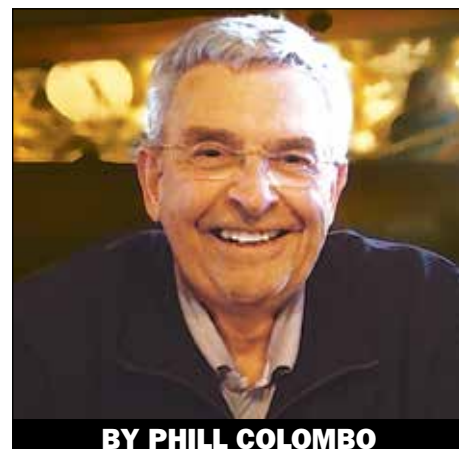
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PACIFIC POWER CUSTOMERS RECEIVING NEW "SMART" ELECTRIC METERS

At the end of January, orange-vested Aclara installers contracted by Pacific Power began converting analog electric meters to digital "smart" meters. The installations are covering 80,000 homes and businesses across North and Northeast Portland, parts of downtown and Southeast and the city of Maywood Park. Customers' power will be interrupted for about five minutes during the changeover, and notices are being sent by mail in advance of the switch.

Diana Knous, Pacific Power's Multnomah County regional business manager explained, "We're installing smart meters in Portland as part of a statewide upgrade for the homes and businesses we serve...a project that will enable our communities to take advantage of faster, more efficient energy technology."

More than 70 million smart meters have been installed nationwide in businesses and half of all U.S. households. Knous said the new meters are a key component of an energy grid update, as the current grid is operating on technology designed a century ago. The new meters will help



BY PHILL COLOMBO

PHILLCOLOMBO@STAR-NEWS.INFO

Pacific Power hold down operating costs and improve customer service and reliability while maintaining the highest standards of security and customer privacy, Knous added.

The smart electric meters will track outages, allowing faster service response and shorter outages overall; let customers view power usage hour-by-hour so they can make activity adjustments to reduce carbon footprint and power costs; provide businesses with detailed usage reporting to help cut costs and make investments in items fostering business growth; and

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STAR DEVELOPMENT NEWS



An Aclara installation team updates a Pacific Power electric meter, giving almost 80,000 Portland homes and businesses access to informative and useful power consumption data. Pacific Power said the new meters will also enable the utility to cut power costs. (Pacific Power)

update the grid to work more efficiently. Pacific Power meter readers will manually check newly installed smart meters for at least one month to confirm everything is working correctly. Thereafter, meter reading will be remote. About six weeks following meter installations, when all area installations are complete, customers will be able to sign in to their Pacific Power account online to access the detailed usage data. Customers with concerns should call Pacific Power's customer service at 1-800-221-7070 to confirm their scheduled installation. Additional information is available at www.pacificpower.net/smartmeter.

VERA KATZ EASTBANK ESPLANADE TO CLOSE FOR TWO MONTHS, WALKERS AND CYCLISTS TO DETOUR TO WEST SIDE

Beginning February 1, walkers and bike riders using the Vera Katz Eastbank Esplanade will take a detour to Southwest Naito Parkway between the Steel and Hawthorne bridges. Portland Parks and Recreation Commissioner Nick Fish said the closure is necessary for Esplanade improvements and repair. "The Eastbank Esplanade is treasured by Portlanders for both commuting and recreation," Fish said, "and this long-planned project will improve safety and park amenities, replace invasive vegetation with native species, and restore our public art." Project work will include replacing degraded surfaces and amenities, including repairing concrete, installing new and improved lights, removing graffiti and trash, power-washing hard surfaces and repairing irrigation. Fish also thanked other city bureaus and a private nonprofit for collaboration in the project: the Bureau



A mile-long stretch of Portland's Vera Katz Eastbank Esplanade will be closed over the next two months for upgrades and repair. Walkers and bike riders will detour to S.W. Naito Parkway during the closure, but the Esplanade will be open for previously-scheduled events. (Portland Parks & Recreation)

of Transportation for providing the Southwest Naito detour; Environmental Services for removing dead trees and invasive plant species and planting native plants; and the Regional Arts and Culture Council for restoring art installations, including a bronze statue of Mayor Katz and five other significant works. Fish assured that the previously scheduled Worst Day of the Year Ride on Sunday, February 10 and Shamrock Run on Sunday, March 17 will find the trail opened and safe for the public. Portland's 2018-19 Budget includes \$500,000 in one-time General Fund resources plus \$200,000 in ongoing funding for maintenance to begin making Esplanade safety and functional improvements. The Transportation Bureau said the Eastbank Esplanade carries approximately 2,400 bike trips and approximately 1,200 walking trips daily during summer months.

FEDERAL FUNDS HELP SPEED UP EXPANSION OF STREETCAR SERVICE TO HOLLYWOOD

City officials applauded the inclusion of Portland's Streetcar on a list of more than a dozen Federal Transit Administration grants announced at the end of 2018, when the federal government awarded \$16.6 million to 20 projects across the country. The \$1.1 million for Portland, according to Transportation Commissioner Chloe Eudaly, "will help us continue to set an example for the nation in reducing carbon emissions as we grow our economy and address the housing crisis." Public transit expansion will reduce traffic congestion and provide more opportunities for Portlanders to walk, roll and bike through our public transit-oriented community,

- CONTINUED ON PAGE 8

*Helen Raptis**
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★ STAR DEVELOPMENT NEWS



Preliminary work to begin planning for Portland Streetcar expansion to the Hollywood Transit Center will be assisted by a federal grant announced in December. The \$1.1-million in federal funding will combine with city council-approved money to speed up the extension of Streetcar service to Northeast and Northwest Portland. (Portland Streetcar, Inc.)

Eudaly explained.

While funds will be applied initially to determine an optimal streetcar route to Northwest Portland's Montgomery Park, long-range plans include studying a streetcar expansion to Northeast Portland's Hollywood District. Portland Streetcar spokesman Andrew Plambeck said the Montgomery Park route was a work in progress, but the grant money will allow the city and streetcar planners to dive into the eastside, exploring potential zoning changes in service expansion areas, as well as traffic impacts.

APPLICATIONS, PERMITS, UPDATES

In Alameda, Ronald Theda and Sandy Hanson are seeking assistance with an application to construct a new two-story single-family residence with an attached garage at 3275 N.E. Bryce St.

In Arbor Lodge, Greenwich Condos LLC of Milwaukie has a permit to demolish a 1,110-square-foot single-family residence built in 1940 at 6826 N. Greenwich Ave. Plans to build a nine-unit, three-story apartment building are under review.

In Buckman, Rland Development Co. LLC, has asked for assistance with an application to deconstruct a 2,460-square-foot single-family residence built in 1903 at 1122 S.E. Ankeny St. Plans to build a six-story, 16-unit apartment building are also under review.

In Concordia, Guy Bryant of Lake Oswego has requested assistance with an application to deconstruct a 790-square-foot single-family residence built in 1913 at 5246 N.E. 22nd Ave. Plans are under review to construct a two-story duplex with a detached garage.

At 6430, 6436 and 6442 N.E. 31st Ave., Everett Custom Homes of Northwest Portland has secured permits to construct three two-story single-family residences with detached single-vehicle garages. The property was previously occupied by a 1,450-square-foot single family residence built in 1941.

