★ SERVING NORTHEAST AND NORTH METROPOLITAN P<mark>E</mark>TLAND NEIGHBORHOODS ★ JANUARY 2018 ★ VOLUME 35, NUMBER 7 ★



MARKING A MILESTONE Hollywood's Mountain Shop celebrates 80 years in Northeast Portland. PAGE 14



WHAT'S THE COMMOTION? Theresia Munywoki will launch multicultural movement studio on 42nd Ave. PAGE 9



FLIPPING FOR GRIDDLE Little Griddle now open for brunch in Beaumont Village's Daruma space. PAGE 8



BLOCK BY BLOCK Kerns neighborhood history dates to 1850s homesteader land claim. PAGE 12



By Janet Goetze

janetgoetze@star-news.info

Tawna Sanchez threw back her head and laughed at the idea that she was "too nice and trying to please everyone" during the 2017 Legislative session, which was her first as the representative for District 43.

"They don't know me," said Sanchez, responding to a weekly newspaper's comments, collected from lobbyists and other observers of the session.

Sanchez, 56, the director of family services at the Native American Youth and Family Center, won a close race to succeed Lew Frederick, who was elected to the state senate in 2016. District 43 stretches from Jefferson High School to the Grant High area, across North and Northeast neighborhoods between Humboldt and Alameda.

A photo of a bear, standing on its back legs with its mouth wide open, as if roaring to the sky, is on a wall behind Sanchez' office chair. Asked if that's more her style than the "nice" label, she smiled at the suggestion.

Sanchez grew up in Portland of Shoshone-Bannock, Ute and Carrizo descent. She is the second known Native American to serve in the Legislature. The first was Jacqueline "Jackie" Taylor of Astoria, a senator in the 1990s, Taylor, a member of the Citizen Potawatomi Nation Tribal Legislature, died of cancer in 2008 at the age of 73. Before joining the Legislature, Sanchez, who has raised 18 foster children, served on the state's Family Services Review Commission and the Child Welfare Advisory Committee.

'The child welfare issue is a huge concern of mine," she said. The state's system is overburdened, she said, and she believes too many children are being removed from their homes without sufficient accountability. However, she believes new leadership in the state Department of Human Resources may have solutions for some of the problems.

In the 2017 session, Sanchez was vice chair of the House Human Services and Housing Committee and a member of both the Judiciary Committee and the Joint Ways and Means Subcommittee on Public Safety. Those assignments reflect her interest in providing more affordable housing, conserving natural resources and, she said, "pushing to make our criminal justice system more humane."

Sanchez began working as a community activist in the 1980s when she moved to California to push for the rights of women and indigenous people. While in Oakland, Ca., she attended the two-year Merritt College where she earned certification as an alcohol and drug treatment counselor.

She returned to Portland in the 1990s, becoming a volunteer at NAYA, which parents and elder volunteers started in 1974 to provide services for the ninth largest Native American urban population in the United States. NAYA incorporated as a nonprofit organization in 1994, and Sanchez was hired as the agency's second employee. It has grown to more than 120 employees, providing a range of services including housing assistance, health care, educational programs, domestic violence services and elder care.

Sanchez completed her bachelor's degree at Marylhurst University and earned a masters in social work from Portland State University. She has worked on programs to keep Native American youth in school, expand early childhood education, and provide alcohol and drug education. The Oregon Coalition Against Domestic and Sexual Violence gave her the Midori Hamilton Award for work in that field.

Emotional support as well as academic assistance often is needed for Native and non-Native high school-age students who enroll in NAYA's Early College Academy, Sanchez said.

'There's a reason kiddos are struggling in school, and it's not because they aren't smart enough," she said. "Instead, students may feel family financial strains or

SANCHEZ: SEE PAGE 14

PAGE 6

807.46 SIGNATURE GRAPHICS PORTLAND, OR **GIA9**

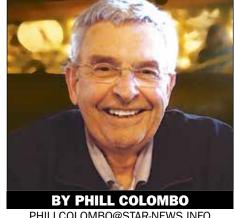
STAR DEVELOPMENT NEWS

Northeast Fremont Street zoning objection rebuffed

Oregon's Land Conservation and Development Department has informed the Rose City Park Neighborhood Association that objections raised by neighbors to the rezoning of a 1927 single-family residence at 3430 NE 50th Ave. to mixed use/residential-commercial have been overruled. The property with an adjoining commercial lot and another private residence at 5024 N.E. Fremont St. have been on the market since last summer as a "development opportunity."

Emily Courtnage, co-owner of the home immediately to the south of the 50th Avenue house, spearheaded the objections and said, "The state rejected our appeal outright, without addressing the merits, finding that we had no standing to object because we did not participate in the Comprehensive Plan process at the local level." Courtnage claimed she and dozens of neighbors "had no meaningful opportunity to participate at the local level because we were never informed of the proposed land designation change – not by the owner, not by the Rose City Park Neighborhood Association Board either before or after they recommended the change, and never by the City's Bureau of Planning and Sustainability."

Rose City Park Neighborhood Association's



Chair Tamara DeRidder said she agreed with Courtnage's contention that the city failed to notify her and other neighbors of the zone change. "This is a very broken element in the Oregon land use system since the process used is one of legislative review and not quasi-judicial." DeRidder noted that in this case, only the property owner facing a change in zoning was notified.

Because of this and several other issues surrounding the review and comment process, DeRidder said, "The experience of this process inspired our Land Use and Transportation Committee to develop a land use review protocol to attempt to overcome this notice gap.'

DeRidder, a land use planner in the private sector, expressed her dismay at the "huge communication gaps created by the legislative review process," and added that she has offered to work with Courtnage to propose an amendment to Oregon Revised Statutes and Administrative Rules that would require all property being rezoned, whether quasi-judicially or legislatively, to be publicly posted at least one week prior to a public hearing. The new zoning designation takes effect in May.



A 12-story 240-unit apartment building will be built by Home Forward on Northeast Grand Avenue between Hassalo and Holladay streets. The apartments are expected to be fully occupied by June of 2020. (Home Forward)

Home Forward will build 240-unit affordable housing project in Lloyd District

For the better part of 2018 and 2019, Portland's housing authority, known as Home Forward, will build a 12-story, 240unit apartment building with commercial space on the ground floor on Northeast Grand Avenue between Hassalo and Holladay streets. The \$46.5-million construction will be funded by the city, low-income tax credits, private activity bonds, Home Forward equity and conventional debt.

The studio, one-bedroom and twobedroom apartments will be offered to renters making below 60% of the area's median income. Building construction will begin in early 2018, the exterior is planned to be complete by May of 2019, and the units are predicted to be 100% occupied by June of 2020. The building will be within walking distance of TriMet's MAX, Portland Streetcar, and stops for bus lines 6 and 77.

- CONTINUED ON PAGE 5

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Mailing Address

2000 N.E. 42nd Ave. PMB 142 Portland, OR 97213

Office Address

3939 N.E. Hancock, Suite 303 Portland, OR 97213

Phone 503-282-9392

Mary DeHart Owner and Publisher marydehart@star-news.info

Mary Ann Seeger

Administrative Assistant maryannseeger@star-news.info

Jane Cullinan Advertising Executive janecullinan@star-news.info

Dana Busch Managing Editor editorial@star-news.info

Phill Colombo Development Reporter phillcolombo@star-news.info

Kathy Eaton Community Liaison kathyeaton@star-news.info

Lisa Chiba Perkins Graphic Designer lisachiba@star-news.info

Ted Perkins Digital Media Production tedperkins@star-news.info

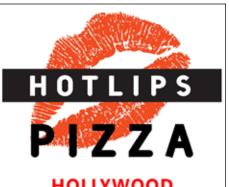
> James Bash and Janet Goetze Contributing Writers

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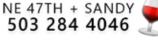
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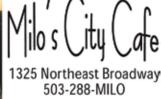
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STAR DEVELOPMENT NEWS

Sandy 51 building plans review continues

"It is becoming clear that we won't be starting any work before the end of the year and may have to wait until spring depending on the winter weather," according to Everett Custom Homes sales and marketing manager Stephanie Hosmar. The review took up most of 2017, and Hosmar said it's unclear how much longer the review will take.

Everett purchased the Sandy Boulevard property at Northeast 51st Avenue formerly occupied by a Taco Time restaurant. Demolition and deconstruction permits were secured last year for the restaurant building and an older private residence, but review of the permit to construct a six-story, 81unit apartment building with 21 parking spaces and ground-floor commercial use is taking longer than expected.

Columbia Children's Arboretum gets green facelift

On Saturday, January 20, volunteers will turn out to remove invasive species and plant native trees and shrubs at Columbia Children's Arboretum, 10040 N.E. Sixth Dr. Jenny Bedell-Stiles, Friends of Trees volunteer outreach manager, said among the invasive species to be removed are Himalayan Blackberry and English Ivv.

Among those collaborating in the event will be Portland Parks & Recreation, Columbia Slough Watershed Council and Friends of the Columbia Children's Arboretum, with support from the Port of Portland and East Multnomah Soil & Water Conservation District. One of the groups providing volunteers is East

Portland Rotary. Bedell-Stiles said, "Our objective is to restore a part of one of Northeast Portland's hidden gems."

Parks and BPS team to keep Rocky Butte green

Collaboration between Portland's Parks & Recreation and Environmental Services bureaus is changing the Rocky Butte landscape and providing better views for residents and visitors. The first phase concluded near the end of 2017, according to Parks spokesman Mark Ross. "Innumerable invasive plants were removed, making room for the next phase of the project: planting 400 new trees and 5,200 shrubs this fall and winter," Ross said. Blackberry and English Ivy were among the invasive species treated and removed.

"Starting in February 2018, we will plant mainly smaller trees and shrubs followed by a second invasive species treatment in July 2018 and native plant seeding in fall 2018," said Diane Dulken, speaking for Environmental Services. The bureaus' beautification of the Butte is a long-range project that will continue through 2021, Ross added.

Neighborhood coalition awards four nonprofit grants

Central Northeast Neighbors (CNN) awarded \$11,000 in grants to four community groups to help engage diverse neighbors in 2018. "Portland's Office of Neighborhood Involvement's \$9,330 coupled with CNN's \$1,670 will leverage \$150,000 in donations to accomplish community building goals," according to Sandra Lefrancois, CNN program manager.

Awarded \$2000, the Community Cycling Center with Hacienda CDC (Andando en Bicicletas en Cully) said it would use the grant to support bicycle advocacy and community leadership activities in an effort to engage Cully's Latino community in clinics, workshops, skill building and community events, such as Sunday Parkways. Living Cully, with Urban League of Portland, said its \$3,000 grant will assist cultivation of culturally focused engagement and advocacy with Cully's African American community through outreach, organizing community meetings and building networks.

With its \$3,000 award, New Year in the Park/Hmong American Community of Oregon said it will support immigrant and refugee community organizing for the Southeast Asian New Year celebration at Glenhaven Park in Madison South, an event that builds leadership and strengthens partnerships between diverse groups. Uniting to Break the Chains of Racism/Race Talks World Arts Foundation accepted \$3,000 to conduct volunteer leader outreach and a training program from the CNN geographic area at Race Talks, an educational panel open to all at McMenamins Kennedy School.

Lefrancois emphasized that CNN's Small Grants Program supports organization efforts that achieve one or more program goals: increasing the number and diversity of people engaged in communities and neighborhoods; strengthening community/neighborhood capacity to build community leadership, identity, skills, relationships and partnerships; and increasing community and neighborhood impact on public decisions and community life.

Applications and permits

In Arbor Lodge at 6215 N. Gay Ave., Renaissance Custom Homes of Lake Oswego has been issued a permit to construct a new single-family residence. The two-story structure will include a two-car garage.

In Eliot, Arthur Etheridge of Vancouver, Wash., has been issued a permit to build a duplex on a vacant lot at 122 N.E. Cook St. The new building will be two stories with a tuck-under garage.

In Overlook, Webster Row LLC of Southeast Portland has secured a permit to demolish a 1,274-square-foot duplex at 5036 N. Maryland Ave built in 1946. Permits are under review to replace the duplex with multiple two-story townhouses at 1340, 1360, 1370, 1380 and 1390 N. Webster St. without garages.

In Roseway, Keith and Karen Vidos have applied to build a new two-story single-family residence at 6825 N.E. Stanton St., where a 1,100-square-foot residence has stood since 1924. At 4319 NE 73rd Ave., Bellajour Corporation of Southeast Portland has been issued a permit to build a new single-family residence with an attached garage. To be built on a vacant lot, the new building will have two stories.

In Vernon at 5025 N.E. 21st Ave., 2021 Alberta LLC has an application under review to construct a new four-story, 28-unit apartment building with no parking after receiving a demolition permit. The new structure will replace a 1,780-square-foot-residence built in 1928. At 5304 N.E. 15th Ave., MJN Builder LLC of Southeast Portland secured permission to build a new three-story, single-family residence. The structure will have an attached garage and an accessory dwelling unit on the first floor.





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K STAR BUSINESS BUZZ

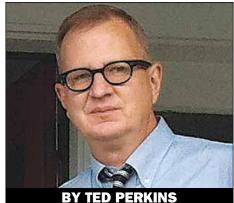
Jane Dough Building kneaded in Cully community

Construction will begin soon on a new community food and retail complex for the former Delphina's Bakery property at 4636 N.E. 42nd Ave. in the heart of the business district straddling the Concordia and Cully neighborhoods.

Carolyn Westerfield, former owner of Delphina's and now CEO of Jane Dough Properties, has secured leases from a handful of local, community-oriented businesses, including a commissary kitchen from Stacey Givens at Cully's Side Yard Farm; an artisanal bakery from Dillon DeBauche, formerly of Little T American Baker; and a restaurant from chef Maya Lovelace, who has been hosting the wildly popular Mae pop-up across the street in Old Salt Marketplace's Carver Room.

"It's a rock star lineup," said Westerfield, who is still negotiating with potential tenants for two or three remaining retail spaces in the northwest corner of what will be called - in a nod to the building's baking history - the Jane Dough Building. "I'm so excited to have the opportunity to work with this amazing group of people, and we'll have even more local entrepreneurs coming into the fold soon."

"Carolyn has really been one of the true champions of our community," said Michael DeMarco, executive director of Our 42nd Ave. Neighborhood Prosperity Initiative, who has worked closely with Westerfield on planning and tenanting the project. "It's become clear that this is a legacy project. She could have done it in a fashion that would have been much more lucrative, but she's put in a lot of time and a lot of effort to deliver a project that will ultimately benefit the community for



TEDPERKINS@STAR-NEWS.INFO

many years to come."

A former president of the 42nd Avenue Business Association and founding board member of Our 42nd Ave., Westerfield helped launch her bakery business in 1985 and sold it to the Essential Baking Company of Seattle in 2012. Essential continued to operate in the space until January of last year. Westerfield, who retained ownership of the property, has since been shepherding the Jane Dough project forward.

Architect Brett Schulz, who designed the Zipper and Ocean complexes in the Kerns neighborhood for Kevin Cavanaugh's Guerrilla Development, is designing the project, and Modern Organic Construction will serve as general contractor. The original building, which dates to at least the 1920s, did time as a Piggly Wiggly and Thriftway grocery store before Delphina's purchased the property in 2000.

"Running a small retail cafe at the front of Delphina's is really where I learned how special this community is," said Westerfield. "It became a gathering place for the neighborhood and I met so many wonderful people who share a passion for its potential. I loved meeting my customers and learning about my neighbors. The heart of Delphina's business was never really about our product, but about the people we shared it with."

"Carolyn has been an integral part of the heart and soul of economic development on 42nd Avenue," said Bob Granger, a Cully neighbor and business development adviser who was also a founding board member of Our 42nd Ave. "As a business leader, she's the one who brought together the business association with residents like me to connect with the city's neighborhood economic development initiatives. It wouldn't have happened without Carolyn's interest and passion. I could tell from the beginning that Carolyn really cares about community and wants to make a lasting contribution. Carolyn is a role model for neighborhood-friendly entrepreneurship."

"I'm very excited to have Carolyn as a landlord," said urban farmer Givens. whose goal is to bring neighborhood food producers, chefs and farmers together. 'Side Yard Farm has been in the Cully neighborhood for almost ten years and we've been looking for a kitchen space on 42nd for about five years. Cully is a special place, with urban farms and homesteaders. I've been spoiled, being able to walk up the road and get fresh goat's milk, duck's eggs, honey, flowers and fruit. I wanted a space that was less than a mile from the farm. There was never a right fit until I met Carolyn and saw the Jane Dough space. I was her first tenant and I'm happy to say it will be Side Yard's home for as long as she'll have me."

The 2,400-square-foot commercial kitchen will be fully-equipped and licensed - and open 24 hours a day, seven days a week. Pay scales will be designed to fit the needs of different income levels and hours needed. Givens has launched a crowdfunding campaign to cover some of the equipment costs.

"The kitchen will be open to local food artisans, from caterers to bakers. to pop-up chefs, food carts and more," said Givens. "We'll also have a few spots available for low-income families with food businesses. With the farm right down the street, we'll have that space available too, for entrepreneurs to use for farmto-table pop-ups. We'll offer a family discount on our produce. My main goal for this kitchen is to connect people closer to their food in every way that I can."

Demolition work on the building has already been completed and tenant improvement work will begin soon. The

- CONTINUED ON PAGE 7



Brett Schulz, who designed the Zipper and Ocean complexes in the Kerns neighborhood for Kevin Cavanaugh's Guerrilla Development, is designing Carolyn Westerfield's Jane Dough Building in the Cully neighborhood. The building did time as a Piggly Wiggly and Thriftway grocery store before Delphina's Bakery purchased the property in 2000. (Brett Schulz Architects)

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STAR BUSINESS BUZZ



Side Yard Farm urban farmer Stacey Givens plans to open a community oriented commissary kitchen in the Cully neighborhood's new Jane Dough building, with the goal of uniting neighborhood food producers, chefs and farmers. (Shawn Linehan)

project is slated for completion in late spring or early summer.

"We anticipate that part of the parking lot will be sold for development at some point and that will help to finance renovation of the existing building," said DeMarco. "We'll be pretty careful and selective about what that project will look like and we'll try to get somebody in there that will create some synergy. Maybe that could be a mixed-use project or maybe that could be a space where we could eventually land a green grocer. There's also been some discussion about maybe moving the Cully Farmer's Market over there."

"Building out a commercial asset like a commissary kitchen is a big risk for a seed-to-plate farmer and chef," said

Givens. "We will be putting in long days and nights. This is not just a project, but our next step in a lifelong journey. With all of the challenges also come opportunities. That's why we are taking the risk. We have an amazing landlord and great local and neighborhood business support. Our experience and our connections will allow us to navigate any challenges. We're seeing how our community in Portland is changing. The risk of not taking this on may be greater than the risk of doing it, so we are moving forward."