At 2380 N.E. Jarrett St., Modern NW,

Inc. of Northeast Portland has permission to construct a three-story single-family residence with a tuck-under garage on a vacant lot.

In Eliot, Farzan and Gita Enayati of Northwest Portland have permission to demolish a 720-square-foot single-family residence and garage built in 1954 at 136 N.E. Stanton St. and replace those structures with six townhouse units in three three-story buildings at 170, 174, 178, 182, 186 and 190 N.E. Stanton St.

In Humboldt, Homes with Style of Clackamas has a permit to construct a three-story single-family home with a single car garage at 574 N. Blandena St.

In Kenton, David Bates, Janice Bates and Mollie Willis have secured a permit to build a two-story single-family residence with no garage on a vacant lot at 2214 N. Farragut St.

At 7643 N. Chatham Ave., DBS Group LLC of Tualatin has requested assistance with an application to build a three-story single-family residence along with a two-story accessory dwelling unit.

At 3019 N. Hunt St., SDB Investments LLC of Southeast Portland has been granted a permit to construct a two-story single-family residence with a single-vehicle garage on a vacant lot.

In Montavilla, Andrew Dryden of Washougal, Wash., has permission to build a single-family two-story residence with a single-vehicle garage at 411 N.E. 74th Ave.

At 9160 and 9180 S.E. Oak St., Urban Design Concepts of Beavercreek has secured permits to construct two single-family two-story residences with attached garages on vacant lots.

In North Tabor, Katherine Joseph is seeking assistance with an application to deconstruct a 1,600-square-foot single family residence at 230 N.E. 65th Ave. built in 1901. The application is subject to appeals which must be filed before 4:30 P.M. February 14.

At 625 N.E. 62nd Ave., PDX Living LLC of Southeast Portland has asked

- CONTINUED ON PAGE 10

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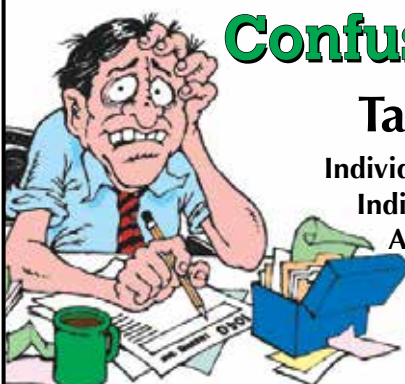
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★ STAR DEVELOPMENT NEWS

for assistance with an application to build two three-story townhouses. Each townhouse will contain two units.

In Overlook, Alpina Properties LLC of Clackamas has been permitted to deconstruct an 830-square-foot single-family residence built in 1910 at 5625 N. Gay Ave.

At 1525, 1527, 1529, 1533, 1535 and 1537 N. Blandena St., Portland Community Reinvestment has been granted permits to construct six attached townhouses. The three-story building will be built on one lot with no garages.

In Piedmont, the City of Portland is building a four-story affordable housing apartment building with covered parking and two-story townhomes at 6465 N.E. Martin Luther King, Jr. Blvd.

In Roseway, Rich and Katrina Daume have requested assistance with an application to build a two-story single-family residence with a single vehicle, tuck-under garage on a vacant lot at 6452 N.E. Prescott St.

In Woodlawn, Firenze Development of Wilsonville has requested early assistance with an application to demolish a single-family residence built in 1950 at 7122 N.E. Eighth Ave.

At 7106 N.E. Eighth Ave., Firenze Development has the deconstruction of a 1,050-square-foot single-family residence built in 1893 under inspection. A 120-day demolition delay was completed in November.

At 6235 N.E. 16th Ave., Benna Gottfried is asking for assistance with an application to construct a one-story single-family dwelling with an attached garage. Permission to demolish an 800-square-foot single family residence built in 1927 was granted last summer. ★

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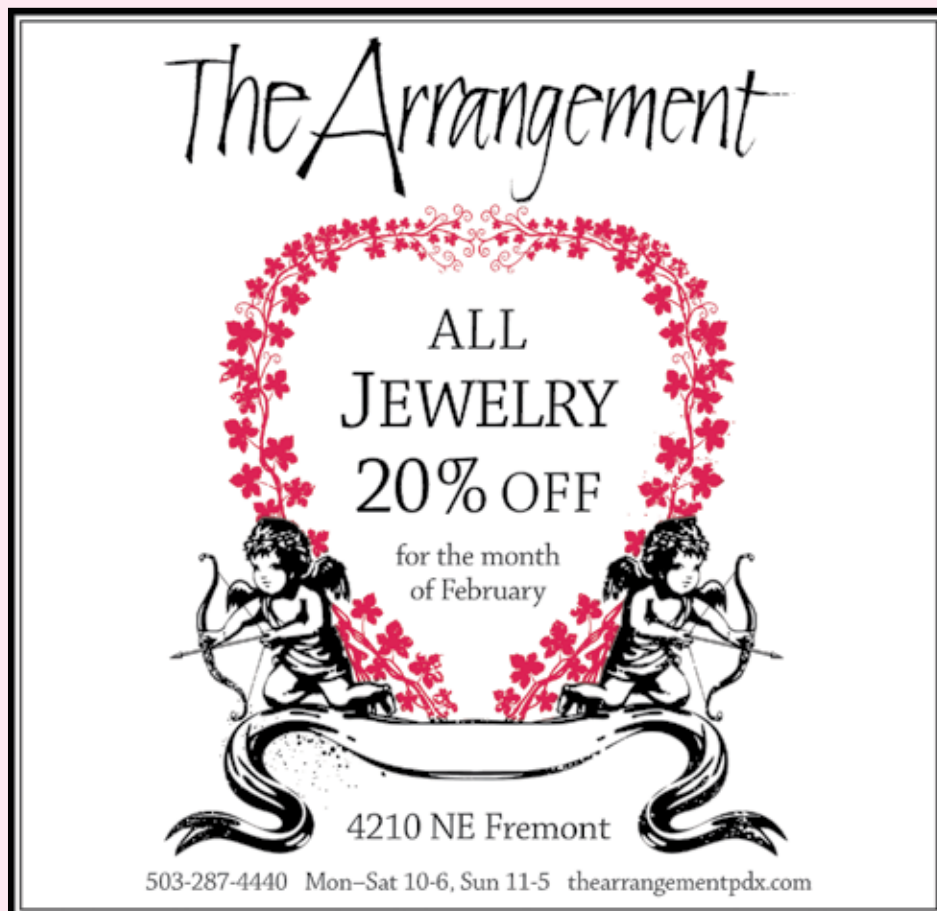
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★ STAR FOCUS PHILANTHROPY

Big change happens collectively



Girlfriends gather at an educational event for members.

collective giving circles.

“Women follow their passions and values by grant-making on this scale to leverage funds for local nonprofit organizations,” said Jinx Faulker, a founding member. The all-volunteer membership is “not about a who’s who,” said Faulker. The genuine democracy of the decision-making processes appealed to Mehren, who was impressed by the cohesiveness within a laterally structured group. “Women are affiliative creatures, and so everything gets done because someone steps up to do it.”