For more information, visit www.42ave. org or www.thesideyardpdx.com.

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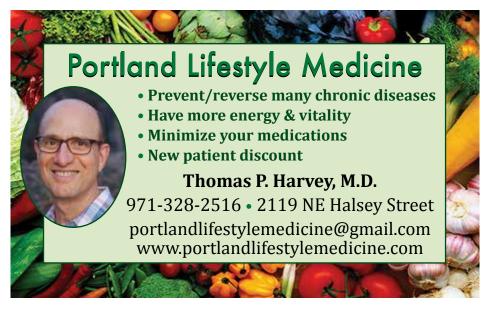
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STAR BUSINESS BUZZ



Yossel Gyorgak, left, and Judd Harris have opened a brunch cafe called Little Griddle in Andy Diaz's former Daruma space in Beaumont Village. The restaurant is open daily except Tuesday from 8:00 a.m. to 3:00 p.m. (Jane Perkins)

Beaumont Village flips for Little Griddle

In early December, Yossel Gyorgak and Judd Harris opened a brunch cafe called Little Griddle in Andy Diaz's former Daruma space at 3520 N.E. 42nd Ave. in Beaumont Village. Diaz closed his 600-square-foot sushi and sake restaurant in September and re-opened Daruma in a 1400-square-foot space at 1640 N.E. Killingsworth in the Concordia neighborhood.

Little Griddle is Gyorgak and Harris's first restaurant. The partners met while working together at Jam on Hawthorne and Harris later worked for Diaz as a sushi chef at Daruma, where he learned about the availability of the Beaumont space.

"It took us around two months to refurbish the place to our liking and we did most of the work ourselves," said Gyorgak. "We officially opened on December 9, but had a soft opening the week prior. During the soft open, we didn't have a sign out and wanted to give the neighborhood a chance to find us organically while we

worked some of the kinks out."

The cozy new space offers seating for 24 at nine tables in a freshly-painted blue and white dining room. Rotating art on the walls is for sale and has been curated by local illustrator Brenda Dunn. Reservations are accepted for parties of six or more.

"We offer high-end brunch at a reasonable price," said Gyorgak. "Our most popular dishes are Huevos Benedictos and Shakshuka. Our skillets are also a crowd favorite. We are passionate about our work and want every single person who comes through our doors to feel special and at home. We are always interested in suggestions or ideas on how to improve our services.

"We have a liquor license coming, so mimosas and other adult beverages are in the works."

Little Griddle is open daily except Tuesday from 8:00 a.m. to 3:00 p.m. For more information, call 503-752-7956 or $visit\ www.instagram.com/little griddle pdx.$

- CONTINUED ON PAGE 9



XSTAR BUSINESS BUZZ



Theresia Munywoki, left, is partnering with Michael DeMarco and the Our 42nd Avenue Neighborhood Prosperity Initiative to open a multicultural movement studio in the Cully neighborhood's new Maker's Row building. (Ted Perkins)

Commotion movement studio starts making noise in Cully

In January, Theresia Munywoki will Neighborhood Prosperity Initiative to

Munywoki will be an instructor and

"I started talking with Michael about teaching a dance class in the neighborhood a space for it," said Munywoki. "Our about five, so being a part of this studio makes perfect sense. We've been working been a team effort. B&G Builders did a lot of the contracting work and everyone at Our 42nd Avenue and myself have been working together to put the floor in and a ballet barre." variety of classes offering different forms of movement.

"At the moment, we have several yoga and dance classes, a fitness class and a class for 'poi' spinning - which is spinning with fire," said Munywoki. "We'll have many more classes and we want them to be as diverse as possible. Our business plan is to support teachers who are underrepresented, so we plan to make space for people of color, queer people, people of all ages, people with different bodies and people with different abilities, to support community-building and connecting in a way that engages with social activism and actively participating in positive change. I believe that having that goal in place and having conversations about inclusion also encourages intentional physical movement and that spiritual growth will allow us to accomplish our goals."

"Myself and my business partners all work in the neighborhood," said Munywoki. "I am a transplant to Portland from Texas. I started working at Miss Zumstein Bakery and Coffee Shop a couple of years ago and that's how I met everyone from Our 42nd. I spend a lot of time in the Cully area. I dog sit in the neighborhood and have also worked at Red Sauce Pizza and Side Yard Farm. I also regularly get my hair done at MeRae's on 42nd - she's an amazing stylist - and awesome acupuncture from Kristen Dilley at Nightingale. I love it here.'

For more information, call 971-217-8240 or visit www.commotion.org.

- CONTINUED ON PAGE 10



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partner with the Our 42nd Avenue open a multicultural movement studio called (Com)motion in the new Maker's Row building at 4522 N.E. 42nd Ave. in the Cully neighborhood. A grand opening is planned for January 25.

serve as project manager for the studio. Laura Voss and Michael DeMarco at Our 42nd Avenue coordinated the tenantimprovement work for the space. (Com) motion will be one of the first businesses to open in Nick and Risa Boyer Leritz's mixed-use apartment building, and will be joined by Jenn Pereau's Rawdacious Desserts next door.

before we knew we were going to develop conversations slowly transformed from teaching a class to creating a space for the class - and other classes. I've been dancing for over ten years and practicing yoga for on the project for about a year and it has

(Com)motion will feature a diverse

REOPENING ${f FEBRUARY}$

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STAR BUSINESS BUZZ

Tigers reunite to roar for Trinity school on January 26

Trinity Lutheran School will hold their annual alumni mixer and fundraising event, "Advance the Potential of Our Students," on Friday, January 26 from 6:30 to 9:00 p.m. in the school gym at 5520 N.E. Killingsworth St.

"It's always fun and exciting to get together with old friends and acquaintances who appreciate what Trinity School has done for their families, and for others," said Fred Kramer, a church member who helps with Trinity English classes for Spanish speakers. "We want to make sure that the benefits of a quality Christian education will be available for our current generation, and for generations to come."

The evening will highlight Trinity's

127 years of education, its students and the teachers who have been a part of that history, Paul Linnemann, president of Northwest District Lutheran Church Missouri Synod, and Michael Madison of Concordia University Foundation will speak on the importance of a wellrounded education for children. Honor roll teachers will be introduced, Trinity students will perform and guests will be invited to enjoy happy-hour food, drinks and the celebration of a Christ-centered, rigorous, and challenging education at Trinity. Attendees will have the opportunity to help support current and future students at the school, where many graduates have become leaders in their communities and professions.

An RSVP is encouraged for planning purposes. Call 503-288-6403 or visit www. trinityportland.org for more information.



Trinity Lutheran alumna Rachel Benton Cason and her husband Joseph, enjoying the Tiger hospitality at last year's Advance the Potential of Our Students event. (Lisa Noreen)

Albina to Become Beneficial State Bank at beginning of year

Albina Community Bank will begin a new chapter in 2018, under the umbrella of Beneficial State Bank, a fellow Certified B Corporation and Community Development Financial Institution, headquartered in Oakland, Calif.

Beneficial plans to keep all of Albina's staff and executive leadership and hopes to swap out the signs and branding at all five current Albina branches before February 1. The unification of the two banks will strengthen their ability to impact our community, with a combined loan portfolio of \$656 million and combined deposits of \$774 million, creating the second largest community development financial institution in the West with close to \$1 billion in assets and 17 branches in Washington, Oregon and California.

"Our goal has always been to create a banking organization that has economic sustainability, focuses on underserved communities, and demonstrates the social, environmental and economic benefits of beneficial banking," said Beneficial State Co-CEO, Kat Taylor. "Joining with Albina creates even greater potential to transform the banking industry for good through equitable access to aligned financial services."

Three Albina board members will join the Beneficial State board, including Kay Toran, president and chief executive officer of Volunteers of America Oregon; Melvin Oden-Orr, City of Portland hearings officer; and Tom Cody, managing director of Project^PDX.

"We're working closely with Albina staff to learn from their legacy and deep commitment to the neighborhoods they serve, evaluating ways to strengthen lending and extend our services for even greater impact," said Randell Leach, who will continue as chief credit officer of Albina and will be president and chief operating officer at Beneficial State in the new year.

The two banks' products have been coordinated to ensure a continuation of mission-driven services and community support. After the merger, many customers will see reduced fees as well as additional products and services.

For more information, visit www.



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~ Pope John XXIII

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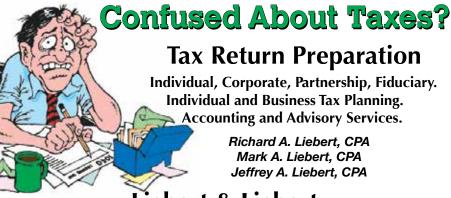
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STAR BLOCK BY BLOCK

By James Bash For the Hollywood Star News with photos by Jane Perkins

The Kerns neighborhood dates back to the 1850s when the area's first homesteader, William Kerns, wielded axes and saws to clear his 320-acre Donation Land Claim. Kerns earned a living making wood shingles and shakes, which he sold. It has been recorded that Kerns could "hew a sill or beam with the greatest precision and with amazing speed." By 1855, Kerns was elected by the local school district as its school director, and he led the effort to purchase land for Washington High School.

Spanning parts of inner Northeast and Southeast Portland, the Kerns Neighborhood is bounded on the west side by the Willamette River and extends along the Lloyd District and Sullivan's Gulch to the north, Laurelhurst to the east, and Buckman and Sunnyside to the south. So you could say that Kerns is surrounded, but in a good way!

Running right through the middle of Kerns is Sandy Boulevard, which actually follows a path that was used by Native Americans to travel from the Willamette River to the Sandy River. Sandy Boulevard continues to be one of the main thoroughfares funneling traffic into and out of the city's core.

Landmarks for the Kerns neighborhood include Benson Polytechnic High School, da Vinci Arts Middle School, Sunshine Dairy, United States Bakery aka Franz Bakery, Pepsi Beverages Company, and KATU. The neighborhood is also acclaimed for its numerous eating and drinking establishments, and it has some lesser known businesses, such as the Bond Organ Builders, which makes and refurbishes real pipe organs, and the headquarters for the Oregon Children's Theatre.

Kerns is noted for its mixture of commercial buildings, condos, rental housing, and single family residences. But there are still plenty of trees in Kerns. According to the 2014 Kerns Neighborhood Street Tree Inventory, the neighborhood has 3,140 trees representing 91 different types.

The Kerns Neighborhood Association meets on the third Wednesday of the month (except August and September) at 6 pm at the Pacific Crest Community School. Folks who live in Kerns should consider getting involved and advocate for their neighborhood.

EAT+DRINK

24TH AND MEATBALLS

Considered the best meatball bistro in the city, 24th and Meatballs has established a fan base that relishes

KERNS

Homesteader William Kerns legacy dates to 1850s



Jake Inger at Church.



Lauren Grad at Halo Salon.



The team at Tails & Trotters



Alex Kravitz at 24th and Meatballs.

the classic Italian, spicy pork, and chicken selections. There is also a vegan non-meatball that has become a hit. Whether in sandwich form, or served with polenta, pasta, garlic bread, or a tasty salad, owner Adam Burger and crew know what comfort food is all about. **Address:** 2341 NE Glisan St. **Phone:** 971-512-0007. **Web:** 24thandmeatballs.com. **Don't miss:** There's a ball of the day! Also most items are available as gluten-free.

CHURCH

Although it might be quite unorthodox in other cities, Church is a bar with a mission that fits secular Portland quite well. A sign at the front of the establishment exhorts patrons to "Eat. Drink. Repent." Decorated with lots of loosely themed knickknacks and a menu of southern fare, Church offers a wide variety of libations to wash away your sins. Afterwards you can tell your friends that you have been to Church. **Address:**



Natalie Anderson at Everyday Music.



Michael and Mary Ruth Hanna at Mattress Lot.



Charles Osborn and Jessica Woods at Pie Spot.



Bonnie Thunders at Five Stride Skates

2600 NE Sandy Blvd. **Phone:** 503-206-8962. **Web:** churchbarpdx.wpengine.com. **Don't miss:** Take time to visit the photo booth, dressed up like a confessional.

PIE SPOT

Sweet or savory, Pie Spot has just the right item for your pie hole. The Pie Spot began by selling its confections at farmers market and events with the specialty of creating pies that fit your hand. So no fork or knife is necessary. The sweet mini-pies may include flavors like brown butter pecan, s'more, or lemon vanilla bean. The savory pies range from chicken pot pie and breakfast quiche to vegan and gluten-free pot pies. Operated by Jessica Woods, Pie Spot is open for breakfast, lunch, and dinner. **Address:** 532 NE 24th Ave. **Phone:** 503-913-5103. **Web:** piespot.com. **Don't miss:** You should try the Hog in a Quilt! That's pork/apple sausage and cheddar cheese wrapped in pie pastry and served with stone ground mustard.

SHOP

EVERYDAY MUSIC

When you step into the Everyday Music store for the first time, you'll be amazed at the sheer number of CDs, DVDs, and vinyl records on display. Open until 10 pm seven days a week, Everyday Music has over 100,000 CDs that cover all genres of music. The store also has plenty of used inventory, and you can bring your used CDs, DVDs, and records, which the store will buy for cash. The staff will make house calls for large vinyl collections that are over 500 records. **Address:** 1931 NE Sandy Blvd. **Phone:** 503-239-7610. **Web:** everydaymusic.com. **Don't miss:** The store has listening stations where you can sample any title that is in stock.

FIVE STRIDE SKATE SHOP

Because roller skating is a hot trend in Portland, there is now a store that is devoted to outfitting roller skaters with the latest and greatest gear. Believe it or not, the store is an expansion from New York City. It has a full selection of products for those who are getting started with the basics of roller skating to those who are competing in a roller derby league. The store is staffed by roller derby veterans. **Address:** 2229 NE Sandy Blvd. **Phone:** 503-265-8170. **Web:** fivestrideskateshop.com. **Don't miss:** New models will be available in January.

MATTRESS LOT

If you are looking for a new mattress and want to support local mattress manufacturers, then you've got to stop in at Mattress Lot. Founded by Michael and Mary Ruth Hanna in 2010, Mattress Lot offers over 60 different types of mattresses – even ones for organic cribs. The store gives back to the neighborhood in many ways, including scholarships for promising students. Address: 2406 NE Sandy Blvd. Phone: 503-896-1072. Web: mattresslot.com. Don't miss: Pedal-powered delivery service for nearby buyers.

TAILS & TROTTERS

Slated to re-open in February after an electrical fire last year, Tails & Trotters is inspired by regional ham delicacies of Europe that use only salt and time to cure and offers the finest in hazelnut-finished pork. Co-owners Mark Cockcroft and Aaron Silverman feature an award-winning line of products that rival the quality found in Spain and Italy. **Address:** 525 NE 24th Ave. **Phone:** 503-680-7697. **Web:** tailsandtrotters.com.

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TRIANGLE PRODUCTIONS!

Started by Don Horn in 1989, Triangle Productions is the oldest LBGTQ-identified theater in the Northwest. Now in its 28th season, the company has a full slate of shows that will challenge and entertain, including world premieres. It produced "Tonya and Nancy: The Rock Opera" to much acclaim, including mentions in Entertainment Tonight, CNN, ESPN, and the BBC. Address: 1785 NE Sandy Blvd. Phone: 503-239-5919. Web: trianglepro.org. Don't miss: You can rent the mainstage or the Board Room Cabaret for your special event.







HOLLYWOOD LIBRARY

Sneaking-in literacy

Hollywood Library youth librarian

One of the most frequently asked questions at the Hollywood Library's Kids' Desk (aside from where are the superhero books, where are the Pokemon books, and where is the bathroom) is a simple one: What can you recommend for a child that isn't that excited about or skilled at reading? We've got tons of recommendations and lots of great books with high appeal, but there are a lot of ways besides books that you can help kids practice their reading. If you are looking for some stealth literacy opportunities, try one of these on for size:

Play board games! Whether it's reading instruction manuals, following directions printed on game boards or cards, or playing word games like Codenames or Apples to Apples, sneaking in reading can be tons of fun. Check out neighborhood game stores to find some that your family enjoys, and put a note in your calendar for Hollywood Library's celebration of International Games Week every autumn.

Cook together! Reading recipes can be an easy and delicious way to practice reading, learn math concepts like measuring, and kids might even develop the habit of fixing dinner once a week. How can the library help with that? We've got cookbooks for kids and adults! Start with call number 641.4 and work your way through many different types of cuisines and styles of eating.

Read comic books and graphic novels! Did you know that reading graphic novels can improve your child's vocabulary? A high-interest format, illustrations that

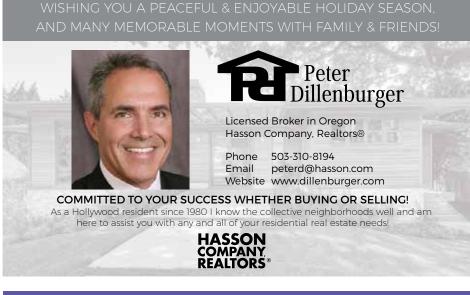


(Natasha Forrester Campbell)

give context along with the text, and a tendency to use more rare or difficult words can all support a child in learning and retaining new vocabulary. If you're intrigued, check out the Family Graphic Novel Book Groups for grades 2-3 and grades 4-5 hosted at Hollywood Library on the first Sunday of the month.

Enjoy family karaoke night! Our brains are hardwired to learn with music, and kids can read the words as they sing along to family-favorite songs. To help you with this one, Hollywood Library is hosting a Family-friendly Karaoke on Sunday, January 14, from 4-6pm (yes, you'll be in the library AFTER HOURS!). We'll provide snacks and a hot cocoa bar to fuel your singing, so join us for this fun event.

No matter whether you are sneaking in some literacy or wearing it loud and proud, Multnomah County Library is here to help. Visit multcolib.org/events for more information about our familyfriendly karaoke on January 14, and for other events at your neighborhood libraries. And stop by anytime for reading recommendations and more.





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STAR FOCUS ON FITNESS

The Mountain Shop marks a milestone

tedperkins@star-news.info

Anchored in the heart of the Hollywood district at 1510 N.E. 37th Ave. in the iconic, milk-bottle-shaped Steigerwald Dairy Building, The Mountain Shoparguably the oldest mountaineering shop in the United States, and maybe the entire continent - will celebrate 80 years of business this winter.

Everett and Ida Darr began the business in 1937 as the Nestle Down Outdoor Shop at 628 N.E. Broadway – now a Pizza Schmizza location in the Lloyd district. That same year, the Works Progress Administration completed construction of Timberline Lodge on Mt. Hood and the world's first ski lift opened at Sun Valley Resort in Idaho.