LEVERAGING GRANT DOLLARS

Girlfriends awards grants in five giving areas: arts and culture; education; environment and sustainability; family and human services; and health and wellness. According to Faulker, Portland nonprofit groups typically receive grants averaging \$5,000. Last year, Girlfriends awarded \$400,000 in grants to three nonprofit organizations, with each receiving \$100,000, and eight others received either \$20,000 or \$12,200.

By networking and outreach to local nonprofit organizations, Girlfriends received letters of interest from five different giving areas. Grant review teams screened the 2-page letters of intent and selected 3-4 projects of interest, asking for more information from these groups. After conducting more in-depth analysis, on-site visits and financial reviews, each team presented finalists for members to consider funding. Girlfriends review teams were particularly interested in how organizations work strategically, describing how their project will impact regionally.

After selecting finalists, these groups are coached on presenting a seven-minute talk on why they should receive a \$100,000 grant. “Meet the Finalists” is a popular event with members as they learn about these projects and how their collective contributions can make a big difference. “It’s fun and educational,” said Faulker. “There is no right or wrong answer.” Members have one week to vote, and their vote is confidential.



BY KATHY EATON

KATHEATON@STAR-NEWS.INFO

“I joined Ninety-Nine Girlfriends shortly after moving to Portland because the idea intrigued me; it just made so much sense to pool resources to provide major gifts that would guarantee real impact for local organizations,” said Elizabeth Mehren, who joined the volunteer philanthropy group in 2017. Since it was cofounded by Deborah Edward and Eileen Brady in 2016, Ninety-Nine Girlfriends (Girlfriends) has grown to 401 members, each donating \$1100 annually to fund nonprofit organizations in the Portland area. They follow a national model of independent women’s

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STAR FOCUS PHILANTHROPY

GIRLFRIENDS: DIVERSE MEMBERSHIP

In December the group opened up the cycle for 2019, with a target of engaging 525 members in 2019. Existing members reach out to friends to join and sponsor educational events open to non-members. Mehren noted that it's a great way to meet interesting women who care about their community. "Ninety-Nine Girlfriends also boasts age and professional diversity," she said. For more information: www.ninetyninegirlfriends.com.

A Fellows program within their organization attracts younger women, age 20-35, who may not have the means to initially donate full member fees. "We seek to include unique voices and different perspectives," said Faulker, so they structured a three-year commitment from this cohort. Fellows each contribute \$100 the first year, then \$250, and by the third year, contribute \$500. Fellows are assigned a mentor aligned with their skills and interests, and each fellow volunteers in some capacity within the organization.

Emma Hoyle first learned about Ninety-Nine Girlfriends in 2017, when Portland Housing Family Solutions (PHFS), where she works as development director, was awarded a \$100,000 program grant. PHFS had piloted a program to help families stay in their homes when faced with an emergency financial crisis, and they learned that \$1500 could prevent family homelessness compared to \$10,000 generally needed to shelter a family. Since receiving the Ninety-Nine Girlfriends grant, PHFS has raised an additional \$60,000 to help 89 families needing financial assistance to stay in their homes. Hoyle was inspired to join Girlfriends when she learned annual fees were reduced to make membership more accessible.

"It's an amazing opportunity to work with women who share a wealth of knowledge and experience to make big changes happen collectively," said Hoyle. PHFS subsequently launched a capital campaign to raise funds to build the first family shelter in Oregon, with long-range plans to build an additional 30-40 affordable housing units on the property they acquired in the Lents neighborhood.

To learn more: www.pdxhfs.org.

Hoyle acknowledged that sizable

grants are transformational for nonprofits, but Girlfriends members who share their skills and experience, volunteering and involvement with nonprofits are equally valuable.

LEAN: HELPING PEOPLE MAKE WORK BETTER

Lean Portland is an organization focused on helping nonprofits by applying principles rooted in efficiency and continuous improvement. When Matt Horvat, an internal process and healthcare professional moved to Portland, he sought to become more involved in the community. He met a group of like-minded individuals who through networking made connections with nonprofit groups interested in improving their organization. Since 2013, their clients have included Free Geek, the ReBuilding Center, Social Venture Partners, and Depave, a nonprofit that transforms over-paved surfaces into vibrant greenspaces.

Lean Portland is committed to education and networking events and providing community consulting. "While experience or interest in Lean brings us together, we are really all about giving back to the community and building relationships," said Horvat. Passionate about topics ranging from the environment to healthcare, Lean Portland members outreach to nonprofits by conducting free workshops throughout the year in Lean and Six Sigma.

The underlying principles of Lean thinking include: standardization, creating flow, visual management, and problem-solving. The challenge to applying these principles is engaging people to actually do it, according to Lean communications lead Maria Grzanka. "Organizational culture plays an enormous role in implementing these principles. Work elements need to be integrated with behavior, habits and mindset. Organizations often skip the sustaining part because it's hard," she said.

To learn more about Lean Portland, drop by a happy hour event held every first Tuesday of the month. Their next meeting on February 5 will take place at Lucky Lab Beer Hall, 1945 N.W. Quimby St., and focus on gathering feedback from the community on what topics and/or speakers they would like to see in 2019. Information about upcoming events and workshops are posted to their website: www.leanportland.com. ★



One of the Ninety-Nine Girlfriends review teams gather to screen letters of intent and select 3-4 projects of interest for further funding consideration by members. (Ninety Nine Girlfriends)



Lean Portland members left to right, front row: Matt Horvat, Brion Hurley, Alex Ball; middle row: Maria Grzanka, Ernest Mayer, Brittany Sale; back row: Brock Husby, John Buzzard. The group welcomes the community to join them at monthly happy hour events to share ways to make work better. (Lean Portland)

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Feb. 1. 3:15-5:15 p.m. Continues Fridays to Feb. 22. Kids can create their own art projects with staff support. \$12 for one hour, \$18 for two hours. No registration required. Information: www.sparkartcenter.com or (503) 281-6757. Spark Art Center, 1805 N.E. Cesar Chavez Blvd.

MAKE PUPPETS, STORIES

Feb. 2. 1-2:30 p.m. After reading "The Mitten" by Jan Brett, children ages 4-10 mix recycled and craft materials to create puppet characters from the book. Puppetkabob shows how to create winter animals and perform snow stories. Free. (503) 988-5123. www.multcolib.org. Gregory Heights library, 7921 N.E. Sandy Blvd.

ART FOR PRESCHOOLERS

Feb. 4-28. 9 a.m. to 12 Noon. Monday to Friday. Children ages 2-6 years can paint, collage and build with clay with parents or grandparents. Craft projects change weekly. \$8 for one hour, \$10 for two hours. No registration required. Information: www.sparkartcenter.com or (503) 281-6757. Spark Arts Center, 1805 N.E. Cesar Chavez Blvd.

VISIT ST. ROSE SCHOOL

Feb. 5. 6 p.m. St. Rose School invites parents and students to a middle school open house. The school provides a comprehensive educational program that includes art, music and physical education. RSVP to info@strosepx.org or (503) 281-1912. Information: strosepx.org. St. Rose School, 5309 N.E. Alameda.

MUSIC FOR LEARNING

Feb. 7. 10:30-11:30 a.m. Zumbini is an early childhood education program using music and movement to promote cognitive, social, fine/gross motor skills and emotional development for children ages 0-5. Parent or guardian is needed for each child in the class. Free. Registration required: (503) 988-5123 or www.multcolib.org or in North Portland library, 512 N. Killingsworth St.