"Everett and Ida Darr were elite climbers who became leaders in the climbing and skiing community, exploring the Cascade Mountain Range - and beyond," said General Manager Guy Trombley, who has been with the shop for seven years. "The Mountain Shop actually built some of the first gear specially designed for mountaineering, skiing and backpacking. Being one of two producers in the country, the Department of Defense contracted with the Mountain Shop to design and outfit gear for the Tenth Mountain Division, who fought against Nazi Germany during World War II."

The Darrs passion and skill for the sport, as well as their membership in fledgling mountaineering organizations like the Mazamas and the Wy'east Climbers, put them in the company of some of the greatest skiers and climbers of their day. Everett Darr completed the



The Mountain Shop team has assembled "wall of history" to celebrate their 80-year anniversary, with artifacts from their own on loan from the Mazama Library and Historical Collection. (Ted Perkins)

first ascent of a Wy'east Route on Mt. Hood in 1932 and the Klickitat Glacier Route on Mt. Adams in 1933.

Offering "everything for the mountaineer," including iron crampons, pitons and alpenstocks, the "Nestle Down" name was a nod to the custom sleeping bags the Darrs designed and manufactured. As the sleeping bag business slowed during the Great Depression, the Darrs changed the name of $\,$ their store to The Mountain Shop in 1940.

Successive owners of the store have included Olympic hopeful Kenny Van Dyke (who launched the annual Sniagrab sale - "bargains" spelled backwards which ran for 23 years), Peter Hoff and Wayne Jackson. Current owner Dave Pietka purchased the business in 2007

Hearing Resources AUDIOLOGY CENTER

and moved it to its new location in 2011.

"The Mountain Shop offers the best camping, climbing, hiking and skiing equipment available," said Pietka. "We make it easy for customers to enjoy their time outdoors. We offer full rental packages, high-end demos, expert equipment repair and a knowledgeable staff that can customfit you for just the right equipment."

"Stewarding the oldest shop in the country toward modernization has increased the quality of our service and expanded the range of our products," said Trombley. "Our performance demo and rental department is a gateway to exploring the mountains in the best possible gear available. We have a curated collection of highly-specialized gear for every humanpowered mountain discipline. Our staff is made up of mountaineering guides, climbing instructors, ski patrollers, Nordic

ski instructors, competitive ultra-marathon trail runners, engineers and even a few PhDs. Our staff record for who can make it to the top of Mt Hood and back to Timberline lodge is now two hours and 12 minutes. We try to break that record every year."

The Mountain Shop team has assembled an impressive "wall of history" and display case to honor their legacy, with artifacts from their own collection and objects on loan from the Mazama Library and Historical Collection. A celebration of the anniversary, or possibly multiple celebrations, are in the works for late January or early February.

Parking for the shop is available across the street at the Banfield Motel, and evenings and weekends in the MBank lot on the corner of Broadway and 37th Ave. For more information, call 503-288-6768 or visit www.mountainshop.net.

SANCHEZ: Legislator urges neighbors to learn more about health insurance Measure 101

- CONTINUED FROM PAGE ONE the effects of dysfunction."

In the 2018 five-week legislative session starting in February, Sanchez hopes to continue work on child welfare issues. However, if voters defeat Measure 101 on a January ballot, she said, "I'm afraid we

may be slashing budgets."

She urges residents to learn about the measure, which asks voters whether to approve a tax on health insurance premiums. The Legislature approved that tax as part of a larger bill which also expands a hospital tax. The funds are intended to continue health care coverage for people on the Oregon Health Plan, the state version of Medicaid.

Supporters say up to 350,000 people could lose health care if the measure fails. Three legislators objected to the tax on insurance premiums and gathered enough signatures to get the issue on the ballot.



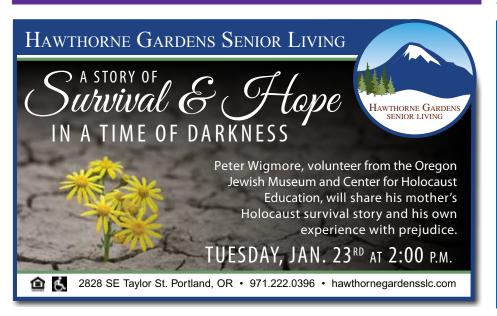


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STAR BRIEFS

GRANT WORK CONTINUES; MADISON NEXT IN LINE

Work continues to modernize Grant High School and plans to transform Madison High School are taking shape with a Design Advisory Group, part of the Portland Public School District's effort to gain community engagement in the upgrade.

At Grant, 2245 N.E. 36th Ave., the 1956 gym has been demolished, but its bleachers and hardwood floor are expected to be reused in part of the upgraded building, said David Mayne, a spokesman for the district's modernization projects.

The small 1923 gym, part of the school's original design, is being repurposed as an arts complex. Its second floor running track has been removed and classrooms are planned for that level.

Excavation is under way for a new gymnasium at the south end of the building. It will have seating for 1,700 and also include a weight room, spin area and band room.

All Grant's interior walls have been removed to make way for newly designed interior spaces. The west side of the building will be extended 50 feet with new construction, and the existing exterior wall will be an interior wall.

New mortar will replace the original material between bricks, which is beginning to fail in some places and damage bricks in some cases, Mayne said.

The revamped Grant is expected to open in late summer, 2019, when students will return from the Marshall High campus, 3905 N.E. 91st Ave. In the fall of 2019, work will start at Madison, 2735 N.E. 82nd Ave., and the students then will attend classes at the Marshall campus.

YOUTH TO RECYCLE TREES TO SUPPORT PROJECTS

Now that the holidays are over, the Christmas trees and other greens are drying out. But at least two local youth groups will relieve you of the greenery for a donation that helps them fund projects.

The senior high school students at Westminster Presbyterian Church will recycle trees and other greenery from 9 a.m. to 2 p.m. Jan. 6 in the church parking lot at Northeast 16th Avenue and Hancock Street. No flocked trees can be accepted. All others are recycled for \$5. This is a Metro Recycling approved site, the students note.

All proceeds support the students' 2018 mission trip to San Diego in June when they will assist in a community project. Information is available from the Rev. Chris Murphy, pastor for youth and young adults, at wpcyouth@westprespdx.org.



Demolition and construction work continues on the project to modernize Grant High School. (John Butenschoen)

The Boy Scout Troop 100, based at Fremont United Methodist Church, will pick up trees at curbside – even flocked ones – beginning at 9 a.m. Jan. 6 in a specific area. All tinsel, metal, wire and nails should be removed. The troop can't pick up wreaths.

Trees will be picked up between Northeast 7th and 33rd Avenues, from Shaver/Dunckley to Tillamook Streets. Attach a check, payable to Troop 100, at the top of the tree, and slip it into a small plastic bag if it's raining. The suggested donation is \$10 to \$50. "Let the size of your tree and the size of your budget be your guide," the scouts suggest.

Through the annual tree recycling, the scouts are able to fund their activities while providing a community service. The troop meets at 7 p.m. Tuesday at the church, 2620 N.E. Fremont St. It has an active outdoor program and recently recognized many Eagle Scouts. Additional information is at http://cpctroop100.mytroop.us.

GROUP RAISES FUNDS FOR SCHOOL SUPPLIES

A nonprofit trade group of search engine marketers, SEMpdx, raised \$2,014 at a holiday party for Schoolhouse Supplies, a nonprofit group based in Northeast Portland.

The volunteer-run organization provides free classroom supplies for teachers. It is located at the lower-level parking lot at Madison High School, 2735 N.E. 82nd Ave. It relies on support and donations from community members and organizations, according to its website: www.schoolhousesupplies.org.

Information from SEMpdx said its donation "comes at a very important time for the charity because the public doesn't necessarily think of school supplies during the winter, with school supply efforts typically being saved for the start of the school year."

MINORITY RETORT BOOKS COMIC NATHAN BRANNON

Minority Retort, a stand-up comedy showcase featuring comedians of color, will bring Portland native Nathan Brannon to the Hollywood Theatre stage at 8 p.m. Jan. 29.

Brannon recently relocated to Los Angeles and has been touring nationally. He recorded a second album, "Because," in 2016 with the Kill Rock Stars label. He was the winner of the Seattle International Comedy Competition in 2014 and Willamette Week's "Portland's Funniest 5" in 2013.

The Minority Retort performance also will include other Northwest comedians: Thomas Lundy, Katie Nguyen and Wilfred Padua. Hosts will be Jason Lamb, Julia Ramos and Neeraj Srinivasan. Tickets are \$12 each. Information is at www. hollywood theatre.org or (503) 281-1142. The theater is at 4122 N.E. Sandy Blvd.

DELVE DEEPLY INTO LIFE OF MARTIN LUTHER KING JR.

Martin Luther King Jr. is a civil rights icon whose life and works are known to many. However, a college administrator will discuss King's life and more than a dozen additional facts to fill in the picture we have of this complex human being.

Bill Thierfelder, president of Belmont Abbey College in Belmont, N.C., "will delve a little deeper into the man and his legacy, and to see why his story is still so meaningful and relevant to our own lives today," according to a news release from the Multnomah County Library.

The presentation will be 3-4:30 p.m. Jan. 13 at the Kenton library, 8226 N. Denver Ave. It is free but advance registration is required: www.multcolib.org or (503) 988-5123 or in the library. Support for the event comes from the National Endowment for the Humanities Fund of the Library Foundation.

PLAN FOR BIG QUAKE AND ITS AFTERMATH

What will you do when the Cascadia Subduction Zone earthquake begins shaking the West Coast? An earthquake preparedness class will outline how to prepare physically and psychologically for each stage of a major quake.

The class is scheduled from 2-3:30 p.m. Jan. 21 at the Kenton library, 8226 N. Denver Ave. The session is free but registration is required online at www. multcolib.org or (503) 988-5123 or in the Kenton library.

Information will include what to do during the shaking, immediately after and during the days and months afterward. Participants will learn how to prioritize and customize their planning and how to involve neighbors. Government and school preparations will be outlined, too, along with the work of local Neighborhood Emergency Teams.

GET RESEARCH IDEAS FROM CITY ARCHIVES

The City of Portland is going on the road with items from its archives. Archivists will visit libraries in coming months, starting from 10-11 a.m. Jan. 20 at the North Portland library, 512 N. Killingsworth St.

The archive roadshow is intended to help Portlanders learn what is in the city's collections and how they can do research with the materials. City archivists say they are ready to answer questions and help residents get started on research projects.

"Even if you don't have any specific questions," says a news release, "stop by to look at historic photos from the surrounding neighborhoods."

PCC PREPARES TO SHOW FILMS FROM AFRICA

Portland Community College's Cascade campus is getting ready for Black History Month and the 28th annual Cascade Festival of African Films. The films are made by Africans for Africans rather than for Western viewers.

The free films will show Feb. 3 through March 4 on Thursdays through Sundays. Some are scheduled at the Hollywood Theatre, 4122 N.E. Sandy Blvd., and others at the Moriarty Arts and Humanities Building at the Cascade campus, 705 N. Killingsworth St.

The schedule includes shorts, documentaries and work by women and men directors. Some directors, actors and musicians are scheduled to appear at showings. The festival website is at www. africanfilmfestival.org.

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CALENDAR **JANUARY 2018**

THE STAR CALENDAR IS POSTED ONLINE EVERY MONTH. CHECK OUT OUR WEBSITE AT: WWW.STAR-NEWS.INFO.

Events are broken into categories and listed in the order in which they will take place, followed by ongoing and upcoming events. To be considered for inclusion, entries must be submitted by e-mail to editorial@star-news.info by the 15th of the prior month. If possible, follow the format used in the calendar. Calendar compiled by Janet Goetze

KIDSTEENSANDFAMILIES

READ TO A DOG

Jan. 2. 16 and 23. 4-5:20 p.m. each day. Improve reading skills and make a friend by reading aloud to a therapy dog from Pet Partners. Free. Registration required: (503) 988-5123. North Portland Library, 512 N. Killingsworth St.

ENJOY FAMILY CRAFT

Jan. 4. 4-5 p.m. Celebremos el dia de los tres reyes magos con rosca de reyes. Agrega arte y color a tu vida con estas sencillas manualidades para toda la familia. Todos los materials seran proporcionados. Bring art and color into your life with a simple craft, creating the three wise men, for the entire family, Materials provided. Free. (503) 988-5123. Gregory Heights library, 7921 N.E. Sandy Blvd.

BUILD WITH LEGOS

Jan. 5 and 19. 4-5 p.m. Kids ages 5 to 11 join in building a structure $\,$ from Legos to leave on display. Bricks and supplies provided. Donations welcome. Event is free. (503) 988-5123. Kenton library, 8226 N. Denver Ave.

READ WITH A TEEN

Jan. 6. 4-5 p.m. Young readers team with a trained teen volunteer to practice reading skills, discover new books, learn new words and make a new friend. Free. Register for 30-minute session: (503) 988-5123. Albina library, 3605 N.E. 15th Ave.

TALK ABOUT RACE

Jan. 10, 17, 24 and 31. 6:30-7:30 p.m. Talk about race with preschoolers. Parents or guardians of children 0-6 years old explore the subject with youngsters, how to use picture books as conversation starters, and then share resources to help continue the dialogue. Free. Registration required: www.multcolib.org or (503) 988-5123 or in Hollywood library, 4040 N.E. Tillamook St.

LEARN ABOUT TEEN COUNCIL

Jan. 19. 3:15-4:45 p.m. At this open house, students in grades 6-12 learn how members of the Teen Council can make a difference at the library. Play some games and eat some snacks. Bring a friend, too. Free. (503) 988-5123. Gregory Heights library, 7921 N.E. Sandy Blvd.

PAINT WITH A STRAW

Jan. 20. 3-4:30 p.m. Kids have a fun and colorful art activity: use a plastic straw for blow painting a unique piece of art. Free. (503) 988-5123. Kenton library, 8226 N. Denver Ave.

MANEUVER OBSTACLES

Jan. 25 to Feb. 15. Ages 5-7 meet 3:45-4:45 p.m. Ages

7-9 meet 4:50-4:50 p.m. An obstacle course extravaganza. Members \$27; non-members \$36. Scholarships available for those with financial need. Pre-registration required: www.necommunitycenter.org. (503) 284-3377. Northeast Community Center, 1630 N.E. 38th Ave.

VIEW ST. ROSE PROGRAMS

Feb. 1. 6 p.m. At St. Rose School's general open house, learn about a comprehensive education that includes art, music, physical education, and more, to form lifelong learners who respect others and serve their community. Feb. 6 at 6 p.m. is a middle school open house. RSVP to $in fo@strosepdx.org\ or\ (503)\ 281\text{-}1912.\ More\ information:}$ strosepdx.org. St. Rose School, 5309 N.E. Alameda.

HEARMUSIC

BAYOU BOYZ TO PLAY

Jan. 7. 5-8 p.m. Continues Sundays. The Bayou Boyz play blues, rock, gospel, zydeco and more. Over age 21. \$5 cash or \$10 credit card purchase required. (503) 288-5164. Blackwell's Bar & Grill, 1815 N.E. 41st Ave.

CATCHAPLAY

'PETE THE CAT' ROCKS

Jan. 20 to Feb. 18. Saturdays at 2 and 5 p.m.

Sundays at 11 a.m. and 2 p.m. In "Pete the Cat: The Musical," a rockin' rebel feline clashes with a total square, Jimmy Biddle, until they work together to conquer second grade. Presented by young thespians from Oregon Children's Theatre, 1939 N.E. Sandy

Blvd. Tickets \$14-\$32. Recommended for age 4 and older. Box office: (503) 228-9571 or www.octc. org. Performances at Newmark Theatre, 1111 S.W. Broadway.

LEARN 'EURYDICE' STORY

Jan. 26 to Feb. 11. Fridays and Saturdays at 7 p.m.; Sundays at 2 p.m. Oregon Children's Theatre's Young Professionals Company presents "Eurydice."

> a modern take on the classic Orpheus myth, told through the heroine's eyes. Written by Sarah Ruhl, the play focuses on Eurydice's

experience after she goes to the underworld rather than Orpheus' journey to find her. Recommended for ages 12 and older. Tickets \$10 in advance, \$12 at the door. www. octc.org. Box office: www. octc.org/eurydice. Young Professionals (ages 14 to 18) Studio Theater, 1939 N.E. Sandy Blvd.

FORARTLOVERS

DRAWINGS ON DISPLAY

Jan. 2. 11 a.m. to 5 p.m. Carol Chapel shows drawings and Jerri Bartholomew displays glass and mixed media in the main gallery. Paul Griffitts shows fractals in the feature area. Continues to Jan. 23. Hours: 11 a.m. to 5 p.m. Tuesday; 11 a.m. to 6 p.m. Wednesday to Saturday; 11 a.m. to 4 p.m. Sunday. Closed Monday. www.guardinogallery.com. (503) 281-9048. Guardino Gallery, 2939 N.E. Alberta St.

FORBOOKLOVERS

LETTER CHANGES LIVES

PDX MOTORCYCLE FILM

FESTIVAL JAN. 26-27

Jan. 16. 6:30-7:30 p.m. A Pageturners book group discusses "I Will Always Write Back: How One Letter Changed Two Lives," by Caitlin Alifirenka and Martin Ganda. The true story of an American girl and a boy from Zimbabwe and the letter that changed both of their lives forever. Free. (503) 988-5234. Kenton library, 8226 N. Denver Ave.

DISCUSS 'BELOVED'

Jan. 18. 6:30-7:45 p.m. A Pageturners book group discusses "Beloved," the Pulitzer Prize-winning book by Toni Morrison. In post-Civil War Ohio, a family who survived slavery is haunted by violent memories. Part ghost story, part history lesson, part folk tale. Free. (503) 988-5123. Hollywood library, 4040 N.E. Tillamook St.

SEEAFILM

'TOY STORY' IN A POOL

Jan. 12. 7:15-8:45 p.m. Ages 3 and older splash in a warm pool while watching "Toy Story." Community dropin rates: \$10 adults. \$5 youth. (503) 284-3377, www. necommunitycenter.org. Northeast Community Center,

VIEW MOTORCYCLE FILMS

Jan. 26-27. 6:30 p.m. Friday; 6 p.m. Saturday.

PDX Motorcycle Film Festival showcases motorcycle filmmaking and dedicates funds raised to purchase Air Fence and safety equipment at Portland International Raceway by the Oregon Motorcycle Road Racing Association. Each night includes two feature films plus short films. Tickets \$15 each night. Information: PDXmotorcyclefilms.com. Theater information: www. hollywoodtheatre.org/events/ (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

FORFITNESS

GET FIT WITH EXPRESSIVE MOVEMENT

Jan. 1 and 3. 9-10 a.m. Continues Mondays and Wednesdays. An artistic approach to fitness and healing is Nia, an expressive body-mind-spirit movement program. It blends aspects of martial arts, dance and healing arts, Beginners welcome, Drop-in \$15, (971) 258-1885. www.somaspace.us/classes. SomaSpace Movement Arts and Healing Center, 4050 N.E. Broadway.