CELEBRATE NEW YEAR

Feb. 9. 2-4 p.m. Everyone is invited to celebrate the Lunar New Year with cultural performances, educational activities and light refreshments. The new year is one of the most important holidays in many Asian cultures, celebrating life, good health and prosperity. Free. (503) 988-5123. www.multcolib.org. Gregory Heights library, 7921 N.E. Sandy Blvd.

DISCUSS FEMINISM

Feb. 12. 6:30-7:30 p.m. The members of the Jefferson High School Women's Empowerment Club lead a discussion about issues in "We Should All Be Feminists," the youth selection for the "Everybody Reads" program of the Multnomah County Library. Free. (503) 988-5123. www.multcolib.com. North Portland library, 512 N. Killingsworth St.

MAKE FELT GEODES

Feb. 16. 1-3 p.m. Children age 3 and older, with an adult, create geodes, which reveal a surprise of color and crystals when opened. Make a felt geode using colored sheep's wool and hot soapy water in a felting workshop with instructor LeBrie Rich. No experience required. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St.

CREATE HERO MAGNETS

Feb. 16. 3-5 p.m. Kids in grades K-5, with their favorite adults, repurpose comic books by cutting out heroes and villains, gluing them to glass disks and adding magnets. Free. (503) 988-5123. www.multcolib.org. Kenton library, 8226 N. Denver Ave.

VISIT HOLLYWOOD

Feb. 21. 9-10 a.m. or 6:30-7:30 p.m. Learn about the Hollywood kindergarten program for the 2019-20 school year and meet the principal and assistant principal. Registration packets available; return by May 1. Parents only because of lack of space. Bring child's birth certificate, proof of address, proof of immunizations and emergency contact names and telephone numbers. Information: (503) 916-6766. Beverly Cleary Hollywood campus, 3560 N.E. Hollywood Court, one block south of Knott Street.

FIND A FIRST JOB

Feb. 23. 3-4:30 p.m. Teens learn how to make an indelible impression during a job interview by telling a compelling story about themselves. Find the right first job. Free. (503) 988-5123. www.multcolib.org. Kenton library, 8226 N. Denver Ave.

SEEART**EXPERIENCE VIDEO**

Feb. 1. 12 Noon to 5 p.m. Continues Fridays to Sundays until Feb. 17. A multi-media installation, "as if I was a thing I could do in the dark," is by Dylan Mira. The work centers on a video inspired by two family members. Her uncle rides his motorcycle across the 38th parallel into North Korea. Her great-grandmother lived as a shama under the Japanese Occupation when the practice was outlawed. Free. www.disjecta.org. (503) 286-9449. Disjecta Contemporary Art Center, 8371 N. Interstate Ave.

VIEW GLASS, CERAMICS

Feb. 2. 11 a.m. to 6 p.m. In the Main Gallery, Paula Blackwell shows work in abstract with a complex, playful fusion of color, shape and atmosphere. Hanna Traynham's wheel-thrown ceramic sculptures are altered and carved. In the Feature Area, Celeste LeBlanc shows her kiln-formed glass. Free viewing. www.guardinogallery.com. (503) 281-9048. Guardino Gallery, 2939 N.E. Alberta St.

ORIGAMI COUNTS SOULS

Feb. 7. 2:30-7:30 p.m. "Gallery of Souls" includes nearly 3,000 origami boxes, each carrying the name of a gunfire victim and an image or a statement about the U.S. gunfire epidemic. Portland artist Leslie Lee began the national project in October 2017 as a tangible illustration of the number of people killed or injured by gunfire. Hours: 2:30-7:30 p.m. Feb. 7, 8 and 12; 2:30-5:30 p.m. Feb. 9. Free. www.cerimonhouse.org/calendar/ Cerimon House, 5131 N.E. 23rd Ave.

FORBOOKLOVERS**FOCUS ON ELDER HEALTH**

Feb. 6. 7 p.m. Marcy Cottrell Houle and Dr. Elizabeth Eckstrom read from their revised paperback edition of "The Gift of Caring: Saving Our Parents - and Ourselves - from the Perils of Modern Healthcare." Free reading.

(503) 284-1726. www.broadwaybooks.net. Broadway Books, 1714 N.E. Broadway.

READ BLACK WRITERS

Feb. 10. 2-3:30 p.m. Join an African American Read-In with community leaders, teachers, students and local celebrities reading from their favorite works by African American writers. Fiction and nonfiction are featured for all ages. Community members are welcome to read from favorite books. Co-sponsored by Portland Reading Council and Multnomah County Library. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St.

WRITERS TO READ

Feb. 12. 7 p.m. Hear seven writers whose short stories are in the anthology, "Strongly Worded Women," published by Not a Pipe Publishing of Independence, Oregon. The company published only the varied work of women writers in 2018. The seven include Tonya Lippert, Sydney Culpepper, Elizabeth Beechwood, Lizzy Carney, Debby Dodds, Julia Figliotti and Chloe Haterman. (503) 284-1726. www.broadwaybooks.net. Broadway Books, 1714 N.E. Broadway.

DISCUSS CLASSIC BOOK

Feb. 17. 2-4 p.m. A classics Pageturners book group discusses "The Autumn of the Patriarch" by Gabriel Garcia Marquez. Free. (503) 988-5123. www.multcolib.org. Hollywood library, 4040 N.E. Tillamook St.

HEAR MUSIC**LISTEN TO BACH**

Feb. 3. 2 p.m. The Bach Cantata Choir of Portland presents a "Super Bach" concert, including music by Handel, Mendelssohn and Monteverdi as well as Bach's Cantata No. 51 with a chamber orchestra and soloists Vakare Petrovinaite, soprano, and Gerald Webster, trumpet. Free will offering. www.bachcantatachoir.org. Rose City Park Presbyterian Church, 1907 N.E. 45th Ave.

HEAR MUSIC BY WOMEN

Feb. 3. 4 p.m. "Women Singing Women" includes an ensemble presenting works by women composers, including a new commission by Melissa Dunphy with texts by Dr. Christine Blasey Ford and Prof. Anita Hill. Tickets: \$30 general, \$25 seniors, \$15 students/artists, \$5 Arts for All. www.resonancechoral.org. Cerimon House, 5131 N.E. 23rd Ave.

BAYOU BOYZ PLAY

Feb. 4. 7:30-10:30 p.m. Continues Mondays. Bayou Boyz play blues, rock, gospel zydeco and more. Family friendly. No cover. Mekong Bistro, 8200 N.E. Siskiyou St.

PEACE CHOIRS TO SING

Feb. 17. 3-5:30 p.m. "Songs of Strength and Courage" are presented by Oregon's Peace Choirs, which seek to promote peace through music. The groups include the Portland Peace Choir, the Eugene Peace Choir, In Accord Community Choir and the Rogue Valley Peace Choir. Enjoy a bake sale at intermission. Free concert. www.portlandpeacechoir.org. Central Lutheran Church, 1820 N.E. 21st Ave.

HEAR FLUTE MUSIC

Feb. 23. 7 p.m. Jan Michael Looking Wolf shares music from his new CD "Flute Dance" with Robin Gentlewolf. Free concert but donations may be made to the Great Spirit Community outreach programs: \$10 general, \$5 elders 55 and older. www.greatspiritpdx.com. Great Spirit United Methodist Church, 3917 N.E. Shaver St.

SEE A PLAY**CHAT ABOUT BARBRA**

Feb. 1. 7:30 p.m. "I'll Eat you Last: A Chat with Sue Mengers" who represented Barbra Streisand, playing alongside Gene Hackman in the 1981 movie "All Night Long." Sue negotiated a contract of \$44.5 million, but the film flopped, making only \$44.4 million. Did she represent Barbara after that? Sue, played by Helen Raptis in this one-woman show, tells you all about it. Continues 7:30 p.m. Thursday, Friday, Saturday to Feb. 16; and 2 p.m. Feb. 10. Tickets \$15-\$35. (503) 239-5919 or www.trianglepro.org. The Sanctuary at the Sandy Plaza, 1785 N.E. Sandy Blvd.

BOSNIAN WOMEN SPEAK

Feb. 1. 7:30 p.m. "No Candy," a new play by Emma Stanton, brings together a multigenerational community of Bosnian Muslim women who survived the Srebrenica genocide. Years later, they open a gift shop for tourists.

The play examines how trauma inhabits the body and shapes a community. Includes descriptions of violence and (clothed) sexual violence. American sign language performance 7:30 p.m. Feb. 6. Continues 7:30 p.m. Wednesday-Saturday; 2 p.m. Sunday. To Feb. 10. Tickets: \$25-\$39. www.portlandplayhouse.org or (503) 488-5822. Portland Playhouse, 602 N.E. Prescott St.

PUZZLE OF 'EQUUS'

Feb. 1 and 2. 8 p.m. "Equus," by Peter Shaffer, features a psychiatrist confronted by a boy who has blinded six horses in a violent fit of passion, although he has loved horses. The psychological puzzle leads doctor and patient to a complex and disturbingly dramatic confrontation. Suitable for those 18 and older because of adult content and nudity. Continues Feb. 7-9 at 8 p.m.; Feb. 3 and 10 at 3 p.m. Tickets \$17 adults, \$15 students and seniors; \$1 higher if purchased at the door. (503) 847-9838. BoxOffice@TwilightTheaterCompany.org. www.twilighttheatercompany.org. Twilight Theater, North Brandon Avenue and Lombard Street.

'IMPULSE' IN IMPROV

Feb. 8. 7 p.m. The Young Professionals Company of Oregon Children's Theatre presents "Impulse," an improvisational show with fast-paced, comedic scenes and games, all based on audience suggestions. No scripts, no costumes, but quick wits and laughter. Recommended for age 7 and older. Continues 7 p.m. Fridays and Saturdays, 2 p.m. Sundays (plus 7 p.m. Feb. 21) through Feb. 24. \$12 in advance, \$15 at door, \$8 for groups of 8 or more with code YPGROUP1819. Box office: www.octc.org/impulse-2019 or (503) 228-9571. Young Professionals Studio Theater, 1939 N.E. Sandy Blvd.

CATCH A FILM**SEE VANPORT TO ALBINA**

Feb. 4. 6:30-7:30 p.m. View an oral history documentary, "A Place Called Home: From Vanport to Albina," part of the Vanport Mosaic living archive. It traces the story of Portland's African-American community from the 1940s to the 1970s. Vanport descendants Velynn and Alijah Brown perform their poem, "Roots and Remnants." Free. (503) 988-5123. www.multcolib.org. Albina library, 3605 N.E. 15th Ave.

PALESTINIANS IN FILM

Feb. 10. 9 a.m. See "Imprisoning A Generation," a documentary concerning oppression in the Palestinian region that follows the stories of four young men detained and imprisoned by the Israeli military system. Film information and trailer: www.anemoia.net. At 9 a.m. Feb. 17, questions and discussion with director Zeldia Edmunds. Central Lutheran Church, 1820 N.E. 21st Ave.

VIEW 'SISTA' DILEMMA

Feb. 11. 6:30-7:15 p.m. View "Sista in the Brotherhood," a 20-minute, narrative film about a black tradeswoman who faces discrimination on a new job and must choose between making a stand or keeping her job. Part of the "Everybody Reads" community reading and discussion program of the Multnomah County Library. Free. (503) 988-5123. www.multcolib.org. Kenton library, 8226 N. Denver Ave.

HEAR ORGAN, SEE 'WINGS'

Feb. 23. 2 p.m. Live pipe organ accompanies "Wings," (1927) acclaimed for its technical detail and winner of the first Academy Award for Best Picture in 1929, the only silent film to gain the honor. In the story, two young men vie for the attention of pretty Sylvia, starring Clara Bow. They become Army flyers in World War I, form a friendship and suffer tragedy. The film became a yardstick against which future aviation films were measured because of its realistic air combat sequences. Directed by William A. Wellman. Tickets: \$12 general; \$10 senior, student, children. www.hollywoodtheatre.org. (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

JOURNEY TO HOME

Feb. 24. 2-4 p.m. View "Where the Heart Is," a film with nine African American Portlanders recalling their varied experiences in journeying to a place they have come to call home. The director, Elijah Hasan, will lead a discussion about the film after the screening. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St.



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STAR CALENDAR

**THE STAR CALENDAR IS POSTED ONLINE EVERY MONTH.
CHECK OUT OUR WEBSITE AT: WWW.STAR-NEWS.INFO.**

Events are broken into categories and listed in the order in which they will take place, followed by ongoing and upcoming events. To be considered for inclusion, entries must be submitted by e-mail to editorial@star-news.info by the 15th of the prior month. If possible, follow the format used in the calendar. Calendar compiled by Janet Goetze

TECHASSISTANCE

LEARN ABOUT FOTOS

Feb. 6. 10:30 a.m. to 12 Noon. Learn digital photography editing for social media, flyers and invitations. Learn about lighting, filters, layers, file management and more. Explore free apps and software for mobile devices. Bring the device to the session. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St.

GAIN TECH HELP

Feb. 7 and 21. 3-5 p.m. each day. Meet one-on-one for 30 minutes with a Tech Helper who will answer questions about mobile devices, websites, downloading, e-readers and more. Bring a phone, tablet or laptop with usernames and passwords. Free. Registration required: (503) 988-5123. www.multcolib.com. Albina library, 3605 N.E. 15th Ave.

BUILD A WEBSITE

Feb. 19. 9:15-11:15 a.m. Learn to build a basic website using the Google Sites application. Get a Google or Gmail account before joining the class. Free. (503)988-5123. www.multcolib.org. Albina library, 3605 N.E. 15th Ave.

GET TECH ANSWERS

Make Appointment: Meet with the Regional Technology Coordinator who answers questions about smartphones, laptops, tablets, e-readers, websites, downloading or getting started with tech. Free. Appointment required: text (971) 401-3215 or e-mail isad@multcolib.org. Kenton library, 8226 N. Denver Ave.

HEALTH, RECREATION

REDUCE STRESS, PAIN

Feb. 5. 6:30-7:45 p.m. Continues Tuesdays. Mindfulness for Stress Reduction & Life Balance may reduce pain, illness or reactivity. The practice may change your relationship to life's challenges. Suggested donation: \$10 or \$20 but no one turned away. (503) 890-8965 or nancy@mindbodymindfulness.com Whole Foods yoga studio, 3535 N.E. 15th Ave.