MOVING GENTLY

Jan. 6. 10:30-11:30 a.m. Continues Saturdays. A fitness class, with gentle moves to gentle music, for ages 18 and older, and seniors are especially welcome. Free. (503) 988-5123. Hollywood library, 4040 N.E. Tillamook St.

ELECTRONICAID

LEARN PHONE BASICS

Jan. 2. 9:30-11:30 a.m. Learn iPad and iPhone basics including library apps for free e-books, streaming audiobooks, music and movies. Bring questions, your library card information and a fully charged device. Free. Registration required: www.multcolib.org or (503) 988-5123 or in Albina library, 3605 N.E. 15th Ave.

GET TO PROCESSING

Jan. 19. 2-4 p.m. Learn Word Processing 1 for tools to create and edit documents. At the end of the class, use templates in Word and Google Docs, insert images into text, create lists and use proofreading tools. For beginners who are comfortable using a keyboard and mouse. Free. Registration required: www.multcolib.org or (503) 988-5123 or in Hollywood library, 4040 N.E. Tillamook St.

POST TO CRAIGSLIST

Jan. 23. 9:30-11:30 a.m. Learn how to post an item on Craigslist to sell, how to search for a job or rental home, and tips for staying safe on the site. You must be able to use a mouse, a keyboard and be comfortable navigating the internet. Free. Registration required: www. multcolib.org or (503) 988-5123 or in Albina library, 3605 N.E. 15th Ave.

BUILD A WEBSITE

Jan. 27. 10:30 a.m. to 12:30 p.m. Learn how to build a basic website using the Google Sites application. Get a Google or Gmail account to participate in class. Free. Registration required: www.multcolib.org or (503) 988-5123 or in North Portland library, 512 N. Killingsworth St.

FORSENIORS

EXERCISE FOR ARTHRITIS

Jan. 2 and 4. 11 a.m. to 12 noon. Continues Tuesday and Thursday, Arthritis exercise program, led by a trained instructor, promotes joint flexibility, muscle strength, endurance, coordination and cardiovascular conditioning. Free but \$1 donation appreciated. Registration: (503) 288-8303, Leaven Community Center of Salt & Light Lutheran Church, 5431 N.E. 20th Ave.

PRACTICE TAI CHI

Jan. 2. 10:30-11:30 a.m. Continues Tuesdays. Tai Chi class. Drop-ins okay. Free but donations appreciated. Information: (971) 285-6939. Trenton Terrace Community Room, 4720 N. Trenton St.

UNDERSTAND YOUR PHONE

Jan. 4, 11 and 18. 9:45 a.m., 12 noon and 12:45 p.m. Computer Tutor John Lucas offers 45-minute sessions for one-on-one guidance to understand electronic devices. Bring a device and charging cord. Free but donations to the center appreciated. Registration required: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

CALL FOR LEGAL AID

Jan. 5. 9-11:30 a.m. Continues Fridays by appointment. Legal Aid Services of Oregon and affiliated volunteer attorneys offer Senior Law Project Legal Clinic for Multnomah County residents age 60 or older. Free. Call for more information and a 30-minute appointment.: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

GRANDPARENTS GAIN HELP

Jan. 8. 10-11 a.m. Usually meets first Monday of the month. A support group for grandparents and other relatives raising children they didn't expect at this time in their lives. Understanding the stresses and joys is $% \left\{ 1,2,\ldots ,n\right\}$ vital for the physical and mental health of the adults and the children. Free. Information: (503) 288-8303. Charles Jordan Community Center, 9009 N. Foss Ave.

TAI CHI FOR BALANCE

Jan. 8 and 10. 3:30-4:15 p.m. Continues Monday and Wednesday except Jan. 15. Tai Chi for Health for beginners aims to improve strength and, balance, calm the mind and promote concentration. Led by certified instructor Candace Herrill. Free but donations are appreciated. (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

ENJOY GENTLE YOGA

Jan. 8, 22 and 29. 3:15-4:15 p.m. Gentle yoga both on and off the mat. Beginners welcome. Students must be comfortable getting down on the floor. Please bring your own voga mat. Free but donations appreciated. (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

HELP WITH DEVICES

Jan. 10, 17 and 24. 9 a.m. to 12 noon. "Wise Up Computer Help!" With Kerri Robinson helps seniors learn about their electronic devices. Make a one-hour appointment at (503) 288-8303. Free but donations appreciated. Hollywood Senior Center, 1820 N.E. 40th Ave.

COPE WITH ALZHEIMER'S

Jan. 10. 1-3 p.m. Continues second Wednesday of the month. Also Jan. 28 from 2-3:30 p.m. Continues fourth Sunday. Alzheimer's caregivers' support groups share ideas for coping and caring. Drop-ins welcome. Free. (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

LOWER ENERGY BILLS

Jan. 11. 1-3 p.m. A do-it-yourself weatherization workshop with the Community Energy Project provides information and resources to lower energy bills, stay comfortable at home and save natural resources. Qualified households receive a kit of weatherization supplies. Free, Registration required: (503) 284-6827 ext. 108 or online at www. communityenergyproject.org/get-involved/calendar. Hollywood Senior Center, 1820 N.E. 40th Ave.

VIEW TENNIS BATTLE

Jan. 12. 1 p.m. View "Battle of the Sexes," a sports film recreating the true story of the 1973 tennis match between world champion Billie Jean King and ex-champ Bobby Riggs. The highly publicized match takes on larger meaning as a milestone in the fight for gender equality, Free, Stars Emma Stone, Steve Carell and Andrea Riseborough. (971) 285-6939. Trenton Terrace, 4720 N. Trenton St. The free film also shows at 1 p.m. Jan. 26 at the Hollywood Senior Center, 1820 N.E. 40th Ave. Information: (503) 288-8303.

FILM FFATURES SURVIVOR

Jan. 12. 1 p.m. View "Stronger," a film about the real life story of Jeff Bauman, an ordinary man who captures the hearts of his city to become a symbol of hope after surviving the 2013 Boston Marathon bombing. Stars Jake Gyllenhaal, Tatiana Maslany and Miranda Richardson, Free but \$1 donation to the center is suggested. Film shown at 1 p.m. Jan. 19 with subtitles. (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

KNOW YOUR FIFCTRONICS

Jan. 17. 9:30-11:30 a.m. Computer Tutor offers 45-minute appointments to gain confidence and understanding of phone, tablet or laptop (PC or Apple). Bring fully charged electronic device. Free. Registration required through Hollywood Senior Center, (503) 288-8303. Meet in computer lab at Charles Jordan Community Center, 9009 N. Foss St.

EXPLORE HOME SHARING

Jan. 23. 10-11:30 a.m. Explore the idea of sharing your home with Metro HomeShare. The organization presents information to help attendees determine if sharing their homes is a good option for them. Some homeowners may seek the company of someone in the house, or gain help with day-to-day tasks or use rent money to help pay bills. Free. Registration required: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

REDUCE STRESS

Jan. 25. 1 p.m. Eva Cristina Calderon, a certified HeartMath provider, will discuss ways to reduce stress naturally and build resiliency using the HeartMath method. Learn scientifically validated tools to help selfregulate the body's response to stress. Free. (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

LEARN ABOUT YOUR PILLS

Jan. 30. 1-4 p.m. Put all your prescription medications, over-the-counter medications, herbal medications and vitamins in a brown bag to have student pharmacists from Oregon State University/Oregon Health & Science University review them so that you learn more about what you are taking. Free. Appointment required: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

INGENERAL

REDUCE STRESS

Jan. 3. 10 a.m. or 7 p.m. A free orientation offers information about an eight-week Mindfulness Based Stress Reduction series developed by Ion. Kabat-Zinn PhD. Learn to transform struggle with stress, pain, illness and reactivity; find life balance and gain resilience. Series scheduled Jan. 15 through March 5. Registration: (503) 890-8965 or mindbodymindfulness.com/mbsr. Orientation in yoga studio at Whole Foods Market, 3535 N.E. 15th Ave.

GET THE LEAD OUT

Jan. 4. 4:30-5:30 p.m. Also 5:30-6:30 p.m. Jan. 24.

Learn how to prevent lead exposure in the home, especially in those built before 1978. Especially important for

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households with children or pregnant women. Qualified participants receive a free kit of safety and testing supplies at the end of the workshop. Free. Registration: www. commuityenergyproject.org or (503) 284-6827 ext. 109. Both sessions at 5329 N.E. Martin Luther King Jr. Blvd.

MAKE, BREAK A HABIT

Jan. 5. 1:30-2:30 p.m. Make a habit or break a habit, but realize habits influence our health, our finances and our relationships. Learn the "Golden Rule of Habit Change" and how to design a habit formation plan. Free. Registration required: www.multcolib.org or (503) 988-5123 or in Kenton library, 8226 N. Denver Ave. Same free program, with registration requirement, 12 noon to 1 p.m. Jan. 9 in Hollywood library, 4040 N.E. Tillamook St.

LEARN SEISMIC RETROFIT

Jan. 9. 5:30-7:30 p.m. Learn the basics of installing a seismic retrofit to understand the process or consider doing it yourself. Topics: goal of a retrofit, basic load calculations, earthquake insurance, features to avoid in your next home purchase, permits, assessing foundation quality, tools and hardware. Free. Registration required: www.multcolib.org or (503) 988-5123 or in Albina library, 3605 N.E. 15th Ave.

STOP THAT DRAFT

Jan. 11. 1-3 p.m. In a weatherization workshop, learn how to stop drafts in the home, save energy and increase comfort. Good for renters and homeowners. Qualified participants receive a free kit of weatherization supplies. Free. Registration: www. communityenergyproject.org or (503) 284-6827 ext. 108. Hollywood Senior Center, 1820 N.E. 40th Ave.

LEARN ABOUT NE VILLAGE

Jan. 13. 2-3 p.m. Learn about Northeast Village PDX, which can help seniors age at home with support from a network of volunteers and reputable service providers. Full-service and associate memberships are available. Free. nevillagepdx.org. Gregory Heights library, 7921 N.E. Sandy Blvd.

PAINT FLORAL PICTURE

Jan. 14. 1-3 p.m. Artist Joanne Kollman leads students, beginners or experienced, through a floral still life painting. Start with a two-tone, medium value acrylic base to dry with a blow dryer then top with lights and darks in oils. Learn a controllable way to experiment using acrylic and oils. All materials provided but bring a dryer to expedite drying time. A seasonal floral setup will be in class or bring a photograph of a simple subject. Free. Registration required: www.multcolib.org or (503) 988-5123 or in North Portland library, 512 N. Killingsworth St.

1433 SE 122nd Ave. 503-783-6865

MILWAUKIE

17064 SE McLoughlin Blvd.

503-653-7076

TIES BECOME BROOCHES

Jan. 20. 2-4 p.m. Repurpose old neckties into stylish, colorful brooches. Pin them on a coat or a purse to add a little pizzazz to your life. Neckties provided or bring your own. Free. Registration required: www.multcolib.org or (503) 988-5123 or in Hollywood library, 4040 N.E. Tillamook St

LABYRINTH, TAIZE SET

Jan. 20. 4-5:45 p.m. Walk a candlelight labyrinth in the second-floor Great Hall. Free. At 5:30 p.m., a healing and wholeness service includes music in the Taize tradition in the sanctuary. Free-will offering. www.westprespdx.org. (503) 287-1289. Westminster Presbyterian Church, 1624 N.E. Hancock St.

WRITE A RESUME

Jan. 21. 2-3 p.m. or 3-4 p.m. Meet with an experienced volunteer for one-on-one help in writing a resume. Bring a paper copy of your resume, if available. Free. Registration required: www.multcolib.org or (503) 988-5123 or in Albina library, 3605 N.E. 15th Ave.

NEIGHBORHOOD OPENS DOOR

Jan. 23. 7-9 p.m. The Rose City Park Neighborhood Association has an open house for residents to learn about its committees: Land Use and Transportation, Environment, Communications, Annual Clean-Up Event, Entertainment, Emergency Preparedness, Local Business and Public Safety. Residents suggest what the association should be doing and how neighbors can help. Information: association chair Tamara DeRidder, (503) 706-5804 or tderidder@rcpna.org. On TriMet lines 12 and 71. German American Society, 5626 N.E. Alameda.

HEAR BROADWAY PLAN

Jan. 25. 7-8:30 p.m. The Hollywood Neighborhood Association will hear Nick Falbo, senior transportation planner for the Portland Bureau of Transportation, discuss planning and Vision Zero safety data for Northeast Broadway from the Broadway Bridge to Northeast Sandy Boulevard. Hollywood Senior Center, 1820 N.E. 40th Ave.

EXPLORE MEDITATION

Jan. 28. 1:15-2:45 p.m. Second session 3-4 p.m.

Continues fourth Sundays. Explore meditation and the fundamentals of Buddhist practice in a Tergar Meditation Group. Attend one or both sessions. Free. Information: www.somaspace.us/classes. (971) 258-1885. SomaSpace: Movement Arts and Healing Center, 4050 N.E. Broadway.

LEARN ABOUT KAHLO

Jan. 28. 2-3 p.m. Learn more about painter Frida Kahlo,

12995 SW Pacific Hwy.

503-783-6869

SALEM

412 Lancaster Dr. NE

503-581-6265

who is well known for her self portraits and works with a dream-like quality. She overcame sickness, chauvinistic ideology, physical injury and personal hardship to become one of the best known women artists. Made possible by The National Endowment of the Humanities Fund of the Library Foundation. Free. (503) 988-5123. Kenton library, 8226 N. Denver Ave.

STOP DRAFTS AT HOME

Jan. 29. 5-7 p.m. In a weatherization workshop, learn how to stop drafts in the home, save energy and increase comfort. Good for renters and homeowners. Qualified participants receive a free kit of weatherization supplies. Free. Registration: www.communityenergyproject.org or (503) 284-6827 ext. 108. Peninsula Park Community Center, 700 N. Rosa Parks Way.

APPLYING FOR A JOB

Jan. 30. 12 noon to 2 p.m. Learn job application strategies from coach specialists from Goodwill Industries. Develop a master job application and learn how to market transferable skills to land the job you want. Free. Registration required: www.multcolib.org or (503) 988-5123 or in Hollywood library 4040 N.E. Tillamook St.

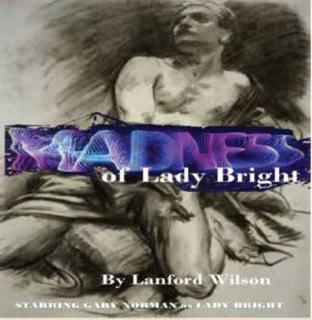
MAKE LIP BALM, LOTION

Jan. 30. 6-7:30 p.m. Learn about peppermint and lavender and their spirit-lifting scents. Then make lip balm and lotion with moisturizing ingredients such as shea butter, coconut oil and cocoa butter. Go home with luxurious, minty lip balm and calming lavender lotion to soothe dry, winter skin. Free. Registration required: www.multcolib.org or (503) 988-5123 or in Albina library, 3605 N.E. 15th Ave.



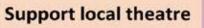


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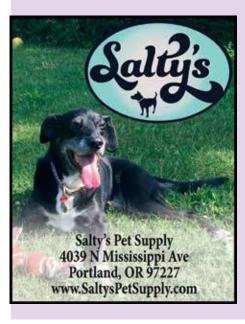
STAR PET CONNECTIONS





Fun Feline Facts

- Cats are one of the oldest mammals on earth. African wild cats were found in fossil form as early as 38 million years ago.
- Today the average lifespan of a cat is 12 years



and can vary with health, diet and breed.

 Cats vs. dogs: who's smarter? A recent study linked brain neurons and intelligence, finding that canines have about twice as many neurons as felines.



- The case for cat intelligence: selfreliance; ability to hunt; maintain cleanliness; and food portion control.
- The case for dog intelligence: ability to learn complex tasks to help humans; strong memories; capacity to understand human language.
- Study results: A veterinary geneticist at MIT and Harvard remains cautious in interpreting study results, noting the study also had a small sample size.
- Oregon Humane Society tip: Keep your cats indoors to prolong their lives by limiting their exposure to predators, extreme temperatures, and toxins like pesticides



Overnight in your pet's home \$35 per day/night

Local References Jodine Alpern 971-601-6647 jodinealpern@ gmail.com and antifreeze. Feed cats a healthy diet and don't forget interactive playtime. A top reason for returning adopted cats to the shelter: litter box issues.

Pongo Fund unveils mobile unit

The annual Santa photo shoot hosted by Green Dog Pet Supply on Northeast Fremont raised \$431 for the Pongo Fund, an emergency pet food bank which has

kept 100,000 animals safe at home and out of shelters. Last month, Pongo Fund unveiled Pongo One, a 23-foot, 12,000 pound, fully equipped, state-of-the art mobil

state-of-the art mobile veterinary hospital bringing critical veterinary care and other services to underserved and underprivileged families and pets throughout Oregon and SW Washington.





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New Year's Resolution:

Check for safety recalls. Use your VIN (it's like a microchip for cars) at NHTSA.gov.



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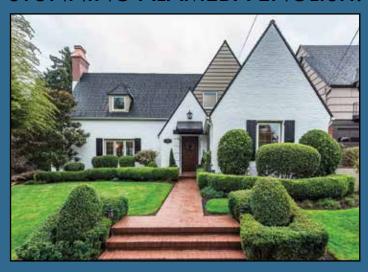
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MANDATORY HOME ENERGY SCORES BEGIN 01/01/18

All homes located in the City of Portland will require a Home Energy Score be performed prior to listing a home for-sale. This energy score must be provided to all potential buyers, their realtors and the City of Portland while it's for-sale and the score be posted on all listing (RMLS, Craigslist, Zillow, Trulia, For Sale By Owner, etc.)

There will be a \$500 fine for noncompliance.

The law does not require you do upgrades or meet any level of energy efficiency, you only need to make it available to potential buyers.

A Home Energy Score is an energy audit that prioritizes energy upgrades and details the cost savings of each upgrade. It's also used a method of comparing homes based on energy use, like miles per gallon used for vehicle efficiency. Don't panic if you own a vintage home since buyers hopefully will compare apples to apples, with similar scores on the older homes located in our close-in older established neighborhoods.

A Home Energy Score only considers the home's assets, which include the building attributes, envelope, and equipment. It does not include personal behavior, appliances, or lighting.

The "score" given to each home is based on how much energy a home is expected to use compared to other homes in the United States. A score of 1 means the home is expected to use more energy than 85% of the homes in the

United States. A score of 10 means the home will use less energy than 90% of homes in the United States. The "score" with improvements is the score if all the recommended energy upgrades are completed.



The Coon Team is happy to provide additional information regarding these Home Energy audits or give you names and contact information for people who will be conducting these energy audits.

We are being told the cost will range from \$150-225.00.