FORSENIORS

HEAR ABOUT 'VILLAGE'

Feb. 20. 1-2:30 p.m. Learn about Northeast Village PDX, which helps seniors age at home with a network of volunteers and reputable service providers. Free. Information: (503) 895-2750 or nevillagepdx.org. Hollywood library, 4040 N.E. Tillamook St.

INGENERAL

GAIN SPEAKING SKILLS

Feb. 2. 8:45 -10:30 a.m. Continues Saturdays. Take part in a step-by-step, self-paced program to develop speaking, presenting and leadership skills with the Moser Community Toastmasters. Free for guests. Information: (503) 724-4156. Rose City Park United Methodist Church, 5830 N.E. Alameda.

LEARN ABOUT TREES

Feb. 2. 10 a.m. to 12 noon. Learn about unusual conifers and see the diversity of trees in the Irvington

neighborhood with the Irvington Tree Team and tree expert Jim Gersbach. Free. Register: <https://docs.google.com/forms/d/e/1FAIpQLSdSAqU51gzz127yF4s>. Questions: Kyna Rubin: krubin317@gmail.com. Meet at Caffe Destino, 1339 N.E. Fremont St.

LITERACY AID OFFERED

Feb. 4. 5-7 p.m. Continues Mondays except Feb. 18. Drop in to work one-on-one with a tutor in reading, writing, math, English and the GED. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St.

PLAY BINGO WITH LIONS

Feb. 4. 7 p.m. The Portland Columbia Lions Club invites community members for Bingo, which supports 15 local community organizations. Continues Mondays. The Spare Room, 4830 N.E. 42nd Ave.

SOMALIS TO SEW

Feb. 5-26. 3:30-5:30 p.m. A beginning Somali sewing class will provide instruction only in Somali. Free. Call Suad to register: (503) 988-6993. Gregory Heights library, 7921 N.E. Sandy Blvd.

LEARN ABOUT HEROES

Feb. 9. 2-3:30 p.m. Learn about unsung heroes of the Civil Rights movement, including Nannie Helen Burroughs, Bayard Rustin, Pauli Murray, Ella Baker and Claudette Colvin. They stayed out of the limelight but their contributions were important in reshaping America. Made possible by The National Endowment for the Humanities Fund of The Library Foundation. Free (503) 988-5123. www.multcolib.org. Hollywood library, 4040 N.E. Tillamook St.

DINE WITH VIKINGS

Feb. 10. 8:30 a.m. to 12:30 p.m. Enjoy all-you-can-eat Viking pancakes, scrambled eggs, sausage links, fresh fruit, strawberry compote, lingonberries, orange juice, coffee and tea. Tickets: \$8 adults, \$4 children ages 5-12, free under age 5. Free parking. Bergen Dining Room at Norse Hall, 111 N.E. 11th Ave.

PLAN A GARDEN

Feb. 10. 3-4:30 p.m. Learn the basics of planning a successful garden. Create a garden calendar, make a checklist, choose crops, prepare the garden beds. Free. (503) 988-5123. www.multcolib.com. Gregory Heights library, 7921 N.E. Sandy Blvd.

DONATE FOOD

Feb. 16. 10 a.m. to 2 p.m. Hollywood Lions Club has its fifth annual food drive to benefit pantries in the greater Hollywood area. Information: balokarengry@gmail.com. Grocery Outlet, 4420 N.E. Hancock St.

MEATBALLS ON MENU

Feb. 17. 6 p.m. The 84th annual Italian dinner, with lots of meatballs, raises funds for Oregon's only Jesuit parish. Prices vary. (503) 777-1491, ext. 227. St. Ignatius Catholic Church, 3400 S.E. 43rd Ave.

EXPERIENCE 'AT SAVOY'

Feb. 17. 2:30-3:15. Celebrate Black History Month with a "Midsummer Night at the Savoy." Four choreographers, one story line plus a community ensemble bring the energy of Harlem to Portland. The performance examines spaces, such as Harlem's Savoy Ballroom, that allowed African American arts to flourish. Experience a twist on Shakespeare's "A Midsummer Night's Dream" in a recreated Savoy set. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St.

SHAPE ORAL STORY

Feb. 23. 8:45-10:30 a.m. Moser Community Toastmasters' special annual meeting has two experienced presenters speaking about how to shape a story for an audience and describe the indescribable. The theme is "Reimagine and Retell Your Life-changing Experiences." Free for guests. Information: (503) 724-4156. Rose City Park United Methodist Church, 5830 N.E. Alameda.

PLAN NATURAL GARDEN

Feb. 23. 9 a.m. to 1 p.m. Learn to create a low-maintenance landscape that conserves water, minimizes pollution and creates habitat. Get natural gardening and design tips that create a healthy place for children, pets and wildlife. Free class but parking is \$10. To register call (503) 222-7645. Portland Expo Center, 2060 N. Marine Drive.

VIEW AERIAL ARTS

Feb. 23. 8 p.m. Feb. 24 at 4 p.m. Celebrate the 15th year of A-WOL dance collective with "Left of Center." The aerial arts and dance weave a fantastical tale. Tickets \$33 advance, \$40 day of show. www.awoldance.org. (503) 719-3704. Alberta Rose Theatre, 3000 N.E. Alberta St.

BLACK FEMINISM VIEWED

Feb. 26. 6:30-7:30 p.m. Dr. Shirley A. Jackson leads a discussion on "Black Feminism in the Hashtag Era." She notes the intersections of history, race, activism and feminism and offers tools to embrace your inner activist. Women of color have played an essential role in laying the groundwork for the #MeToo movement. One of the "Everybody Reads" programs of the Multnomah County library. Free. (503) 988-5123. www.multcolib.org. North Portland library, 512 N. Killingsworth St. ★

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Monday, February 11
NEW MONTHLY EVENT
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What I've Learned About
Consciousness: An Exploration of
Hypnotism & Lucid Dreaming
Theater · 6 pm doors; 7 pm event

Tuesday, February 12
RACE TALKS An Opportunity
for Dialogue
"ENGAGING DEMOCRACY"
Gym · 6 pm doors; 7 pm event

Thursday, February 14
BILL WADHAMS & FRIENDS
Rock
Gym · 7 pm

Saturday, February 16
Zwickelmania
Brewery tours and tastes.
Brewery · 11 - 4 pm
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Thursday, February 21
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5 - 7 pm · Brewery · 21 & over

Thursday, February 21
NEVER COME DOWN
Soulgrass
Gym · 7 pm

Monday, February 25
McMenamins, Oregon Historical Society
and Holy Names Heritage Center present...
HISTORY PUB
Theater · 6 pm doors; 7 pm event

Thursday, February 28
MEXICAN GUNFIGHT
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Gym · 7 pm

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★ STAR BUSINESS BUZZ

TAPALAYA MARKS TEN YEARS WITH FRESH MENU, DECOR

In the highly competitive local culinary scene, for a restaurant to survive its first year is cause for celebration. Thriving for over a decade on NE 28th Avenue's Restaurant Row, the Asian/Cajun fusion restaurant Tapalaya is marking the major milestone with a revamped menu and fresh interior.

Executive Chef Anh Luu, who purchased Tapalaya from former owner Chantal Angot two years ago, has decided to forego the small plates which have characterized the menu (the "tapas" part of Tapalaya) and serve her Vietnamese-influenced Cajun/Creole dishes on, well, dishes. The same menu items which have attracted hordes will now be served in "much larger portions," accompanied by two hearty sides.

"It's an honor to own a restaurant that has been operating in Portland's innovative food scene for a decade. Our customers are our family and they have carried us to this incredible milestone," said Chef Anh Luu. "And now, with the reformatting of our menu, we're pleased to continue to give our customers what they love – just more of it."

A proud native of New Orleans (and Saints fan), Luu has splashed the City's colors of black, gold and gray on the restaurant's walls, with a light blue accent. Tapalaya is the official Portland home of the #WhoDatNation, so game nights can get raucous.

"Supporting the Black & Gold, the City of New Orleans and the #WhoDatNation here at Tapalaya means so much to me. It's a perfect fit," said Luu, who fled the city in the wake of Hurricane Katrina in 2005 and later attended the Western Culinary Institute in



BY DANA BUSCH
DANABUSCH@STAR-NEWS.INFO

Portland.

The revised menu will include entrees such as Crawfish Anh Luu – inspired by a New Orleans Jazz Fest favorite, crawfish in a Cajun cream sauce and Bob's Red Mill grits, served with roasted veggies and a toasted Vietnamese baguette; and Mary's free-range buttermilk fried chicken with bourbon syrup, served with braised greens and turmeric red beans & rice.

Classic menu items remain – jambalaya, po' boy sandwiches, crawfish etouffée, blackened catfish and beignets – and brunch is still served on Saturday and Sunday, with live music on Tuesday nights and during brunch on Sunday; dinner and happy hour daily. For reservations or more information, call (503) 232-NOLA (6652) or visit www.tapalaya.com.

FARM TO FIT GOES CUCKOO FOR KETO

Local ready-to-eat healthy meal delivery service Farm to Fit has expanded its offerings, which already include special



Executive Chef Anh Luu, at the helm of her Viet/Cajun kitchen, Tapalaya, is celebrating the restaurant's tenth anniversary with a revamped menu. (Erica Perez)

diets such as paleo, low-carb, and diabetic-friendly, to add a ketogenic menu. It appears to be a natural evolution for owners G. Scott Brown and Dre Slaman. Both were skeptical of the diet's touted benefits – significant weight loss, more energy, curbed cravings – until founder G. Scott and the staff tried it out for themselves.

"The results are incredible, and I can't believe how great I feel after four months of eating this way," says G. Scott. "The ketogenic diet is restrictive by nature, but Farm to Fit is committed to making it easy and fun for our clients to reach their goals with our ready-to-eat Keto meals."

A ketogenic diet is strict indeed, as it requires eating a high amount of fat (70-75% of calories), a moderate amount of protein (20-25%) and a minimal amount of carbohydrates (5%). Intended to make the body use fat instead of glucose for fuel, the diet (theoretically, at least) turns the body into a fat-burning machine free of hunger pangs.

While "keto" has been around for decades, originally created to help reduce symptoms of epilepsy, the diet has become trendy for a wide range of people in recent years. Its proponents attest to glowing skin, increased focus and energy, feeling lighter, and reduced cravings, especially for sugar and other highly processed foods.

Brown says it typically takes about two weeks for an individual to adapt from using carbs as fuel to using fats. To

introduce curious consumers to their keto menu, in January Farm to Fit introduced the two-week Keto Kick Starter Pack, 42 meals including dishes like chorizo and eggs, salmon with pesto and spinach, and chicken pot pie. Like their other meal plans, keto is available in weekly three, five, or seven day-a-week plans. Customers can order as few as three meals a week or as many as 21, priced between \$7.50 and \$14 per meal.

For more information, call Farm to Fit at (503) 688-9248 or visit www.farmtofit.com.

UNIVERSITY OF WESTERN STATES MOVES TO MADISON SOUTH

The imposing former corporate headquarters of Banfield Pet Hospital, at the busy corner of N.E. 82nd Avenue and Tillamook Street, sat vacant for several years after the pet people decamped. Now the modern facility will serve as the new home of the University of Western States, a 115-year-old, 1,200-student multidisciplinary healthcare education institution.

The university has already sold its former campus three miles to the east to Linfield College School of Nursing but will lease its old campus from Linfield through April 2020. UWS is relocating the entire institution and operations, including all students and departments, by early 2020.



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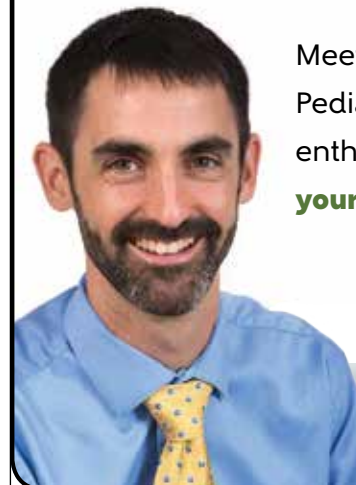
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★ STAR BUSINESS BUZZ



The University of Western States will move into the former corporate headquarters of Banfield Pet Hospital, at the corner of N.E. 82nd Ave. and Tillamook Street. (University of Washington State)



Interior of new campus for University of Western States in the old Banfield headquarters in Madison South. (University of Washington State)

The new UWS campus comprises a 150,000-square-foot building constructed in 2006 on a five-acre property. The versatile space features active learning areas, hands-on laboratories, expanded meeting rooms, dedicated study settings, and dynamic work areas for faculty and staff. Onsite will be a modern health care facility designed to fulfill patient needs and provide hands-on clinical training.

"As we approach our 115th year, we are celebrating this relocation and advancement," said Dr. Joseph Brimhall, president of UWS. "The new campus space offers active learning areas for students, increases the visibility of and accessibility to the UWS clinic, enhances opportunities for collaboration with other universities and community partners, and creates a healthy and sustainable campus for generations to come."

Founded in 1904, UWS offers health science and health care professions education in chiropractic medicine, human nutrition and functional medicine, sports medicine, diagnostic imaging, sport and performance psychology, and clinical mental health counseling. University students from across the nation and around the world complete their studies both on campus and online. UWS currently employs more than 150 on-campus employees, enrolls more than 1,200 students, and continues to grow and expand.

"We are thrilled to welcome the faculty, staff, and students of University of Western States to the Madison

South neighborhood," said David Smith, president of the Madison South Neighborhood Association. "Our residents are excited to visit the university's on-campus clinic, and we are looking forward to exploring partnerships between UWS and local businesses and schools to help strengthen our community."

U.S. Rep. Earl Blumenauer expressed his excitement for the university's decision to remain in Portland and in his congressional district. He said, "University of Western States has brought great health sciences learning and services to the Pacific Northwest and to the world."

Congratulations to Dr. Brimhall and the university on this new Portland location."

Mayor Ted Wheeler said, "I'm very pleased that the University of Western States will be able to expand its services for local residents, create job opportunities, and add to the vibrancy and activity of Northeast Portland. As one of Portland's oldest institutions of higher learning and the world's second chiropractic university, UWS has been and will continue to be a vital part of the Portland community. Congratulations to UWS students, Dr. Brimhall and the university team."

"This move presents University of Western States with a unique opportunity to engage as a vital member of the neighborhood, and to further enhance our clinic settings as we serve the community," said Dr. Brimhall. "We are excited to remain in Northeast Portland and look forward to our next 115 years." ★

Meet your neighbor, Sarah.

Sarah lives in the Rose City Park neighborhood of Northeast Portland. She's a podcast geek who spends her time reading to her daughter, drinking coffee at the New Deal Cafe, and practicing personal injury law at Forum Law Group.

If you ever find yourself needing legal representation, contact Sarah and Forum Law Group for a free legal consultation:



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★ STAR COMMUNITY NEWS

- CONTINUED FROM PAGE 5

SHUL DRAWS BACKERS; FUNDING FALLS SHORT

The Alberta Shul, at Northeast 20th Avenue and Going Street, has gone back on the market despite the efforts of more than 100 donors who provided a down payment but not enough money to secure the property.

The group that formed to save the 1907 structure, originally owned by Congregation Tifereth Israel, nevertheless has grown into a community that gathers for traditional Jewish observances and other events, said spokesperson Eleyne Fugman.

The new community will rent spaces in the Alberta area, she said, to continue activities with the hope of eventually having its own property.

"We hope to get a very part-time staff," she added. The group has about 500 followers on its Facebook page, more than 150 on a mailing list and more than 100 donors.

If the property is purchased by a developer who tears down the old building, Fugman said the group hopes to salvage pieces of the structure for a memorial. The original Jewish congregation had roots in Russia and Ukraine, according to historical researcher Doug Decker. It outgrew the building in the 1950s when successive Christian congregations used it.

FEATURED BOOK PROMPTS EVENTS

Multnomah County's 2019 "Everybody Reads" selection is "Americanah," a novel about a young Nigerian woman who comes to the United States for university studies and encounters the tensions of culture, race and what it means to be black in this country.

The Nigerian-born author, Chimamanda Ngozi Adichie, has received a number of awards, including a MacArthur Foundation Fellowship, the O. Henry Prize and the National Book Critics Circle Award. She will speak March 14 at the Arlene Schnitzer Concert Hall, but tickets sold out in December.

Library branches are distributing free copies of her novel, while they last. A series of events, including films, discussions of topics raised in the book and Pageturners reading groups are listed at www.multcolib.org/everybody-reads.

In addition to the novel, high school students have copies of Adichie's expanded essay, "We Should All Be Feminists." The author offers a definition of feminism for the 21st century that is rooted in inclusion and awareness. Some of the events listed on the library website are related to the essay. A discussion guide is included.

The goal of "Everybody Reads," according to library information, "is to discuss issues that matter, learn

from each other and promote greater understanding."

Some of the scheduled discussion sessions include "Black Feminism in the Hashtag Era" from 6:30-7:30 p.m. Feb. 26 at the North Portland library, 512 N. Killingsworth St. Dr. Shirley A. Jackson will lead a discussion of history, race, activism and feminism.

"Decolonizing Beauty," with Cory Lira and a panel of people of color, will be examined from 2-3:15 p.m. March 3 at the Kenton Library, 8226 N. Denver Ave.

From 6:30-7:30 p.m. March 13., Dr. Binyam Nardos of Oregon Health & Science University will present findings on race, emotions, racial bias and how they affect our perceptions and decisions. The event will be at the Hollywood library, 4040 N.E. Tillamook St.

PLANTING EVENTS SET ON COLUMBIA SLOUGH

The Columbia Slough Watershed Council has two planting opportunities in February for those who want to help restore lands along the waterway.

A local business, Hydro, is restoring a piece of its property along the slough with hundreds of native plants that need to be planted and mulched from 9 a.m. to 12 Noon Feb. 2 at 2210 N.E. Riverside Way. To sign up, go to www.columbiaslough.org/events/event450/.

The council has been removing invasive blackberries near a public boat launch and walking trail but plans to

plant native species along the slough banks from 9 a.m. to 12 noon Feb. 23 at 166550 N.E. Airport Way. The sign-up is at www.columbiaslough.org/events/event/543/.

WRITERS TO DISCUSS 'WEAPONIZED MEDIA'

Jennifer Rauch, a Grant Park neighborhood resident, will join two other writers in Team Human Live, which raises questions about "weaponized media" and autonomous technologies that have affected civil society.

The event will be 8-10 p.m. Feb. 22 at the Bunk Bar, 1028 S.E. Water Ave. Tickets to the discussion are free but the bar's cover charge is \$8.

Rauch, who teaches journalism and communication at Long Island University when not in Portland, has written "Slow Media: Why Slow is Satisfying, Sustainable and Smart." It recommends unplugging from devices and also questions whether digital media are ecologically benign.

She will join Blaed Spence, a cofounder of "Wired," and Douglas Rushkoff, author of "Throwing Rocks at the Google Bus" and "Team Human."

Rushkoff, who has a Team Human podcast and radio show, calls for human intervention to "throw off the yoke of surveillance and manipulation and celebrate the quirky, anomalous behaviors and approaches that make real people so much more than robots, algorithms, or consumer profiles." ★



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ROSEWAY GRAND CHAMPION

On January 20, the Rose City Classic (RCC) celebrated its 80th year as one of the largest and most popular dog shows in the United States, with more than 3,000 dogs representing 175 breeds.

Holly Hood and Miles TeSelle share their Roseway residence with a Doberman Pinscher named Sunset Defender of Magic, aka Reggie, who completed his Grand Championship at the RCC. At 19 months, Reggie is an athletic 92 pounds of muscle, who instinctively knows how to stack perfectly (standing while being judged) in confirmation competition. "Reggie loves to compete," said Hood. "He knows when he enters the show ring with spectators judging his every move." Bred by Dawn Danner of Sunset Dobermans of Beaverton, Reggie is professionally



Roseway resident Reggie, a 19-month-old Doberman Pinscher professionally shown by Mary Leahy, is awarded his Grand Championship at the Rose City Classic Dog Show held in January.

handled by Mary Leahy. Reggie trains in rally, obedience, and agility trials and barn hunt. To maintain his top physical shape, Reggie is fed a balanced raw food diet.

Dobermans were first registered by the American Kennel Club in 1908, joining the Working Group of dog breeds. The breed originated in Germany, inspired by Louis Doberman, a night watchman and tax collector who sought a dog's protection. Energetic, watchful, determined, alert, fearless, loyal and obedient, today Dobermans are used as therapy dogs, guide dogs, service dogs, police dogs, and search and rescue dogs.

Note: Shout out to Star photographer John Butenscheon and his wife Marcia who welcomed Riley, a Cocker Spaniel pup, into their Irvington home in December.

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This beautiful pristine Colonial welcomes you home to it's coveted NE neighborhood surrounded by high-end homes. Features light & bright interior with new neutral paint & new carpet on upper level. Refinished hardwoods on main. Quality tasteful updates throughout including remodeled kitchen & baths with original charm & character. Cozy finished basement with sitting area, family room, office, laundry & 3rd bath. Large, landscaped backyard with patio will not disappoint. 3 bedrooms, 2 baths up. Gas + AC Rebuilt dbl garage.

2417 NE Hamblet \$949,900